Senior Progress Center

Brian Banister from Midwest es. Tuesday: roast pork, mashed Hearing will be at the center from potatoes/gravy, seasoned carrots, 10 a.m. to 1:30 p.m. next Wednes- cinnamon apples. Wednesday: day to clean hearing aids and offer free hearing tests.

day: 10:30 a.m., Skip Bo. Tuesday: 10 a.m., exercise; 11 a.m., Thomas County Health board and bananas, cookie. Friday: tumeeting. Wednesday: 10 a.m. Midwest Hearing. Thursday: 10 a.m., exercise; popcorn day. Fripool game.

Menus for the week: **Monday**: baked spaghetti, corn, tossed salad, garlic bread, mandarin orang- 2901 by noon the day before.

ground-beef stroganoff, green beans, stewed tomatoes, noodles, Activities for the week: Mon- cook's choice fruit. Thursday: liver and onions with gravy, hash browns, gelatin with strawberries na-noodle casserole, Italian blend vegetables, mixed fruit, pudding.

The Thomas County Nutrition day: 10 a.m., exercise; 10:30 a.m., Center invites anyone 60 and older and guests to lunch at the senior

Make reservations at (784) 460-

School Activities and Menus

Brewster

Activities: Monday: p.m. - high school junior varsity football, Quinter. Tuesday: 4:30 p.m. - high school volleyball, Atwood. **Wednesday**: football schedules meeting, Salina; 9 a.m. Kansas Association of School Boards Region meeting, Brewster. **Thursday**: 4 p.m. – cross country, Dighton; junior high vs. Cheylin, Brewster: 4 p.m. – volleyball/5 p.m. – football. **Friday**: no school; 7 p.m. – high school football, Kensington. Saturday: 8:30 a.m. - high school volleyball, Hill City

Menus: Monday: breakfast: breakfast pizza. Lunch: hot dog on bun, baked beans, veggie sticks, mixed fruit, banana, peanut butter oatmeal cookie. Tuesday: breakfast: french toast, bacon. Lunch: ham and cheese roll, fries, green beans, carrots, apple, applesauce. Wednesday: breakfast: scrambled eggs. Lunch: barbecue chicken, mashed potatoes, cheesy broccoli, carrots, strawberries, rolls. Thurs-Lunch: chili, cinnamon rolls, veggie sticks, orange slices, peaches.

Colby Public Schools Activities: Monday: AdvancED fall conference; 3 p.m. – junior varsity tennis, Tribune; 4 p.m. - varsity/junior varsity volleyball, Hays (Phillipsburg/Liberal); junior varsity volleyball; C-team volleyball vs. McCook; Grade School site council, cafeteria; 4:30 p.m. – C-team football vs. Burlington; 6:30 p.m. – junior varsity football vs. Burlington. **Tuesday**: 4-7:45 p.m. – parent/ teacher conferences; AdvancED fall conference. Wednesday: AdvancED fall conference; middle school Ugly Day; noon - grade school parent teacher organization meeting; 5 p.m. – music booster Syracuse; 4:30 p.m. – seventh sage. Lunch: cheeseburger. grade football, Norton; 6 p.m. -

eighth grade football, Norton; 6

City. Friday: no school; 8 a.m.-

noon – parent/teacher conferenc-

es; 1 p.m. – school improvement;

7 p.m. - varsity football, Smith

aptitude test; varsity tennis sub-

state tournament; 8 a.m. – debate,

Colby Invitational; 9 a.m. - junior

varsity/C-team volleyball, Hays

Tournament; 10 a.m. - varsity

cross country, Lakin. Menus: Monday: breakfast: breakfast pizza, grape juice. Lunch: chicken strips, salisbury steak, whipped potatoes/gravy, roll, peas, fruit mix. Tuesday: breakfast: blueberry muffin, grape juice. Lunch: sausage/eggs, hash brown, waffles/strawberries, orange juice. Wednesday: breakfast: pancake/syrup, sausage patty, apple sauce. Lunch: chicken and noodles, sliced ham, creamy potatoes, green beans, roll, peaches. Thursday: breakfast: waffle sticks, apple juice. Lunch: hambaked sun chips, baked beans, or- as, biscuits.

