

Family

Perfect hero stands fast

Why is it that heroes and role models inevitably seem to not be able to live up to their responsibilities?

You might argue that “they are just human.” Another argument could be that they are under so much pressure that all will probably crack some day. Whatever the argument, it seems that as long as people rise, they tend to fall. I am not going to generalize, but the two I am focusing on are athletes.

A few months ago, a well-known athlete had a car accident near his home. That well-known athlete has set all kinds of records and has gained the attention of the world and a fan base of millions. His name, Tiger Woods.

Woods has wowed people since he stepped into the spotlight, including me. He’s come back from final-round deficits to make people’s jaws drop. He’s overcome injuries. He was sponsored by a lot of major companies. However, after that night, it was more than his car that crashed.

His past came out and his infidelity rose to the surface. His life has come crashing down. He may have his talent, but because of his choices, he will have a heavy load to carry around. This load is something that he brought on himself.

Maybe you, too, have brought about something like this in your life. Have you “crashed” in some way? Made choices you regret? Most of us have, and the best thing to know is that there’s hope.

Then there is a guy known by the number “70,” not because of his jersey, but because of the feat that he accomplished. Others may call him “Big Mac.” He was well-known in Oakland and St. Louis.

He was one that I enjoyed imitating when I stepped up to the



Jarrod Spencer

• From the Pulpit

plate. He was able to crush the baseball. Mark McGwire had huge forearms and a seemingly effortless swing. He came on the scene when he played for the Oakland A’s. He brought life into those green and yellow uniforms.

McGwire, along with Jose Con-seco and Ricky Henderson, made the A’s a force to be reckoned with. Later, he went to the St. Louis Cardinals. A few years ago, he was brought before Congress to be questioned on the use of steroids. “No” was his answer, under oath, trying to escape trouble.

Now, he admits to using the drugs. He says it was a “mis-take.” He says that hitting the home runs were no reflection of the steroids. That argument I understand, because steroids will not cause someone to connect with the ball better. However, he made the choice to put the drugs into his body. He was educated, sometime in his life, as to the effects that would be as a result of the use of steroids.

Major League Baseball does not allow the use of performance enhancing drugs, such as steroids. Drugs are often used to “escape reality.” The escape is brief, to say the least. Steroids must be continually used to keep up the affect.

Were the pressures of major league baseball too high for Mr. McGwire? Did the people expect more than what they saw?

These two men are not alone in

their mistakes, they are just recent victims. I could have used men in a different profes-sion or women of various professions. These men are human, not “just” human, as to water down their offense.

Humans make mistakes. You also are not alone in the mistakes you’ve made. However, that doesn’t excuse your mistakes, just like it doesn’t excuse their mistakes. We all fail, but we’re not failures.

There is one role model and hero that made no mistakes. He was in the spotlight. He was tempted. He was under constant pressure. He made it out clean.

You probably know Him. His name is Jesus. It may seem obvious to conclude by talking about Him, but some may not realize how He stood the tests without giving in.

When I’m looking for a good role model, I want someone whom I can know will not make a mis-take. I want someone my kids can look to for an example.

Whether we’ve failed, stumbled or given up, there’s always someone left to emulate. That’s Him. He’s the example for resist-ing pressure (Hebrews 4:15) and for giving up your life for others (John 15:13).

Though I’m guilty of messing up in my life, He’s not. May we all see the reality of looking to Je-sus for everyday life, not just on “church” days.

Jarrod Spencer is the minister at the Colby Church of Christ. You can reach him by e-mail at ichthus_man@hotmail.com.

Deaths

Cheryl Nebinski

Cheryl Ann Nebinski, 59, a Col-by homemaker, died Tuesday, Jan. 19, 2010, at her home.

She was born Feb. 4, 1950, in Kansas City, Mo., to Olis C. and Gladys L. (Manning) Rogers.

Survivors include her husband, Vincent Nebinski of the home; a son, Donald Riggs, Seattle; a daughter, Rachel Riggs, Denver; two brothers, John Rogers, At-wood, and David Rogers, Broom-field, Colo.; two sisters, Margar-et Brenner, Frazier Park, Calif., and Patricia DiMaggio, Littleton, Colo.; and three grandchildren.

Private family services are planned. The Harrison Chapel of Colby is in charge of arrange-ments.

Course helps farm manager

An online finance course for farm families includes eight les-sons to help plan for a stable future that meets their long-term needs.

