

# Blues class for guitar coming up

HAYS — A four-day workshop from the Western Kansas String Academy at Fort Hays State University will explore blues guitar for players of all ages — and most abilities.

The class, taught by Chad Foust, a Topeka senior, will experiment with the 12-bar blues, learning basic chord structures and how to improvise on top of them. Students should know the basic chords.

Foust has been playing the guitar for 10 years with wide-ranging experience in jazz and pit bands. He is a member of Fat Cat Jazz, an ensemble that plays around the region. He has taught guitar classes for the past two years for the Western Kansas String Academy.

The blues evolved in African-American communities Blues is considered the origin of jazz and rock.

The class will be Monday to Friday, July 27 to 31, in Malloy Hall on the Fort Hays campus.

The class costs \$25. For information or a registration form, contact Cathy Drabkin at (785) 628-5363 or caddrabkin@fhsu.edu. Deadline is Tuesday, July 21.

# Checking out the church



EVAN BARNUM/Colby Free Press

Visitors looked around at the Colby Church of Jesus Christ Latter Day Saints on Saturday during an open house for an addition which provides an expanded sanctuary and education space, along with a general facelift of the older parts of the church.

# Know the right way to thaw meat

MANHATTAN – Forget to take the meat, poultry or fish for supper out of the freezer?

“Stress not,” said Karen Blakeslee, a Kansas State University Research and Extension food scientist. “Using a quick-thaw method is preferable to allowing frozen meat, poultry or fish to thaw during the day on a kitchen counter.”

Thawing frozen foods at room temperature invites bacterial growth, Blakeslee said.

To quick-thaw frozen meat, poultry or fish, place the package under cold running water or in a larger bowl of cold water. Change the water frequently – every 30 minutes – until the product is thawed, and then proceed with cooking.

To quick-thaw frozen meat, poultry or fish in a microwave, remove packaging and place the product in a microwave-safe dish. Follow manufacturer’s directions, but be aware that thawing meat, poultry or fish in a microwave oven begins the cooking process, which will need to be completed, the food scientist said.

Planning ahead is preferable, said Blakeslee, who recommended placing a wrapped, frozen roast, package of ground beef, chops, chicken or fish in a pan with a lip on the lower shelf of the refrigerator to thaw for a day or two before intended use.

Allow up to three days for a two-to-three-pound roast, she said.

More information about food, food safety and storage is available at county and district Extension offices and at: [www.ksre.ksu.edu/foodsafety](http://www.ksre.ksu.edu/foodsafety) and [www.rrc.ksu.edu](http://www.rrc.ksu.edu). Blakeslee, who is coordinator of K-State’s Rapid Response Center, spends her working hours answering food and food safety questions.

## Public Notice

NOTICE OF BUDGET HEARING

2010

The governing body of  
Menlo  
Thomas

will meet on the 2nd day of August, 2009, at 2 p.m., at the Loren Guill residence, 1631 County RD 32, Menlo KS for the purpose of hearing and answering objections of taxpayers relating to the proposed use of all funds and the amount of ad valorem tax.

Detailed budget information is available at the residence of Loren Guill 1631 County RD 32, Menlo KS and will be available at this hearing.

BUDGET SUMMARY

Proposed Budget 2010 Expenditures and Amount of 2009 Ad Valorem Tax establish the maximum limits of the 2010 budget. Estimated Tax Rate is subject to change depending on the final assessed valuation.

	Prior Year Actual 2008	Current Year Estimate 2009	Proposed Budget 2010				
Fund	Expenditures	Actual Tax Rate	Expenditures	Actual Tax Rate*	Expenditures	Amount of 2009 Ad Valorem Tax	Est. Tax Rate*
General	72,383	17.711	53,300	21.711	45,400	44,851	24.024
Bond & Interest							
Road							
Noxious Weed							
Employee Benefit	3,191	2.589	5,000	2.142	5,000	2,901	1.554
Special Equipment							
Special Machinery							
Totals	75,574	20.300	58,300	23.853	50,400	47,752	25.578
Less: Transfers	5,578		0		0		
Net Expenditure	69,996		58,300		50,400		
Total Tax Levied	41,625		50,187		50,400		
Total Assessed Valuation	2,090,767		2,104,027		1,866,963		
Township Assessed Valuation Only					1,548,384		

Outstanding Indebtedness,

	2007	2008	2009
Jan 1			
G.O. Bonds	0	0	0
Other	0	0	0
Lease Pur Price	26,043	25,873	19,943
Total	26,043	25,873	19,943

\*Tax rates are expressed in mills.

