# Our actions teach those best who seem not to be watching

humor.

The title is "When You Thought I Wasn't Looking.'

a child, letting her parents know all the wonderful, caring things she had learned from them when

of caring for one another, and ultimately,

looking

good and productive person when I grow up.'

This poem was most intended, it seems, for parents, as a reminder that our children learn so much about how to be in the world as they watch their parents' own relationships with others. Sometimes we forget that we are our children's primary role models and they will, more often than not, learn, not from what we say, but from what we do.

And much of that learning is done when we are not aware of we think our children aren't looking. But, of course, they really are. Children watch their parents with about how they are to speak, to act, to live.



• From the Pulpit

us seen our children do something that is just like what we might like least about ourselves? We need to be aware that our actions really do speak more loudly than our

But this is also true in our everyday interactions, whether we are parents or not. This poem is also a good reminder for those of us who do not have young children. We might all be well advised to pay attention to what our actions say

While I might not be consciously paying attention to what I'm doing, someone else might very well be watching, and it can be those unguarded moments that reveal the most about what my values really are. If others know we are Christians, our actions also can say more about how we live out our faith than any creed we might say on Sunday morning or scripture we might quote to proof-text

One of the most-often expressed criticisms of Christians is that we are hypocrites. We profess one thing, then do the opposite of what we say our beliefs are. "Love one another, even our enemies," Jesus fun of those who are different from us, allow prejudices to over-

Throughout the Bible we are As they watch and learn from told to share what we have with us, our children will pick up both the poor, to feed the hungry, give our good habits and the not so shelter to the homeless, care for good ones. How often have any of those who are without, but we

## prefer to play it safe, keep as much as we can for ourselves, and make sure we are taken

care of first. We are told that humility, generosity, and love are characteristics of a Christian life. How well do any of us measure up, especially when we think no one is looking?

Just as parents are models for their children, so, we Christians are called to be models for the rest of the world - models of what it means to follow Jesus Christ and to practice his will in our lives. When we aren't looking, people see us as we are, and sometimes we are not very Christ-like in our actions or our words. It is said that sometimes our actions will be the only Gospel another person might ever read. What message do what others to read in your life? It's a question worth pondering.

As I've thought about this question, I have come up with my own ending to this poem, an ending we all might like to hear someone say

"When you thought I wasn't

I saw you reach out and love someone you didn't particularly

and I learned in you who Christ really is,

and because I watched you, I wanted to learn more.

May it be so for you - and for

Carol Rahn is pastor of Colby's First Presbyterian Church.

## **Deaths**

# **Donald Sigman**

Donald Sigman, 73, a Colby a.m. Tuesday, Nov. 10, 2009, at farmer, died Monday, Nov. 2, 2009, at his home.

He was born March 5, 1936, the son of James Lloyd and Mary

Viola (Agins) Sigman.

William Sigman, of Independence,

Mo., a niece and a nephew. Graveside services will be at 11 634, Colby, Kan., 67701.

Beulah Cemetery in Colby, with Pastor Jarrod Spencer officiating.

Visitation will be from 9 to 10:30 a.m. at Harrison Chapel.

The family suggests donations Survivors include a brother, in Sigman's name to be designated for a memorial at a later date, in care of the funeral chapel, Box

# Philip "Homer" Metzler

Laurie, Mo., brother of Merle an infant; and brother-in-law Fred E. (Helen) Metzler of Brewster, died Tuesday, Oct. 27, 2009, at Lake Regional Hospital in Osage Beach, Mo.

He was born July 18, 1929, to Philip H. and Lucille Naomi (Cummins) Metzler, in Colby. He served in the Navy during World War II.

On April 2, 1970, he married Sharon Cupit Hagen in Tucson, Ariz. He had operated Hihowryah Repair in Laurie since 1981.

He was a member of the Ozark Chapel United Methodist Church in Laurie and the American Legion Zack Wheat Post in Sunrise Beach, Mo. He loved to read and enjoyed raising miniature horses.

