

Family

Next season starts as old draws down

One season ends, and the next one is just beginning.

That’s the way it is in life. And no matter what type of gardening has you under its spell, that’s the way it is with the outdoor growing process.

For all practical purposes, the 2010 gardening season is over. For most of us, it has been a productive year and we are grateful that our efforts of the past season paid off. But we must realize that while October is just about the end of the road, it also should be the beginning of next year’s expectations.

In every instance, the things we do with our garden plots in October will show either good or bad results next year. If you allow that plot to just lie there from now until planting time next year, bad things are likely to happen with next year’s production. But if you will do some soil building in October and November, your chances of “bin-busting” crops next summer are greatly enhanced.

Right now, or just as soon as you can clear the garden plot of last year’s growth, we must begin to plow or spade great gobs of organic material as deep into the soil as possible. That material will “cook” all winter by means of the freezing and thawing process and will add untold amounts of nutrients to the soil. You must do it before the ground freezes, which generally happens about Dec. 15 or slightly later. You will be simple amazed at the results next spring.

I plow in mostly leaves, of which there are tons and tons available now. They will biodegrade more quickly than other materials. Grass clippings are also nice. I also chop last summer’s sweet corn stalks and plow them



Kay Melia

• The Gardener

in and I mow the old bean plants and old potato vines, as well as anything that produced so well last summer.

Tomato vines are the exception. Those will be burned as soon as they dry out. Just about everything else is fair game.

It doesn’t matter what kind of soil you have – sandy consistency, rock-hard clay or loam – the procedure is the same. Plow in two or three inches of material now, water it well and then add some rotted manure or old hay or straw. Water it deeply again and then sit back and let Mother Nature do the rest.

Instead of a highly-compacted seed bed next spring, you will enjoy a rich, pliable, workable, good-smelling soil just oozing with nutrients and probably dozens and dozens of earthworms who have been doing their part to make your plot even richer.

Do not underestimate the value of the soil-building procedure that should take place in the next five or six weeks. There is no other way to attain top production in your garden next year.

And so I bid you a fond farewell for the season and thank you for reading my words for the 39th time in 2010. I always enjoy visiting with you about gardening, whether in person or otherwise. Do not hesitate to ring my phone if you just want to talk about growing things. Or e-mail me a vkmelia@yahoo.com.

Former chief of staff stops to talk with Colby college kids

Business students at Colby Community College got to hear from a former chief of staff of New York’s mayor during classes on Oct. 4.

Carie Flower, a graduate of Tufts University in Boston, was chief of staff for Michael Bloomberg during his 2005 election campaign.

Bloomberg is also known for Bloomberg LP, a prominent financial news and information services company. In 2009, he was listed as the eighth-wealthiest person in the United States.

Flower also is a long-time friend of Colby College business instructor Brad Bennett.

“Carie shared her experiences while working with such a powerful leader of our economy,” said Bennett. “The students were stunned when Carie explained her duties during an average day in New York working for Bloomberg, especially when she told them she had a \$3,000-a-month expense account for clothing.”

Several years ago, Flower left her New York career for the opportunity to return home to work in the family business. She is vice president of a large, privately owned waterworks company in Seattle.

“Her duties now are quite different, but she shared her knowledge of how to run a company, managing different generations, and successful life tips,” said Bennett. “She encouraged the students to push the limits, never be satisfied and work in a field they love.”

Flower was traveling in the area and was able to change her schedule to speak to the students, he said.

Babies

Bentley Makail Luckert

Bentley Makail Luckert, daughter of John F. Luckert and Jody L. Armstrong of Colby, was born Saturday, Oct. 16, 2010, at Citizens Medical Center. She weighed 6 pounds, 15 ounces, and measured 19 1/4 inches.

Grandparents are Kurtis and Lois Armstrong of Colby, Don and Becky Luckert of Brewster, and Iverna Eby of Goodland. Great-grandparents are Jack and Doris Armstrong of Goodland and George and Roberta Luckert of Brewster.



Bentley L.

Xavier Alexander Sanchez



Xavier S.

Xavier Alexander Sanchez, son of Ashley Stragey and Pablo Sanchez of Oberlin, was born Wednesday, Oct. 20, 2010, at Citizens Medical Center. He weighed 7 pounds, 6 ounces and measured 20 inches.

Grandparents are Judy Stragey and Mark Griffin of Norton and Kristin and Glen Stragey of Oberlin.

Preston John Shaw

Preston John Shaw, son of Casey and Shannon Shaw of Liebenthal, was born Tuesday, Oct. 12, 2010, at Hays Medical Center. He weighed 8 pounds, 2 ounces and measured 20 1/2 inches.

Seventeen-month-old Paxton welcomed the baby home.

Grandparents are Rick and Tammy Shaw of Selden and Alan and Kelly Focke of Colby.

Great-grandparents are Reed and Marilyn Griest of Jewell, the late Jolene Griest of Glasco, Anita Focke and the late Keith Focke of Colby, and Sherry Nickel and the late John Nickel of Tucson, Ariz.



Preston Shaw

Emma Rose Wong

Emma Rose Wong, daughter of Andrew and Tonya Wong of Greensboro, N.C., was born Monday, Sept 27, 2010, at Women’s Hospital in Greensboro. She weighed 7 pounds, 7 ounces, and measured 21 inches.

Welcoming the baby home were Helen, 6; Henri, 4; and Heather,

2.

Grandparents are F.J. and Rita Schroeder of Colby and Annie Wong of Ipoh, Malaysia. Relatives from out of town attending her baptism on Oct. 23 were both grandmothers, and aunts Irene Warm of Leicester, England, and Bonny Schroeder of Wichita.

