



Senior quarterback Kale Arnberger looked for a gap to run through during the Colby High football scrimmage on Friday at Dennen Field.

# Colby High football team scrimmages on home field

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The Colby High football team strapped on the pads and went at each other in front of students, parents and fans under the lights Friday at Dennen Field.

Senior wide receiver Christian Wilson and sophomore Quade Woofter both caught touchdown passes from senior quarterback Kale Arnberger.

Wilson had to sit out most of last season after hurting his knee during the second game of the season at Goodland last year. Coach Chris Gardner said Wilson's return helps the team both offensively and defensively.

Arnberger and senior running back Andrew Flanagin both rushed for touchdowns. The coach said he thought all the backs had run hard.

"We moved the ball at times," Gardner said.

Freshman Andrew Taylor also did a nice job running the ball, Gardner said. Taylor was filling in for sophomore Wyatt Binder, who dislocated his shoulder before the exhibition began.

Just about everyone got to play in the scrimmage from every class. The coach said he was impressed with how his younger players performed.

Towards the end of the scrimmage, the coaches invited the fans to stand behind the goal line as different offensive lineups took turns trying to score from 10 yards out.

Gardner said he thought the offensive line was beginning to block better. He said senior Josh Middleton had emerged as leader of the lineman.

"Josh does a nice job," he said.

Gardner said he thought the team could have tackled better, but he said he was pleased with the experience of his linebackers. The linebackers – Flanagin, Ryan Parker, Corbin Stephens and Logan Middleton – are all seniors. Even though it looks like the four seniors will be starting in the team's first game, Gardner added, no starting positions will be permanent until the game begins on Friday.

The Eagles will play at 7 p.m. at St. Francis. Colby will be looking for some redemption after suffering a tough 28-22 loss to the Indians in the home opener last season.

# Pitcher to face steroid charges

WASHINGTON (AP) – Seven-time Cy Young award winner Roger Clemens arrived Monday in the nation's capital to face charges of lying to Congress about whether he used steroids or human growth hormone.

The 48-year-old ex-major leaguer was being arraigned later Monday on three counts of making false statements, two counts of perjury and one count of obstruction of Congress.

Clemens is expected to only be in Washington for a short time. The New York Daily News reports that Clemens and his wife, Debbie, planned to play in the Golf.com World Amateur Handicap Championship in the Myrtle Beach, S.C., area later Monday.

In what should be a short court appearance, Clemens will stand before U.S. District Judge Reggie Walton. If convicted on all charges, he could face up to 30 years in prison and a \$1.5 million fine, though under U.S. sentencing guidelines, he would probably

face no more than 15 to 21 months in prison.

All signs point toward him fighting. He came to Congress after being mentioned repeatedly in the Mitchell Report – the damning breakdown of the sport's steroid problem released in 2007.

In front of a House committee the next year, Clemens said: "Let me be clear. I have never taken steroids or HGH." Before his indictment was handed down Aug. 19, Clemens was offered a plea deal that he turned down, and afterward, he showed no signs of backing down.

"I look forward to challenging the Governments accusations, and hope people will keep an open mind until trial," Clemens wrote on Twitter after the indictment. "I appreciate all the support I have been getting. I am happy to finally have my day in court."

His day in court figures to be one of many in the near future for some of baseball's biggest names – now sullied by steroid-related

accusations.

All-time home run king Barry Bonds is scheduled to go on trial in March on charges of lying to a federal grand jury when he said he never knowingly used performance-enhancing drugs.

At the hearing in front of the House Committee on Oversight and Government Reform, Clemens' former trainer, Brian McNamee, said the pitcher did, in fact, use steroids and HGH. Former teammate Andy Pettitte also told congressional investigators that Clemens told him he had used HGH.

# Lady Eagles show stuff in front of volleyball fans

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Colby High volleyball players showed off their skills for students and fans in a pair of scrimmages Friday at the high school gymnasium.

After a brief introduction by Coach Leslie Wagoner, each girl introduced herself to the crowd and said what position she played. Then it was time to scrimmage.

