## Its all about the follow through



VERA SLOAN/Colby Free Press

Junior Kasey Donley shot a free throw during the Heartland junior varsity team on Jan. 12 at the Colby Community Build-Christian girls team's game against the St. Francis High School ing. The Lady Crusaders won the game 36-26.

## Golden Plains wins first game of season

By Judy Rogers

Golden Plains High School

The Golden Plains Lady Bulldogs grabbed their first victory of the season over the Logan Lady Trojans last Friday, 49-33.

The girls came out strong, taking a four-point lead in the first quarter over the Logan Lady Trojans, 8-4.

The second quarter saw both teams play evenly, posting 11 points each, to keep the Bulldogs ahead at the half, 19-15. The third quarter saw more of the same, as

January 6, 2009- Pinbusters League

Colby Automotive

lead 30-26.

The Lady Bulldogs were able to finally wear down the Lady Trojans, outscoring them 19-7 in the final quarter to clinch a 49-33 vic-

game," said junior Karly Miller. out the stats were Karly Miller, "We knew we were capable of who had 2 points, 3 rebounds, and winning and came close in several games. It was such a relief when 2 points. Jenna Bruggeman had the buzzer sounded to finally get the first win."

Sophomore Melissa Ritter led the team with 16 points, 6 re-

the girls maintained their 4 point bounds, 5 steals and 1 assist. Classmate Jacy Moss added 13 points, 4 rebounds, 4 assists and 5 steals. Senior Angel Lobato put up 9 points, 5 rebounds, 3 assists and 1 steal, while junior Jessica Luna added another 7 points, 6 "We were all elated after the rebounds and 2 assists. Rounding 1 assist, and Alyssa Babcock with 7 rebounds and 1 steal and Aisha Walter had 3 rebounds, 3 assists and 1 steal, and Avery Spresser had 2 rebounds.

The Golden Plains B-team lost its game against Logan 21-15 in two quarters.

The girls were to take on Wallace County in the first round of the Western Kansas Liberty League tournament on Monday in Brewster. They were to continue tournament play on Saturday in

## Eagles win again by pounding Hoxie

**By Andy Heintz** 

The Colby High Eagles wrestling team remained undefeated on Thursday after pummeling Hoxie 67-3.

Freshmen Konner Kriss and Dalton Snyder, sophomores Dryden Baumfaulk and Andrew Flanagin, juniors Bob Schroeder and Nathan Reed and senior Luke Schroeder all pinned their opponents.

Kriss pinned Drew Jones in the 103-pound weight class and Snyder pinned Colton Spresser at Flanagin pinned Alex Shaw at 160. Reed pinned Kollyn Schip-

pers at 112, B. Schroeder pinned Colby Free Press Donavan Schamberger at 125 and aheintz@nwkansas.com L. Schroeder pinned Britton Sealock at 135.

Junior Torey Taylor won a 3-2 decison over Clayton Schamberger at 152 pounds and senior Heath Stephens defeated Cayle Taylor 3-0 at 140. Senior Garrett Zweygardt won by a 3-2 decision over Dylan Bainter at 145.

Seniors Tanner Kriss, Treat Bugbee, and Breck Arnberger all won by default since Hoxie had no wrestlers at their weights.

Senior Adam Weber lost a 4-1 decision to Dillon Salmans.

The Eagles are wrestling in the 130 pounds. Baumfaulk won by Newton tournament today. The fall over Chris Heim at 119 and matches started at 11:15 a.m. and will start up again at 9 a.m. Sat-

### Trojans cruise to victory

**By Andy Heintz** 

Colby Free Press aheintz@nwkansas.com

The Colby Community College women's basketball team got a much-needed victory on Wednesday, crushing Dodge City 72-48.

The Lady Trojans needed a win after two lopsided road losses in a the Conquistadors right away. row to Seward County and Cloud County.

to get that winning feeling again was the most important thing for these girls," said Coach Brady

The victory was a team effort, able to rally.

with four of the team's seven players scoring in double digits.

