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Wellness Fair to take place in November

By Vera Sloan

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The Wellness Fair is coming to Thomas County early this year, with blood draws set to begin Tuesday and the fair itself set for Saturday, Nov. 13, in the Student Union at Colby Community College.

Sixteen wellness and health related educational booths will be set up for people to get information and other tests for skin cancer, oral cancer, balance, posture exam, vision, blood pressure and hearing. Booths also include the Kansas Highway Patrol and their child safety seat program, hospice and assisted technology for low vision. Diann Gerstner of the Thomas County Extension office will have information on vitamin D, portion distortion and radon.

Those having blood drawn for the comprehensive blood test on Tuesday do not need an appointment and will be served on a walk in basis. However, they should fast for 10 to 12 hours before having blood drawn. The blood draw will actually kick off the wellness fair events from 6 to 9 a.m. on Tuesday in the Specialty Clinic at Citizens Medical Center. It will be available each morning at that time from Tuesday through Satur-

day, Nov. 6.

The comprehensive blood test includes complete blood count, lipid profile (cholesterol), liver profile, glucose and other chemistries for only \$30. Other tests are available at a greatly reduced cost.

Bob Hanzlick, hospital lab manager said the HgbA1C blood test can look back 60 to 90 days at the variations of glucose levels in the blood.

"It's a pretty handy test," he said, "and can reveal any past spikes in glucose, so it makes it easier to monitor the patient's diet. It's been around two or three years, and is a good tool."

Two weeks later, from 9 a.m. to 1 p.m. on Saturday, Nov. 13, participants will go to the Student Union to take advantage of information and more screenings. Doctors will be on hand to explain the meaning of the different blood tests. Blood profiles will be explained by Dr. Bruce Kellogg at 9:30, 10:30 and 11:30 a.m. Registration for the fair is \$5 and will be collected at the time of the blood draw.

The Four Life Saving Screenings will be between 9 a.m. and 4 p.m. Nov. 13, in the Student Union of Colby Community Col-

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KEVIN BOTTRELL/Colby Free Press

Combined groups perform Monday

The Colby Middle School seventh and eighth grade band (above) performed "Thunder Drum" by John Kinyon at the combined music concert Monday. Before that, sixth graders Brock Horinek (right photo, from left) Josh Koon and Lexie Kraft played their trombones for "Rhythm X" by David Shaffer. The concert included performances by all the Colby Middle and High School bands and choirs as well as the Soaring Singers honor choir from Colby Grade School.



New governor will face many challenges after election

By John Milburn

Associated Press

TOPEKA — Kansans will choose their next governor Tuesday amid economic uncertainty as the state slowly recovers from the effects of the national recession. Republican Sam Brownback and Dem-

ocrat Tom Holland seek to replace Democrat Gov. Mark Parkinson, who took the job after Gov. Kathleen Sebelius resigned to become secretary of U.S. Health and Human Services. Also on the ballot are Libertarian Andrew Gray and the Reform Party's Ken Cannon.

Kansas' jobless rate was 6.6 percent in

September, compared with 6.5 percent in August and 7 percent in September 2009. But uncertainty remains, including the future of Wichita aviation manufacturer Hawker Beechcraft. The general aviation firm is restructuring its operations in effort to be more efficient and maintain as many of its 6,000 jobs in Kansas as possible.

sible.

Brownback has campaigned on creating a better business climate, including freezing government spending and establishing an office focused on repealing laws and regulations impeding growth.

"We must face the fact that Kansas' tax burden is substantially greater than all of

our neighboring states, apart from Nebraska. In particular, taxes on capital formation are killing new businesses where most new jobs are created," Brownback said. "However, spending restraint must precede any changes to tax policy."

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Oberlin man jailed for hiring hit man

A 73-year-old Kansas man was arrested last Tuesday at Denver International Airport after attempting to hire a "hit man" who turned out to be an undercover FBI agent.

Brooks Kellogg, who is said to be an Oberlin native and have a home in Hays, was arrested after the meeting at the Denver airport.

According to court documents, e-mails and instant messages were exchanged about the purported murder-for-hire job prior to the meeting.

An affidavit filed by an FBI agent with the criminal complaint says that Mr. Kellogg met with the undercover agent to pay \$2,000 in cash for "expenses" to commit the contracted killing.

The conversation allegedly included the agent asking Mr. Kellogg if he really wanted the person killed, which he allegedly

replied "yeah." The conversation goes on to the men discussing the possibility of other jobs.

At the end of the meeting, Mr. Kellogg was arrested.

The man Mr. Kellogg allegedly wanted killed had won \$2.5 million in a lawsuit against him. That suit involved a Steamboat Springs, Colo., real estate development business called Chadwick Real Estate Group.

The case has been filed in the U.S. District Court in Colorado. Mr. Kellogg is facing one count of using interstate commerce facilities and mail in the commission of murder for hire.