The course, offered in 20 states, is meant to strength women’s roles in the farm enterprise.

For information, or to enroll in the course, go to www.extension.org/pages/InvestingforFarm-Families.

Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Beef workshop in Texas next week

The Beef Reproduction Task Force and the National Cattle-men’s Beef Association are offer-ing a workshop on Applied Repro-ductive Strategies in Beef Cattle at the 2010 Cattle Industry Conven-tion in San Antonio, Texas, next Thursday and Friday.

The workshop is designed to improve understanding and man-agement of the beef cow’s estrous cycle and other approaches to im-proving efficiency of reproduc-tion, said Sandy Johnson, north-west area livestock specialist with Kansas State University Research and Extension in Colby. Johnson is one of the event coordinators.

The workshop will cover strate-gies to improve herd profitability through enhanced management techniques, nutritional influences on reproductive success and the role of male fertility, Johnson

said. The task force is a multi-state Extension group.

Information about the work-shop is available at www.beefre-pro.info, or by contacting Johnson at sandyj@ksu.edu or (785) 462-6281.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat (bushel)	\$3.95
Corn (bushel)	\$3.17
Milo (hundredweight)	\$5.13
Soybeans (bushel)	\$8.36

Non-surgical treatment of hemorrhoids.

John D. Ferris, MD
will be at:
291 15th Street
Burlington, CO

Friday Feb. 12
&
Monday, Feb. 15

For information
or appointment, call
1-800-593-0009



Hem
cure

Senior Progress Center

The Senior Progress Center in Fike Park will have a domino game Thursday.

Monday: 10:30 a.m. Skip Bo game. **Tuesday:** 10 a.m. exercise; popcorn day. **Wednesday:** sweets day. **Thursday:** 10 a.m. exercise; 10:30 a.m. domino game. **Friday:** 10 a.m. exercise; 10:30 a.m. pool game.

Menus for the week: **Monday:** sloppy joes, hash brown casse-role, carrots, bun, cinnamon apple

slices. **Tuesday:** meat loaf, scal-loped potatoes, peas, peaches. **Wednesday:** oven-fried chicken, pasta salad with vegetables, pota-to wedges, strawberry shortcake. **Thursday:** chef salad, five-cup salad, breadsticks brownies. **Fri-day:** chili, tropical fruit, crackers, cinnamon roll.

The Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center.

SERVICES DIRECTORY

Worship in the church of your choice this weekend.



CHURCH OF CHRIST, Minister, Jarrod Spencer. 510 E. 4th, Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Interpretation for the deaf, Wednesday, Bible Study 7:00 p.m.

Schedule of church services

GATEWAY FELLOWSHIP, 2nd and Sunrise, Oakley. Pastor James Bloom, Sunday Morning Worship and Children’s Church 10:15 a.m., Wednesday evening Bible Study and Intercessory Prayer 6:30 p.m. 785-671-4020.

COLBYINDEPENDENT BAPTIST CHURCH, 730 E. 3rd (former Jaycee’s building), Pastor Bernard Heinz, 785-460-0313, Sunday School 9:30 a.m.; Sunday Morning Worship 10:30 a.m.; Sunday Evening 6:00 p.m.; Wednesday Evening 7:00 p.m.

ASCENSION-ON-THE-PRAIRIE EPISCOPAL, Rev. Don Martin, College Drive & Wheatridge Rd., 785-462-3041, Holy Eucharist, 9:00 a.m. every Sunday. Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May.

COLLEGE DRIVE ASSEMBLY OF GOD, 245 W. College Dr., Colby. Pastor Steve Todd. Worship Ser-vice 10:15 a.m. Sunday School 9 a.m. for all ages. Wednesday Youth at The Rock 3:30 and 7 p.m. Sunday Nite Life at The Rock 5-6 p.m.. 785-462-8234. cdag@st-tel.net.

BEREANCHURCH, 1000 S. Franklin, 785-460-2763, www.colbyberean.com; Sunday School 9:30 a.m., Sunday Worship 10:45 a.m. Pastor Mark Carlton, Senior Pastor and Pastor Jason Purdy, Youth Pastor. Middle School Group Wednesday 7 p.m. at the Attic and High School Youth Group Sunday 6 p.m. at the Attic.

