Colby Free Press Wednesday, January 21, 2009

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News of Colby Community College

Workplace abilities are focus of program

Teaching prisoners essential workplace skills and financial literacy is the focus of a partnership between the Adult Basic Education program at Colby Community College and the Kansas Department of Corrections facility in Norton.

Program director Nance Munderloh and instructor Dian Organ developed and implemented a program that teaches math skills and real-life applications to offenders. Munderloh and Organ utilized traditional and innovative teaching methods during the fall semester to a group of high-risk offenders at the Norton Correctional Facility.

Matthew Woodyard, Field Skills and Volunteer Developer at the prison, said this partnership is just one of the ways that the department has begun to target offenders' needs and to take measures to reduce the risk of repeat offenses.

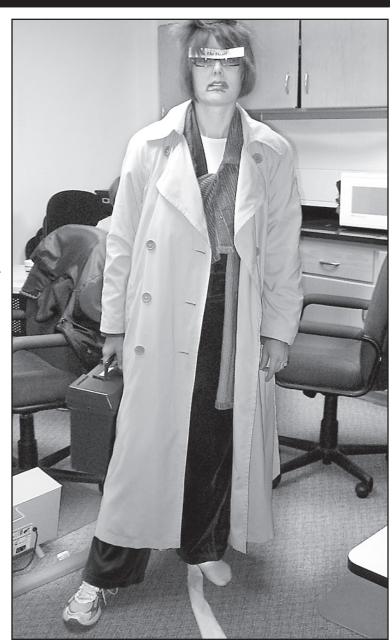
"In addition to reducing risk, the department is working to provide these services to inmates without relying on taxpayers' dollars by utilizing grant money and by appealing to volunteers who are interested in the criminal justice system," said Woodyard. "The use of volunteers ... aids in reducing budget expenses and provides opportunities for interns ... in the criminal justice

The services of the college program are provided at no charge to all participants, including inmates.

field."

Munderloh and Organ are familthe importance of accountability. them about accountability. Munderloh has been an adult education instructor at the college for 13 years. Organ has four years as an intensive supervision officer, working for Kansas Department of Corrections.

'Several of the inmates expressed their gratitude in the evaluations of the Colby Community College class," said Woodyard. "They remarked that Nance and Dian were able to respond to the learning needs of inmates who have a wide range of proficiency levels.... 'Here-andnow' applications with the class



Instructor Dian Organ dressed to show all the "wrong" things to do in a job interview.

regarding financial literacy targeted a class at the prison. With a heavthose who struggle with impulse control and cognitive distortions."

Lessons included identifying the differences between wants and needs, which helped inmates curb iar with the needs of offenders and impulsive behavior while teaching

"These concepts pave the way for learning skills such as planning ahead, as well as understanding budgeting tools," said Woodyard. "Reviewing pay stubs, time cards, overtime, credit and interest banking concepts bring real-life applications to the math skills that the students either learned for the first time or had not applied in the past."

The presentation of information in a "cognitive restructuring format" was illustrated by Organ, who made a point on dress and appearance at a job interview during

ily applied, crooked lipstick smile, messy hair, mismatched shoes and socks, Organ's appearance emphasized how a poor appearance can disrupt the interview process and turn off an employer.

"In a final testament to how the class was received, the teachers asked the class about whether to require homework," said Woodyard. "Only three students asked that homework not be added....'

"The goal of the adult education program at Colby Community College is to assist learners in making measurable gains in acquiring the skills necessary for success in today's world," said Munderloh. "We offer a variety of courses at both the Colby and Hays locations. We are pleased to offer those services to the Norton Correctional Facility."

Financial aid advice offered parents

informational meetings with Colby the financial burden of attending Community College leaders and college. Information will also be representatives from the admissions and financial aid offices.

President Dr. Lynn Kreider, Vice-President of Academic Affairs Dr. Paula Davis and Vice-President

available on eligibility for various financial aid types and how to electronically file the Free Application for Federal Student Aid.

Meetings will be at 7 p.m. (except

High school students and their of Student Affairs Skip Sharp will as noted) at Hoxie High School toparents are invited to a series of discuss resources available to ease night; Northern Valley High School in Almena on Monday, at 6:30 p.m.; Colby High School on Tuesday; and Trego Community High School in WaKeeney on Monday, Feb. 2.

> For more information, contact Financial Aid Director Paula Halvorson at (785) 460-5497.

Nursing student gets state board scholarship

Colby Community College nurs- mum functioning for an individual.

of Nursing as one of four students in the state to receive a \$1,000 scholarship.

Redick traveled to Topeka to receive a check from the board's acting president, Janet Jacob. Director of Nursing Ruth Wolfram also attended the presentation.