Mr. Metzler was preceded in death by his parents; his in-laws, May and Winnie Grijalva; two

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maintain an accurate record of

our town. Please report any error

or lack of clarity in a news story

Corrections

to us at 462-3963.

Quotes as of close of previous business day

Wheat (bushel) Corn (bushel) Milo (hundredweight)

Philip "Homer" Metzler, 80, brothers, Samuel E. Metzler and E. Griffin.

> Survivors also include his wife of the home; six sons, Ron Metzler, Bruce Metzler, Thomas Hagen and Lonnie Hagen of California; Dennis Metzler, Louisiana; Dennis Hagen, Missouri; a daughter, Janet Hagen Shelton, California; a brother, Leo D. (Louise) Metzler, San Diego; a sister, Myrna L. Griffin, Branson, Mo.; and grandchildren and greatgrandchildren.

> Memorial service will be later. Expressions of sympathy may be left through the Laurie/Sunrise Beach Chapel on line at www. kidwellgarber.com.

> The family suggests memorial contributions to the STAFF Animal Shelter, in care of the chapel.

### Markets

**Hi-Plains Co-op** 

\$4.12 \$3.28 \$5.17 Soybeans (bushel) \$8.57

# Robots center stage

The 11th Annual Kansas robotics competition for high school students will be from 8:30 a.m.-3:30 p.m. Saturday, in Wichita State's Charles Koch Arena.

Twenty-seven schools and organizations from Arkansas and Kansas will compete in the Kansas Boosting Engineering, Science and Technology event. The theme is "High Octane."

Working from identical kits, each team has had six weeks to design and build their robot.

Winners will compete at Fort Smith, Ark., in the Frontier Trails Regional Competition at the University of Arkansas Friday and Saturday, Dec. 4-5.

# OLD-<u>FASHIONED</u> Thanksgiving

Annual Dinner... Sunday, November 8th. Serving: 11 a.m.-1:30 p.m. Colby Sacred Heart Church Basement

Please join us for: Turkey, Ham, Dressing, Mashed Potatoes & Gravy, Corn, Rolls, Salads, Homemade Pie, Iced Tea and Coffee.

### Free will donation will be accepted.

Meals on Wheels available by calling: 785-460-7167 or 785-462-2179

FIRST CHRISTIAN CHURCH. (Disciples of Christ). Pastor Lyle Knebel, 385 W. 3rd - 785-460-2718, Sun-

day Morning Worship at 10:00 a.m.; Sunday School at

**OUR SAVIORS LUTHERAN CHURCH.** Brewster.

Sunday worship 9:00 a.m.; 2nd Sunday of the month

TRINITY LUTHERAN CHURCH, Rev. Don White and

Rev. Tim Llewellyn, East 5th & Country Club, 785-462-

3497, Services, Sat., 5:30 p.m., Sunday; Sunday

School and Adult Bible Class 9:30 a.m.; Services, 11:00

LEVANT COMMUNITY CHURCH, 205 1st St., Pastor

Jerry Vincent, 785-586-2376, Sunday School (classes

for 3 years & up and 3 adult classes) 9:30 a.m., Morning

BREWSTER UNITED METHODIST CHURCH, PO

Box 250, Brewster. Pastor Dorine Chambers, 785-462-

6044, Sunday School: 9:45 a.m.; Worship Service,

THE SHEPHERD'S STAFF, REXFORD, Joan Dingw-

REXFORD COMMUNITY CHURCH, Rexford, Pastor

Lane Purcell, 785-687-3305, Sunday School 9:30 a.m.,

BREWSTER COMMUNITY CHURCH, Mike Pinkel-

man, Pastor, Brewster - 785-694-2720, Sunday School

(all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible

Study 7:00 p.m., Wed. mornings 6:30 a.m. - Men's Bible

Study, Wed. 7:00 p.m. - Children's Ministries (Roval

Rangers/Missionettes), Wed. 7:15 p.m. - Intercessory

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contribution to the religious

& Prayer, Thurs. 4:00 p.m. - Women's Bible Study.