Colby Community College

Activities: Sunday: softball, Colby tournament; women's golf, Coffeyville; hunt show team, Fort Collins, Colo. Monday: women's golf, Coffeyville. Tuesday: 6:30 p.m. - volleyball vs. Hutchinson. **Wednesday**: 7:30 a.m. to 1 p.m. – flu vaccine clinic, Student Union; 9 a.m. to 6 p.m. – art work silent auction, Bedker Kiva Area; noon - Trojan Backers club, Union; by appointment - therapeutic massage public clinic, Thomas Hall, Room 402. Friday: noon - baseball vs. Prospects Academy; volleyball, Columbus, Neb. Saturday: 9 a.m. – western horse show, college farm; volleyball, Columbus, Neb.; 10 a.m. - cross country, Hays; noon - baseball, Lamar, Colo. Sunday: 9 a.m. - western horse show, college farm; noon - baseball vs. McCook; 3 p.m. (Central Time) - Western Plains Arts Association: "Free Staters," Goodland High School Auditorium; 7 p.m. – Catholic fellowship day: breakfast: grilled cheese. dinner and meeting, 720 North French, Colby.

Golden Plains

Activities: Monday: World Teacher's Day. Tuesday: 4 p.m. - high school volleyball at Winona vs. Northern Valley/Triplains. Wednesday: hearing checks. **Thursday**: hearing checks; 4/5:30 p.m. - middle school volleyball/ football vs. Heartland, Colby. Friday: 4:30 p.m. – high school volleyball vs. Wallace County, Rexford; 7:30 p.m. - high school football vs. Wallace County, Rexford. Saturday: 8:30 a.m. - high school volleyball, Hill City Tour-

Menus: Rexford: Monday: breakfast: French toast. Lunch: weiner wrap. Tuesday: breakfast: scrambled eggs. Lunch: chicken meeting; 7 p.m. - high school nuggets. Wednesday: breakfast: all sports booster club meeting. breakfast pizza. Lunch: taco. Thursday: 4-7:45 p.m. – parent Thursday: breakfast: monkey teacher conferences; varsity tennis - bread. Lunch: Italian dunker. **Fri**regionals; 1 p.m. - varsity golf, day: breakfast: pancake and sau-

Selden: Monday: breakfast: breakfast burrito. Lunch: chicken p.m. – C-team football vs. Garden tenders. **Tuesday**: breakfast: pancakes. Lunch: burrito. Wednesday: breakfast: biscuit and gravy. Lunch: pizza . Thursday: breakfast: long john. Lunch: grilled Center. Saturday: scholastic cheese. Friday: scrambled eggs. Lunch: spaghetti.

Heartland

Activities: Tuesday: 4:30 p.m. - high school volleyball, Brewster. Thursday: 4 p.m. – junior high volleyball/football to follow vs. Golden Plains.

Sacred Heart

Activities: Thursday: book fair, 3:40-7:45 p.m. - parent teacher conferences. Friday: no school, book fair, 9 a.m.-1 p.m. - parent teacher conferences.

Menus: Monday: deli sandwich, carrots, apple, chocolate cake. Tuesday: chicken wrap, lettuce/tomato, broccoli, orange, rice. Wednesday: meat loaf, mashed potatoes, gravy, cauliflower blend, peach, whole wheat roll. Thursday: tostados, corn, burger on bun or grilled chicken, lettuce/tomato, strawberry/banan-

Shakespeare Club

The Shakespeare Club met at served refreshments, and an after-1:30 p.m., Thursday, Sept. 24, noon of learning and conversation with Sheila Frahm as hostess.

After the collect and flag salute, Frahm read the poem "Salute." The six members present answered roll call by reflecting on the beautiful fall day.

Following a brief business meeting, Jane Bandy presented a program on keeping family history. Bandy began with a cartoon from Twiggy. Members looked at pictures, books, poems and samples from Bandy's projects.

Bandy said she has collected her father's sermons and her mother's poems and has preserved, transcribed and recorded them. Bandy encouraged the club to note the person, date, and location for each photo in collections. She played a

recording from her mother.

5 Other CFP 10-2-09.indd 1

Following the program, Frahm to us at 462-3963.

was enjoyed by all.

– Sheila Frahm

Corrections

The headline on an obituary on Page 4 of the Wednesday, Sept. 23, Colby Free Press incorrectly identified Carolyn Goddard as Carolyn Schrad. Her sons were misidentified in the text. This was a reporting error. The complete obituary appears on Page 4 today.

* * * * * * The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story

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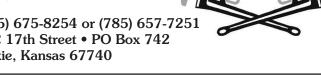
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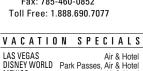


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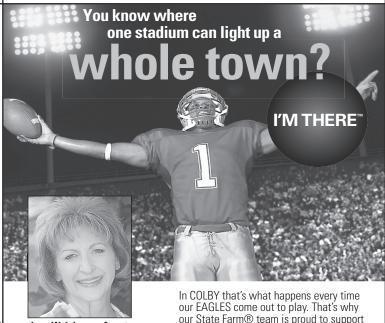
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