FIRST BAPTIST CHURCH, (Affiliated with American Baptist Churches USA) Carroll H. Morony, Pastor, 615 W. Webster, 785-462-2867. Sunday School: 9:15 a.m.; Family Worship: 10:30 a.m.; Bible Study: Sundays at 7 p.m. RC Club 2nd and 4th Sundays at 2 p.m and AWANA Wednesdays at 7 p.m. at the church.

COLLEGE VIEW BAPTIST CHURCH (Affiliated with Southern Baptist), 1185 Wheatridge Rd. at College Drive, 785-460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship services, 10:45 a.m. Prayer Service at 6:30 p.m. on Wednesday’s.

PLEASANT HOME CHURCH, Pastor, Perry Baird, 785-890-3375, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m.

WINONA METHODIST CHURCH, 501 Bellview Ave. Rev. Sheryl Johnson, Sunday School, 10:00 a.m. Morning Worship 9:15 a.m. (CDT)

To become a sponsor,
call Heather or
Jasmine today at
462-3963.

MINGO BIBLE CHURCH, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Intern Pastor Tom Peyton. Sunday School: 9:30AM- all ages. Sunday Services: 10:45AM. Sunday Nights: 1st Sunday of the month: potluck following morning service - no evening service; 2nd Sunday: services at 6:30 PM; 3rd Sunday: informal fellowship - bring a snack to share!; 4th and 5th Sunday: services at 6:30 p.m.

SACRED HEART CATHOLIC, 785-462-2179, Father Dana Clark, Pastor. Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.

FIRST PRESBYTERIAN CHURCH, Rev. Carol Rahn, 515 W. 4th, 785-462-6342, Sunday Worship 9:00 a.m.

WESLEYAN CHURCH, 320 W. Pine - 785-462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS, 1145 S. Franklin - 785-460-6605, President Gary Slavens, 785-460-2656; Erwin Mitchell, 1st counselor, 785-460-1952; Tim Wilson, 2nd counselor, 785-846-7796. Sacrament meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open to public, 7-9 p.m. Thursdays or by appointment. Call 785-462-3571.

REDEEMING LOVE MINISTRIES, INC., 345 N. Frank-lin, Dr. W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 9 a.m., Sunday worship, 10 a.m., Wednesday, R.L.M Training Centers (Bible School), 6 p.m. Shop online at: www.rlmregionalchurch.com.

COLBYUNITEDMETHODISTCHURCH, Rev. James Mardock, pastor, 950 S. Franklin, 785-460-6521, Sun-day Worship Services at 8:30 and 11:00 a.m., Fellow-ship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. www.colbyumc.org

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Bible Study 7:00 p.m.

FIRST CHRISTIAN CHURCH, (Disciples of Christ), Pastor Lyle Knebel, 385 W. 3rd - 785-460-2718, Sunday Morning Worship and Children’s Church at 10:00 a.m.

OUR SAVIORS LUTHERAN CHURCH, Brewster, Sunday worship 9:00 a.m.; 2nd Sunday of the month at 8:00 a.m.

TRINITY LUTHERAN CHURCH, Rev. Don White and Rev. Tim Llewellyn, East 5th & Country Club, 785-462-3497, Services, Sat., 5:30 p.m., Sunday; Sunday School and Adult Bible Class 9:30 a.m.; Services, 11:00 a.m. Visit us at www.trinitycolby.com.

LEVANT COMMUNITY CHURCH, 205 1st St., Pastor Jerry Vincent, 785-586-2376, Sunday School (classes for 3 years & up and 3 adult classes) 9:30 a.m., Morning worship 10:30 a.m.

BREWSTER UNITED METHODIST CHURCH, PO Box 250, Brewster. Pastor Dorine Chambers, 785-462-6044, Sunday School: 9:45 a.m.; Worship Service, 10:45 a.m.

THE SHEPHERD’S STAFF, REXFORD, Joan Dingw-erth, Director, 785-687-2565.

REXFORD COMMUNITY CHURCH, Rexford, Pastor Lane Purcell, 785-687-3305, Sunday School 9:30 a.m., Worship Service 10:30 a.m.

BREWSTER COMMUNITY CHURCH, Mike Pinkel-man, Pastor, Brewster - 785-694-2720, Sunday School (all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible Study 7:00 p.m., Wed. mornings 6:30 a.m. -Men’s Bible Study, Wed. 7:00 p.m. - Children’s Ministries (Royal Rangers/Missionettes), Wed. 7:15 p.m. - Intercessory



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