

Family

Feb. 14 set for walk here

Rachel's Vineyard Ministries, a ministry to families affected by abortion, will hold its annual Walk for a Grieving Heart at 9 a.m., Saturday, Feb. 14.

Those walking in Colby will meet at Sacred Heart Rectory, 585 North French for the 9 a.m. walk.

Information is available from Donetta Robben, walk coordinator at 877-447-4383. Local information can be obtained by calling the rectory at 462-2179.

Babies

Cash Tubbs

Cash Montgomery Tubbs, son of Jeff and Lesley Tubbs, was born at Citizens Medical Center on Tuesday, Feb. 3, 2009.

He weighed 6 pounds, 3 ounces and was 18 inches long. Grandparents are Jody and Gerald Tubbs Jr. of Colby and Bry and Sheryl Dechart Jr. of Lamar, Colo.

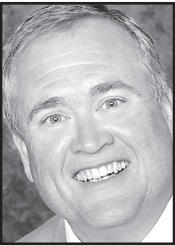


Cash Tubbs

Corrections

An obituary for Andrew Black on Page 4 of the Thursday, Feb. 5, Colby Free Press incorrectly said that services would be at the Rexford Community Church. They will be at 1:30 p.m. Saturday, Feb. 7, 2009, at Pauls Funeral Home in Selden, with Pastor Lane Purcell officiating and burial in the Rexford Cemetery. Visitation will be from 9 a.m. to 8 p.m. Friday and after 9 a.m. Saturday at the fu-

Who will you be when you're 90?



Eugene Rothfuss

• From the Pulpit

Picture yourself looking in the mirror, just as you do every morning. Imagine that the mirror image slowly begins to change, and as you watch, your reflection ages about 10 years a minute.

When the mirror image stops changing, you are looking at your own reflection at age 90. What will you look like? More importantly, what will you BE like?

I knew two elderly ladies named Mabel. Mabel No. 1, I met while in high school. I worked for a drug store delivering prescriptions. Mabel Wisenheimer's face was all wrinkled and prune, but it always wore a smile! She bubbled with a joy and enthusiasm about life that was contagious despite her chronic pain. She'd often invite me in and give me a glass of ice-cold lemonade. I loved to visit Mabel No. 1 - she always made me feel encouraged and happy.

Mabel No. 2 was the exact opposite. No matter how well things

were going, she could find something negative to mention. Her face wasn't a wrinkled, smiling prune, she was more like a saggy, baggy lemon. This Mabel was my grandmother. I had to visit her.

I learned two things from the Mabels. No. 1 - If you smile lots, you get many more wrinkles than if you frown; No. 2 - It doesn't matter your circumstances or the daily pain you face - you can always choose to smile. Your attitude is yours, and yours alone, to choose.

The Apostle Paul wrote in Philippians 4:8-9 (New International Version), "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things. Whatever you have learned or received or heard from me, or seen in me - put it into practice. And the God of peace will be with you."

Who controls who you will be at age 90? You do - by the attitudes you choose today! I've already decided - I'm going for the wrinkles!

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat (bushel)	\$5.22
Corn (bushel)	\$3.36
Milo (hundredweight)	\$4.83
Soybeans (bushel)	\$8.63

Senior Center

A Valentine's Party will begin at 11 a.m. Thursday at the Senior Progress Center. All seniors are invited.

Activities for the coming week: **Monday:** 10:30 a.m., Skip Bo game. **Tuesday:** 10 a.m. exercise, donuts and coffee. **Wednesday:** 10:30 a.m. pinochle/pitch game. **Thursday:** 10 a.m. exercise, 11 a.m. Valentine's party. **Friday:** 10 a.m. exercise, 11:30 a.m. Young at

Heart.

Menus for the coming week: **Monday:** Scalloped potato and ham casserole, peas, plums, bread, cook's choice complement. **Tuesday:** chili dog with cheese, potato salad, pears, bun, cookie. **Wednesday:** lasagna, spinach salad, peaches, garlic bread, pudding. **Thursday:** tuna salad, chicken rice soup, Italian-blend vegetables, bread, apricots.

Friday: Salisbury steak w/gravy, mashed potatoes, creamed peas, bread, applesauce gelatin.

The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Home delivery is available, as is pick-up service. A contribution of \$2.75 per meal is suggested for seniors, \$5 for others.

Information Meeting

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MINGO BIBLE CHURCH, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Intern Pastor Pat Colley. Sunday School: 9:30AM - all ages. Sunday Services: 10:45AM. Sunday Nights: 1st Sunday of the month: potluck following morning service - no evening service; 2nd Sunday: services at 6:30 PM; 3rd Sunday: informal fellowship - bring a snack to share!; 4th and 5th Sunday: services at 6:30 p.m.

Schedule of church services

COLBY INDEPENDENT BAPTIST CHURCH, 730 E. 3rd (former Jaycee's building), Pastor Bernard Heinz, 460-0313, Sunday School 9:30 a.m.; Sunday Morning Worship 10:30 a.m.; Sunday Evening 6:00 p.m.; Wednesday Evening 7:00 p.m.

