

# Fitness show returns

By popular demand, Margaret Richard's *Body Electric* will return to Smoky Hills Public Television weekday mornings at 6:30 starting in May.

The fitness program, focusing on toning programs, is geared toward seniors 60 years and older.

The program was taken off the

schedule last year.

"We found that our viewers really enjoyed starting their day off with Body Electric, so we decided to bring it back," says Mary Pat Waymaster, director of content.

For information, call (800) 337-4788 or go to [www.smokyhillstv.org](http://www.smokyhillstv.org).

# Cattle feeders to have 'college'

MANHATTAN – Kansas State University will hold its first K-State Cattle Feeders College from 5 p.m. to 9 p.m. Thursday, May 13, in Scott City.

Attendance is free and lunch will be provided by Intervet Schering Plough Animal Health and Walco International for participants who register by Friday, May 7.

During the program, this year's "Top Hand" awards will be announced.

Presentations will include:

- Cattle Feeding: Where have we been and where are we going? Bill Mies, professor emeritus, Texas A&M University.
- Marketing strategies to discover new customers in a tough environment. David Lehman, K-State College of Business Administration.
- Recruitment and retention of employees. Chris Reinhardt, K-

State Extension feedlot specialist.

- Pen riding and handling high-risk calves. Dan Thomson, K-State College of Veterinary Medicine.
- Becoming a better horseman (live demonstration). Scott Daily, Daily Horse Training, Arkansas City.
- Mill maintenance and efficiency. Leland McKinney, K-State Extension grain science leader.
- Practical welding tips and safety. Thomas Brungardt, Garden City Community College.

Several presentations will be translated into Spanish. The event will be at the Scott County Fairgrounds in Scott City.

For information and registration, contact John Beckman, Scott County Extension, (620) 872-2930, or Justin Waggoner, K-State beef systems specialist, (620) 275-9164 or [jwaggon@ksu.edu](mailto:jwaggon@ksu.edu).

# Colby accountant obtains certification

Michelle R. Spence of Colby, a staff accountant with the certified public accounting firm of Adams, Brown, Beran and Ball, had obtained her CPA designation.

"We are proud of Michelle for her accomplishment, which is a big step for any professional in the accounting industry," says Brian C. Staats, a partner in the firm. "Michelle is an integral member of our team, and I am confident she will effectively use her CPA designation to grow as a professional and better serve our clients."

Spence, who joined the firm in 2008, works in its Colby office. She does professional accounting and bookkeeping functions

for the firm's clients, tax returns and tax planning, and prepares and reviews clients' financial statements.

A graduate of Kansas State University, she earned a Master of Accountancy degree in 2008 and a Bachelor of Science in business administration in 2007. She is a member of the American Institute of Certified Public Accountants, the K-State Alumni Association and the Alpha Kappa Psi Alumni Association.

Adams, Brown, provides accounting and consulting services to clients throughout Kansas. Founded in 1945, the firm has 12 offices in the state. For information, go to [www.abbb.com](http://www.abbb.com).



M. Spence

# Golden Plains kids in state music fest

By Judy Rogers  
*Golden Plains High School*  
[judy@usd316.org](mailto:judy@usd316.org)

Three Golden Plains High School musicians performed at the State Music Festival in Wichita over the weekend.

Senior Hannah Antholz performed "Sonatina" by George Philip Telemann on the xylophone and received a I rating. Performing vocal solos were Isaac Broeckelman with "The Jolly Roger" and "La Paloma Blanca" and his twin Jonathan with "Joshua Fit the Battle of Jerico" and "Still as the Night." Isaac got a I rating and Jonathan a II.

"State Music is an amazing experience for students," said teacher Instructor Janell Antholz. "Their performances represented our school well and we are proud

of them."

The three, along with other students from both the middle school and high school, will showcase their skills at the annual Talent Show at 7 p.m. Monday in the Rexford gymnasium. Everyone is invited.

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# Government announces county loan rates

The Commodity Credit Corp. had announced loan rates for 2010 crops of wheat, corn, grain sorghum, barley, oats, soybeans and sunflower, flax, canola and others.

Rates are posted on the U.S. Farm Service Agency website at [www.fsa.usda.gov/pricesupport](http://www.fsa.usda.gov/pricesupport).

The 2008 Farm Bill authorizes the national loan rates for the 2010 crops at these levels:

Wheat \$2.94 per bushel, corn \$1.95, (milo) \$1.95, barley \$1.95, oats \$1.39, soybeans \$5 and other oilseeds \$10.09 per hundred-weight. The rates reflect increases

from 2009 levels. For corn, grain sorghum and soybeans, the 2010 rates are the same as last year.

For information about agency programs and commodity loan rates, go to the county office at 915 E. Walnut in Colby or online to [www.fsa.usda.gov](http://www.fsa.usda.gov).

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