A throwing competition



Freshman Chase Eggert threw the javelin at a junior varsity track meet Monday in Goodland for the Colby High team.

Rockies struggle in home opener, lose 7-0

AP Sports Writer DENVER - Jhoulys Chacin kept reminding himself just to put the ball over the plate and don't nibble too much.

Still, the Colorado Rockies' acein-the-making couldn't bring himself to follow that plan, especially after Pablo Sandoval's towering two-run homer in the first inning.

Chacin was roughed up in the home opener Monday, allowing four runs over four innings in a 7-0 loss to the San Francisco Gi-

It's an outing he wants to quick-

son: Don't nibble.

All spring, Chacin vowed to be more efficient with his pitches, even pledging to let his fielder's do more of the work.

After Sandoval's homer, Chacin (0-1) tried to gingerly pitch around batters and ended up walking five.

He insisted he wasn't intentionally being too fine, only pulling his head. When he does that, Chacin misses all over the place.

To see the value of that, all

veteran put on a clinic as he surrendered just four hits to earn his first complete-game shutout since April 18, 2003, against Texas.

His actions Monday back those said. "That's pretty much what you want to do: Don't worry about contact, make your pitch and let the hitter swing at it."

Simple enough.

But the Rockies have been struggling at the plate this season, scoring 10 runs in four games.

Not that they're ready to panic just yet.

"That's baseball," Michael Cud-Chacin had to do was watch his dyer said with a shrug. "There's

Well, besides one important les- counterpart Barry Zito (1-0). The not one thing you can do. You're not going to burn bats to get things started. Throughout the course of the game, throughout the course of a season, maybe one hit here or "Barry really did good," Chacin there can spark it."

> Part of the reason for the offensive funk on Monday may have been because of the festivities. It was the home opener and the Mile High City rolled out the red carpet for the Rockies. There were jets flying overhead, balloons being released, purple-and-silver tape flying through the sky and plenty of fireworks.

> Only, the fireworks didn't carry over to the field.

Goodland plans youth track meet

A Goodland group will hold the and shot put. youth track and field meet at the Goodland High School track on Saturday, April 28.

The track is a seven-lane rubberized track. All jumping events put and discus are cement and the javelin will be thrown on grass.

before Sunday and \$15 the day of

Registration begins at 9 a.m. (Central Time) the day of the meet, field events begin at 10:30 a.m. and running events begin at noon. A concession stand will be Medals will be given for the first

three places in all divisions. Ribbons will be awarded for fourth through sixth places in all groups. Any athlete not awarded a medal or ribbon will receive a participation ribbon upon request.

There are six groups divided up by 2011-2012 grade levels. Girls and boys division are separate in all groups.

Bantam: Pre-K-Kindergar**ten**: May compete in 3 events.

Events: 50-meter dash, 100-meter dash, standing long jump and tennis ball throw.

Group 1: 1st and 2nd Grades: May compete in 3 events.

Events: 50-meter dash, 100-meter dash, 200-meter dash, 400-meter dash, long jump, softball throw

Group 2: 3rd and 4th Grades: May compete in 4 events if one of the events is a relay.

Events: 100-meter have rubberized approaches, shot 200-meter dash, 400-meter dash, 800-meter dash, 1,600-meter run. long jump, triple jump, high jump, The entry fee is \$10 per athlete shot put, discus, turbo javelin, 4x100 relay and 4x400 relay.

> Group 3: 5th and 6th Grades: May compete in 4 events if one of the events is a relay.

> Events: 100-meter dash. 200-meter dash, 400-meter dash, 800-meter dash, 1,600-meter run. 100-meter hurdles (33 inches). long jump, triple jump, high jump, shot put, discus, turbo javelin, 4x100 relay and 4x400 relay.

> The running events will begin at noon with 100-meter hurdles, followed by 50-meter dash, 100-meter dash, 1,600-meter run, 4x100 relay, 400-meter dash, 800-meter dash, 200-meter dash and 4x400

> Races will be run Bantam first followed by Group 1, Group 2 and Group 3.

> For information, contact Shelley Brown at (785) 899-4701 or Kent Teeter at (785) 650-9633. You can mail your registration form to Teeter at 1113 Harrison, Goodland, Kan., 67735. Make checks payable to GYTC.



Decatur plans basketball tournament

The Decatur County Recreation Program will hold by next Wednesday. Entry forms are available at area a Youth 3-on-3 Tournament in Oberlin on Saturday, schools.

There will be girls and boys divisions for first through eighth graders. The tournament will be held \$13. in the Decatur Community Junior and Senior High

Certificates and medals will be awarded to the winning teams of each division.

The divisions will be first and second grades, third

and eighth grades, for both boys and girls. Entry fees of \$30 per team are due to Terry Ream

T-shirts will be available for purchase at the tournament for \$15 but are available to preorder for

The public is invited and encouraged to attend. Admission will be \$2 for adults and \$1 for students. Players and children under age 5 enter free. There will be concessions all day.

For information or an entry form, contact Ream and fourth grades, fifth and sixth grades and seventh at (785) 470-1441, or e-mail decatur_rec_program@





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