Minimize stress, look for opportunities ahead

Aries (March 21 – April **20**) This is a big week, with the opportunity for a major breakthrough. Minimize the stress in your life, especially what isn't constructive. The right amount of pressure keeps you on your toes, especially at work. Stick to your guns and stay focused. Good things are developing.

Taurus (April 21 – May 21) Look for clarity and insight, bringing together foresight and hindsight. This is going to challenge your intentions, making sure you're not on autopilot.

Gemini (May 22 – June 21) Pressure exposes any issues with having work/life balance. Home and professional lives come into conflict. It's a chance to create the kind of balance that is sustainable. You really can have it all.

Cancer (June 22 – July 22) There's a lot of pres-

Shannon O'Brien

> Weekly Horoscope

any direct firing line. It's a lot easier to stay mentally focused. If you find yourself getting stressed, keep things simple and keep communication lines open. This is a good time to be working behind the scenes, away from the rat race.

Leo (July 23 – Aug. 22) Keep your cool but stay ready to fight for what you want, need or deserve. Your financial and income sectors are in conflict with each other. Despite the intensity, this is a week when things can be sorted and put on the right path.

Virgo (Aug. 23 – Sept. 23) While there is a lot of pressure this week, there is an opportunity for healing and a breakthrough. Meanwhile there is a shift in focus on the professional front, with exciting professional desires and dreams. Faith in the future is

Libra (Sept. 24 – Oct. 23) Keep things in balance, especially on the health and work fronts. Remain confident, realizing that where there is pressure there are opportunities. Current pressures are temporary. Focus is on your financial game this week.

Scorpio (Oct. 24 – Nov. 22) Be true to yourself and avoid jumping to the hardest scenario. Sometimes the simple approach provides the best answer, not creating complications where there are none. On the personal front there is both pressure and opportunity. Ensure that you're on the most authentic path

Sagittarius (Nov. 23 – Dec. 21) There'll be some professional pressure this week. Where there's pressure there's opportunity. Things are coming to a head and you're asking yourself the tough questions. Having the right work/life balance is crucial.

Capricorn (Dec. 22 – Jan. 20) Two situations are challenging your excuses and demanding that you

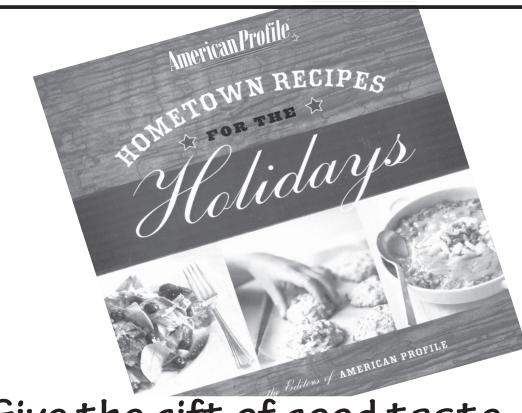
and your experiences. Life and all its experiences are there to be lived.

Aquarius (Jan. 21 - Feb. 19) Pressure between financial and income sectors comes to a head in a way that temporarily makes challenges seem worse. Opportunities lie on the other side, especially on the income front. Be on your toes, take responsibility. There's likely to be some heartfelt moments as well.

Pisces (Feb 20 - March 20)

Minimize personal and relationship pressures by providing the support needed to turn them into opportunity. Defuse pressure by opening communication lines. You're poised for a major breakthrough





Give the gift of good taste

...and smell, fun and good memories

American Profile — yep, the magazine that comes in the local paper and always has a great recipe — now has

a great cookbook. Get 120 recipes categorized by holiday for yourself or as a gift. Just \$18.95 plus tax. Available at:



155 W. 5th, Colby



You don't have to **face your** problems alone.

COLBY KANSAS MEETING SCHEDULE

Alcoholics Anonymous:

8:30 a.m. - Sunday Morning meeting

Downtown:

Basement of City Hall

8:30 p.m. ~ Monday and Thursday

Sisters in Sobriety: Basement of City Hall

Alanon:

Colby 6th Street

8:30 p.m. ~ Wednesday

ACOA:

Basement of City Hall

Colby 6th Street 8:30 p.m. ~ Wednesday and Saturday 5:00 p.m. ~ Sunday Narcotics Anonomys: Basement of City Hall 8:00 p.m. ~ Tuesday, Friday and Sunday 7:00 p.m. ~ Monday

ATTENTION

Colby High School, Brewster High School, Golden **Plains High School and Heartland Christian School**

Senior Parents & HOMESCHOOLERS



Class V





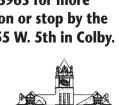
WHITNEY COLETTE ADAMS

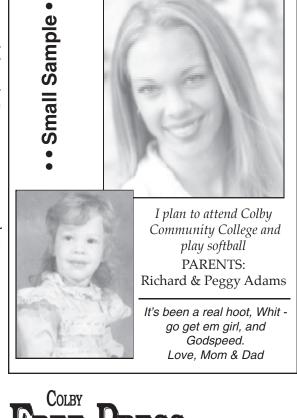
Hurry in parents!! Deadline is April 26, 2010!!!

The Colby Free Press is now planning the Senior Graduation Tab and will be giving parents a chance to put a baby picture in along with a short message from the family for a small fee.

> We will automatically feature your student's picture and information, but this will be your chance to put in a baby picture to show how much your senior has really changed over the years!

Call Andrea, Heather or Shaly @ 462-3963 for more information or stop by the office at 155 W. 5th in Colby.





We're Looking for EXECUTIVE MATERIALI



Are you looking for a good job?

Recent college grads welcome!

The Colby Free Press is looking for a full-time advertising executive to sell advertising for Nor'West Newspapers. The work week would be 40 hours with occasional evening and weekend duties. Computer skills with Excel, Photoshop, inDesign, and Acrobat helpful but not necessary. Must have good communication skills, and excellent customer service skills with attention to detail. Send a letter and resume to Steve Haynes, publisher, at 155 W. Fifth St., Colby, Kansas., 67701 or s.haynes@ nwkansas.com. This could be the job you've been looking for.



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