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Family

Books explore family

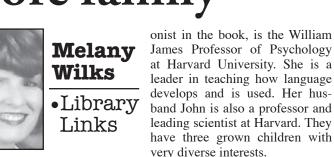
Happy New Year! Can you believe that it is now a new year and a new decade? Time really does march on.

When I was but a youth, I heard adults say that time moves faster the older you get. Well, not that I'm ancient, but time is spiraling faster than it use to for me.

This reminds me of a recent event in my family's life. My sister was visiting with her three children and they asked how old my brother was. My brother-inlaw said that he was older than dirt. So now my brother has a new term of endearment used by his nieces and nephews. "Uncle Dirt." My brother, of course, wears this new title with great joy! What are some of your family's terms of endearment? Will any of this increase a journey story about a family member, your family itself, a business, or an organization?

The library and the museum are working together to collect stories that are 600-word essays which tell unique experiences that would enrich our 125th Thomas County Celebration. We will be giving more information soon.

A book I read has the heroine, Kat Griffiths, taking on a new label. While it is unbelievable to her husband, boss and relatives, she has decided it is time to become a penny pincher. Thus, she joins "The Penny Pinchers Club." This book by Sarah Strohmeyer has lots of fun and interesting twists. Kat is an interior designer who wants her own business one day. She knows only one pastime - shopping. This is how she was raised in her upscale New Jersey suburb, though she married a very conservative man who enjoys living the simple – less expensive – life. She finds she needs \$15,000 by June. This gives her six months to prepare for her only child's col-



lege education and her husband divorcing her.

She decides to join this pennypinching club and meets some real winners! Their differences, problems, opinions and lifestyles make them all strange acquaintances.

One has been arrested for embezzling, another is a real bonafide penny pincher, and one a secretive dropout multi-billionaire, along with a maid and a man who wants to pick up ladies. This group swoops down into Kat's house, assesses her value, goes through her finances and e-mails and then proceeds to tells her how she will accomplish her goals. All of this is, of course, kept from her loving devoted husband! This story seemed pitiful at times but right does win out and love does emerge. Also, you will learn both how to save and how not to operate as a penny pincher.

An extraordinary book, fictional but providing many important illustrations of the debilitating effects on those with early-onset Alzheimer's disease, is "Still Alice," by Lisa Genova. Genova herself has a Ph.D. in neuroscience from Harvard and works closely with professionals in the field. When her grandmother was diagnosed with Alzheimer's it became up close and personal. This started her journey to writing a fictional book about the experience. Genova found those with early onset Alzheimer's' were really underserved and misunderstood.

Dr. Alice Howland, the protag-

Josh Koon led the club in a

President Lamm announced

Feb. 1, will be the parents meeting

where parents do the project talks,

demonstrations and fill in the of-

Corrections

- Brook Ziegelmeier

game where everyone helped cre-

4-H flag salute.

Abilene Hustlers Club

The Abilene Hustlers 4-H Club met Monday, Jan. 4, with 20 members present. President Sarah ate a story. The club recited the Lamm called the meeting to order.

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Tatum Rundel led the club in next month's meeting, Monday, the flag salute and Kailey Shields led "Row, Row, Row Your Boat."

After the secretary read the minutes and called roll, the reporter fices of their children in the club. and treasurer gave their reports.

Community Leader Donna Lamm announced County Club Day will be March 26. Regional

you the normal winter operating hours of the Pioneer Memorial Library: The Pioneer Memorial Library opens at 9 a.m. Monday through Saturday, closing at 8 p.m. weeknights, at 5 p.m. Friday, and at 4 p.m. Saturday. Sunday

> hours are 1 to 4 p.m. We are still a Wi-Fi hot-spot (24/7) and have computers and Internet access for your personal needs. See you in the library!

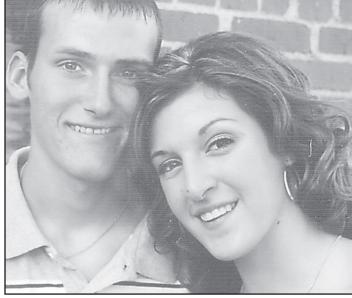
of Alzheimer's.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat (bushel)	\$4.52
Corn (bushel)	\$3.66
Milo (hundredweight) Soybeans (bushel)	\$6.00 \$9.41



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Michael Collett and Baylee Westover

June wedding planned by Brewster graduates

Baylee Westover and Mi- graduates of Brewster High chael Collett plan to marry June School. The bride attends 5 at the Colby United Methodist McPherson College in McPher-Church.

