

Family

Rexford youth goes to Australia

By Vicki Allison
Rexford Correspondent

Not every athlete had the opportunity to participate in the summer 2008 Down Under Track and Field Games in Australia, but Tate Bruggeman, 17 year old son of Paul and Karla Bruggeman, Rexford, was selected and states, "It was an experience I will never forget, and would love to go back." Tate returned to the states placing second in high jump and their 4x4 team finished third. He also competed in the triple jump and long jump. After three days of competition, four days were spent going to zoos, theme parks, and enjoying the restaurants. The athletes then spent three days in Honolulu. While there Tate enjoyed to sport of snorkeling and

visiting the Arizona Memorial. Tate thanks the Rexford Lions Club for the benefit dinner and to all who donated making it possible for him to attend a once in a lifetime event. The Rexford Community Church sponsored "Kids Club" will resume Wednesday, September 10th, for ages kindergarten thru the 8th grade, 4 p.m. to 5:30 p.m. If you have questions call Brandy Todd at 687-4465 or Pastor Lane Purcell at 687-3305. A men's Bible Study will meet on Thursday evenings at 7 p.m. at the church. A "Happy Birthday" to Patty Purcell and Kylie Jones who have a birthday today. Bingo starts up again on the second Saturday of each month for those 50 and over. Mark your calendars for Sept. 13 at 7 p.m.

Some grasses like cooler season

Tall fescue, Kentucky bluegrass and other cool-season turfs finally perk up again in September when the days shorten and temperatures moderate — especially at night. At the same time, though, these lawn grasses strive to become more dense and lush, according to Ward Upham, horticulturist with Kansas State University Research and Extension. "They can naturally thicken up in fall by tillering — forming new shoots at the base of existing plants," Upham said. "Bluegrass can also spread via underground stems, called rhizomes. "The only problem with that is: Cool-season grasses use up most of their reserves, just trying to get through summer's hot weather. By fall, they really need food, to

catch up again and improve." That's why September is the No. 1 time to fertilize cool-season grasses, even if homeowners can only fertilize once a year, he said. The plants will make good use of the meal and do so rather quickly. Of course, that quick use is why the second-most beneficial time to fertilize fescue or bluegrass is November, Upham said. The follow-up meal provides the nutrients the plants will need through spring. "Without a soil test, the only nutrient you can be certain you need to replace is nitrogen," he said. "Fortunately, the fertilizers sold as turfgrass formulations are mostly nitrogen, which is what you need." Upham recommends applying

Hints from Heloise

Tried-and-true stain remover discussed

Dear Heloise: When my children were infants (25 and 30 years ago), you had a recipe for a laundry soak that removed "baby" stains. I believe it was a mixture of powdered dishwasher detergent and bleach. Can you please help me? It is grandbaby time now. — Lynn Loomer, via e-mail
Lynn, this is a tried-and-true, "last chance" Heloise stain-removal solution that many moms have sworn by. This recipe works great at removing stains from cotton and cotton-blend blankets and baby clothes. Do not use it on fine washables such as rayon and silk or bright colors, since the bleach in the formula could cause the fabric to discolor. In a nonaluminum large con-

tainer, kitchen or laundry sink, put 1 cup powdered dishwasher detergent, 1/4 cup household liquid chlorine bleach and 1 gallon hot water, and mix well until the powder is dissolved. Test for colorfastness of the item on an area that won't show. Place the garments in the solution and soak for five to 10 minutes. If the stains are still there, soak for up to 20 minutes more — any longer (like overnight) will not work any better. Rinse and launder following the care instructions. That is all there is to it. Many stains are easy to treat, and you can save that favorite garment as well as money. Don't toss it, save it! — Heloise
No-lose rings
Dear Heloise: I am always losing my rings while in the

kitchen. I take them off, put them in my pocket or lay them on the countertop. I panicked when I realized they were in my pocket and the pants were in the washer. Now I take them off and put them on the dowel that sticks up on the paper-towel holder. This keeps the rings in view, and I know they are secure. —Kathie Welch, via e-mail
Dual use
Dear Heloise: I use dual-textured disposable pads to wash my face. After I'm done with one, I use the textured side to clean the sink. It provides an already-soaped sponge, and keeps my sink clean on a daily basis. — L.A., Seattle
This is a good way to "re-purpose" an everyday item, keep the sink clean and save money

on cleaning supplies. — Heloise
Camo spray cans
Dear Heloise: Just want to share how to hide those spray cans everyone uses in their bathroom. I covered a tall, cylinder-shaped potato-chip container with wallpaper to match my bath and slipped the air-freshener spray can into it. — Carole M., Norwich, Conn.
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Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$6.74
Corn	\$4.86
Milo	\$7.73
Soybeans	\$10.03

