

Fire spreads in corn field



SAM DIETER/Colby Free Press

The ball bearings in a combine failed last Wednesday, causing the machine to spew out burning vegetable matter and leading to a fire in Stan Kauk's corn field southwest of town.

Gem resident goes to legislature

Virginia Hopper of Gem recently returned from Topeka, where she participated in the 30th Annual Kansas Silver Haired Legislature as a delegate from Thomas County.

The legislature comprises Kansans age 60 and older who are elected by their peers to develop bills and resolutions of

interest to Kansas seniors and their families.

At this meeting, the group considered and recommended bills addressing the Department of Wildlife, Parks and Tourism, property taxes, medical marijuana and money for senior assistance.

Healthcare center sends managers to conference

The Family Center for Health Care sent representatives to the Kansas Medical Group Management Association conference in Overland Park.

Scott Focke, clinic manager; Koleen Barrett, billing manager; and Brenda Knapp, coder, were among more than a hundred managers from all types of medical practices who attended the conference.

The conference opened with Jeb Shepard, the association's government affairs representative, who updated members on the latest federal health-care laws and discussed issues affecting management of medical practices today.

Joe Flower closed the conference with a presentation on strategies and tools medical managers can use in the new era of health care.

Cindy Hermes, director of public outreach and a health care consumer ombudsman for the Kansas Insurance Department, addressed the association's insurance focus group on issues surrounding the new insurance marketplace and the navigators that will help people deal with it.

Local chiropractor one of two in state certified to treat allergies and pain using new techniques

By Heather Alwin
Colby Free Press
colby.society@nwkansas.com

Cynthia Duffey, a Colby chiropractor, has been certified to provide pain relief using Nambudripad's allergy elimination techniques, making her one of only two such providers in Kansas.

She says this treatment is an integrative approach developed from Oriental medicine and practiced worldwide. It is completely natural, painless and noninvasive, and can complement other treatments or be used exclusively to treat symptoms.

Duffey said she believes strongly in these techniques after being treated herself 10 years ago.

"It completely changed everything with my health that I had struggled with for almost a decade," she said.

Before the treatment, which is a combination of holistic medical techniques acupuncture and

chiropractic care, Duffey said, she had been treated with multiple traditional therapies that weren't resolving her problems.

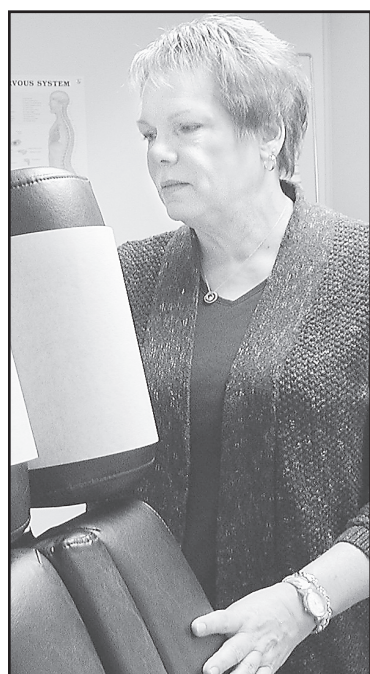
After three months of the holistic treatment, she said, her health improved and she no longer needed medication.

"I'm really thrilled and proud to be able to offer this to the community," she said.

Duffey said she had not known about the treatment until a friend suggested it, but it was this personal experience that prompted her to go to chiropractic school a few years later.

Though she was living in Garden City, the Menlo native relocated to Cleveland Chiropractic College in Kansas City eight years ago for school.

Five years later, Duffey graduated with a chiropractic degree, the first step to becoming a licensed Nambudripad's provider. She said her chiropractic training is similar to that required of medical doctors



C. Duffey

and doctors of osteopathy.

She opened a practice in Colby and began her Nambudripad's training as soon as she could, she said. The certification process involved advanced training and case studies for Duffey to complete.

Duffey said the treatment helps not only with allergies but also "conditions that are not congruent with the body and affecting the entire person," including high blood pressure and fibromyalgia.

Her practice features this therapy along with chiropractic care, acupuncture and other holistic medicine, she said, but the majority of her practice is Nambudripad's and acupuncture.