"Ron is a true leader in his class," said Wolfram.

ognition and a great example of the quality of our students."

Ron Redick

Redick's application included an essay on the unique contribution of nursing to health care.

"Nursing is a profession focused on assisting individuals, families and communities in attaining, maintaining, and recovering optimal health and functioning," wrote than health/medical to achieve opti-

ing student Ron Redick has been In order to function to one's best selected by the Kansas State Board ability, he/she needs to be healthy physically, emotionally

and spiritually. Nurses are the individuals who actually look at all three of these areas when treating their patients."

Redick received his bachelor's degree in psychology from Ottawa University a master's degree in clinical psychology from Emporia State

University. He has been "He is very deserving of this rec- a mental health counselor for 16 years, the past five years with High Plains Mental Health in Colby.

He said. "I have experience and knowledge in two of the facets of caring for an individual — spiritually and emotionally. My education in the nursing field at CCC will help me understand the physical aspect of caring for someone."

Redick. "There is so much more the licensed practical nursing pro-weather and road conditions before gram. He plans to continue next year driving to class.

in the registered nursing program. He and his wife Kim have two daughters, Mellenie, 8, and Macie, 5.

College sets storm policies, posts on web

Because of state requirements for instructional hours, Colby Community College rarely cancels scheduled classes because of the

Announcements on evening or outreach classes will be broadcast between 6 a.m. and 8 a.m. as conditions warrant.

Cancellations or postponements will be posted on the college website at www.colbycc.edu and broadcast on radio and television sta-Redick is a first-year student in tions. Commuters should check for

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WEEKDAYS JANUARY 20 - JANUARY 26

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC	Good Morning America Kansas						The Martha Stewart Show		The View		Million- aire	News
KSNK/NBC 8 8	News Cor	nt'd	Today					Varied	ed Live With Regis and Kelly		Today	
KBSL/CBS	News Cont'd		The Early Show			The 700 Club		The Price Is Right		The Young and the Restless		
K15CG 2	Lions	Maya & Miguel	Curious George	Sid the Science	Super Why!	Clifford- Red	Dragon Caillou Sesame		Sesame	Sesame Street		Word- World
ESPN 28	Sports- Center	Varied	SportsCe	nter	SportsCe	nter	SportsCe	nter	SportsCenter		SportsCenter	
USA 37)	Varied Pro	ograms					-					
TBS 38	Saved by Bell	Saved by Bell	Saved by Bell	Saved by Bell	Fresh Prince	Fresh Prince	Movie				Home Improve.	Home Improve
WGN 39	Chang- ing					n	Matlock	In the Heat of the Night			Nash Bridges	Varied
TNT 40	Angel		Charmed		Charmed		ER		Las Vegas		Las Vegas	
DSC (42)	Paid Program	James Robison	Paid Program	Paid Program	How It's Made	How It's Made	Cash Cab	Cash Cab	Overhaulin'		The New Detectives	
A&E (47)	Third Wat	ch	Crossing	Jordan	The Sopra	anos	American Justice		Cold Case Files		Cold Case Files	
HIST 48	Varied Pro	ograms										
NICK (55)	Barn- yard	Spon- geBob	Spon- geBob	Max & Ruby	Backyar- digans	Go Diego	Wonder Pets	Dora the Explorer	Ni Hao, Kai-lan	Yo Gabba	Dora the Explorer	Go Diego
DISN (56)	Handy Manny	Mickey Mouse	Ein- steins	Tigger & Pooh	Mickey Mouse	Handy Manny	ndy Imag. Ein-		Charlie & Lola	The Wiggles	Movie	•
FAM (58)	Sister, Sister	Sister, Sister	Sabrina- Witch	Sabrina- Witch	700 Club Prog.	Varied Pro	Programs		Gilmore Girls		Full House	Full House
HALL 60	Paid Paid I Love I Love The Waltons Program Program Lucy Lucy		ns	Little House on the Prairie		Little House on the Prairie		Touched by an Angel				

