Student News

Colby Public Schools

Activities: Monday: girls middle school basketball vs. Great West Activities Conference first round; 4 p.m. junior varsity basketball tournament, Goodland. Tuesday: 7:30 p.m. middle school/high school vocal and high school band concert, high school. Thursday: 4 p.m. junior varsity basketball tournament, Goodland. Friday: college Christmas break; debate regionals; 9 a.m. junior varsity wrestling vs. Oberlin tournament; 10 a.m. girls middle school basketball vs. Great West Activities conference, Hugoton. 4:30 p.m. girls junior varsity, boys C-team basketball, Hugoton; 6:30 p.m. girls varsity, boys junior varsity basketball, Hugoton; 8 p.m. boys varsity basketball, Hugoton; 8 p.m. varsity wrestling vs. Goodland Dual Tournament. Saturday: debate regionals.

Menus: Monday: breakfast: fruit whirls, grape juice; lunch: baked ravoli, green beans, oatmeal muffin squares, apple. **Tuesday**: breakfast: breakfast sandwich, cinnamon applesauce; lunch: chicken-fried steak, mashed potatoes, gravy, peas, mandarin oranges. Wednesday: breakfast: cinnamon tastries, orange juice; lunch: pizza, fruit salad, baby carrots, pineapple chunks. Thursday: breakfast: waffle sticks, syrup, apple juice; lunch: turkey, mashed potatoes, gravy, corn, stuffing, cherry cheesecake. Friday: breakfast: scrambled eggs, toast, grape juice; lunch: cheese quesadilla, garlic toast, rosey applesauce, cooked carrots.

Sacred Heart

Activities: Monday: 6:30 p.m. breakfast: scrambled eggs; lunch: 67701.

home and school; 7:15 p.m. school chili. council. Thursday: 7:30 a.m. staff meeting. Saturday: Share.

Menus: Monday: chicken-fried high school Scholars Bowl, Winsteak, mashed potatoes, gravy, corn, tropical fruit. Tuesday: lasagna, tossed salad, peas, peach high school basketball vs. Healy; slices. Wednesday: taco pie, lettuce, tomato, cheese, mixed fruit. Thursday: ham, mashed potatoes, sausage gravy biscuit; lunch: gravy, green bean casserole, wa- sloppy joes, potato smiles, vegtergate salad, cherry cheesecake. gie sticks, pears. Tuesday: break-Friday: corn dog, smiley fries, fast: oatmeal chocolate chip mufcelery sticks, apple.

Heartland

junior high basketball vs. Dighton. Friday: 6 to 10 p.m. school work night.

Golden Plains

high school Scholar's Bowl, cheesy green beans, birthday cake, Triplains; 7 p.m. board of education. Tuesday: high school basketball, Healy. Thursday: middle school basketball vs. Wallace County, Rexford. Friday: end second quarter and first semester. Sterling, Colo. Saturday: high school basketball, Wheatland.

breakfast: pizza bobz; lunch: chili school Scholars Bowl, Winona. dogs. Tuesday: breakfast: bagels; lunch: barbecue ribs. Wednesday: sonic Lodge; 6 p.m. homeschool breakfast: breakfast combo; lunch: basketball practice. Friday: juturkey. Thursday: breakfast: nior high basketball vs Healy, scrambled eggs; lunch: bierocks. Brewster; 6:30 p.m. girls varsity Friday: breakfast: breakfast pizza; lunch: popcorn chicken.

Selden: Monday: breakfast: Healy, Brewster. breakfast burrito; lunch: popcorn chicken. Tuesday: breakfast:

Brewster

Activities: Monday: 3:30 p.m. ona. Friday: 4 p.m. junior high basketball vs. Healy; 6:30 p.m.

no school. Menus: Monday: breakfast: fin; lunch: chicken patty, mashed potatoes, broccoli, baby carrots, Activities: Thursday: 4 p.m. mandarin oranges, pineapple. Wednesday: breakfast: pancakes, sausage; lunch: cavatini, peas, carrots, applesauce. Thursday: breakfast: breakfast pizza; lunch: Activities: Monday: 3:30 p.m. ham slice, scalloped potatoes, strawberries.

Colby Community College Activities: Winter Break

Sunday: 2 p.m. mens basketball, Northeastern Junior College,

Triplains

Activities: Monday: 3:30 p.m. Menus: <u>Rexford</u>: Monday: school dismissed; 3:30 p.m. high Tuesday: 4 p.m. Santa and Mabasketball vs. Healy, Brewster; 8 p.m. boys varsity basketball vs.

Send your calendar and menus toast; lunch: hot dogs. Wednes- before going home for the holiday: breakfast: donut; lunch: days. E-mail colby.society @ nwturkey. Thursday: breakfast: bis- kansas.com or mail Colby Free cuit/gravy; lunch: pizza. Friday: Press, 155 W. Fifth, Colby, Kan.,

Girls use CPR to save mom's life

SHEBOYGAN, Wis. (AP) - Two girls saved a Sheboygan mother's life by using CPR that one of them learned from watching the medical TV drama ment personnel arrived to take her to a hospital. "Grey's Anatomy."

Kandace Seyferth, 36, was having trouble breathing and went upstairs to get her inhaler for a severe asthma attack, but collapsed and was unable to breath when she got back down to the bottom of the stairs Nov. 25.

Her 10-year-old daughter Madisyn Kestell called 911 and performed mouth-to-mouth resuscitation, while her 12-year-old friend, Katelynn Vreeke, pounded on her chest.

"Me and my mom watch the show every Thursday, and I learned it from there," Kestell said.

The Sheboygan Press reports (http://shebpr.es/ smykbs) that about four minutes later fire depart-

"They (the firefighters and paramedics) pretty much said if Maddie didn't do - remain calm and call 911 and do what she did – I wouldn't even be here to talk about it," Seyferth said.

Seyferth, who had been hospitalized earlier in the year for a severe case of pneumonia, developed asthma because of some lung damage due to her illness. Fire Chief Jeff Hermann says the girls did what

they were supposed to do and should be commended for their actions.

Seyferth said she is thankful her daughter acted so quickly.

Project for a calm day



LYNN CAMERON/Colby Community College

Woofter Construction crew members stood on top of the 140-foot tower last week preparing to install the 50-kilowatt wind turbine on the east side of the Colby Community College campus. Each blade is about 30 feet long. The turbine will provide electricity to Living Center Northeast; it is part of a \$4.5 million project to reduce energy consumption. The turbine is projected to produce 193,000 kilowatt-hours in the next 12 months - about 54 percent of the needs at the residence hall. In addition, the project will provide internship opportunities for students.

Stolen Santa returned with \$100 and note

man has gotten an early Christmas gift: A 16-foottall inflatable Santa Claus stolen from his yard has been returned with \$100 and a note of apology.

Jason McClaren tells The Herald-Times (http:// bit.ly/vPsMkQ) that someone returned the deflated Santa to his Unionville yard early Saturday in a trash bag that also contained the money and note.

He says the anonymous note makes it clear the

UNIONVILLE, Ind. (AP) – A southern Indiana person who returned the Santa wasn't the thief who took it and two 6-foot tall penguins. The penguin decorations are still missing.

The typed note states: "Returning your property is the right thing to do, and apologies for the thief who took it in the first place."

McClaren says he plans to use the \$100 to buy more decorations.

