



MICHELE WERTH/ Brewster High School

Nathan Jorgensen threw the javelin 147.04 feet at the state track meet on May 24.

Brewster high athletes win medals competing at track meet in Wichita

The Brewster City Council will host an informational meeting at 7 p.m. on Tuesday, June 11, at the city building on housing concerns in Brewster.

Congratulations to Ben Baird, Layton Werth, Nathan Jorgensen, and Dan Brown, who competed at the state track meet. There were 16 competitors in every event. The top eight receive medals.



Angie Moore

• Brewster Correspondent

Ben Baird ran the 2 mile in 10:34:70 for 10th place. He was the only one to up his performance

and get a personal best.

Layton Werth was 11th in the 2 mile with a time of 10:35:18, and 14th in the mile with a time of 5:02:55.

Nathan Jorgensen threw javelin for a distance of 147.04 feet and was 10th.

Dan Brown competed in the high jump. Great job boys!

Ag careers the focus of upcoming program

Undergraduate college and high school students are invited to attend a free program Wednesday, June 12, in Manhattan to learn about the career possibilities in plant pathology and agricultural sciences in general.

"Many students – even if they really enjoy science – do not know about the many careers available in the agricultural sciences. They often have not been exposed to the career paths that they can begin while in college and even in high school," said Chris Little, assistant professor in Kansas State University's department of plant pathology.

Little is coordinating the program, which is planned as part of a meeting of the North Central Division of the American Phytopathological Society from 9

a.m. to 4 p.m. at the Hilton Garden Inn in Manhattan. Students will meet at the hotel. Transportation will be provided to the field tours and Throckmorton Plant Sciences Center at K-State for lunch and afternoon lab tours and activities, before returning to the hotel. A complimentary box lunch will be provided for students who register by Monday, June 3.

Students can register by contacting Stephanie Alvord-Albanese at stephal@ksu.edu or (785) 532-6176. Students should include their name and faculty or student advisor's name, e-mail address, telephone number and mailing address. The student's school, year in school and name of academic advisor are also requested.

Kansas senator takes applications to academies

U.S. Senator Jerry Moran is accepting applications for nominations to the United States Service Academies. The academies include the U.S. Military Academy in West Point, N.Y.; the U.S. Naval Academy in Annapolis, Md.; the U.S. Air Force Academy in Colorado Springs, Colo.; and the U.S. Merchant Marine Academy in Kings Point, N.Y. Those selected will enter the academies in June 2014.

Selections are based on SAT or ACT test scores, class rank, grade point average, school records, ex-

tracurricular activities, leadership potential, motivation, recommendations and interview evaluations. Applicants must meet the individual admission requirements of each academy in order to receive a nomination: applicants must be legal residents of the state of Kansas, at least 17 years of age but not past their 23rd birthday on July 1, 2014, citizens of the United States, unmarried, not pregnant and without legal obligation to support children or other dependents.

The application deadline is Friday, Sept. 6. Applicants will be re-

quired to interview with the senator's service academy selection board on Saturday, Oct. 5, at the Eisenhower Presidential Library in Abilene. Academies will make the final decision on who will receive an appointment in early 2014.

Interested applicants can request application materials on Sen. Moran's website at moran.senate.gov under the "Services" menu, or by calling Sen. Moran's Olathe office at (913) 393-0711. Additional information is also available online at moran.senate.gov.

Kids must be mature enough and old enough to stay home

Schools are out for summer break, and for many families this means a significant change in their daily schedule. Many times parents must make a decision about leaving their child at home alone for some period of time. In a report, the U.S. Census Bureau estimated that nearly 7 million school-age children are routinely left home alone.

"Developmentally, children are generally ready to be home alone around the age of 12 or 13," says Cherie Sage, director of Safe Kids Kansas. "However, children develop at different rates, so use your own discretion to determine your child's maturity level and capabilities." For example, if you have an impulsive 13-year-old who is a big risk taker, you might be hesitant to leave him or her alone. On the other hand, a thoughtful 11-year-old who has a good track record of following household rules might be ready. Most states, including Kansas, don't have regulations or laws about when a child is considered old enough to stay at home alone or babysit another child.

Each year, more than 3 million

kids ages 14 and under get hurt at home – and more than 2,000 children die from unintentional injuries in the home. Fire, suffocation, drowning, choking, firearm and poisoning are among the top leading causes of unintentional home injury death for this age group.

"Teach your children about hazards around the home, and make sure they know what to do in an emergency," says Sage. "The first time your kids stay home alone, it should be for a short time and you should be nearby."

Safe Kids recommends these precautions:

- Carry a cell phone and keep it turned on. Make sure your children know where you will be and what time you will return. In addition to your cell phone number, post emergency numbers (police, fire, emergency medical services, doctor and the poison control hotline, (800) 222-1222) and a friend or neighbor's number by every phone in the home. Teach your child their home address so they can tell emergency personnel where to dispatch assistance, if necessary.
- Prepare a snack or meal in ad-

vance – preferably one that does not need to be heated. If your children will need to cook, remind them never to leave an oven or stove unattended while cooking and to turn it off when they are finished.

• Make sure potentially poisonous or hazardous household items are locked up out of reach – especially medications, matches, lighters, weapons and cleaning products.

• Review your family's emergency plans and make sure your children know what to do if the smoke alarm or carbon monoxide detector goes off. Practice two escape routes from each room.

• Review and practice plans for other types of emergencies, such as severe weather. Ensure they know where to go for emergency shelter.

• Show your children where you keep your first aid kit and how to use basic first aid supplies.

For information on home safety, call (785) 296-1223 or (785) 296-0351 or visit www.safekids.org.

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