(Published in the Colby Free Press on Friday, July 17, 2009)

MOVIES

NOW SHOWING  
July 17th - July 23rd

**PUBLIC ENEMIES**  
Starring: Johnny Depp & Christian Bale  
R 2 Hour 25 Minutes  
Friday & Saturday 7:00 & 9:35  
Sunday - Tuesday 7:00

**HARRY POTTER AND THE HALF-BLOOD PRINCE**  
PG 2 Hour 35 Minutes  
Friday & Saturday 7:00 & 9:45  
Sunday - Tuesday 7:00

**Colby Cinema**  
1935 S. Range • 785-460-9600  
[www.colbycinema.com](http://www.colbycinema.com)

General Public Transportation Van

Hours: 8 am to 4 pm  
Days: Monday - Friday  
Phone:  
460-2901 (8 am-12:30 pm)  
443-9208 (12:30 pm - 4 pm)

If possible call for Reservations by 11 am the previous business day. Provided to Colby, Brewster, Gem, Menlo, Rexford and a Portion of Oakley as needed.

"This Project Funded in Part by the KDOT Public Transit Program"

NOTICE

Thomas County is implementing a new emergency notification system. This is an extra notification of impending storms or hazardous events. The message is sent via internet to phones, emails, or pagers. This is open to all Thomas County residents for a \$5.00 yearly fee. If you are interested, please contact Susan McMahan at Thomas County Office Complex, 350 S. Range #15 or call 785-460-4516.

# Television station raises signal power

WICHITA – Sunflower Broadcasting says the Federal Communications Commission has approved an increase in signal power for its three CBS affiliate stations in western Kansas, including KBSL in Goodland.

This increase is designed to improve the digital signals for viewers who watch television over the air, but the station said viewers will need to “rescan” their digital television or converter box to receive their local CBS station.

Viewers still encountering difficulties receiving channels after the June 16 switch to digital can call to leave a message at the station’s DTV Hotline at (316) 436-5627, and KWCH’s digital experts will return the call.

KWCH-DT, a CBS affiliate, is licensed to the Wichita-Hutchinson market. As the flagship of Sunflower Broadcasting, Inc., KWCH oversees satellite stations KBSH-DT in Hays, KBSD-DT

in Dodge City, and KBSL-DT in Goodland. Sunflower also operates KSCW-DT.

Sunflower is owned by Schurz Communications Inc., a diversified, privately owned media company based in South Bend, Ind. Schurz ([www.schurz.com](http://www.schurz.com)) owns 12 daily newspapers, seven television stations, seven radio stations, two cable companies, a printing company and shopper publications.

GIVE BLOOD. SHARE LIFE!

For more information on donating blood, please call 1-888-719-8929 or in the Wichita area, 268-0834

American Red Cross

## Public Notice

**INVITATION TO BID**

You are invited to bid on a single general contract for Copeland Avenue Lift Station Improvements described in general as follows:

Work includes furnishing all the labor, materials, and equipment for improvements at the Copeland Avenue Lift Station. The improvements include the removal and abandonment of the existing lift station; disposal of sludge and debris in existing wet well; cleaning and coating interior of existing wet well; installation of a new submersible packaged lift station (price pre-negotiated by Owner); 6'-0" diameter concrete wet well with interior coating; force main and gravity sewer piping; connections to existing system; electrical site work; telemetry system; site grading; and all other incidental and appurtenant work required to complete the improvements as shown and specified. Work also includes temporary bypass pumping of wastewater during construction.

OWNER will receive sealed bids until 1:30 PM, Wednesday, July 29, 2009, at the office of the City Manager, City Hall; 585 N. Franklin; Colby, KS 67701. Bids received after this time will not be accepted. All interested parties are invited to attend. Bids will be opened publicly and read aloud, immediately following closing time for receipt of bids.

