

Family

Deaths

Billy J. Kirby

Billy J. Kirby, 54, Smith Center, son of Glovine Golemboski of Colby, died Wednesday, June 15, 2011, at the Smith County Memorial Hospital in Smith Center. He was born May 6, 1957, in Marysville, Mo., to Lewis and Glovine (Doughty) Kirby. He attended school in Burlington, Colo., and Goodland. In 1986 he earned an associate degree from Colby Community College in radio broadcasting. He was a disc jockey on many stations in Kansas including KQLS (now KRDO) and KXXX in Colby and KNDY 95.5 FM/1570 AM in Marysville.

He bowled and won several trophies before his muscular dystrophy was too severe to pick up a ball. Preceding him in death was his father. Survivors also include a daughter, Chelsea Dawn Kirby, Butte, Mont.; and three sisters, Katherine Kirby, Parsons; and Alice Russell and Jeanie Sies, both of Colby. There will be no services. The family suggests memorials rather than flowers, in care of the Simmons-Rentschler Mortuary, 116 W. First St., Smith Center, Kan., 66967.

Jerry W. Knudson

Jerry W. Knudson, 78, Philadelphia, formerly of Rexford, died Tuesday, June 14, 2011, at his

home. He was born Sept. 2, 1932. Graveside services in Rexford are pending.

Philip L. 'Smokey' Stover

Philip L. "Smokey" Stover, 81, Colby, died Wednesday, June 22, 2011, at the Logan County Hospital in Oakley.

Services are pending with Kersenbrock Funeral Chapel in Colby, (785) 462-7979.

Stream health tied to amount of paving

Concrete and asphalt have direct ties to creek, stream and river health. Buildings, tiled pools and paving stones also affect water source well-being – both physical and chemical. That's shrinking usable U.S. water supplies. But, it's also sparking a groundswell among gardeners and landscapers, as well as architects and city supervisors. Outcomes are as diverse as berms and rainbarrels. "When as little as 10 to 15 percent of a drainage area becomes impervious – a place where rainwater can't soak in – you start getting measurable impacts in nearby water sources," said Jennifer Smith, K-State Research and Extension horticulturist. "From that point on, the more paving and structures, the more problems with river environment and water quality. They're strongly correlated." The cause isn't just rainfall runoff with nothing to slow it down and no place else to go, Smith explained. Gravity helps runoff find its way to a ditch. Or to a street gutter that empties into a storm-drain system. Either way, "it journeys toward the river." That alone is enough to increase the scope and duration of flooding. More and faster runoff also can straighten the course of streams, tear into riverbanks, and limit the recharge of underground water supplies. As it flows, however, runoff

picks up fertilizer, motor oil, trash, herbicides, metals, silt – "all kinds of things you wouldn't want to wade in, much less drink," she said. "For years, the standard in managing storm water was to get it off the streets as quickly as possible, to prevent flooding," Smith said. "But, storm sewers and ditches can't always handle the amount of runoff we're generating now – like the first time I saw cars flooding down 23rd Street (Lawrence) after a quick, heavy rain." So, scientists and engineers are exploring ways to keep rainwater clean and on-site, rather than let it become everyone's polluted problem, she said. Today's options include green roofs, rain gardens, cisterns, bio-swales and retention ponds. Plus, the market's introducing new materials for patios, sidewalks and driveways: pervious concrete, porous asphalt and paving stone systems with "holes." (See www.epa.gov/greeningepa/stormwater/best_practices.htm.) "The more you know about an option – from cost to maintenance – the better off you'll be. In some cases, you'd do well to get advice from an engineer or other expert with proven experience in the option, too," Smith said. "Effective pervious paving-stone systems are not grandma's brick sidewalk."

