

Senior Progress Center

Tuesday at the Senior Progress Center there will be a Thanksgiving party, with a Thanksgiving brunch on Wednesday. The center will be closed at noon Wednesday for the rest of the week and there will be no bus those days.

Activities for the week: **Monday:** 10:30 a.m. backgammon. **Tuesday:** 11 a.m. Thanksgiving party. **Wednesday:** 11 a.m. Thanksgiving brunch; center closes at noon. **Thursday:** center closed; no meals and no bus. **Friday:** center closed; no meals and no bus.

Menus for the week: **Monday:** Spanish rice with hamburger, corn, mixed fruit with banana, cookie. **Tuesday:** beef and noodles, mashed potatoes, seasoned carrots, five-cup salad. **Wednesday:** sausage patty, tater triangles,

cook's choice vegetable, biscuit, citrus slices.

The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Home delivery is available, as is pick-up service. A contribution of \$3 per meal is suggested for seniors, \$5.25 for others. For anyone under 60, home delivery is \$5.75. Make reservations at (785) 460-2901 by noon the day before.

Red Barn

Activities for the week: **Monday:** 2 p.m. Barnswallows. **Wednesday:** 10 a.m. ladies' Bible study. **Thursday:** Thanksgiving. **Saturday:** 2 to 4 p.m. open house for Grace Cheney's 95th birthday.

Student News

Colby Public Schools

Activities: **Monday:** 7 p.m. school board meeting, administration building; 7:30 p.m. basketball area supervisors meeting, elementary school gym. **Tuesday:** high school eligibility for activities determined. **Wednesday:** no school, Fall Break. **Thursday:** no school, Fall Break. **Friday:** no school, Fall Break. **Saturday:** football state.

Menus: **Monday:** breakfast: cereal, orange juice; lunch: pepperoni pizza, tossed salad, green beans, mixed fruit. **Tuesday:** breakfast: cheese omelet, apple juice; lunch: ham and cheese sandwich, Sun Chips, broccoli and cheese, apples, cookie. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Sacred Heart

Activities: none listed. Menus: **Monday:** hot ham and cheese on a bun, potato wedges, fresh broccoli, fresh grapes. **Tuesday:** pepperoni pizza, tossed salad with romaine, garlic bread sticks with marinara sauce, fresh banana. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Heartland

Activities: **Monday:** 7 p.m. school board meeting. **Tuesday:** 8 p.m. midterms go home. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Golden Plains

Activities: **Monday:** 2:30 p.m. high school scholar's bowl, Wheatland. **Tuesday:** middle school basketball vs. Triplains-Brewster; North Central Kansas Technical College visit. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Menus: **Rexford:** **Monday:** breakfast: biscuit sausage and gravy; lunch: chicken patty. **Tuesday:** breakfast: grilled ham and cheese; lunch: barbecue beef. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Selden: **Monday:** breakfast: breakfast burrito; lunch: country style beef patty. **Tuesday:** breakfast: monkey bread; lunch: grilled cheese. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Brewster

Activities: **Monday:** 7 p.m. high school all-league selection meeting, Northwest Kansas Educational Services Center. **Tuesday:** 4 p.m. junior high basketball, Golden Plains (Rexford). **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Menus: **Monday:** breakfast: waffles, sausage, cereal, toast, juice, milk; lunch: chicken patties, mashed potatoes, peas, carrots, fruit, salad bar, milk. **Tuesday:** breakfast: scrambled eggs, cereal, toast, juice, milk; lunch: hamburgers, fries, veggie sticks, fruit, salad bar, milk. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

God has the right character to help people survive through the worst times



Robert Alexander

• From the Pulpit

The (righteous man) will never be moved; he will be remembered forever. He is not afraid of bad news; his heart is firm, trusting in the LORD (Psalm 112:6-7).

Was Election Day a bad news day for you? How can you handle any bad news?