The penalty includes 10 years in prison, a \$250,000 fine or both, a \$100,000 special assessment, three years of supervised release and restitution to be determined by the court.

While Mr. Kellogg is listed as an Oberlin native, no record of

him living in the county could be found by *The Oberlin Herald* staff this week.

According to an article in the *Hays Daily News*, Mr. Kellogg is a member of the Fort Hays State University Foundation board and has been co-chair for the Cornerstone Campaign, an effort to raise \$60 million for the foundation.

He also created Uniplace LLC with another businessman to build Stadium Place Apartments at the university in 2005. In 2006, the article says, Mr. Kellogg bought a former downtown movie theater and reopened it as the Fox Pavilion later that year.

Dr. Gary Fredrickson, who is also on the Fort Hays State University Foundation board, said the members received an email and all press questions should be directed to the university's public relations department.

Brewster High sophomore attends forum in Washington

By Vera Sloan

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Dan Brown, sophomore at Brewster High School, says he just doesn't know how he got to be one of 250 high school youth from across the nation chosen for the National Youth Leadership forum on National Security held in Washington D.C. Oct. 12 through 17.

Brown was nominated by history and government teacher Shea Rothchild. The leadership forum helps prepare extraordinary young people for their academic future and professional careers. The forum's mission is to bring various professions to life and then help young people make good career choices.

They were introduced to national security strategy exercises and studied the issues of ethics in a national security situation especially as it relates to nuclear weapons.

"We were given an international nuclear crisis

situation," Brown said, "and we had to come up with some way to decide the future of a Northeast Asia community."

"We were in small groups of 20 kids to a group, and some of them were so stumped, they decided it would be best to just nuke it. But our group ended up doing a treaty, and that's the one that was accepted."

His role was to master the arts of negotiation and compromise. Each group's input helped to shape a policy that was ultimately chosen, and once a policy had been selected, scholars used the knowledge gained through the week to prepare a strategy and execute the policy.

"The trip was excellent," he said, "and I had never thought of being in government work when I went to Washington, and now I'm pretty sure I don't want to do that kind of work."

Dan is the son of Mike (Bonny) Brown of Colby and Peggy (Paul) Ohlrogge of Brewster.



Dan Brown

Briefly

Legion to serve biscuits Saturday

The American Legion will hold a biscuits and gravy breakfast from 7 to 11 a.m. Saturday at the Legion Post, 1850 W. Fourth St. Donations will be accepted to help with improvements to the post. For information, call 462-3809.

Acrobats to perform here

The Golden Dragon Acrobats will perform at 3 p.m. Sunday in the Colby High School Auditorium. The event, sponsored by the Western Plains Art Association, will cost \$15 for adults and \$7 for students from kindergarten to high school.

Heartland fall festival is Sunday

Heartland Christian School will hold a fall festival from 4 to 8 p.m. on Sunday at the school. There will be games from 4 to 7 p.m., a soup supper from 4 to

6:30 p.m. and a volleyball scrimmage from 7 to 8 p.m. Donations will be accepted and kids are welcome to come in costume. For information, call the school at 460-6419.

Help group to meet Sundays

Overeaters Anonymous holds meetings at 12:30 p.m. every Sunday in the Wesleyan Church library, 320 W. Pine St. The meetings are free and open to anyone who struggles with overeating. For information, call Selina Lee at 462-3432 or visit www.oa.org.

Games and treats this Sunday

The Colby Church of Christ will hold a "Trunk and Treat" party from 5 to 6:30 p.m. Sunday in the church parking lot. There will be games, prizes and treats. For information, call Tammy Goldsworth at 460-2484.

Group plans Halloween party

Big Brothers and Big Sisters of Thomas County will hold a Halloween Bash for area youth 13 and under from 3 to 5 p.m. Sunday, Oct. 31, at the 4-H building on the Thomas County Fairgrounds. The bash will include food prizes and games. Please bring one food item for the Genesis-Thomas County food bank. For information, call Diane Stithem at 460-9125.

Women's group to sell greenery

The Colby Presbyterian Women are selling fresh Christmas greenery to raise money for mission projects. Items include wreaths, swags, garlands, holly, table decorations and more. Order by Sunday for delivery the first week of December. Call the church at 462-6342, Mary Smith at 462-3387 or JoAnne Sunderman at 460-2476.

Hospital plans diabetes class

Citizens Medical Center will be holding a class for individuals with diabetes, "Journey for Control: Let's Talk about Diabetes and Healthy Eating" from 7 to 9 p.m. Tuesday in the new conference room at Citizens Medical Center, 100 E. College Drive. This class will focus in on the importance of nutrition, the relationships among blood glucose, insulin, and food, how food affects your blood glucose, and strategies for healthy eating. Courtney McCarty and Jeanene Brown are teaching, and class size is limited. Register by calling Brown at (785) 460-4850.



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