# Rexford youth goes to Australia

By Vicki Allison

Rexford Correspondent

Not every athlete had the opportunity to participate in the summer 2008 Down Under Track and Field Games in Australia, but Tate Bruggeman, 17 year old son of Paul and Karla Bruggeman, Rexford, was selected and states, "It was an experience I will never forget, and would love to go back." Tate returned to the states placing second in high jump and their 4x4 team finished third. He also competed in the triple jump and long jump. After three days of competition, four days were spent going to zoos, theme parks, and enjoying the restaurants. The athletes then spent three days in second Saturday of each month Honolulu. While there Tate en-

visiting the Arizona Memorial. Tate thanks the Rexford Lions Club for the benefit dinner and to all who donated making it possible for him to attend a once in a lifetime event. The Rexford Community Church sponsored "Kids Club" will resume Wednesday, September 10th, for ages kindergarten thru the 8th grade, 4 p.m. to 5:30 p.m. If you have questions call Brandy Todd at 687-4465 or Pastor Lane Purcell at 687-3305.

A men's Bible Study will meet on Thursday evenings at 7 p.m. at the church. A "Happy Birthday" to Patty

Purcell and Kylie Jones who have

a birthday today. Bingo starts up again on the

for those 50 and over. Mark your joyed to sport of snorkeling and calendars for Sept. 13 at 7 p.m.

**Hints from Heloise** 

## Tried-and-true stain remover discussed

Dear Heloise: When my chil- tainer, kitchen or laundry sink, kitchen. dren were infants (25 and 30 years ago), you had a recipe for a laundry soak that removed "baby" stains.

I believe it was a mixture of powdered dishwasher detergent and bleach. Can you please help

It is grandbaby time now. -Lynn Loomer, via e-mail

Lynn, this is a tried-and-true, "last chance" Heloise stain-removal solution that many moms have sworn by.

This recipe works great at removing stains from cotton and cotton-blend blankets and baby clothes.

Do not use it on fine washables such as rayon and silk or bright colors, since the bleach in the formula could cause the fabric to discolor.

In a nonaluminum large con-

put 1 cup powdered dishwasher detergent, 1/4 cup household liquid chlorine bleach and 1 gallon hot water, and mix well until the powder is dissolved.

Test for colorfastness of the item on an area that won't

Place the garments in the solution and soak for five to 10 minutes. If the stains are still there, soak for up to 20 minutes more - any longer (like overnight) will not work any better.

Rinse and launder following the care instructions. That is all there is to it.

and you can save that favorite garment as well as money. Don't toss it, save it! — Heloise

No-lose rings Dear Heloise: I am always

I take them off, put them in my pocket or lay them on the countertop.

I panicked when I realized they were in my pocket and the pants were in the washer.

Now I take them off and put them on the dowel that sticks up on the paper-towel holder.

This keeps the rings in view, and I know they are secure. -Kathie Welch, via e-mail

Dual use

Dear Heloise: I use dual-textured disposable pads to wash my face. After I'm done with one, I use the textured side to Many stains are easy to treat, clean the sink. It provides an already-soaped sponge, and keeps my sink clean on a daily basis. - L.A., Seattle

This is a good way to "re-purpose" an everyday item, keep losing my rings while in the the sink clean and save money

on cleaning supplies. - Helo-

Camo spray cans

Dear Heloise: Just want to share how to hide those spray cans everyone uses in their bathroom.

I covered a tall, cylindershaped potato-chip container with wallpaper to match my bath and slipped the air-freshener spray can into it. — Carole M., Norwich, Conn.

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#### **Markets**

Quotes as of close of previous business day **Hi-Plains Co-op** 

| Wheat   | •  | \$6.74  |
|---------|----|---------|
| Corn    |    | \$4.86  |
| Milo    |    | \$7.73  |
| Soybear | ns | \$10.03 |

1085 Taylor Ave

# Some grasses like cooler season

Tall fescue, Kentucky bluegrass catch up again and improve." and other cool-season turfs finally perk up again in September when the days shorten and temperatures moderate — especially at night.

At the same time, though, these lawn grasses strive to become more dense and lush, according to Ward Upham, horticulturist with Kansas State University Research and Extension.