Sophomore Jamie Alexander led the team with points and freshman Danisha Cole added 13. Freshman Jaclyn Marshall scored 12 and sophomore Ashley Ming chipped in 10.

Colby did not pull away from They only led 32-26 at half time. In the second half, the Trojans "Coming off two tough losses, were able to increase their lead to 14 with about 13 minutes remaining. They stretched their lead to 20 at about the eight-minute mark. The Conquistadors were never



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#### ~ League Bowling Results ~

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League	
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Sparky's Fireworks	44	82	11
First high Men Individual gam	ne: Sheldoi	n Specht, 27	72
First high Men Individual serie			
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January 8, 2009 - King Pin	League		
Team	Won	Lost	Place
Colby Automotive	215	121	1
Colby Fun and Bowl Center	186	150	2
www.visitcolby.com	183	153	3
5 Pony Men	172	164	4
T.J. Tire	170	166	5
Orschlens	166	170	6
Morgan Construction	143	193	7
Balls Deep	131	205	8
FireXrikers	104	64	9
First high Individual game: Aller			
First high Individual series: Kur	t Niesh, 69 <sup>-</sup>	1	
December 23, 2008 - Early	Rird Ladi	ac I aanua	

FireXrikers	104	64	9
First high Individual game: A	Illen Kurth, 276	i	
First high Individual series: Ł			
December 23, 2008 - Ea	rly Bird Ladie	es League	
Team	Won	Lost	Place
Van's Merry Four	6	2	1
www.strike	5	3	2
Bowlerettes	4	4	3
NW Vacuum	1	7	4
First high Individual game: F	Rosie Stover, 1	195	
First high Individual series: I	Rosie Stover,	498	

9	<i></i>		
January 7, 2009 - Ladies I	Nite Out Lea	igue	
Team	Won	Lost	Place
Bop Shop Betties	22	10	1
Strike-Outs	21	11	2
Golden Harvest Seeds	21	11	3
Service Oil	17.5	14.5	4
Twisters	16.5	15.5	5
Don's Electric	15	17	6
Straightline	15	17	7
Twisters II	13	19	8
Citizens Medical Center	11	21	9
Super 8 Motel	8	24	10

<b>Ianuary 4, 2009 - King &amp;</b> Team	Won	Lost	Place
Schissler-Koehn	27	9	1
Barton-Reeh	22	14	2
Swartz-Barnett	21	15	3
Norman-Mackley	20	16	4
Renner-Schwanke	17	19	5
Kreutzer-Garrett	15	21	6
Cook-Dennis	11	25	7
Pancake-Heartman	11	25	8

First high Individual game: Monica Miller. 235

First high Individual series: Dee Hovda, 557

Men's First high Individual game: Oura Garrett, 235 Men's First high Individual series: Charles Schwanke, 560 Women's First high Individual game: Tracee Mackley, 169 Women's First high Individual series: Deb Norman, 473

December 28, 2008 - Kin	g & Queen	smoking	
Team	Won	Lost	Place
Phillips-Carmen	25	11	1
Huff- Waddington	21	15	2
Schmidtberger- Benson	18	18	3
Barnett-Schroeder	16	20	4
Pancake- Heartman	15	21	5
Skolout- Wagoner	13	23	6
Men's First high Individual ga	ame: BJ Wag	oner, 268	
Men's First high Individual se	eries: Larry W	addington, 6	52
Women's First high Individua	al game: Jenn	ifer Phillips,	191
Women's First high Individua	al series: Jenr	ifer Phillips,	563
		-	

Team	Won	Lost	Place
Minds In the Gutter	4	0	1
Colby Bowl	4	0	2
Farm Credit	2	2	3
Cal Williams	2	2	4
Once Upon a Sign	0	4	5
Once Upon a Sign First high Individual gam	0	4	98

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