WEEKDAYS JANUARY 20 - JANUARY 26

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC 4 6	All My Children		One Life to Live General H		lospital	spital Rachael Ray		News	Access H'wood	News	ABC Wid News		
KSNK/NBC 8 8	News		Days of our Lives		The Ellen DeGeneres Show		The Doctors		Jeop- ardy!	Deal or No Deal	News	NBC News	
KBSL/CBS	News Bold, Beautiful		As the World Turns Guiding L		ight	Dr. Phil		Oprah Winfrey		News	Evening News		
K15CG 2	Reading Barney- Rainbow Friends		Varied Pro	Varied Programs Lions		Arthur	WordGirl	Fetch! Ruff	Cyber- chase	Maya & Miguel	Busi- ness		
ESPN 28	SportsCenter		SportsCenter Outside- Lines Football Live		NFL Live	Rome- Burning	Around the Horn	Interrup- tion	SportsCe	nter			
USA (37)	Law & Order: Criminal Intent		Varied Pro	aried Programs		Law & Order: SVU		NCIS		NCIS			
TBS (38)	Home Improve.	Home Improve.	Just Shoot	Just Shoot	Yes, Dear	Yes, Dear	King of Queens	King of Queens	Ray- mond	Ray- mond	Ray- mond	Friends	
WGN 39	WGN Mide Cont'd	day News	Be- witched	Be- witched	Dream- Jeannie	Dream- Jeannie	Cosby Show	Cosby Show	Scrubs	Scrubs	Becker	Becker	
TNT (40)	Without a	Trace	Law & Order Law &		Law & Ord	& Order Cl		Charmed		Charmed		Bones	
DSC (42)	The FBI F	iles	A Haunting A Haunting		Varied Programs		Cash Cab	Cash Cab	Cash Cab	Cash Cab			
A&E (47)	CSI: Miam	ni	Crossing	Jordan	The Sopra	anos	American Justice		Cold Case Files		Cold Case Files		
HIST (48)	The Presidents Varied			ograms	•		•		•				
NICK (55)	Backyar- digans	Wow! Wubbzy!	Spon- geBob	OddPar- ents	Varied Programs				Barn- yard	Spon- geBob	Drake & Josh	Drake & Josh	
DISN 56	Movie Cont'd	Varied	Zack & Cody	Zack & Cody	Varied Pro	ograms			1. 1.		•	•	
FAM (58)	Sister, Sister, Sister Sister		Sabrina- Witch	Sabrina- Witch	Full House	Full House	What I Like	What I Like	Gilmore G	iirls	My Wife and Kids	My Wife and Kids	
HALL 60	7th Heaven		7th Heave	n	Little Hou Prairie	se on the	I Love Lucy	I Love Lucy	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC 4 6	News (N) (CC)	Enter- tainment	Ugly Betty Off (N) (CC	c)		Grey's Anatomy Stairway to Heaven Private Practice Nothing to Fear (C			News (N) Nightline (N) (CC)		Brendan Fraser. (N)		
KSNK/NBC 8 8	News (N)	Wheel of Fortune	Name Is Earl	Kath & Kim (CC)	The Office	30 Rock (N) (CC)	ER Love Is Battlefield		News (N)	The Tonig With Jay I	ht Show Leno (CC)	Late Night	
KBSL/CBS	News (N) (CC)	Inside Edition	NCIS Reco	oil (CC)	CSI: Crime Investigat			leventh Hour News (N) Late Show (CC) David Lett					
K15CG 2	The News With Jim I			Ameri- ca's Hrtl	The This (House Ho		Globe Tre (DVS)	kker (CC)	World News	Keeping Up	Charlie Ro (CC)	Charlie Rose (N) CC)	
ESPN 28		asketball: \ /n. (Live) (C	West Virgini C)	a at	Winter X-0	Games Asp	en, Colo. (L	_ive) (CC)	SportsCer (CC)	nter (Live)	NFL Live (N) (CC)	Final	
USA 37	NCIS Hiato of 2) (CC)	us (Part 2	House Fin Judas (CC		House Wo Deeds (CC		Burn Noti Harm (N) (Law & Ord	der: SVU	Law & Order: Criminal Intent		
TBS 38	Seinfeld (CC)	Seinfeld (CC)		Friends (CC)	Friends (CC)	Friends (CC)		e Mask ★★ nates a drab			Sex and the City	Sex and the City	
WGN 39	America's Home Vid		Movie: Ou for an esca	t of Sight a	k★★ (1998) A U.S. marshal falls e must capture. (CC) News- Radio			Scrubs (CC)		The Bob & Tom Show (CC)			
TNT 40	All-Star Pi Show (Live		NBA Bask Amway Are			at Orlando	Magic.		ketball: Washington Wizards at Los Angeles aples Center. (Live) (CC)				
DSC (42)	How It's Made	How It's Made	HowStuff\ Steel (N)	Vorks	De- stroyed	De- stroyed	Treasure Pirates (N)		Quest How It's How It's Made			HowStuffWorks Steel	
A&E 47	The First	48 (CC)	The First 4 Days; Wild		The First of Money; Fif		The Beast Choices (N		The Beast Choices (C		The First 48 Better Days; Wildflowers		
HIST (48)	The President 1945-1977		The Preside		Decoding Freemasor		Decoding (CC)	the Past	Decoding (CC)	the Past	The Presidents Global terrorism.		
NICK 55	Zoey 101 (CC)	Drake & Josh		Drake & Josh	Home Improve.	Home Improve.	George Lopez	George Lopez	Family Matters	Family Matters	Home Improve.	Home Improve.	
DISN (56)	Zack & Cody	Hannah Montana	Movie: Up (2000) Mic	, Up and A hael J. Pag	way an. (CC)	Wizards- Place	Wizards- Place	Life With Derek	Zack & Cody	Hannah Montana	That's- Raven	Cory in House	
FAM (58)	That '70s Show	That '70s Show	Movie: Sn becomes a		2002) A Mia acer in Alas		America's Home Vid	Funniest eos (CC)	The 700 C	lub (CC)	Whose Line?	Whose Line?	
HALL 60	Walker, Te Ranger (C		Walker, Te Ranger Co			vie: Expecting a Miracle (2009, mance-Comedy) Jason Priestley. (CC)			Murder, S Nailed (CC		Murder, She Wrote A Quaking in Aspen		