Five state schools earn 'blue ribbon'

TOPEKA (AP) — The U.S. Department of Education has designated five Kansas schools as "Blue Ribbon" schools. The state announced the honors Wednesday. The awards are based on students' scores on math and reading tests this spring, given under the federal No Child Left Behind law. That law requires all students to be proficient in reading and math by 2014. The award honors schools that have high test scores overall or that achieve high scores when at least 40 percent of their students are disadvantaged.

The Kansas schools honored were Beeson Elementary in Dodge City, Blue Valley North High in Overland Park, Ellsworth

Elementary in Ellsworth, Lincoln Elementary in Lincoln and Syracuse High in Syracuse.

Ford to shut down for one week

KANSAS CITY, Mo. (AP) — A union leader says Ford Motor Co. is planning a 1-week shutdown of the compact SUV line at its suburban Kansas City plant due to slowing sales. The Kansas City Star reported Thursday that United Auto Workers Local 249 President Jeff Wright said production of the Ford Escape and

Mercury Mariner will stop for the week of Sept. 29. Wright said the line's second and third shifts were also down the week of Aug. 25. The Ford plant in Claycomo employs about 4,200 hourly employees, nearly three-fourths of whom now build the Escape and Mariner.

Is your Thomas County organization planning a project or event related to the arts, literacy, education, or professional development for educators? Would you like financial help? Please contact the Thomas County Community Foundation to apply for a grant from the Betty G. and James Secrest Fund. Application deadline: Oct. 1, 2008. 785-460-9152 tccf@st-tel.net

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COLBY FREE PRESS

UPCOMING EVENTS in Kansas
Brought to you in part by Kansas Department of Commerce Travel & Tourism Division
KC Renaissance Festival Aug. 30-Oct. 13, weekends, Bonner Springs Family fun set in a 16th century English village. Seven spectacular weekends! (800) 373-0357, www.kcrenfest.com
Power of the Past September 12-14, Ottawa Annual antique fire engine and tractor show. 600+ tractors on display, auction, demonstrations, parade & more. Forest Park (785) 242-2686, www.powerofthepast.net
Emerson Drive, Julie Roberts Concert September 13, Garnett 4 bands, food, beer, lawn chair event! Cornstock festival, North Lake Park (785) 448-6767, www.cornstock.net
Grandparents Weekend September 13-14, Salina Kids get into zoo free with paid grandparent. Rolling Hills Wildlife Adventure (785) 827-9488, www.rollinghillswildlife.com
Ol' Marais Cars Show & River Run September 19-21, Ottawa Back to the '60s cruise night on Saturday. 1200+ cars on display, Main Street (785) 242-1411, www.olmarais.com
Wild West Show and Bullwhacker Days September 27-28, Olathe Two arenas of trick riders and cowboy re-enactors, music and more! Mahaffie Stage Coach Stop and Farm Site (913) 961-ARTS, www.OlatheCVB.org
Pumpkin Fest 2008 Sept. 20-Oct. 31, Burns Joins us for Kansas' greatest pumpkin festival. Our weekends will be full of entertainment for all ages. 10 miles north of El Dorado on Hwy 77 www.walterspumpkinpatch.com
Salina's 150th Birthday Bash September 27, Salina Salina marks its Sesquicentennial! Parade, street dance, tours, food, chili cook-off, entertainment & more! (785) 309-5776, www.salina150.com
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HILLSBORO, KANSAS
Arts & Crafts Fair 39th Annual
Sept. 20, 2008 – 9 to 5
EXHIBITORS FROM ACROSS THE NATION
GERMAN FOOD FEST
KAFFEEHAUS
BAKE SALES
THE MIDWESTERN CREATIVE ART MARKET
The fair is rated among the top 100 arts and crafts shows in the country in several categories and is well worth any drive.
For more information call the HILLSBORO ARTS & CRAFTS ASSOCIATION 620-947-3506
Or email: hillsboroartsandcrafts@hillsboro-kansas.com
Both Children and Adult volunteers benefit from mentoring.
To find a mentoring program for your child or to volunteer your time, please go to www.kansasmentors.org or call 785-296-8873.
CHOOSE YOUR ROLE
Check out the Coaches Challenge and help Kansas beat Nebraska – www.kansasmentors.org
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