

DID YOU GARGLE WITH SALT WATER EVERY HOUR LIKE ELSE ... BETTER, I TOLD YOU ? DOCTOR ... YES CHR'S BROWNE

HMM ... MAYBE

IT'S SOMETHING



Sally Forth • Greg Howard

Hagar the Horrible • Chris Browne

I DON'T

FEEL ANY

WHAT BRINGS YOU BACK TO SEE ME,

HAGAR ?



Lowly potato gets high praise

Dear Readers: How much do you really know about the popular vegetable THE POTATO? A good source of vitamins B and C, potatoes are fat-free and high in fiber and potassium. They are not fattening – the toppings are what add the calories and fat.

Some people think that you shouldn't eat the skin or that all the nutrients are only found in the skin. Not so! More than half the nutrients are in the potato itself, and the skin contains one-half of the fiber.

Whether you like them mashed, boiled, baked or as fries, any potato will do. However, there are some that are a better choice, depending on what you are making. Waxy, white, red round and new potatoes are good for boiling, steaming and scalloping. Russets are good for baking, mashing or making french fries.

I took some microwaved yellow-fleshed potatoes to Heloise Central. We did taste-testing, and we all agreed - we love potatoes! - Heloise

COFFEE AND TEA STAINS

Dear Heloise: Another way to remove tea and coffee stains from china cups is vinegar. Take your spray bottle of vinegar and coat the inside of the cup. Give it a scrub, and the stain is gone! - Carrie from Southern Maryland

Carrie, you may want to add some baking soda or salt as an added "abrasive" (that won't scratch) Besides vinegar, want to know what other cleaning solutions I use around the house? To order my Homemade Cleaning Solutions pamphlet, send \$5, along with a long, self-addressed, stamped (65 cents) envelope, to: Heloise/Cleaners, Box 795001, San Antonio, Texas, 78279-5001. To make your own sanitizing spray, mix 1 tablespoon of bleach in 1 quart of water. Remember to store in an opaque bottle to protect from heat and sunlight; otherwise, use within 24 hours, before the bleach loses its strength. - Heloise

HANDY SHOPPING LIST

Dear Heloise: I somehow have a way of losing my shopping lists. But I found a solution for me and thought others might benefit. Before leaving home, I take a picture of the list of things or places I need to go with my cellphone. Then at the stores (if the list is lost), all I have to do is look at the list on my phone. I used to put it in my notes on the cellphone, but have found taking a picture is much easier. Then I just delete the picture.

Also, to keep ice cream fresh, use plastic wrap and press it snugly onto the ice cream, then close the carton up. Stays good! Thanks for keeping Heloise going for all these years. - Kay from Arizona

EGG HINT

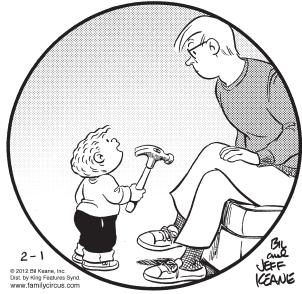
Dear Heloise: I use the round potato masher 0 L Sto chop up eggs finely for potato salad, tuna, etc. Works great! - Linda R., via email

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Bridge • Steve Becker

South dealer.

Family Circus • Bil Keane



"Would you like me to check your knee-flexes?"

Conceptis Sudoku • Dave Green

								7
			7	6			8 5	4
		3			1		5	
	6	7	2			4		
4				7		5		
	1	5	8			4 5 2 8		9
	2		9			8		1
		4			8	9		5
						7	3	

Difficulty Level **

This is a logic-based number placement puzzle.

The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to the last Sudoku puzzle is at right.

								6	9
							2/0	1	
8	6	5	7	3	1	2	9	4	
7	9	3	8	4	2	1	5	6	, htc.
2	1	4	9	6	5	8	3	7	yndicate
4	5	1	2	8	3	7	6	9	satures S
9	7	2	4	1	6	5	8	3	r King F
3	8	6	5	7	9	4	2	1	, Dist. by
1	3	8	6	2	4	9	7	5	Puzzles
6	2	9	1	5	7	3	4	8	2012 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.
5	4	7	3	9	8	6	1	2	©2012 C

Cryptoquip

V	JRSF TQYVYN	QBF LX KZ
Х	AVSKLFR, L	ALFKLJRM
H	Z FMLPR,	HLHHURP
V	YORXXLYFU	Z L H Q B F

XVTVYN.