Levant.

son, and the groom attends Cen-Her parents are Jon and Cartral Christian College there.

rie Starns of Winona and his The couple plans to live in are Scott and Alice Collett of McPherson while finishing college.

The couple are both 2008

Ladies plan a night out

Lounge plans a Bunco game for Ladies' Association. Ladies' Night Out at 7 p.m. Tuesday at the club, 1085 E. Golf Club Dr. Cost is \$5 to play.

Prizes will be awarded and

Statue stolen

LINDON, Utah (AP) – Police say thieves must've used heavy equipment to make off with a 4-ton statue mounted outside a Utah motorcycle shop.

Lindon Police Chief Cody Cullimore says a back-hoe or a crane likely was required to move the \$100,000 sculpture depicting an old-time speed racer. Employees discovered it was missing from the Timpanogos Harley-Davidson store in Lindon, where it had been erected two years ago.

Meadow Lake Golf Course and snacks will be provided by the

The club invites you to come out and de-stress from the holidays.

Bridge Club

Meadow Lake bridge winners for Dec. 29, were first, Joy Davis; second, Sarah Jane Barrett; third, Ken Ptacek; fourth, Janet Harper; fifth, Margaret Denneler.

Winners for Tuesday were first, Ken Ptacek; second, Gail Vacca; third, Sarah Jane Barrett; fourth, Thelma Shalz; fifth, Larry Barrett; sixth, Jean Snyder; seventh, Mary Molstad.

Rotary Club

The Colby Rotary Club met Tuesday at Fairview Estates with 28 members and guests. Guests included Eric Griggs, Amanda Zimmerman, Millie Horlacher, Donna Henry and Gray Henry.

Members dined and visited with the residents of Fairview Estates. Gary Stewart, director of the facility, shared a few remarks about the facility and the recent addition of assisted-living apartments.

Gray Henry was recognized as the January Student of the Month.

The club will resume weekly meetings at Colby Community College on Tuesday.

– Relda Galli





This book brings insights to the

reader about how a person with

Alzheimer's begins to experience

life, and the struggles in trying to

the fast track to learning about

their loved ones' problems contin-

ually need to learn and grow with

zheimer's through this book is

that it is experienced and mani-

fests itself differently in the tim-

ing of how each person's disease

evolves; yet the problems become

very similar when they talk to an-

Genova does a great job explain-

ing to the reader that early onset of

Alzheimer's is often found due to

a person having 2 APOE e4 genes

in their DNA makeup. However, not everyone with 2 or even 1 of

these genes develops the disease.

Some who develop the disease

have none of the APOE e4 genes.

This indicates there are other fac-

tors involved in the development

Now, before I forget, let me give

other with the disease.

One thing I learned about Al-

It also shows how relatives on

maintain work and home life.

the patient.

Club Day April 9, and pizzas would be made Feb. 13.

Rachel Lamm gave a talk about her leadership project. Alexi Regier gave a demonstration on how to make her favorite family snack.

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

1,800 Kansans qualify for additional savings on Medicare.

Do you or your loved ones? Find out by contacting the Area Agency on Aging nearest you, toll-free, at

1-866-457-2364





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3/4 rods, 7/8 rods, FG Rods, 1 1/2" K-Bars, 1 1/4" New Factory 2nd, 1 1/2" New Factory 2nd, 1 1/4" Pipe, 1.9" Pipe (new Factory 2nd), 2 3/8' 1/2" New Factory 2nd, 1 1/4" Pipe, 1.9" Pipe (new Factory 2nd), 2 3/8 Pipe, 2 3/8" P.L. Pipe, 2 7/8" Pipe, 4 1/2" Pipe, 5 1/2" Pipe, 1" rods, 5 1/2" Drill Pipe, 6 5/8" Pipe, 7" Pipe, 8 5/8" Pipe, 10 3/4" Pipe, I-beam post (6 ft (4" x6" x5'9"), Highway Guardrail 13 1/2' (12"), Highway Tri-Beam 13 1/2' (20"), C- Channel 12 1/2' x6" Galv, C- Channel 25' x6" Galv



Contact Kathryn at the Colby Free Press for more information on available routes.

