Boyfriend likes making up too much after arguments

Dear Dr. Brothers: My boyfriend and I have lived together for three years, and we've had a pretty good relationship until this year. Lately, he seems to put me down a lot, and when I get mad or cry, he makes sure I know he is sorry — and then to top things off, he always initiates passionate sex.

Everything is OK then, for a while, until the next time he says something demeaning. Do you think this is an OK way to have a relationship, or should it make me wonder if he really loves me? -K.T.

Dear K.T.: There could be one of two things going on here, neither of which is entirely a good thing. The first is the possibility that your boyfriend really does love you, but he has become somewhat addicted to the adrenaline rush that the conflict in your relationship is bringing to the fore. He's focusing not on all the put-downs — which he might not mean at all — but on the making-up part, in which he gets to be the "hero," making you feel good, saying he's sorry, etc., in order to have everything be OK.

The sex may be more tender or passionate than your regular variety, and he likes that too.

What he is overlooking is the fact that you are a human being with feelings, and it's not nice to manipulate you constantly in order to play out his own little soapopera scenarios. You've got to call him on this and refuse to continue with the drama.

The second - and worse possibility is that he is genuinely in emotional turmoil, does not see you as anything but his property and is well on the way to becoming an emotional abuser. In fact, if it is this scenario, he probably already is. I would seriously consider ending the relationship now if you feel in your heart that this is the case.

Dear Dr. Brothers: I am a helicopter pilot who has flown in numerous deadly combat missions throughout the years.



Dr. Joyce Brothers

• Ask Dr. Brothers

don't know in an effort to impress them. Sometimes I say I'm a visiting doctor who has discovered a cure for baldness, other times I'm an iceboat fisherman — it all depends on the situation and the girl I want to pick up. Recently, I have grown sick of all this lying but find it impossible to quit! What's wrong with me? - L.A.

Dear L.A.: Though there is no official diagnosis for being a pathological liar — the constant compulsion to not tell the truth being more of a symptom than a psychological condition - that does not mean you don't have a problem that you need to address.

People lie for all kinds of reasons - attempting to protect the feelings of a loved one being a popular one — but you are way beyond telling the occasional white lie.

Your tendency toward deception seems grounded in very low selfesteem. You're not happy with who you are or where you are in your life, so you construct various identities to fill a void.

Usually, this is no big deal the act of lying to impress girls is a long tradition that goes back as far as Adam and Eve. The trouble really starts when you can't keep track of your lies or, even worse, start to believe them!

But wanting to stop is a very healthy choice. I strongly suggest going cold turkey when trying to quash the lying habit.

Take the spotlight off yourself and focus on the interests of the girl you are talking to, but don't try to be a chameleon and tailor your personality to every little thing she likes!

You don't have to become a ten-

That's a lie. It's what I tell girls I nis pro just because she is a tennis fan. * * *

> Dear Dr. Brothers: At first I thought it was my imagination, but after last night I'm convinced it's true. At our weekly dinner at the in-laws' house, my wife's mother started to play footsie with me under the table! I felt like I was in a scene from some Hollywood comedy, but as I looked up at her to see her give me a sly wink, I knew it was horribly true! I certainly have no plans of telling anyone, especially my wife, but I feel I have to address this before it goes too far.

What do I do? - B.D. Dear B.D.: First of all, take a deep breath and relax. Just because this very unfortunate and embarrassing incident happened does not mean your marriage is about to come crashing down around you. One game of footsie does not need to end in tragedy.

But, if it happens again, it is something you need to talk about with someone - namely, your mother-in-law.

You may need to confront the issues head-on in a very nondramatic way, preferably in a public place. Don't feel as though you have to put yourself in the role of a soapopera character by playing the part of the innocent son-in-law.

Talk to her as an equal, not as a seductress. Her behavior most likely is rooted in some deeper problem — she may be unhappy with a lot of things in her life, and her behavior may be her way of acting out. The important thing is to steer clear of the symptom — her hitting on you — and try to steer the focus onto her.