Two nets were set up in the gym, allowing two matches to take place the whole time. One featured mostly varsity players, while the other consisted of girls from the junior varsity and C teams. With a lot of girls out for volleyball this year, some girls had to sit on the sidelines part of the time. There are 34 girls on this year's squad. The actual scrimmages lasted a little over an hour.

Coach Wagoner said she thought the scrimmage

had gone well.

"The girls showed a lot of composure," she said.

Wagoner said her team has the ability to read the court and has a good work ethic. The squad also has some decent servers, she added.

The coach said her seniors have already taken on a leadership role.

"They have been doing team-building activities," she said.

These activities have included repainting the the wall in the locker room and team dinners, said Wagoner.

She said if the rest of the season is similar to her team's first two weeks of practice, then the girls should be right where they need to be when its time to play in the substate and state tournaments.

Both the varsity and the junior varsity will start their seasons in a triangular meet against Norton and Osborne at 4:30 p.m. Tuesday at Norton.

# Nadal goes for last trophy

NEW YORK (AP) – Roger Federer and Rafael Nadal have played each other 21 times over the years, and all over the world.

Eight matches came at Grand Slam tournaments, and seven of those were in finals: three at Wimbledon, three at the French Open, one at the Australian Open.

The rivals never have faced off at the U.S. Open, though, in any year or in any round. A big reason for that: Nadal has yet to make it past the semifinals in New York. He wants a U.S. Open title, of course. It is, after all, the only Grand Slam trophy he has yet to win.

Still, the No. 1-ranked and No. 1-seeded Nadal insists he is not consumed by thoughts of needing to leave Flushing Meadows with a championship two weeks from now.

"I hope I have another chance to play well here and to have the chance to win – but without obsession, no?" Nadal said. "I am more than happy (with) what I have at home, all the tournaments that I won. More than I dreamt five or six years ago."

Only 24 years old, Nadal already owns eight major titles: five French Opens, two Wimbledon, one Australian Open. But he lost in the semifinals at the U.S. Open each of the past two years and only one other time got as far as the quarterfinals.

"There's not much he's doing wrong," Federer said. "If you can make it to the semis, you can make it to the finals. That's pretty clear."

Federer was one of four past U.S. Open champions scheduled to play in Arthur Ashe Stadium on Monday, along with Andy Roddick, Venus Williams and Kim Clijsters. Another previous winner, Lleyton Hewitt, was slated to be in Louis Armstrong Stadium.

Also in action on Day 1 were Melanie Oudin, the teenager from Marietta, Ga., who made a surprising run to the quarterfinals last year; former No. 1s Dinara Safina and Ana Ivanovic; and this year's French Open finalists, champion Francesca Schiavone and runner-up Sam Stosur.

Nadal was given Monday off, and is expected to be on court Tuesday, facing Teymuraz Gabashvili of Russia in the first round.

"For sure, for me, personal satisfaction is going to be high if any day I have a chance to win here," Nadal said.

First, however, he'll need to reach the final. Federer has participated in every U.S. Open men's championship match since 2004.

Nadal lost in the second round in 2003 and '04, in the third round in 2005, in the quarterfinals in 2006, and in the fourth round in '07. Then came his semifinal exits against Andy Murray in 2008 and against eventual champion Juan Martin del Potro last year.

In 2008, Nadal says now, he was mentally worn out when he got to the U.S. Open after a busy summer that included winning the gold medal at the Beijing Olympics. Last year, he was physically spent, hampered in particular by an injured abdominal muscle.

# Quarterback gets quick hook

DENVER (AP) – A quick hook didn't sit well with Ben Roethlisberger.

A shortened suspension, well, that's another story.

Roethlisberger wanted to stay in the game longer than one quarter even though his backups needed the work Sunday night at Denver, where the Broncos rolled to a 34-17 win.

"I was shocked," Roethlisberger said of coach Mike Tomlin's decision to sit him at the start of the second quarter while the rest of the starters

stayed in. Now, Roethlisberger hopes to cut short his backups' regular season workload by having his six-game suspension shortened to four games.

NFL spokesman Greg Aiello confirmed Sunday night that commissioner Roger Goodell and the Steelers quarterback will meet soon, but he declined to say when or where the meeting would take place.

Roethlisberger was suspended for six games after being accused of sexually assaulting a Georgia college student in March.

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