Proposed Bidding Documents may be examined at the office of ENGINEER and at:

Salina Blueprint & Micrographics Systems, 209 S. Santa Fe Avenue, Salina, KS 67401  
City Hall, 585 N. Franklin, Colby, KS 67701  
Wilson & Company, Inc., Engineers & Architects, 1700 East Iron Avenue, Salina, KS 67401  
Associated General Contractors of Kansas, 200 West 33rd, Topeka, KS 66611  
Dodge Plan Room, 1702 Broadway, Kansas City, MO 64108  
Reed Construction Data, 30 Technology Parkway South, Suite 500, Norcross, GA 30092

Bidding Documents can also be viewed and ordered online at [www.salinablue.com](http://www.salinablue.com).

com. Copies of the proposed Bidding documents may be obtained upon receipt of a non-refundable deposit in the amount of \$150.00 for each set, not including tax and shipping costs. Click the online planroom. Contractors, subcontractors, suppliers, etc. must register or log-in in order to view and/or purchase plans and specifications. Complete sets of Bidding Documents must be used in preparing Bids; neither OWNER nor ENGINEER assumes any responsibility for errors or misinterpretations resulting from the use of incomplete sets of Bidding Documents. For any questions regarding ordering or viewing of the Bidding Documents please contact the following:

Salina Blueprint & Micrographics Systems  
209 S. Santa Fe Avenue  
Salina, Kansas 67401  
Telephone: 785-827-6182  
or 1-800-284-6392

Addendums and plan holder list will also be available through Salina Blueprint & Micrographics Systems ([www.salinablue.com](http://www.salinablue.com)) for those that purchase complete plans and specifications through them.

Bid Security will be required in accordance with the Instructions to Bidders.

Bidder qualifications may be required in accordance with Instructions to Bidders.

Contract time will be set in accordance with the Instructions to Bidders and Agreement.

OWNER reserves the right to reject any or all Bids and to waive irregularities in bidding.

Any questions regarding the Bidding Documents should be directed to ENGINEER at the following address:

Wilson & Company, INC.,  
Engineers & Architects  
Attn: Brian P. Spano, P.E.  
1700 East Iron Avenue  
Salina, Kansas 67401  
Telephone (785) 827-0433,  
Fax (785) 827-5949

CITY OF COLBY, KS  
Carolyn Armstrong, City Manager

(Published in the Colby Free Press on Friday, July 10, 17 & 24, 2009)

## Public Notice

### LEGAL NOTICE

On July 23, 2008 beginning at 11:30 a.m. CDT, the Northwest Kansas Groundwater Management District No. 4 Board of Directors will conduct a public hearing regarding the district's proposed 2010 operating budget. The hearing will be held in the district office at 1175 S. Range, Colby, KS. The budget being proposed at this hearing was approved for said hearing by the eligible voters present during the 34th annual meeting held on February 18, 2009. A copy of the proposed budget is available for inspection in the district office during normal office hours. Should a board quorum not be possible on July 23, 2009, July 30, 2009 will become the alternative date - with all other meeting details remaining unchanged.

ATTEST  
Scott Maurath, President  
Bill Nordorf, Secretary

(Published in the Colby Free Press on Friday, July 17, 2009)

### NOTICE TO BIDDERS

City of Colby  
Colby Municipal Airport  
Project 2009-2

Sealed bids will be received until 1:30 PM, on July 30, 2009, and then publicly opened and read at the Office of the City Manager, 585 North Franklin Avenue, Colby, Kansas, for furnishing all labor, materials and equipment, and performing all work necessary to complete apron and taxiway joint and crack repairs as outlined in the bid proposal form.

A complete set of bid documents may be obtained from the office of the City Manager, 585 North Franklin Avenue, Colby, KS 67701.

