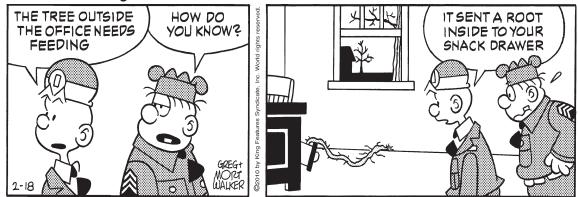
Page 8 Colby Free Press Thursday, February 18, 2010







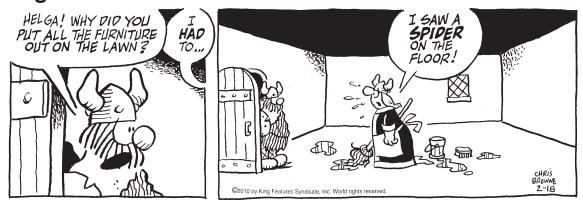
Beetle Bailey • Mort Walker



Blondie • Chic Young



Hagar the Horrible • Chris Browne



Mother Goose and Grimm • Mike Peters





Dear Dr. Brothers: I hate to admit it, but I almost didn't allow myself the opportunity to have two wonderful kids, because I knew I would wreck them with my anxiety. I didn't want them to grow up fearful like I am, but I am seeing signs of shyness in my 6-year-old and nervous habits in my 8-year-old. Have I already ruined them? I take medicine for anxiety, but everyone still jokes about what a worrier I am. – H.P.

Dear H.P.: You are carrying a heavy load of guilt, and that can't help your feelings about being a parent. Most parents are concerned about their influence - and often the ones who are most worried are doing the better job! It is far from a foregone conclusion that if you are anxious, your kids will be too. The fact that your worrying is seen as amusing in the family tells me your kids and husband are distancing themselves from that behavior as a role model. That's what you want to happen, although effective therapy or medication for yourself so you are respected and empowered would be a better outcome.

A recent study at Johns Hopkins University has found that family therapy reduces the incidence of children of anxious parents developing symptoms. The odds are against you if you do nothing: Data show that kids from families like yours have up to seven times greater chance of developing anxiety disorders. So, you have your work cut out. Get the gang together, and work on this as a family. You won't be sorry.

Dear Dr. Brothers: There have been times lately when I have found myself lying to my children, who are elementary through high-school age. I am always justifying telling a little white lie as the means to an end. I told them I couldn't afford sports equipment when I actually had some money. I said Grandma was sick when she just didn't want to take the time to come over. Is this kind of lying really a bad thing? - T.B.

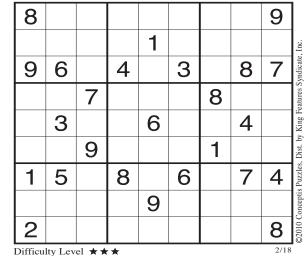
Dear T.B.: Just about all parents lie to their children - some on a daily basis. Just because you call it a fib or a white lie, though, doesn't mean it might not have negative consequences. One might be that your kids don't know whether to follow your example. Parents who lie most are the most punitive to their own children's lies, according to a recent study by the University of California, San Diego. That's confusing. Kids are tough to fool when Mom or Dad tells a whopper.

The lies you cite are designed to make a child feel better about something. That is a common motivator for parents, along with trying to in- Z V A X H J V fluence the child's behavior, the survey reports, revealing that the majority of parents surveyed admitted lying to their kids. So instead of shielding your kids to make them feel better, you might help them cope with truth. That way, you will help instill some resilience and feel better about the ways in which you parent. It can be liberating if you listen to that little voice telling you it's not a cool idea to tell a lie. Your kids will be less confused, and you will come up with much more cohesive parenting options.



"Oooooh! I like their National Anfem. I hope they win more gold medals."

Conceptis Sudoku • Dave Green



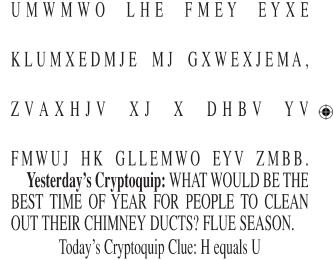
This is a logic-based num-

ber placement puzzle. The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to the last Sudoku puzzle is at right.

