

Family

Words of encouragement almost always offer boost

Everyone needs it. Some provide it. Rarely is it over-used.

I am talking about encouragement.

“Good job,” “Way to go,” “I’m proud of you,” and “You are good at that” are examples of encouragement one might use to make someone else feel good about themselves. After all, that is what encouragement is about.

Growing up, I was one who needed encouragement. I had areas that I wanted to be better at, but I wasn’t. Other areas I did do pretty well in. However, there was something about life that caused me to need encouragement. From this, I began to feel like I was probably the only one who needed the encouragement because most others seemed OK.

Then, I grew up. Still with the cloud of discouragement around me, though it was lifting a bit, I had a hard time encouraging others. I was a young adult and would see someone do a good job at something and it was like pulling my own teeth to get me to say “good job” to them. It felt forced and fake, even though deep down inside I was proud of them. I wanted to have someone say those kinds of things to me, but it wasn’t coming. However, I still felt the urge to say something to others.

I then met my wife, and she was a very positive and uplifting person. She was such an encouragement to me, both verbally and by example. She would pump me up and let my strengths be known. I don’t know what life would have ended up like if it hadn’t been for her. The only downside was, I still felt fake and forced to say something nice to others, but it wasn’t as much as it used to be.

Then, God put me on a path that had some definite out-of-my-element phases to it – ministry. For most, ministry probably seems like a Sunday and Wednesday job, keeping in mind those who call or come by to visit. However, I quickly realized the pains that people go through or are involved in. These pains happen at any given time to any given person. These



Jarrod Spencer

• From the Pulpit

They need to have regular “pick-me-ups” so when the storm does come, maybe they’ll remember those words of encouragement.

Even though I was not very comfortable with telling people they did a good job at something, when I myself was waiting for the “good job” but not receiving any encouragement, the job seemed to be tugging at me to do more for others along the framework of encouragement.

One thing I began to realize, very quickly, was no matter if you were the star of a sports program, valedictorian of your class, or most popular. Somewhere, sometime, would be a time or times when you would need some encouragement.

That is when I began to think about what I could do to encourage others. I began to write a blog that is geared toward encouragement (www.jarrodspencer.info) and send out e-mails of encouragement. A few years ago, I thought about an idea to reach the “non-e-mailers” where I send free texts messages to over one-hundred forty different people, which is focused on encouragement.

I am always looking for new ways to encourage people, individually and as a group. Traditional ways still work well. I have yet to witness someone giving too much encouragement or refusing to accept it. If you have a difficult time giving it out, may you learn to give it out because you know how beneficial it is to others.

Who are you going to encourage next?
Jarrod Spencer is the minister at the Colby Church of Christ. You can reach him by e-mail at ichthus_man@hotmail.com.

Custom rate information online for farmers and ranchers this year

Budget cuts at the state level mean that the Kansas Agriculture Statistics Custom Rates book, usually released in January, is not available. This tool, which has been used for years by farmers and ranchers to make management decisions based on historical data, included the results from annual surveys of farmers and ranchers, custom operators, cooperatives and elevators.

Kevin Dhuyvetter, Kansas State University agricultural economist, has stepped forward to help fill that void in information. The farm management specialist with K-State Research and Extension, has estimated most custom rates previously published by KAS that he believes will be helpful as producers make decisions in 2011. The report, “Historical Custom Rates in Kansas and Projec-

tions for 2011,” is available on the web: www.ag-manager.info/farmmgt/machinery/default.asp#2.

“Two things to point out,” he said, “are that the estimates reported are for state averages only (no regional estimates were made) and I included estimates for both 2010 and 2011 so that people can see what the model-estimated change is from what a predicted value for last year would be.”

“In most cases, the models are suggesting relatively large increases compared to 2010 values, which is primarily due to the current high forecast for diesel fuel next year,” Dhuyvetter said.

A radio interview with Dhuyvetter about the report is available at http://bit.ly/heHdD8 on the K-State Research and Extension show *Agriculture Today*.