(S) Joni L. Ketchum, City Clerk

(Published in the Colby Free Press on July 17, 24, 2009)

LOCAL TV LISTINGS

sponsored by the

Monday Evening											
July 20, 2009											
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
KAKE/ABC	The Bachelorette				Dating in the Dark		Local	Nightline	Jimmy Kimmel Live		
KBSL/CBS	How I Met   Rules	Two Men	Big Bang		CSI: Miami		Local	Late Show-Letterman	Late Late		
KSNK/NBC	Am. Road Trip	Law Order: CI			The Wanted		Local	Tonight Show	Late Nigh		
KSAS/FOX	House	Lie to Me			Local						
Cable Channels											
A & E	Intervention	Intervention		Obsessed			The Cleaner		Intervention		
AMC	Jumanji				Dragonheart						
ANIM	Most Outrageous	Dogs 101		Animal Cops Phoenix		Most Outrageous	Dogs 101				
BRAVO	Matchmaker	Kathy Griffin		Kathy Griffin		Kathy Griffin	Miami Social				
CMT	Extreme-Home	Can You Duet		Can You Duet		Comedy	Comedy	Cable Guy	Comedy		
CNN	Campbell Brown	Larry King Live		Anderson Cooper 360				Larry King Live			
COMEDY	Scary Movie 4	Dane Cook		Futurama	Futurama	Daily	Colbert	Inside Funny People			
DISC	MythBusters	MythBusters		When We Left Earth		MythBusters		MythBusters			
DISN	Sky High			Wizards	Montana	The Suite	So Raven	Life With	Cory		
E!	Hollywood Murder			Wildest	The Soup	Chelsea	E! News	Chelsea	The E! Tr		
ESPN	MLB Baseball			Baseball Tonight		SportsCenter		Baseball	NFL Live		
ESPN2	Awards	09 ESPYs	Softball			Homecoming: Phelps		NASCAR Now			
FAM	Secret-Teen	Make It or Break It		Secret-Teen		The 700 Club		Secret-Teen			
FOOD	Good Eats	Good Eats	Unwrapped	Unwrapped	Diners	Diners	Good Eats	Unwrapped	Unwrapped	Unwrapped	
FX	The Italian Job	13 Going on 30						Cruel Intentions			
HGTV	Property	Property	House	My First	House	For Rent	The Unsel	Property	Property		
HIST	The Universe	Moonshot					The Universe		The Universe		
LIFE	Drop Dead Diva	Army Wives		Desperate Housewives			Will	Will	Frasier	Frasier	
MTV	The Real World	Honey					16 and Pregnant		Can't Hardly Wait		
NICK	Malcolm	Malcolm	Lopez	Lopez	Fresh Pr.	Fresh Pr.	The Nanny	The Nanny	Malcolm	Malcolm	
SCI	Star Trek Gen.	Star Trek Gen.		Star Trek Gen.			Gundam 00	Gundam 00	Rave	Rave	
SPIKE	UFC Unleashed	UFC Unleashed		4th and Long		Jesse James		CSI: Crime Scn			
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Name Earl	Name Earl	Engvall	Engvall	Sex and t	Sex and t	
TCM	Moon	For All Mankind			The Right Stuff						
TLC	To Be Announced	To Be Announced	Cake Boss	Cake Boss	To Be Announced		To Be Announced		To Be Announced		
TNT	The Closer	The Closer			CSI: NY				Raising the Bar		
TOON	Total	6TEEN	Stoked	Star Wars	King-Hill	King-Hill	Fam. Guy	Fam. Guy	Squidbill	Metal	
TRAV	Anthony Bourdain	Anthony Bourdain			Anthony Bourdain		Anthony Bourdain		Anthony Bourdain		
TV LAND	Griffith	Griffith	Griffith	Griffith	Griffith	Griffith	Griffith	Griffith	Roseanne	Roseanne	
USA	NCIS		WWE Monday Night Raw				Royal Pains		Law Order: CI		
VH1	Charm School	Charm School		The T.O. Show			Charm School		The T.O. Show		
WGN	Funniest Home Videos	Lance Burton		WGN News at Nine			Scrubs	Scrubs	The Bob & Tom Show		
Premium Channels											
HBO	Real Time	Prom Night in Mississippi		Comedy	Ted Williams				Burn Atte		
MAX	Don't Say a Word			Death Race							
SHOW	Beowulf			Weeds	Nurse	Weeds	Nurse	Penn	Feast		