Radiology seminar in Hays to update knowledge, skill

Hays Imaging Center will hold its 2010 Radiology Seminar from 8 a.m. to 3:15 p.m Saturday, Nov. 13, in the Hadley Conference Room No. 2, with registration beginning at 7:30 a.m.

Speakers will include Dr. Vivek Sharma of the Hays Orthopedic Institute; Linda Rollmann of Wesley Medical Center; Dr. William Smith of the University of Kansas Medical Center; Toni Boyles of Tecumseh; and Dr. Mike Pfannenstiel of HaysMed.

Topics include the role of radiology in minimally invasive spine procedures, pediatric radiology, breast cancer screening mammog-

raphy, imaging breakthroughs, career options in breast imaging, clinical trials, humor and c-spine CT usage.

The fee for the program is \$75.

Seven hours of continuing education credit are available. Application has been made to for Category A credit.

To register, call (800) 248-0073 Ext 5500 or e-mail dmclaren@haysmed.com.

MOVIE PASSES

Watch for your name in the Wednesday movie listings for 2 free passes.

(Passes must be used within 7 days.)

Pick up your passes at your: COLBY FREE PRESS

MOVIES NOW SHOWING Digital/3D Cinema Oct.29th - Nov. 4th

JACKASS 3D

Starring: Johnny Knoxville, Steve O R 1 Hour, 35 Minutes Friday & Saturday 7:00 & 9:00 Sunday -Thursday 7:00

SAW 3D

Starring: Cary Elwes; Tobin Bell R 1 Hour, 30 Minutes Friday & Saturday 7:00 & 8:45 Sunday -Thursday 7:00

COMING SOON

Secretariat Megamind Paranormal Activity 2

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Free Ticket Tuesday Buy One get One Free Admission (exclusions will apply)

Colby Cinema

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Mail-in ballots offer their own problems

Football season ended for the Golden Plains Bulldogs on Thursday with a blowout against Logan, 68-22, and an overall record of four wins and five losses.

At every home game, the city’s emergency medical technicians were available, though thankfully an ambulance was not necessary. An appreciation and thank you to Nancy Dahl, Darrel Dible, Linda Roma, Mary Luna and Bill Luna for their service.

The county has mailed out a large number of absentee ballots for the Tuesday election and we received ours. Mayor Dennis Allison was en route to the post office to mail our ballots and became sidetracked; he placed the envelopes atop his jeep before heading to the post office.

Needless to say, he made it to



Vicki Allison

• Rexford Correspondent

the post office with nothing to mail (I am laughing). Mine was found a block from the house and had been driven over more than once, but was mailed. The next day we received a postage due notification for a first class stamp. Thank you to whoever mailed his ballot.

The American Red Cross will hold a blood drive at the high school from 8:30 a.m. to 3 p.m. Friday. For an appointment, call the office at 687-3265.

Until next time, make your week memorable.

Disaster program applications due from farmers this month

The application closing date for the Noninsured Crop Disaster Assistance Program is Wednesday, Dec.1.

Crops eligible for benefits are those which can’t be covered by other forms of crop insurance, said Adrian J. Polansky, state executive director for the U.S. Farm Service Agency.

He said Dec. 1, is the final date to pay the service fee and get coverage for all grasses and hay crops, including alfalfa, clover, lespedeza, mixed forage, oats and vetch, and many fruits.

The administrative service fee is \$250 per crop per county, up to an \$1,875 maximum. Coverage entitles farmers to a payment of 55 percent of an average market price for the commodity if a natural disaster caused a 50 percent loss or greater.

Farmers must have coverage on noninsurable crops and buy crop insurance on insurable crops to remain eligible for supplemental disaster assistance programs, Polansky said.

Contact the county office at 462-7671 for information or to apply.

Markets

Quotes as of close of previous business day	Hi-Plains Co-op
Wheat (bushel)	\$6.31
Corn (bushel)	\$5.14
Milo (hundredweight)	\$8.66
Soybeans (bushel)	\$10.91

Colby Kids Wrestling

Kids age 4-14 Nov. 2 at 7 p.m Comfort Inn Convention Center

SIGN UP Bring birth certificates!

Turn in old singlets, buy, trade or sell shoes! For more information Call: Holly Lynn 785.443.0603



REDUCE REUSE RECYCLE

Please Recycle

CALLING ALL VETERANS

Looking for all the Veterans in the area who are not affiliated with VFW or American Legion. Please give us their names and we can recognize them in the upcoming Veterans Tribute in the Colby Free Press.

Name: _____
Name: _____
Name: _____
Name: _____

Please fill out the Dog Tag and Return to the Free Press before Friday 10am Nov 5

Deadline is Friday Nov. 5 by 10 a.m. Mail to: Colby Free Press 155 W. 5th Street Colby KS, 67701

God bless all those who answer our nation's call to defend our great country's freedoms!

Vet, SSgt. Matthews USMC 3rd Recon Bn.



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1. Hologic, Data on file, 2009. 2. Cooper, L, Grayson R, Luberoff P, et al. A randomized, multicenter trial of safety and efficacy of the NovaSure System in the treatment of menorrhagia. J Am Assoc Gynecol Laparosc. 2002; 9:418-426.

Only women with menorrhagia who are finished having children may be candidates for the NovaSure procedure. As with any medical procedure, there are risks to be considered. In a small percentage of patients, side effects of the NovaSure procedure included cramping, nausea/vomiting, discharge, and spotting. Talk to your doctor for further information about the full benefits and risks of the NovaSure procedure.

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