First, it's a matter of character. If you're righteous, you'll be able to handle it. If you think good works, living by the law, and having a good reputation will cut it then you are sadly mistaken (Is. 64:6; Rom. 3:20; Gal. 2:16). You have a seriously deadly character flaw: you're sinful from the womb (Ps. 51:5) to the tomb and fall short of God's holy, perfect standard (I Peter 1:16; Matt. 5:48) for righteous character. That's the bad news. The good news is that you're righteous through the work of Jesus who was righteous from womb to the tomb. On the cross, the perfect Son of God was made "imperfect"—cursed (Rom. 5:6-8; Gal. 3:13)—because His Father laid on Him all your sins. In doing this Christ made you righteous (I Peter 3:18; II Cor. 5:21). Handling bad news isn't a matter of standing on your own two feet, an admirable characteristic, but a matter of standing on Jesus' nailed-scarred two feet. It's not a matter of clinging to a government that's seriously floundering no matter who's governing, but clinging to the Book of God's promises whose yes lies in Jesus (Gal. 3:11). A bad news truck can dump the whole load on you at once, but as someone made righteous through Jesus' good work you can handle bad news fortified by the good news of Jesus Christ.

personal Lord. The same Lord who created the world in six days (Gen. 1) and continues to care for it, knit you together inside your mother's womb (Ps. 139:13) and continues to care for you in body and soul. The same Lord who was with the Israelites throughout their 40 year wilderness wanderings is with you while wander about this wilderness of a world (Matt. 28:20). The same Lord who worked out Joseph's bad news situations (sold into slavery, wrongly imprisoned twice) for his good and the good of his family will work out your bad news situations for your good (Rom. 8:28). The same Lord who suffered for your sins will forgive (Is. 53:5) and forget your sins (Jer. 31:35). The same Lord who died and rose

will give you a resurrection when you die (Rom. 6:5; Phil. 3:11). The same Lord who ascended into heaven is even now preparing a place for you and will come and get you (John 14:6). Whatever bad news you have you'll be able to handle it because the Lord of heaven and earth, the Lord of lords and King of kings, will be able to handle.

Bad news? Good character. Good memory. Good Lord. Good News.

The Rev. Bob Alexander is pastor of the Trinity Lutheran Church at Fifth and Country Club in Colby. He may be reached at 462-3497.

Colby Community College

Activities: **Monday:** 6 p.m. women's basketball, Lamar, Colo. **Tuesday:** 7 p.m. wrestling, Rock Springs, Wyo.; 8 p.m. men's basketball, Goodland. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school; 3 p.m. men's basketball, Garden City; 6 p.m. women's basketball vs. Northwest Kansas Technical College. **Saturday:** 3:30 p.m. men's basketball, Garden City.

Triplains

Activities: **Monday:** 2:30 p.m. high school scholar's bowl, Grainfield. **Tuesday:** 9:30 a.m. Fort Hays State University representative; 4 p.m. junior high basketball, Golden Plains (Rexford); 6 p.m. CFE practice. **Wednesday:** no school. **Thursday:** no school. **Friday:** no school.

Send your calendar and menus to colby.society@nwksas.com or 155 W. Fifth, Colby, Kan., 67701.

BLACK FRIDAY SPECIALS NOVEMBER 20-21-23



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1170 S. Country Club Dr. COLBY, KS
785-462-2100
12 Months, No Interest WAC

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Taking time to honor the nurse practitioners and physician assistants of our community who serve all of us so well.

 Brian Unruh PA-C	 Andy Rose PA-C	 Luetta Flanagan APRN
 Jenny Niblock APRN	 Tricia Carney APRN	 Tina Jallow APRN

"Our Family Taking Care of Your Family"
 310 E. College Drive, Colby, KS
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NOVEMBER STUDENT OF THE MONTH



Gabrielle Browne

Parents: David & Joan Browne

Sponsored by: Colby Rotary

Gabrielle, a senior at Colby High School, is Colby Rotary Club's Student of the Month for November 2012.

Gabrielle's school and community activities include National Honor Society, Young Humanitarians, Cosmic Crayon, Yearbook, Forensics, Dance Team, High School Play, Cross Country, CHS Ambassadors, Student Council, Thomas County Youth Leadership and Nicole's School of Dance.

Gabrielle's special honors include National Honor Society Project Manager; Student Council Executive Vice President; Superintendent's Honor Roll; Forensics-State Qualifier-Three years in Poetry, Serious Solo (6th place), Prose (13th place); Dance Team Co-Captain; and Yearbook Co-Chief Editor.

Gabrielle plans to major in graphic design at a 4-year university.