Humanities board seeks members

The Kansas Humanities Council is seeking nominations of Kansans for service on its 22-member board of directors. Nominations are due by Thursday, March 31.

According to Jay Price, chair of the Membership committee, “Kansas Humanities Council board members make a difference in bringing great programs and resources to our state. If you or someone you know is passionate

about the role of the humanities in Kansas, consider a nomination to the KHC Board of Directors.”

Members of the volunteer board have financial oversight of the organization, take an active and role in fund raising, set policy and promote awareness of the council. Board members serve for a three-year term with the possibility of renewal for a second three-year term. Meetings are held three

times a year in locations across the state.

The Humanities Council is a non-profit organization that supports community-based cultural programs, makes grants and encourages community participation.

Individuals may nominate themselves or others. For information, visit www.kansashumanities.org or call (785) 357-0359.

Grand piano found on Miami Bay sandbar

MIAMI (AP) – A grand piano recently showed up on a sandbar in Miami’s Biscayne Bay, about 200 yards from condominiums on the shore.

The piano, which weighs at least 650 pounds, was placed at the highest spot along the sandbar so it doesn’t get underwater during high tide.

While officials aren’t sure how it got there, they know it won’t be going anywhere unless it becomes

a hazard to wildlife or boaters.

Florida Fish and Wildlife Conservation Commission spokesman Jorge Pino says the agency is not responsible for moving such items. And, he adds, unless it becomes a navigational hazard, the U.S. Coast Guard won’t get involved.

For now, the piano has become a fancy roost for seagulls.

Corrections

The article “Two Eagles’ wrestlers take first” on Page 8 in the Wednesday, Jan. 26, edition of the Colby Free Press gave an incorrect date for the Great West Activities Conference Wrestling league meet in Colby. The meet will be Saturday, Feb. 5. This was a reporting error.

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The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat (bushel)	\$7.97
Corn (bushel)	\$5.85
Milo (hundredweight)	\$10.01
Soybeans (bushel)	\$12.75

Kiss Unwanted Items Goodbye

Sell them in the Classifieds - 462-3963

Bernard Merica
..... is turning **90!**

Please come and celebrate with us at an Open House

Saturday, Feb. 5th 2011
2 p.m. - 5 p.m.

City Limits Convention Center
2227 S. Range, Colby KS

... No Gifts Please ...

Roberta Hornung Heaton

Roberta “Bobbie” Heaton, 84, passed away on December 11, 2010 in Las Cruces, New Mexico. She passed peacefully with family at her side. Bobbie was born Roberta Ruth Near on January 6, 1926, in Topeka, Kansas. Bobbie grew up on a farm in Long Island, Kansas. Her family weathered the Great Depression facing the challenges of dust, locusts, while keeping a farm and a family together. She attended college at Kansas State College, Manhattan, followed by nursing school at the Kansas University Nursing School, Kansas City, Kansas, earning B.S. degrees in nursing and home economics. During her last year at KU, she met Paul Hornung. Bobbie and Dr. Hornung were married in June, 1949. They moved to Wichita, Kansas where Paul finished his residency and sons Phillip and Eugene were born. They then moved to Fort Sill, Oklahoma, followed by Dodge City, Kansas, then Norton, Kansas. While residing in Norton, sons Steven and Joel joined the family. The family moved to Colby in 1961 where Dr. Hornung practiced medicine and they raised their children. Bobbie’s husband, Paul, died suddenly in October, 1972. As a single parent, Bobbie began and met the challenge of raising and educating four sons. Bobbie will always be remembered for her enthusiasm and willingness to help others in the community. In August, 1974, Bobbie started her career as a mental health nurse for the Western Satellite Mental Health Clinic of the Hays, Kansas Mental Health Clinic, which serves some eight northwest Kansas counties. She retired in December, 1991. Despite the travel required by her career, Bobbie always had time for community service and volunteer work including serving on the Colby City Council for 10 years, Colby Housing Authority for 29 years, Wellness Committee, and the local hospital board. She had a love of the outdoors, animals, music, sewing, canning and “putting-up” many kinds of fruits and vegetables. On May 4, 1991, Bobbie married Jack Heaton. Jack passed away on November 25, 2002.