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TV LISTINGS

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COLBY FREE PRESS

SUNDAY

SEPTEMBER 21

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC	In Touch Charles S		Good Morning America (N) (CC)		This Week-George Stephanopoulos		Hour of Power (CC)		Paid Paid Program Program		First United Methodist Church	
KSNK/NBC 8 8	(Off Air)	Paid Program	Today (N)	(CC)			Paid Program	Paid Program	Your Bible	Paid Program	Golf: Ryd Final Day	er Cup
KBSL/CBS	Paid Program	Newspr- ing TV	Cake (EI) (CC)	Horse- land (El)	CBS News Sunday M (N) (CC)		Iorning Face the Nation		Dino Squad	Sushi Pack (EI) James Brov		
K15CG 2	Mister Rogers	Barney- Friends	Ninos en-Casa	Plaza Sesamo	Kinder- garten	Mama- Movies	Wish- bone (EI)	Saddle Club	Animalia	Keeping Kids	Wealth- Track	To the Contrary
ESPN 28	Football Final	NFL Matchup	SportsCer (CC)	nter (Live)	Outside Lines	Sports Reportrs	SportsCer (CC)	nter (Live) NFL Countdown (Live) (CC)			e) (CC)	
USA 37)	Debt		Ed Young	Joel Osteen	Burn Noti Soldier (C		NCIS Frame-Up (CC) Movie: Attack Force (2006, agent battles a psychotic dru					
TBS 38)	(3:30) Movie:	Movie: Die York cop n	: Die Hard With a Vengeance (1995) A New op must stop a mad bomber's game of revenge.									MLB Pregame
WGN 39	Paid Program	Amazing Facts	Key of David	Paid Program	Jimmy Sw (CC)	/aggart						
TNT (40)	Movie: Le detective is	thal Weapo s paired wit	n ★★★ (19 h an eccent	87, Action) ric partner.	A veteran (CC)	Movie: Jo to violence	hn Q ★★ (2 to obtain a	002) A fath heart for h	er resorts is son.	Movie: Ul Science Fi	traviolet * iction) <i>Milla</i>	
DSC (42)	Paid Program		Paid Program	Paid Program	MythBust Special (C	Busters Buster MythBusters Penn Drop (CC)		ers Penny	Man vs. Wild (CC)		Cash Cab: After Dark (CC)	
A&E (47)	Biography Mellencam		Biography Crow Sher		Private Sessions The Sheryl Crow. (CC)		The Sopranos (CC)		The Sopranos (CC)		Movie: Batman *** (1989) (CC)	
HIST (48)	Scien- tists	Busi- ness	To Be Anr	nounced	To Be Announced		To Be Announced		To Be Announced		To Be Announced	
NICK (55)	Jimmy Neutron		OddPar- ents	OddPar- ents	Spon- geBob	Spon- geBob	Barn- yard	Mighty B	Tak and Power	Spon- geBob	Spon- geBob	Spon- geBob
DISN (56)	The Wiggles		Ein- steins	Tigger & Pooh	Mickey Mouse	Mickey Mouse	lmag. Movers	Handy Manny	Higgly- town	Charlie & Lola	Movie: Th Cheetah	
FAM (58)	Step by Step	Step by Step	Sabrina- Witch	Sabrina- Witch	Full House	Full House	My Wife and Kids	My Wife and Kids	My Wife and Kids		ss Conger	
HALL	Odyssey I Presents				M*A*S*H (CC)	M*A*S*H (CC)			n (2008, Suspense) Deadly white sharks a coast. John Schneider, Daryl Hannah. (CC)			