11:15 a.m. E-mail: fcccolby@st-tel.net.

a.m. Visit us at www.trinitycolby.com.

worship 10:30 a.m.

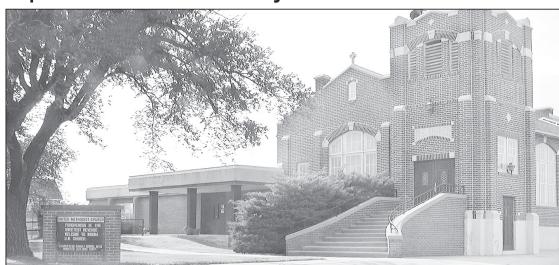
erth, Director, 785-687-2565.

Worship Service 10:30 a.m.

10:45 a.m.



Worship in the church of your choice this weekend.



WINONA METHODIST CHURCH, 501 Bellview Ave. Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDT)

services at 6:30 p.m.

# Schedule of church services

GATEWAY FELLOWSHIP, 2nd and Sunrise, Oakley. Pastor James Bloom, Sunday Morning Worship and Children's Church 10:15 a.m., Wednesday evening Bible Study and Intercessory Prayer 6:30 p.m. 785-

**COLBY INDEPENDENT BAPTIST CHURCH,** 730 E. 3rd (former Jaycee's building), Pastor Bernard Heinz, 785-460-0313, Sunday School 9:30 a.m.; Sunday Morning Worship 10:30 a.m.; Sunday Evening 6:00 p.m.; Wednesday Evening 7:00 p.m.

ASCENSION-ON-THE-PRAIRIE EPISCOPAL, Rev. Don Martin, College Drive & Wheatridge Rd., 785-462-3041, Holy Eucharist, 9:00 a.m. every Sunday. Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May.

COLLEGE DRIVE ASSEMBLY OF GOD, 245 W. College Dr., Colby. Pastor Steve Todd. Worship Service 10:15 a.m. Sunday School 9 a.m. for all ages. Wednesday Youth at The Rock 3:30 and 7 p.m. Sunday Nite Life at The Rock 5-6 p.m.. 785-462-8234. cdag@

BEREAN CHURCH, 1000 S. Franklin, 785-460-2763, www.colbyberean.com; Sunday School 9:30 a.m., Sunday Worship 10:45 a.m. Awana Clubs, Wednesday, 7 p.m., Middle & High School, Wednesday, 7 p.m. @ the Heartland Christian School Gym.

FIRST BAPTIST CHURCH, (Affiliated with American Baptist Churches USA) Carroll H. Morony, Pastor, 615 W. Webster, 785-462-2867. Sunday School: 9:15 a.m.; Family Worship: 10:30 a.m.; Bible Study: Sundays at 7 p.m. RC Club 2nd and 4th Sundays at 2 p.m.

COLLEGE VIEW BAPTIST CHURCH (Affiliated with Southern Baptist), 1185 Wheatridge Rd. at College Drive, 785-460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship services, 10:45 a.m. Prayer Service at 6:30 p.m. on Wednesday's.

PLEASANT HOME CHURCH, Pastor, Perry Baird, 785-890-3375, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m.

WINONA METHODIST CHURCH, 501 Bellview Ave. Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDT)

To become a sponsor, call Heather or Jasmine today at 462-3963.

2992: An independent community church served by Village Missions Intern Pastor Pat Colley. Sunday School: 9:30AM - all ages. Sunday Services: 10:45AM. Sunday Nights: 1st Sunday of the month: potluck following morning service - no evening service; 2nd Sunday: services at 6:30 PM; 3rd Sunday: informal fellowship-bring a snack to share!: 4th and 5th Sunday:

SACRED HEART CATHOLIC, 785-462-2179, Father Dana Clark, Pastor, Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.

