Family

Deaths

Kenneth F. Rogers

Kenneth F. Rogers, 88, Colby, former principal dren. of the Colby Grade School, died Thursday, April 1, 2010, at the Prairie Senior Living Complex.

He was born Oct. 11, 1921, in Kensington, the son of Charles and Emma (Wagoner) Rogers. He served in the army during World War II.

Preceding him in death were his wife, Wanda L. Roger, in 2008, and an infant daughter, Marcine Marie Rogers, in 1959.

Survivors include two sons, Thomas B. Rogers, Wichita, and Tracy W. Rogers, Colby; two daughters, Jean L. Rogers, Lakewood, Colo., and Alana S. Tubbs, Colby; a sister, Lois Warner, Grand Junction, Colo.; five grandchildren; and five great-grandchil-

Nita Marcille Currier, 76, Abilene, formerly of At- Fourth St., Atwood. wood, died Thursday, March 31, 2010, at the Salina Regional Medical Center.

She was born Feb. 14, 1934.

Memorial services will be at 11 a.m., Monday, April 5, at the United Methodist Church, 200 N.

Hilda Rumold, 95, Colby, died Wednesday, March 31, 2010, at her home.

She was born March 6, 1915, in Albertoske, Germany, the daughter of Wilhelm and Anna (Kubsch) Hain.

On May 3, 1952, she married Theodore Rumold in Holzminden, Germany, and they lived and farmed in Hope.

She was a member of St. John's Lutheran Church, on Lyons Creek near Herington, and had completed a course for Red Cross and hospital nursing.

Preceding her in death were her husband in 1990 and eight brothers and sisters.

Services will be at 10 a.m. Tuesday, April 6, 2010, at the First Presbyterian Church in Colby, with the Rev. Carol Rahn and the Rev. Stephen Wing officiating. Burial will be at 3 p.m. Tuesday in the Germantown Cemetery at Kensington, with military honors

by a team from Fort Riley. Visitation will be from 10 a.m. to 8 p.m. Monday at the Kersenbrock Funeral Chapel in Colby.

The family suggests memorials to the Thomas County Community Foundation for the Colby School District Education Fund for teacher mini-grants, in care of the funeral home, 745 S. Country Club Dr., Colby, Kan., 67701.

Nita Marcille Currier

The family suggests memorials to Relay for Life or the Atwood Second Century Fund, in care of Williams Funeral Home, 102 N. Second, Atwood, Kan.,

Hilda Rumold

Survivors include two sons, Maxy Rumold, Hope, and Erick Rumold, Englewood, Fla.; a daughter, Karin Rasmussen, Colby; and five grandchildren.

Services will be at 10:30 a.m. Monday, April 5, 2010, at the church, with the Rev. John Riebhoff officiating, followed by burial in the Ashton Cemetery, Hope.

Visitation will be from 7 to 8 p.m. Sunday at the Carlson-Becker Funeral Home.

The family suggests memorials to Hospice Services Inc., the Hope Community Historical Association or the church altar guild, in care of the funeral home, 106 N. Second, Hope, Kan., 67480.

For heart health, start walking plan

tion is calling on Kansas residents to walk for 30 minutes on Wednesday - National Start! Walking cardiovascular health." Day. Residents are encouraged to take that 30-minute walk inside, outside, at work, at home or wherever they are on that Wednesday to celebrate the day.

Start! is the American Heart Association's national initiative that champions walking because it has the lowest dropout rate of any physical activity. You can download a custom walking plan from the Web site, www.StartWalking-Now.org, to track your progress.

In January, the heart association defined the seven key factors to ideal cardiovascular health. Physical activity is one, but only 15 percent of American adults achieve recommended levels of moderate aerobic exercise 150 or more minutes per week.

The Start! initiative encourages all Americans to get started on a walking program as a way to achieve activity goals and reduce the risk of cardiovascular disease by as much as 30 percent.

"Healthy lifestyle choices should be a community priority. Nearly 67 percent of Americans are overweight and are at risk for heart complications from sedentary lives," said Erin Kiekbusch,

Rexford church to hold mission conference Bridge Club

Tuesday winners at Meadow Lake bridge were first, Elaine Ptacek; second, Margaret Denneler; third, Gail Vacca; fourth, Joy Davis; fifth, Lyle Worthy; sixth, Dave and Barb Ulmer; seventh, Mary Molstad.

The Church will hold its annual Mis- and will feature Lance and Debra sion Conference on Saturday and Sprick, who serve in the Philip- both the Spricks and Mulligan Sunday, April 10 and 11, with the pines with the mission group from 9:30 a.m. to 10:30 a.m., with theme, "Let the 'Son' shine in Christar, and Elizabeth Mulligan the worship service to follow. A 2010.

The conference will begin with The Spricks will serve a Filipino vices. Everyone is invited.

Rexford Community a breakfast at 7:30 a.m. Saturday, meal at 6:30 p.m. Saturday. of Biblical Ministries Worldwide. carry-in dinner will follow the ser-

Sunday school will be feature

The American Heart Associa- American Heart Association. "Walking just 30 minutes a day can make a big difference in their

Start! offers several options to help walkers get started on the right path, including walking programs; online tools to document calories consumed, steps taken and routes walked; social networking to find and support like-minded walkers; heart-healthy recipes; seasonal walking guides; videos; and a daily walking guide.

Markets

\$3.68
\$2.89
\$4.69
\$8.25

Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Please Recycle

Fona (Toni) Belle Nesbitt

Iona (Toni) Belle Nesbitt died at 4:37 p.m. on Friday, March 26, 2010 at the age of 85. She was unexpectedly diagnosed with metastasized cancer after falling and breaking her hip. She died peacefully at home tended by her daughter and hospice volunteers. Toni was born in New York State on June 28, 1924. She was a WWII bride and helped to support the war effort by working at General Electric while her husband was



deployed. Afterwards she stayed at home raising four children. Toni moved to Colby 22 years ago to live close to her daughter. Before retiring, she worked as an environmental technician for Prairie Senior Living Complex while it was still located in what is now the Thomas County Annex building. She loved to read and do crossword puzzles. Preceding her in death were Toni's former husband Curtis W. Nesbitt, two sons Harold R. and Guy A. Davis of New York, a daughter-in-law Elaine Davis of New York, two grandchildren Nathan and Timothy Davis of New York, and a daughter Peggy A. Davis of Colby. She is survived by a daughter Carol D. Johnson of Colby, as well as ten grandchildren: grandsons Joshua Davis of Salina, Rudolph Denham of Springfield Oregon, Matthew Cummins of Texas, William Campbell, John Davis, and Robert Davis all of New York; granddaughters Heather Colonnese, Shannon Colonnese, Carol Ann Davis and Brenda Lee Davis also all of New York; and numerous great-grandchildren. A memorial service will be held at the community room of the housing authority, 600 S. Mission Ridge, on Saturday April 10, 2010 at 11:00 a.m. followed by a noon potluck. Side dishes should be brought to share.



67730, (785) 626-3895.

These Golby Churches warmly invite you to share part of your day with them this Easter on April 4, 2010.