ASCENSION-ON-THE-PRAIRIE EPISCOPAL, Rev. Don Martin, College Drive & Wheatridge Rd., 462-3041, Holy Eucharist, 9:00 a.m. every Sunday. Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May.

COLLEGE DRIVE ASSEMBLY OF GOD, Pastor, Jeremy Gundling, 245 W. College Dr. - 462-8234, Sunday School 9 a.m., Kids Church and Worship Service 10:15 a.m., Sunday evening Prayer Service 6:30 p.m., Wed 3:30 Rock out @ The Rock, Wed. 7 p.m. Youth @ The Rock. E-mail: cdag@st-tel.net. www.collegedriveonline.com.

BEREAN CHURCH, 1000 S. Franklin, 460-2763, www.colbyborean.com; Sunday School 9:30 a.m., Sunday Worship 10:45 a.m. Awana Clubs, Wednesday, 7 p.m., Middle & High School, Wednesday, 7 p.m. @ the Heartland Christian School Gym.

FIRST BAPTIST CHURCH, (Affiliated with American Baptist Churches USA) Carroll H. Morony, Pastor, 615 W. Webster, 462-2867. Sunday School: 9:15 a.m.; Family Worship: 10:30 a.m.; Bible Study Wednesday at 3 and 7 p.m.; RC Club 2nd & 4th Sunday: 2 p.m.

COLLEGE VIEW BAPTIST CHURCH, 1185 Wheatridge Rd. at College Drive, 460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship services, 10:45 a.m.

MINGO BIBLE CHURCH, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Intern Pastor Pat Colley. Sunday School: 9:30AM - all ages. Sunday Services: 10:45AM. Sunday Nights: 1st Sunday of the month: potluck following morning service - no evening service; 2nd Sunday: services at 6:30 PM; 3rd Sunday: informal fellowship - bring a snack to share!; 4th and 5th Sunday: services at 6:30 p.m.

SACRED HEART CATHOLIC, 462-2179, Father Dana

Clark, Pastor. Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.

FIRST PRESBYTERIAN CHURCH, Rev. Carol Rahn, 515 W. 4th, 462-6342, Sunday Worship 9:00 a.m.

WESLEYAN CHURCH, 320 W. Pine - 462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS, 1145 S. Franklin - 460-6605, President Gary Slavens, 460-2656; Jordan Barrett, 1st counselor, 460-1101; Tim Wilson, 2nd counselor, 785-846-7796. Sacrament meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open to public, 7-9 p.m. Thursdays or by appointment. Call 785-462-3571.

COLBY UNITED METHODIST CHURCH, Rev. James Mardock, pastor, 950 S. Franklin, 460-6521, Sunday Worship Services at 8:30 and 11:00 a.m., Fellowship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. www.colbyumc.org

REDEEMING LOVE MINISTRIES, INC., 345 N. Franklin, Dr. W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 10a.m., Sunday worship, 11a.m., Wednesday, R.L.M Training Centers (Bible School), 5p.m. Shop online at: www.rlmregionalchurch.com

CHURCH OF CHRIST, Minister, Jarrod Spencer. 510 E. 4th, Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Interpretation for the deaf, Wednesday, Bible Study 7:00 p.m.

FIRST CHRISTIAN CHURCH, (Disciples of Christ), Pastor Lyle Knebel, 385 W. 3rd - 460-2718, Sunday Morning Worship at 10:00 a.m.; Sunday School at 11:15 a.m. E-mail: fccolby@st-tel.net.

OURS AVIORS LUTHERAN CHURCH, Brewster, Sunday worship 9:00 a.m.; 2nd Sunday of the month at 8:00 a.m.

TRINITY LUTHERAN CHURCH, Rev. John L. Schmidt,

East 5th & Country Club, 462-3497, Services, Sat., 5:30 p.m., Sunday; Sunday School and Adult Bible Class 9:15 a.m.; Services, 10:30 a.m. Visit us at www.trinitycolby.com

PLEASANT HOME CHURCH, Pastor, Perry Baird, 785-890-3375, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m.

LEVANT COMMUNITY CHURCH, 205 1st St., Pastor Jerry Vincent, 586-2376, Sunday School (classes for 3 years & up and 3 adult classes) 9:30 a.m., Morning worship 10:30 a.m.

WINONA METHODIST CHURCH, Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDT)

BREWSTER UNITED METHODIST CHURCH, PO Box 250, Brewster. Pastor Dorine Chambers, 785-462-6044, Sunday School: 9:45 a.m.; Worship Service, 10:45 a.m.

THE SHEPHERD'S STAFF, REXFORD, Joan Dingwerth, Director, 687-2565

REXFORD COMMUNITY CHURCH, Rexford, Pastor Lane Purcell, 687-3305, Sunday School 9:30 a.m., Worship Service 10:30 a.m.

BREWSTER COMMUNITY CHURCH, Mike Pinkelman, Pastor, Brewster-694-2720, Sunday School (all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible Study 7:00 p.m., Wed. mornings 6:30 a.m. - Men's Bible Study, Wed. 7:00 p.m. - Children's Ministries (Royal Rangers/Missionettes), Wed. 7:15 p.m. - Intercessory & Prayer, Thurs. 4:00 p.m. - Women's Bible Study

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