FIRST PRESBYTERIAN CHURCH, Rev. Carol Rahn, 515 W. 4th, 785-462-6342, Sunday Worship

WESLEYAN CHURCH, 320 W. Pine - 785-462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY **SAINTS,** 1145 S. Franklin - 785-460-6605, President Gary Slavens, 785-460-2656; Erwin Mitchell, 1st counselor, 785-460-1952; Tim Wilson, 2nd counselor, 785-846-7796. Sacrament meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open to public, 7-9 p.m. Thursdays or by appointment. Call 785-462-3571.

REDEEMING LOVE MINISTRIES, INC., 345 N. Franklin, Dr. W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 9 a.m., Sunday worship, 10 a.m., Wednesday, R.L.M Training Centers (Bible School), 6 p.m. Shop online at: www.rlmregionalchurch.com.

**COLBY UNITED METHODIST CHURCH, Rev. James** Mardock, pastor, 950 S. Franklin, 785-460-6521, Sunday Worship Services at 8:30 and 11:00 a.m., Fellowship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. www.colbyumc.org

CHURCH OF CHRIST, Minister, Jarrod Spencer. 510 E. 4th, Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Interpretation for the deaf, Wednesday, Bible Study 7:00 p.m.

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# 4 Family CFP 11-6-09.indd 1

I recently read a poem on one of my favorite religious websites, Ralph Milton's Rumors, which he describes as a free Internet 'e-zine' for Christians with a sense of

It is written from the eyes of

they thought she wasn't watching. Simple things like feeding a stray cat can teach the importance of being kind to animals, overhearing a prayer can help a child understand that you can always talk to God, taking a meal to a sick friend teaches the importance

"When you thought I wasn't

I learned most of life's lessons that I need to know to be a

what we are teaching them - when teaches us, but instead we make ride love, and look to violence as great intensity, looking for signals an answer to so many of our prob-

# **Senior Progress Center**

at the center Friday. Come and chicken, mashed potatoes/gravy, hear some good music.

Activities for the week: day. Wednesday: Veteran's day; peaches, garlic bread, pudding. no transportation. Thursday: 10

nochle. **Friday**: 10 a.m., exercise; 11:30 a.m., Young at Heart.

Young at Heart will be singing rin oranges. Wednesday: baked seasoned carrots, pears. Thursday: ham and beans, cranberry Monday: sweets day. Tues- apple salad, cornbread, cookie. day: 10 a.m., exercise; popcorn Friday: lasagna, broccoli salad,

The Thomas County Nutrition a.m., exercise; 10:30 a.m., pi- Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior cen-Menus for the week: Monday: ter. Home delivery is available, as hamburger, tater tots, pork and is pick-up service. A contribution beans, bun, cook's choice fruit. of \$2.75 per meal is suggested for **Tuesday**: smothered steak, mexiseniors, \$5 for others. For anyone



cali corn, garden rice, manda- under 60, home delivery is \$5.75.

Shirley Malcolm's 70th Birthday Gelebration

The family of Mrs. Shirley Malcolm would like to invite the public to attend a 70th birthday celebration in her honor on December 26, 2009 at Colby United Methodist Church. The festivities begin at 1:30 pm with a tribute to Mrs. Malcolm for her 50 years of teaching piano lessons. A reception will follow from 3:00 pm - 5:00 pm in the Fellowship Hall at Colby UMC. Please share your

stories and memories in a Card Shower for Mrs. Malcolm. Cards may be sent to: Angie Malcolm Hughes 4943 Sand Hill Drive

Colorado Springs, CO 80923

## Does your loved one need help with taking there medications? Help with basic ADL's like getting up and getting dressed, supervision with bathing and other needs?

Let the staff at Fairview Estates Assisted Living help you!

A Register Nurse will complete your evaluation and direct staff to make sure that we meet all your loved ones needs.

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- help with dressing - help with bathing
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