SUNDAY

SEPTEMBER 2⁻

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC	NASCAR Countdow	/n (Live)	NASCAR	Racing: Sp	rint Cup I	From Dove	r, Del. (Live	ABC News	News (N) (CC)				
KSNK/NBC	(11:00) Golf: Ryder Cup Final Day Singles Matches. From Louisville, Ky. (Live) (CC)											NBC News	
KBSL/CBS	NFL Football: Kansas City Chiefs at Atlanta Falcons. Georgia Dome. (Live) (CC) NRL Football: Pittsburgh Steelers at Philade Financial Field. (Live) (CC)											es. Lincoln	
K15CG (2)	McLaug- hlin	McLaug- hlin	Theol- Religion- Classic Gospel ogy Ethics (CC)				Healthy Body	Doctors on Call	Sewing- Nancy	Beads, Baubles	Kansas C 2008	andidates	
ESPN (28)	College Fo Final (CC)		PWBA Bo U.S. Open		E:60		2008 Worl of Poker L		2008 Wor of Poker		Baseball Tonight (Live) (CC)		
USA (37)	Movie: Pirates of the Caribbean: The Curse of the Black Pearl House Massive House Mirror Mirr *** (2003, Adventure) Johnny Depp, Geoffrey Rush. (CC) seizure. (CC) Hypochondriac. (House The CIA recruits House. (C			
TBS (38)	MLB Baseball: Teams to Be Announced. (Live) (CC) martialed general leads a revolt against a wa											Movie: Walking	
WGN 39	Whacke- d Out	Whacke- d Out	MLB Base Field. (Live	eball: St. Lo e) (CC)	uis Cardina	als at Chica	go Cubs. W	rigley	Tenth Inning	Coach (CC)	Cosby Show	Cosby Show	
TNT (40)	Movie: Sp spider give	ider-Man * s a teen un	★★ (2002) iusual powe	A bite from ers. Tobey I	a mutant <i>Maguire.</i>			ment *** arth in 2259			Movie: Men in Black *** (1997)		
DSC (42)	Cash Cab Dark (CC)	: After	Cash Cab Dark (CC)		I Shouldn Alive (CC)		I Shouldn Alive (CC)		Alaskan Crab Fishing		Alaskan Crab Fishing		
A&E (47)		ovie: Batma ion) Jack N		Jacked: Theft	Jacked: Theft	Jacked: Theft		What Happened to First Person Killers Natalie Holloway?			CSI: Miami Hard Time (CC)		
HIST (48)	To Be Anr	nounced	To Be Anı	nounced	To Be Anı	nounced	To Be Ani	nounced	To Be An	Be Announced		nounced	
NICK (55)	Jimmy Neutron: Boy Genius		Barn- yard	Barn- yard	Zoey 101	(CC)	Spon- geBob	Spon- geBob	Spon- geBob	Spon- geBob	Ned's School	Drake & Josh	
DISN (56)	(11:00) Mo Cheetah G	ovie: The Girls 2	Zack & Cody	Zack & Cody	Cory in House	Cory in House	Phineas and Ferb	Phineas and Ferb	Zack & Cody	Zack & Cody	Wizards- Place	Wizards- Place	
FAM (58)	(10:30) Mo Congenia			epmom ** over's child				Movie: Ho woman fin	pe Floats ds love in h	★½ (1998) er hometov	A newly div	orced Bullock.	
HALL		rry Mason: Singer ★★ (Ambassad Griffith. (CO				es, I Remember It Lea Thompson. (CC)		



Part-time society editor

The Colby Free Press is looking for a parttime society editor to do social notes, weddings, engagements, obituaries, church and club items, features and other news of interest to the community. This is a great way to be in touch with the pulse of your town and get to know a lot of people. It requires accuracy, speed and attention to detail. Work week would be 20-30 hours. Pay commensurate with experience and ability. Send a letter or e-mail to Steve Haynes, publisher, at 155 W. Fifth St., Colby, Kansas., 67701, s.haynes@nwkansas.com. This could be the job you've been looking for. eoe m/f/h



SUNDAY

SEPTEMBER 21

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC	Jimmy Kiı Big Night		The 60th Primetime Emmy Awards Ceremonies honor excellence in TV programming. (Live) (CC)							KAKE Sports	Lawyer on Line	Ent. Tonight
KSNK/NBC 8 8	Football N America (NFL Football: Dallas Cowboys at Green Bay Packers. Lambeau Fie (CC)						ield. (Live)	News (N)	24 (CC)	
KBSL/CBS	60 Minutes (CC)		Cold Case Blood on the Tracks (CC)				Criminal I True Night		News (N) (CC)	News (N)	Catch it Kansas	Whacke- d Out
K15CG 2		Sun- flower	Nature Ra (CC) (DVS		Masterpie Smoke (N)	ce The Rub (CC) (DVS	by in the	From the Top	Rare Visions		ce The dea dent. (CC)	
ESPN 28	SportsCer (CC)	nter (Live)	MLB Base Stadium. (I		ore Orioles	at New Yo	rk Yankees	. Yankee	SportsCe	nter (Live) ((CC)	Sports- Center
USA 37	House The (CC)	e Mistake	House De (CC)	ception House Failure to Communicate (CC) Know (CC)					House Dis (CC)	stractions	House (CC)	
TBS 38	(5:30) Mov Walking T		Movie: Four Brothers ★★ (2005, Crime Drama) (PA) Mark Wahlberg. (CC) Movie: Four Brother Drama) (PA) Mark W						Movie: A Few Good Men ★★★ ¹ / ₂ (1992)			
WGN 39	WKRP in Cin.	WKRP in Cin.	Newhart (CC)	Newhart (CC)		Honey- mooners	WGN News	Instant Replay	Be- witched	Be- witched	Dream- Jeannie	Dream- Jeannie
TNT (40)	(5:00) Mov in Black (*			n in Black						en in Black *** mmy Lee Jones. (CC)		
DSC (42)	Alaskan C Fishing	rab	Raging Na Landslides		Tornado F (N)	ado Rampage Raging Nature Swarms of insects.			Mega-Tsunamis (CC)		Raging Nature Tornadoes (CC)	
A&E (47)	CSI: Miam As You Are		CSI: Miam Reaction (CSI: Miam Permanen		CSI: Miam Your Grou		The Cleaner The Eleventh Hour (CC)		CSI: Miami Chain Reaction (CC)	
HIST 48	Forbidder Revealed		God vs. Satan (N) (CC)				Sandhogs	s (N) (CC)	Shockwave (CC)		God vs. Satan (CC)	
NICK (55)	Drake & Josh	H2O (CC)	iCarly (CC)	Zoey 101 (CC)	Home Improve.	Home Improve.	George Lopez	George Lopez	Family Matters	Family Matters	Home Improve.	Home Improve.
DISN 56	Zack & Cody	Hannah Montana		Wizards- Place	Movie: Mo (2000) Ma	del Behav ggie Lawso		Zack & Cody	Zack & Cody	Hannah Montana	That's- Raven	Cory in House
FAM 58		Movie: Practical Magic ** (1998) Two sis obstacles because of their witchcraft. Sand							2000) A clumsy FBI uty pageant. (CC)		Joel Osteen	Feed the Children
HALL 60	Murder, S The Comm	he Wrote hittee (CC)			Murder, S Danse Dia	She Wrote Murder, She Wrote				atlock: The stery) Andy		

