



CHRISTINA BERINGER/Colby Free Press Signs of autumn are creeping across Colby, with many homes decorating their porches with hay bales, pumpkins and scarecrows, such as these on School and Sixth streets.

Kansas gets perfect score on National Stockpile review

The Kansas Department of June 2011. The review has been in of Community Health Systems and its planning partners received a perfect score of 100 on the 2011 Division of Strategic National Stockpile Technical Assistance

The review is an annual assessment by the Centers for Disease Control and Prevention on the overall Strategic National Stockpile program, including the comduring the month of May and cises conducted from July 2010 to pare.

Health and Environment's Bureau place since 2004, and this is the aged system that, in the event ceived a perfect score.

tain these capabilities.

dispense medications in an emergency is truly a life-saving opprehensive exercises conducted of Health Secretary Robert Moser. to receive medication. "This review indicates the state is other planning, training and exer- doing all that is possible to pre- preparedness, visit www.kdheks.

The program is a federally manfirst time the department has re- of a major emergency, provides medication, medical equipment While Kansas has received a and medical supplies to local arcurrent score of 100, preparedness eas to support the local response efforts are ongoing and constant to the emergency. The medical improvement is required to main- emergency could be natural or human-caused. In the event of such "Being able to distribute and an emergency, citizens would be given specific instructions, and in most cases, would be directed to eration," explained Department go to various points of dispensing

For information on public health

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office was contacted by a retired elementary school teacher with a question. "Marianne" told us her bank had sent her an e-mail reporting that her "online banking account access had been compromised."

The official-looking e-mail also included an electronic "form" that she was to fill you can take to help protect your data from being out and send back to correct the data breach. "Marianne" was concerned and a bit puzzled because she does not use online banking. She explained that she prefers to personally visit her branch for her banking

Our office advised her to not complete the form and instead to visit her bank immediately and ask a bank official for guidance. As it turns out she was a victim of "phishing" and attempted hacking of her personal account information.

The national news has been full of news reports in recent months about hackers who have breached or hacked computer systems in many companies. Sony, Citigroup, and Morgan Stanley Smith Barney are among the larger firms that have been accessed by hackers or otherwise compromised. Money Magazine reported in its September 2011 issue that the nonprofit Privacy Rights Clearinghouse has traced 313 corporate breaches of personal information about their customers.

It could happen to any of us.

Federal law requires that banks inform customers of breaches, and 46 states – including Kansas – have laws mandating other companies do the same. When a security breach occurs, Kansas law requires the person, business or government entity to conduct a reasonable, prompt investigation to determine the likelihood that personal information has been or will be misused. If it is likely, the affected Kansans must be notified as soon as possible. If more than 1,000 consumers are affected by the breach, the business must also notify national consumer reporting agencies (Equifax, Experian and Trans Union).

notify consumers of security breaches as required by statute, our office can help enforce the law requiring them

Of course, the best way to deal with data security problems is to avoid them in the

first place. There are actions compromised. Here are a few examples: Passwords. Experts recommend that you change

your password frequently - perhaps monthly. If you find that your password has been exposed, change it immediately and monitor your accounts on a daily basis for any suspicious activity. Credit card numbers. Federal law limits your losses from fraud to \$50 provided you promptly notify your card company of the false charge. If you

find your account has been breached, it is easy to call

your credit card company and ask for a new card and new number. Be sure to monitor your account and notify the company immediately of any unauthorized transactions. **Debit or bank information.** If your account number is exposed or stolen, close the account and get one with a new number. Be sure to ask for a verbal password or PIN number for extra security. If only the debit card number was compromised, cancel the

card and change the PIN to shut off any access to the Social security number. Since your Social Security number allows a fraudster to open credit in your name, act fast to request a fraud alert on your credit reports. This will alert lenders to know they need to take extra security steps before they issue new credit in your name. You can also ask the various credit bureaus to set up a "security freeze" to prevent anyone

from opening up new credit in your name. If you have any questions or if you become the victim of your personal information being compromised, please contact my office at www.ksag.org or call our Consumer Protection Hotline at (800) 432-In most cases, if the individual, company or gov- 2310. We are here to serve you.

Awareness of bullying critical

School bullies can be notorious, but not limited to the school grounds.

"Bullying can occur after school, in school and community groups, on the way to and from school and online," said Joan Cahoj, who chose school bullying as the subject for her master's degree project in the School of Family Studies and Human Services at Kansas State University.

Cahoj is the mother of three children; when her youngest daughter Megan left to attend K-State, Joan decided that she also wanted more education that would allow her to contribute to her community, and, particularly, to help children and families.

Why bullying?

"No one is immune," said Cahoj, who worked with Elaine Johannes, K-State Extension youth development specialist, in exploring the literature and developing the research project focused on bullying from kindergarten through high school in a local school system, Manhattan.

Power and control are typically motivating factors, abusive, while girls may focus on social exclusion." Either may participate in online behaviors de-

scribed as cyber-bullying, she said.

Bullying is repetitive, and victims suffer physically (bodily injury), mentally and emotionally, with shaken self-esteem and loss of self-confidence, and can begin to withdraw or otherwise avoid school and social activities, suffer from depression and contemplate suicide, Johannes said.

As many as one-third to one-half of victims' parents may not be aware their child is being bullied, Johannes said.

There's a reason for that, said Johannes, who explained that a younger child may confide in his or her parents, but middle and high school students who have reached the developmental stage in which they are striving to become more independent will not want to involve parents.

In doing her research, Cahoj found two helpful websites. The first, The WonderWise Parent (www.k-state.edu/wwparent/) was developed and is maintained by Charles A. "Chuck" Smith, K-State Research and Extension child development specialsaid Cahoj, who noted that gender also plays a role, ist; a second site, www.stopbullying.gov offers in- old April Cater and 23-year-old his job at an auto parts store and Boys can be more likely to be physically or verbally formation from various government agencies and is Joseph Russell, both of North needed the money. Police say the managed by the U.S. Department of Health and Human Services

On the Beat

COLBY POLICE Thursday

1:42 a.m. – Security check at Twister's.

spoke with both subjects at residence.

6:50 a.m. – Unlocked building at Fike Park. 11:24 a.m. - Manager reported a strange odor in

laundry room. Found source of odor, all OK.

4:57 p.m. - Caller reported criminal damage done to property. Report filed.

THOMAS COUNTY SHERIFF Sunday

12:07 a.m. - Caller reported a subject standing in 3:14 a.m. - Caller reported back door was locked, the middle of First St. Annex by Schiefen. Everysomeone opened and closed it. Unable to locate, thing OK, subject's box broke and was picking up

> 4:52 a.m. – Booked Brandit L. Schutte. 5:07 a.m. – Released Schutte.

7:29 p.m. – Released Jeffrey Daniel Cobb.

9:55 p.m. – Accident in parking lot at Walmart.

Couple stole copper to pay for wedding ELLWOOD CITY, Pa. (AP) — mediately locate a listed phone for edly stole it.

Police say a western Pennsylva- the couple. nia couple cut down copper wire

Associated Press could not im-

from 18 utility poles because they hearing Oct. 24 on theft and othneeded money to pay for their er charges for allegedly cutting down the wire on Aug. 9, four Online court records don't list days before their wedding. Police defense attorneys for 24-year- say Russell told them he had lost Sewickley Township, and The couple sold the wire to a salvage company the day after they alleg-

PennPower officials tell the The couple faces a preliminary Beaver County Times (http://bit. ly/oqekJU) it will cost nearly \$400 each to repair each pole.

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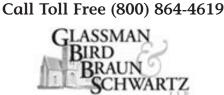
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