Bobbie is preceded in death by her father, Jennings Near and her mother, Ruth Near, first husband, Paul Hornung, her twin brother, Robert Near, and her second husband, Jack Heaton.

She is survived by her sons Phillip (Sherry), Union City, California, Eugene (Linda), Grand Island, Nebraska, Steven (Maggie), Las Cruces, New Mexico, and Dr. Joel (Jeanette), Council Grove, Kansas, as well as her step-children, Dr. Gary Heaton (Debbie), Port Angeles, Washington, Deanna (Jim) Oesterreich, Colby, and Leslie (Daniel) Heaton, Oakridge, Oregon, 12 grandchildren, and 7 great-grandchildren. Also surviving is her sister-in-law, Mrs. Robert (Claribel) Near, Hastings, Nebraska, and many, many friends. Suggested memorials (in the name of Hospice or the Prairie Museum of Art and History) may be left at any of the local banks or Sacred Heart Catholic Church.

Memorial services were held at the Sacred Heart Catholic Church on January 6, 2011, with inurnment in the Sacred Heart Catholic Cemetery, Colby. Celebrant was Fr. Dana D. Clark.

SERVICES DIRECTORY

Worship in the church of your choice this weekend.

MINGO BIBLE CHURCH, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Pastor Tom Peyton. Sunday School: 9:30AM - all ages. Worship Services: 10:45AM. Sunday Evenings 6:30. 3rd Sunday informal fellowship - bring a snack to share! First Sunday of month - carry-in dinner following morning worship.

GATEWAY FELLOWSHIP, 2nd and Sunrise, Oakley. Pastor James Bloom, Sunday Morning Worship and Children’s Church 10:15 a.m., Wednesday evening Bible Study and Intercessory Prayer 6:30 p.m. 785-671-4020.

COLBY INDEPENDENT BAPTIST CHURCH, 730 E. 3rd (former Jaycee’s building). Pastor Bernard Heinz, 785-460-0313, Sunday School 9:30 a.m.; Sunday Morning Worship 10:30 a.m.; Sunday Evening 6:00 p.m.; Wednesday Evening 7:00 p.m.

ASCENSION-ON-THE-RAIRIE EPISCOPAL, Rev. Don Martin, College Drive & Wheatridge Rd., 785-462-3041, Holy Eucharist, 9:00 a.m. every Sunday. Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May.

COLLEGE DRIVE ASSEMBLY OF GOD, 245 W. College Dr., Colby. Pastor Steve Todd. Worship Service 10:15 a.m. Sunday School 9 a.m. for all ages. Wednesday Youth at The Rock 3:30 and 7 p.m. Sunday evening services at 6:30 p.m. on all Sundays except the 5th Sunday of every month. 785-462-8234. cdag@st-tel.net.

BEREAN CHURCH, 1000 S. Franklin, 785-460-2763, www.colbyborean.com; Sunday School 9:30 a.m., Sunday Worship 10:45 a.m and Saturday, 5:30 p.m.. Pastor Mark Carlton, Senior Pastor and Pastor Jason Purdy, Youth Pastor. Middle School Group Wednesday 7 p.m. at the Attic and High School Youth Group Sunday 6 p.m. at the Attic. AWANA Wednesdays at 7 p.m. at the church.

FIRST BAPTIST CHURCH, (Affiliated with American Baptist Churches USA) Rev. Craig Crossman, 615 W. Webster, 785-462-2867. Sunday School: 9:15 a.m.; Family Worship: 10:30 a.m.; RC Club 2nd and 4th Sundays at 2 p.m.

COLLEGE VIEW BAPTIST CHURCH (Affiliated with Southern Baptist), 1185 Wheatridge Rd. at College Drive, 785-460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship services, 10:45 a.m. Prayer Service at 6:30 p.m. on Wednesday’s. Contemporary Evening Service at 4 p.m. through the semester.