FRIDAY JANUARY 23

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 6	News (N) (CC)	Enter- tainment	Wife Swap Vallone (C		Supernan (CC)	ny (N)	20/20 (CC)		News (N) (CC)	Nightline (N) (CC)	Jimmy Kiı Tim Roth.	
KSNK/NBC 8 8	News (N)	Wheel of Fortune	Howie Do It (N)	Howie Do It (N)	Friday Nig Tami Know		Dateline NBC (CC)		News (N)	The Tonig With Jay I		Late Night
KBSL/CBS	News (N) (CC)	Inside Edition	Ghost Wh Body of Wa		Flashpoin the Barn (N		NUMB3RS Trouble in Chinatown (CC)		News (N) (CC)	Late Show David Lett		Late Late
K15CG 2	The News With Jim I		Wash. Week	Kansas Week	Market- Market	A Convers With Jerry		NOW on PBS (N)	World News	New Red Green	Charlie Ro (CC)	ose (N)
ESPN 28		etball : Dall Auburn Hills		s at Detroit	troit Pistons. Winter X-Games Aspen, Colo. (L					SportsCer	nter (Live) (CC)	
USA 37	NCIS Shalom (CC)		House One One Room		Monk Mr. Monk and the Lady Next Door And Wait for It (N			House Dying Changes Everything		Monk Mr. Monk and the Lady Next Door		
TBS 38	Seinfeld (CC)	Seinfeld (CC)	Family Guy (CC)	Family Guy (CC)			II ★★ (2002 √ Lee Jones		10 Items or Less	Sex and the City	Sex and the City	Movie: Bridget
WGN 39	America's Home Vide		Movie: The exposes a				former exe	cutive	Scrubs (CC)	Scrubs (CC)		
TNT 40	Law & Ord (CC) (DVS		Movie: Catch Me if You Can ★★★ (2002) A teenage scam artist poses as a pilot, surgeon and lawyer. Leonardo DiCaprio. (CC)						Movie: Road to Perdition ★★★ (2002, Crime Drama) Tom Hanks. (CC)			
DSC (42)						en (CC)	Man vs. W	'ild Yukon	How It's Made	How It's Made	Dirty Jobs Rendering	Animal
A&E 47	CSI: Miam Vengeance		CSI: Miam Going, Gor		CSI: Miam As You Are		The Beast Choices (C		Criminal N Way Out (CSI: Miami Going, Going, Gone (CC)	
HIST 48	Modern M Failed Inve		The Kennedy Assassination: Beyond Conspiracy (CC)			Kennedys: The Curs		e of Power (CC)		The Kennedy Assassination		
NICK (55)	Zoey 101 (CC)	iCarly (CC)	OddPar- ents	Spon- geBob	Spon- geBob	Spon- geBob	George Lopez	George Lopez	Home Improve.	Home Improve.	Family Matters	Family Matters
DISN 56	Zack & Cody	Hannah Montana	Suite Life	Phineas and Ferb			es (2004) A ets back into		Zack & Cody	Hannah Montana	That's- Raven	Cory in House
FAM 58	That '70s Show	That '70s Show	That '70s Show	That '70s Show	That '70s Show	That '70s Show	America's Home Vid		The 700 C	lub (CC)	That '70s Show	That '70s Show
HALL 60	Walker, Te Ranger (P		Walker, Te Ranger (Pa			Stone Cold **½ (2005) A police st solve a series of violent crimes.			Murder, S (CC)	he Wrote	Murder, She Wrote Big Easy Murder	

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