Meadow Lake Golf Scores

The first flight results for the one-couple scramble on Friday, June 10, at the Meadow Lake golf course were first, Quintin and Mary Beth Flanagan; second, Barry and Kelsie Lucas; and third, Ken and Suki Idol. For the second flight, places were first, Kerry and Leesa Wark; second, Shawn and Mindy Curry; and third, Lynn and Lori Stover.

ry and Kelsie Lucas. Results for the second flight were first, Kris and Bailey Koeperich; and second, Doug and Wanda Brown. Results for the third flight were first, Brett and Ashley Arnberger; and second, Brandown Cavene and Tasha Gooch.

Some like it HOT... and some like to shop the COOL way!!

The Colby Free Press - 462-3963

Shop carefully for energy savings

Hopefully by now most of you are aware that Colby is participating in the "Take Charge!" challenge to help Colby be a more energy efficient city and to win \$100,000 to be used for more energy efficient projects.

Part of this campaign is promoting the use of compact fluorescent lamps (CFL) light bulbs. They are a great way to reduce your home energy costs as they use about a quarter of the energy used by incandescent bulbs. The "Take Charge" challenge is handing out bulbs to help get you started and asks that you pledge to change more in your home. (Hope you all are pledging.)

This sends you to the store to buy more compact fluorescent lamps. As you stare at the shelf full of choices you may feel a bit overwhelmed and unprepared to know which bulbs you want or need. Below is some information that may be helpful.

Light from both incandescent bulbs and compact fluorescent lamps is measured in lumens. A compact fluorescent lamp will use 25 to 30 percent of the watts (power) of the incandescent bulbs they are replacing.

So, to replace a 100-watt incandescent light bulb, look for a compact fluorescent lamp with a minimum of 1650 lumens and approximately 25-30 watts. To replace a 75-watt bulb, look for one with 1375 lumens and 19-25 watts; to replace a 60-watt bulb, look for one with 1100 lumens and 15-20 watts.

A compact fluorescent lamp is typically larger than an incandescent bulb, so be sure to consider size before buying, and check for a screw-in rather than a plug-in base.

If choosing a compact fluorescent lamp for a fixture with a dimmer switch, read the label to see if the new bulb is compatible with dimmer technology before buying.

Compact fluorescent lamps, like other bulbs, have different hues, known as color temperature. Warm light is somewhat yellow, cool is somewhat blue. The color temperature is measured in Kelvins (K).

An incandescent light will usually have 2700K, and a compact fluorescent lamp with 2700K will produce a similar warm, yellow light. If a bright, somewhat blue daylight hue is desired, look for a compact fluorescent lamp with 5000 to 6000K.

While we are talking about conserving energy, below are some

Diann Gerstner

- Knowledge for Life

- energy saving reminders.
- Set the air conditioning thermostat at 78 F or higher. This can make a big difference. Each degree of cooling below 78 F will increase energy usage and expense approximately five percent.
 - Shut off or turn up the air conditioner when you will be gone for a few hours. Programmable thermostats allow maximum efficiency since they can be programmed to turn on at 4:30 won't cool the house before you get home at 5.
 - Minimize the amount of solar heat that enters a home, especially through west windows in the afternoon. Use vertical blinds or awnings outside windows, or draw draperies, blinds and shades indoors. Drapes can reduce heat gain through windows by as much as 50 percent.
 - Use ceiling, oscillating or box fans to circulate air. Air movement on skin makes it feel about 4 degrees cooler – which means the thermostat can be raised while providing the same comfort level.
 - Change system filters. Dirty, clogged filters lower efficiency by preventing proper airflow. Low-cost filters are available from your local hardware store. How often you will need to change filters varies, but check monthly.

To get the whole picture of what energy improvements your home might need, sign up for a Midwest Energy HowSmart Energy audit. (Another activity that gives Colby "Take Charge" points.)

To sign up call (800) 222-3121 and ask for Kay Unruh. The first 15 people who sign up for and complete and energy audit on their home (through Aug. 1, 2011) will be entered in a drawing for a \$500 gift certificate for a new Energy Star appliance.