PLEASANT HOME CHURCH, Pastor, Perry Baird, 785-890-3375, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m.

WINONA METHODIST CHURCH, 501 Bellview Ave. Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDT)

MINGO BIBLE CHURCH, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Pastor Tom Peyton. Sunday School: 9:30AM - all ages. Worship Services: 10:45AM. Sunday Evenings 6:30. 3rd Sunday informal fellowship - bring a snack to share! First Sunday of month - carry-in dinner following morning worship.

SACRED HEART CATHOLIC, 785-462-2179, Father Dana Clark, Pastor, Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.

FIRST PRESBYTERIAN CHURCH, Rev. Carol Rahn, 515 W. 4th, 785-462-6342, Sunday Worship 9:00 a.m. Podcasts of the worship services are available at the church website colbypres.org.

WESLEYAN CHURCH, 320 W. Pine - 785-462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS, 1145 S. Franklin - 785-460-6605, President Andy Rose, 785-460-6807; Erwin Mitchell, 1st counselor, 785-460-1952; Calvin Haverfield, 2nd counselor, 785-953-1043. Sacrament meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open, 7-9 p.m. Thursdays or by appointment. Call 785-462-3571.

REDEEMING LOVE MINISTRIES, INC., 345 N. Franklin, Dr. W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 9 a.m., Sunday worship, 10 a.m., Wednesday, R.L.M Training Centers (Bible School), 6p.m. Shoponline at: www.rlmregionalchurch.com.

COLBY UNITED METHODIST CHURCH, Rev. James Mardock, pastor, 950 S. Franklin, 785-460-6521, Sunday Worship Services at 8:30 and 11:00 a.m., Fellowship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. www.colbyumc.org

CHURCH OF CHRIST, Minister, Jarrod Spencer. 510 E. 4th, Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Wednesday, Bible Study 7:00 p.m. www.colbychurch.com

OASIS WORSHIP CENTER, Colby, Pastor J. Curry, 785-462-0913. Sunday Service at 2 p.m.

FIRST CHRISTIAN CHURCH, (Disciples of Christ), Pastor Lyle Knebel, 385 W. 3rd - 785-460-2718, Sunday Morning Worship and Children’s Church at 10:00 a.m.

OUR SAVIORS LUTHERAN CHURCH, Brewster, Sunday worship 9:00 a.m.; 2nd Sunday of the month at 8:00 a.m.

TRINITY LUTHERAN CHURCH, Rev. Robert Alexander. East 5th & Country Club, 785-462-3497, Services, Sat., 5:30 p.m., Sunday; Sunday School and Adult Bible Class 9:00 a.m.; Services, 10:30 a.m. Visit us at www.trinitycolby.com.

LEVANT COMMUNITY CHURCH, 205 1st St., Pastor Charles Taff, 785-586-2376, Sunday School (classes for 3 years & up and 3 adult classes) 9:30 a.m., Morning worship 10:30 a.m.

BREWSTER UNITED METHODIST CHURCH, PO Box 250, Brewster. Pastor Dorine Chambers, 785-462-6044, Sunday School: 9:45 a.m.; Worship Service, 10:45 a.m.

THE SHEPHERD’S STAFF, REXFORD, Joan Dingworth, Director, 785-687-2565.

REXFORD COMMUNITY CHURCH, Rexford, Pastor Lane Purcell, 785-687-3305, Sunday School 9:30 a.m., Worship Service 10:30 a.m.

BREWSTER COMMUNITY CHURCH, Mike Pinkelman, Pastor, Brewster - 785-694-2720, Sunday School (all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible Study 7:00 p.m., Wed. mornings 6:30 a.m. - Men’s Bible Study, Wed. 7:00 p.m. - Children’s Ministries (Royal Rangers/ Missionettes), Wed. 7:15 p.m. - Intercessory & Prayer, Tue. 5:00 p.m. - Women’s Bible Study.

This feature is sponsored by these business firms as a contribution to the religious life of the community.

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