Acupuncture has been around for thousands of years, helping people care for their health, she said, so something must be working.

Duffey says she has treated a lot of allergies, including pollen and dust allergies, adding that these often lead to sinus problems that can be treated as well.

Duffey said she views her practice as true primary care. She can treat many causes of pain and discomfort with holistic medicine, though she refers some patients to medical doctors and osteopaths.

Duffey can be reached at her office at 320 N. Lake Ave. or at 460-3224. For more on this treatment, go to www.naet.com.

Attorney fights scams

Kansas Attorney General Derek Schmidt has launched a new effort to help Kansans avoid falling victim to scams and deceptive business practices.

Schmidt announced the new initiative, called "In Your Corner Kansas," during the National Association of Attorneys General Fall Consumer Protection Seminar, which Schmidt is host for this week in Wichita.

"Scams and ripoffs can leave people feeling frustrated and alone not knowing where to turn for help," Schmidt said. "The idea behind this new initiative is to remind Kansas consumers each and every day that their Attorney General's office is in their corner and here to help."

The new effort features a user-friendly website, www.InYourCornerKansas.org. It contains information about the latest scams being reported to the attorney general's office, and answers to frequently asked questions about consumer protection issues.

Schmidt said the program will be a sustained effort by his Consumer Protection Division to pro-

vide Kansans with information that can help them avoid falling victim to scams and ripoffs. The program also will include an expanded effort to make presentations to community groups about ways people can protect themselves from scams.

Visitors to the website can find information about the latest scams circulating in the Sunflower State, read and download informational brochures with consumer protection tips, file complaints to request investigations by the attorney general's office, or request a speaker.

Since taking office in 2011, Schmidt, who previously served as an assistant attorney general for consumer protection, has made consumer protection a priority for his office. Last year, the office handled more than 4,000 complaints from Kansas consumers and recovered a record \$49 million.

Consumers can find more information at www.InYourCornerKansas.org or by calling the consumer protection hotline at (800) 432-2310.

D&R PUMP SERVICE, LLC

Domestic, Stock, Windmill, Lorentz Solar Pumps, Submersible, Irrigation, Repair and Sales. With over 30 years of experience!

Ron Shipley - (785) 675-1422 state licensed Kansas and Nebraska member of the Kansas Groundwater Association
Devan Castle (785) 657-7217

Palace Drug Store

460 North Franklin Ave.
Colby, Kansas 67701
(785) 460-7507

Flu Shots Available

*FREE Flu Shot with Medicare!
No Appointment Necessary

Welcome!

Dr. Faris Azzouni

Urologist

HaysMed Welcomes the Newest Member of the Western Kansas Urological Associates Team



Faris Azzouni, MD, obtained his medical degree from the University of Jordan and completed post-graduate training in General Surgery at Temple University Hospital, Philadelphia, and Urology Residency at Jordan University Hospital, Amman, Jordan.

He has completed fellowships in Pediatric Urology at Children's Hospital of Wisconsin, Milwaukee, and Uro-oncology/Robotic Surgery at Roswell Park Cancer Institute, Buffalo, New York.

He is a member of the American Urological Association and has presented at state and national urological association conferences. He has published extensively in American, European and Middle Eastern urology journals.

Dr. Azzouni specializes in pediatric urology, including urinary infections in children, urine reflux from the bladder to the kidneys, dilatation of the kidney and ureter, bedwetting, undescended testicles, deformities of the external genitalia and office circumcision.

He also specializes in the management of cancers of the urinary tract, which include open and minimally invasive surgical treatments of tumors/lumps of the prostate gland, urinary bladder, kidneys and testicles.

Dr. Azzouni is now accepting patients.

For more information about urological services at HaysMed's Western Kansas Urological Associates, call 1-855-429-7633.



Dr. Darrell Werth
Urologist



Dr. Kevin McDonald
Urologist



Dr. Wallace Curry
Urologist



NE CALL
1-855-HAYSMED

Miller Medical Pavilion #308
2214 Canterbury - Hays
www.haysmed.com/western-ks-urology

Make a Difference Please Recycle