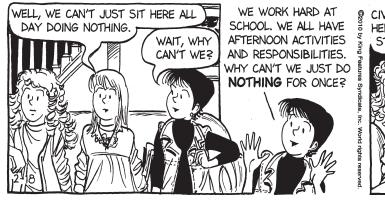
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Cryptoquip

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Sally Forth • Greg Howard

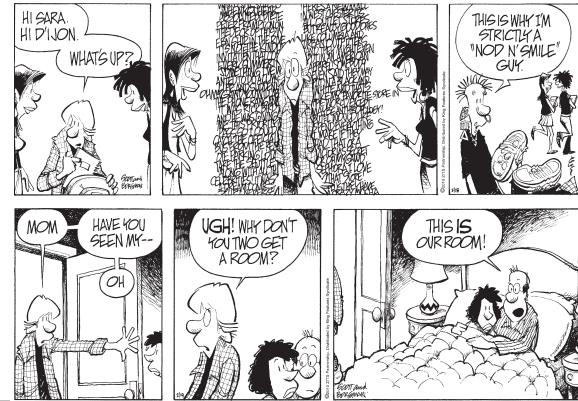




Todd the Dinosaur Patrick Roberts



Zits • Jim Borgman & Jerry Scott



Bridge • Steve Becker North dealer. Neither side vulnerable NORTH EAST WEST ♠ 5 2 ♥ 6 4 **♦** A ♥ J 10 3

SOUTH ♦K 10 8 4 3 ♥Q 5 ♦ Q 8 5 ♣A 6 4 The bidding: West Pass Pass Pass North 1♥ Pass Pass Pass

Opening lead two of diamonds

A Singular Double Tragedy

Some deals you hear about sound much more like fiction than fact. For example, here's one that may strain your credulity. It occurred, believe it 21 or not, in a head-to-head match between two of the contending teams in a national team-of-four championship.

At the first table, the bidding went as shown. North clearly overestimated the value of his hand. Granting that South's one-spade response was music to North's ears, North surely overstated his high-card strength when he jump-shifted 28 in diamonds and then leaped to five spades over three hearts. After this, South certainly could do no less than cuebid his ace of clubs in an attempt to get to a grand slam.

Of course, the slam should have gone down one since the defenders held two cashing aces. But it did not occur to West that his partner could hold 39 the ace of trumps, and he decided that desperate measures would be needed to defeat the slam the opponents had bid so confidently.

Accordingly, he led the deuce of diamonds! West was hoping to find dummy with the K-J and East with the queen, in which case declarer would almost surely play the jack from dummy.

However, this proved not to be the right time or place to underlead an ace against a slam. South won the diamond with the queen and cashed the ace of clubs, discarding the king of diamonds from dummy. He then conceded a trump to East's ace to make the slam.

At the second table, the bidding went differently, but the final contract was exactly the same! Again South got to six spades, again West underled the ace of diamonds, and again South made the slam - so the deal was a washout!

Now wouldn't you agree that truth is stranger than fiction?

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(c) 2010 by King Features Syndicate **Crossword** • Eugene Sheffer

		51101
ACROSS	41 Cattle call DOWN	21 Chicken
1 Suitable	42 Stick 1 Stern-	(out)
4 Seven	with a ward	22 Hip
Dwarfs'	kick 2 Expert	bones
	44 Window 3 Lobster	23 Dine
8 Family-	in a roof liver	27 Cudgel
biz abbr.	46 Like 4 Whistler	29 "Non-
12 To and —	Times subject	sense!"
13 News-	Square 5 WSJ	30 Reed
paper	on 12/31 news	instru-
page	50 Purchase item	ment
14 Inaugura-	51 Wheels 6 Require	31 In-
tion	of for- 7 Ford	digent
recitation	tune? fizzle	33 Fox,
15 Marinara	52 Annie's 8 Like 59-	for
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ents	56 Maple probably	35 Chic, to
17 Aware of	genus 9 Carry	Austin
18 Bonfire	57 Thorough- on	Powers
residue	fare 10 Sgt.	38 Conclu-
19 Windows	58 Insepa- Snorkel's	sion
work-	rable dog	40 VIP's
space	59 Over- 11 Bou-	opposite
21 Infamous	studious tique	43 Aquar-
middle	sort 16 Request	ium
name of	60 Bohemian 20 Get a	fish
1865	61 Pirouette glimpse	45 Capek
24 Main-	pivot of	play
lander's	Solution time: 25 mins.	46 Talon
memento		47 Puerto
25 Ailing	POP DODO AGES	—
26 Massage	A M O E V E R L A M E N I L F A C E V A L U E	48 Portent
28 Bar	STOOL OAR	49 "Let's
legally		Make a
32 Carriage	FACECARDMYRA	Deal"
34 Actress	A D Z T R E E D P I N	choice
Dawber	D I A L F A C E B O O K S T R E W D O S E	53 Wrestling
36 Vagrant	GAS TEMPT	surface
37 Check	F A C E S A V E R Y E A	54 Yoko
recipient	A N O N N E R O T S P	of
39 Heavy	R I N D S T A Y H O E	music
weight	Yesterday's answer 2-18	55 Teensy