Information on choosing compact fluorescent lamps, as well as other energy efficient tips visit the extension engineering website: www.engext.ksu.edu/home_energy.asp.

Diann Gerstner is the family and consumer sciences agent for the Thomas County Extension office.

Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Gathering to honor 95th birthday Sunday

The family of Elon Miller plan to honor her 95th birthday with an open house from 2 to 4 p.m. on Sunday at the Fairview Estates activity and dining room. She was born June 27, 1916. She is the mother of Bill Miller and wife Peggy of Colby and has three grandchildren. The family requests no gifts. Those unable to attend may send cards to Fairview Apartment C-3, 1620 Sewell Ave., Colby, Kan., 67701.



Elon Miller

Teens need to be aware of on-the-job hazards

Slippery floors, hot cooking equipment, heavy lifting, loud noises and working alone are some of the dangers teens face as they experience a first job or seasonal employment.

If not aware of the risk and properly trained and protected, these dangers can lead to serious injuries or fatalities for teen workers.

To help teens stay safe at work, the American Society of Safety Engineers has developed a new, comprehensive "Target Teen Work Safety" electronic tool kit (www.asse.org/teensafety) it is rolling out this month to members.

Included in the kit is the interactive online computer game "Don't be a Zombie at Work" (www.dontbeazombieatwork.org). The zombie game takes players through a variety of workplaces and risks – good and bad – to illustrate how to work safe; and, how occupational safety, health and environmental professionals help prevent injuries and illnesses.

The zombie game is free and features the imaginary evil "BodgeDab" industries. In the game, players help their co-workers avoid

becoming "zombies" by finding tools and using information from the game's safety professionals to stay safe on the job.

The new, comprehensive "Target Teen Work Safety" tool kit available at www.asse.org/teen-safety provides key fact sheets, brochures, research articles, quizzes and presentation aids that can be downloaded and printed. They can be used for presentations at high schools or community events, Girl Scout meetings, boys and girls clubs and more.

Statistics show that 117 teens under the age of 18 died from work-related injuries in 2007 and another 77,000 teen workers were hurt badly enough to end up in hospital emergency rooms.

Throughout the U.S., about 230,000 teens suffer work-related injuries, with most of those injuries occurring in the retail or service industries, according to the National Institute for Occupational Safety and Health. Overall, close to 6,000 workers die from on-the-job injuries and 4.4 million more suffer from injuries and illnesses in the U.S. alone.

Fake scholarship prank draws both laughs, scolding

BANGOR, Pa. (AP) – It turns out a Pennsylvania high school graduate's scholarship was just a load of bull.

Ethan Rosenberry got a stern talking-to over the bogus scholarship award that made its way into the Bangor Area High School graduation program, the *Express-Times* of Easton reported.

Rosenberry told the paper he hadn't won anything. Zip. Zero. Nada. Jack ... squat. So he invented an award that truly acknowledged his lack of accomplishments.

The Jack Hitte Award, with the middle initial S., drew laughter Thursday from a few audience members who caught the joke – which is more than can be said for the school officials who didn't catch on when Rosenberry put the fictitious scholarship down on the form he received for listing his

scholastic accomplishments.

Rosenberry told the newspaper he got creative with the form because he hadn't received any of the scholarships for which he'd applied.

"I was laughing and thought I got jack (expletive), so I wrote I got the Jack S. Hitte Award," Rosenberry said.

Rosenberry thought it was all about to hit the fan when he was pulled aside and told he had to speak to Principal Robert Vlasaty, he said.

"Whenever you do something like this, whenever you take the risk, you have to assume there will be consequences," Rosenberry said.

But he said he was allowed to leave with his diploma after being told the district didn't approve of the joke but could take it in good humor.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat (bushel)	\$7.23
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Milo (hundredweight)	\$11.46
Soybeans (bushel)	\$12.27

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Questions: Call Rhonda Pinkston Bailey at 316-201-8716.

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