"They can naturally thicken up in fall by tillering — forming new shoots at the base of existing plants," Upham said. "Bluegrass can also spread via underground stems, called rhizomes.

"The only problem with that is: Cool-season grasses use up most of their reserves, just trying to get mostly nitrogen, which is what through summer's hot weather. you need." By fall, they really need food, to

That's why September is the No. 1 time to fertilize cool-season grasses, even if homeowners can only fertilize once a year, he said. The plants will make good use of the meal and do so rather quickly.

Of course, that quick use is why the second-most beneficial time to fertilize fescue or bluegrass is November, Upham said.

The follow-up meal provides the nutrients the plants will need through spring.

"Without a soil test, the only nutrient you can be certain you need to replace is nitrogen," he said. "Fortunately, the fertilizers sold as turfgrass formulations are

Upham recommends applying mended amount."

1 to 1.5 pounds of quick-release nitrogen per 1,000 square feet in both September and November. So, with mixed-nutrient fertilizers, homeowners have to do some

"Suppose you look at a fertilizer bag and see it weighs 3 pounds. The label also says the content includes some phosphorus and potassium, but is 20 percent nitrogen," Upham explained. "Basic math will show that you'll need more than one bag if your lawn has at least 1,000 square feet. After all, 20 percent of a pound, plus 20 percent of a pound, plus 20percent of that third pound equals 60 percent of a pound. The bag doesn't contain enough actual nitrogen for you to have the recom-

Is your Thomas County organization planning a project or event related to the arts, literacy, education, or professional development for educators? Would you like financial help? Please contact the

Thomas County Community Foundation to apply for a grant from the Betty G. and James Secrest Fund. Application deadline: Oct. 1, 2008. 785-460-9152 tccf@st-tel.net

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.



## Five state schools earn 'blue ribbon'

TOPEKA (AP) — The U.S. Department of Education has desgnated five Kansas schools as 'Blue Ribbon" schools.

The state announced the honors

The awards are based on students' scores on math and reading ests this spring, given under the ederal No Child Left Behind law. That law requires all students to be proficient in reading and math эу 2014.

The award honors schools that nave high test scores overall or hat achieve high scores when at east 40 percent of their students are disadvantaged.

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600+ tractors on display, auction, demonstrations, parade & more. Forest Park

Cornstock festival, North Lake Park

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**Grandparents Weekend** September 13-14, Salina

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**Emerson Drive, Julie Roberts Concert** 

were Beeson Elementary in Elementary in Lincoln and Syra-Dodge City, Blue Valley North cuse High in Syracuse. High in Overland Park, Ellsworth

The Kansas schools honored Elementary in Ellsworth, Lincoln

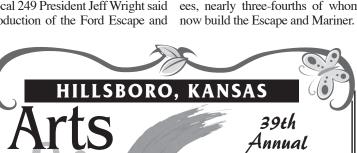
### Ford to shut down for one week

compact SUV line at its suburban third shifts were also down the week of Aug. 25.

The Ford plant in Claycomo employs about 4,200 hourly employees, nearly three-fourths of whom

#### KANSAS CITY, Mo. (AP) \_ A Mercury Mariner will stop for the union leader says Ford Motor Co. is week of Sept. 29. planning a 1-week shutdown of the Wright said the line's second and

Kansas City plant due to slowing sales. The Kansas City Star reported Thursday that United Auto Workers Local 249 President Jeff Wright said production of the Ford Escape and



Crafts Fair Sept. 20, 2008 - 9 to 5

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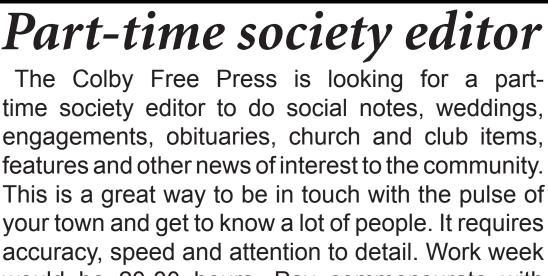
The fair is rated among the top 100 arts and crafts shows in the country in several categories and is well worth any For more information call the

HILLSBORO ARTS & CRAFTS ASSOCIATION 620-947-3506

Or email: hillsboroartsandcrafts@hillsboro-kansas.com

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