MONDAY

SEPTEMBER 22

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC	News (N) (CC)	Enter- tainment		Vith the Sta (Live) (CC)	rs (Season Boston Legal Smoke Signals (CC				News (N) (CC)	Nightline (N) (CC)	Jimmy Kimmel Live Shia LaBeouf. (CC)		
KSNK/NBC 8 8	News (N)	Wheel of Fortune	Heroes Cl (N) (CC)	ip Show	Show Heroes (Season Pren the shooter is revealed				News (N)	The Tonig With Jay		Late Night	
KBSL/CBS	News (N) (CC)	Inside Edition	Big Bang Th	How I Met	Two/Half Worst Men Week (N)		CSI: Miami Resurrection (CC)		News (N) (CC)	Late Shov David Let		Late Late	
K15CG 2	The NewsHour Antiques With Jim Lehrer (N) Roadshow		v (CC)					BBC World	This Is Charlie Ro America (CC)		ose (N)		
ESPN (28)	Monday Night Countdov (Live) (CC)		down	NFL Football: New York Jets at San Diego Chargers. C Stadium. (Live)					Qualcomm	SportsCe	nter (Live)	iter (Live) (CC)	
USA (37)			House Act (CC)	ceptance	WWE Monday Night Raw (Live) (CC			(CC)	Burn Noti Soldier (C		Psych Ghosts (CC)		
TBS 38	Ray- mond	Ray- mond	Family Guy (CC)	Family Guy (CC)	Family Guy (CC)		Name Is Earl	Name Is Earl	Ray- mond	Ray- mond	Sex and the City	Sex and the City	
WGN 39	7th Heaven (CC)							WGN News at Nine (N) (CC)		Scrubs (CC)	Corner Gas	Becker (CC)	
TNT (40)	Law & Ord of Capital	der Cost				Raising the Bar Richie Richer (CC)		Bones Yanks in the U.K. (Part 1 of 2)		The Closer Controlled Burn (CC)		Raising the Bar Richie Richer (CC)	
DSC (42)	How It's Made	How It's Made	Raging Na Swarms of		Raging Nature Tornadoes (CC)		Into the Unknown		How It's Made	How It's Made	Raging Na Swarms of		
A&E (47)	CSI: Miam the Water		Interventi addiction.		Intervention Caylee (CC)		Paranor- mal	Paranor- mal	Paranor- mal	Paranor- mal	Interventi addiction.		
HIST (48)	Modern M '80s Tech		Siberian Apocalyp	se (CC)	CC) Super City: New Yor			k (N) (CC)		Sandhogs (CC)		Siberian Apocalypse (CC)	
NICK (55)	Zoey 101 (CC)	iCarly iStakeout	My Family's	Spon- geBob	Home Improve.	Home Improve.	George Lopez	George Lopez	Family Matters	Family Matters	Home Improve.	Home Improve.	
DISN 56	Zack & Cody	Hannah Montana		Movie: Chicken Little (2005) Voices of Zach		Wizards- Place	Wizards- Place	Life With Derek	Zack & Cody	Hannah Montana	That's- Raven	Cory in House	
FAM (58)	That '70s Show	That '70s Show			ee ★★½ (2005, npson. (CC) America's Funnies Home Videos (CC)				The 700 Club (CC)		Whose Line?	Whose Line?	
HALL 60	Walker, Te Ranger La		Walker, Te Ranger (P		Movie: Pe Ruthless				Murder, S (CC)	he Wrote	Murder, She Wrote Fixer Upper (CC)		