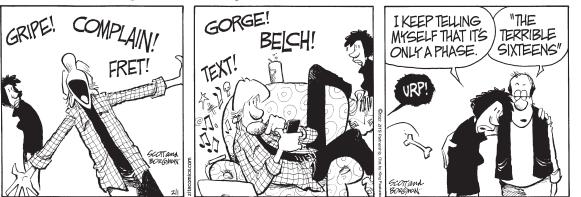
Yesterday's Cryptoquip: OLD TV SHOW ABOUT PEOPLE WHO FAVOR A CERTAIN BRAND OF TRANSPARENT PLASTIC: "I LOVE LUCITE."

Today's Cryptoquip Clue: Z equals Y





Zits • Jim Borgman & Jerry Scott



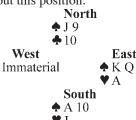
North-Sou	th vulner	able.				
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	¥					
	♦ K 9 8	53				
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♦ 10 7 4	Ļ	♦ 6				
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	SOUT	ТН				
	A 10 4					
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	♦ A Q J					
	♣A Q 9	5				
The biddin	ng:					
South	West	North	East			
1 🜩	Pass	5 🛧	5 🎔			
6 🛧	6 🖤	7 🛧				
Opening l	ead — thi	ee of hea	rts.			

A Lucky Grand Slam

This deal occurred in a rubber-bridge game, and the bidding is recorded as it took place. Perhaps you wouldn't have bid six hearts with West's hand, but in a sense West was right. South would have made six clubs, scoring 1,570 points, whereas East would have gone down only three -500 points – at six hearts doubled.

North's seven-club bid is certainly questionable. He could have passed and left the decision to South, who was probably in a better position to know whether to double or go on. But North feared that if the East-West hands were as distributional as his own, East might make six hearts.

West led a heart, and South proceeded to make the grand slam despite his apparently certain spade loser. He ruffed the heart in dummy, drew two rounds of trumps and then cashed five diamond tricks, discarding a spade from his hand. Two more rounds of trumps, ending in dummy, brought about this position:



The lead of the ten of clubs from dummy left East with no recourse. If he discarded a spade, South would discard a heart; if he discarded a heart, South would discard a spade. Either way, South would win the last three tricks.

Note that an opening spade lead by West would have defeated the contract by cutting a critically important link between the North and South hands.

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Crossword • Eugene Sheffer

ACROSS	38 Kipling	59 Bean that	20 Have a
1 Former	lad	provides	bug
larva	40 Bribe	a sauce	23 Cleo's
5 2004	41 Barber's	u suuce	slaver
horror	concern	DOWN	24 "CSI"
movie	43 Zilch	1 Harbor	evidence
8 Com-	45 "Burnt"	structure	25 Mindless
poser	crayon	2 Incite	ones
Khacha-	color	3 Swine	27 Erstwhile
turian	47 Cause of	4 Bonfire	acorn
12 Rainbow	weak-	leftovers	29 —
13 Spy-novel	ness	5 Sought	Zedong
org.	51 Exotic	huge	30 Pump
14 Lima's	berry	profits	up the
land	52 Marines,	6 Help	volume
15 Intellec-	slangily	7 Nasty	32 Elton
tuals	54 Scepters	nesters	John or
17 Rhyming	55 Lemieux	8 "Last	Billy Joel
tributes	milieu	Supper"	34 Mosque
18 Vend	56 Rote of	figure	tower
used	football	9 Carrot-	37 Trans-
goods	lore	tops	gression
19 Turkish	57 "Meet	10 Vicinity	39 Ho Chi —
officials	Me —	11 Tousle	42 Indira's
21 Dine	Louis"	16 Hebrew	son
22 Location	58 Old hand	month	44 Welsh
23 Okla-			veggies
homa city	Solution tim	ne: 21 mins.	45 Rani's
26 Writer	IMP SH		wrap
Buscaglia	REIN PE		46 PC
28 Camel's	I O T A A F		picture
cousin	RIB	STRAFE	48 BLT
31 Quick cut	CAJOLED		topper
33 Water	AVOWDU LEVEE		49 One way
barrier			to stand
35 Dutch	CELL		by
cheese	FLEA DA		50 On the
36 Ms.		KEROAN TNOT	briny
Hilton	Yesterday		53 Expert
	resterudy	canonel 2-1	

