

Family

Engagement

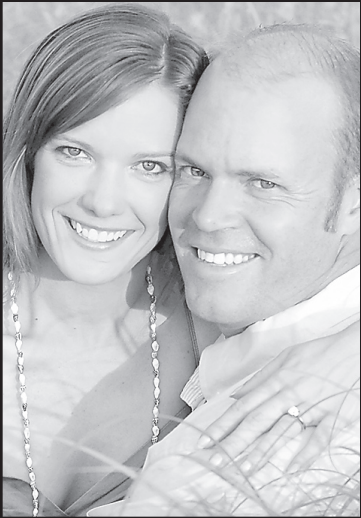
Couple plan October wedding

Bob and Pam Rundel of Colby announce the engagement of their daughter, Lenay Rundel, to Justin Marteney, son of Richard and Pat Marteney of Wamego.

The bride-elect is a 1999 graduate of Colby High School and a 2001 graduate of Colby Community College.

She is employed as a purchasing and product manager with The Master Teacher, Inc. in Manhattan.

The prospective bridegroom is a 1996 graduate of Rock Creek High School and a 1998 graduate of Butler County Community College. He is a landscape supervisor/salesman for Blueville Nursery in Manhattan.



Lenay Rundel and Justin Martenay are planning to marry in Manhattan.

The couple will marry Friday, Oct. 10, at Westview Community Church in Manhattan. A reception will follow at Houston Street Ballroom. The couple will make their home in Riley.

Barbecue kicks off school year

By Vicki Allison  
Rexford correspondent

The Back to School Community Barbecue sponsored by the Rexford Lions Club and the Golden Plains Booster Club was well attended as fans were introduced to the 2007-08 Golden Plains volleyball and football teams. The Lady Bulldogs only home volleyball game will be Saturday, Sept. 13 with Tribune, Rolla and Dighton. First home game for Bulldogs football is scheduled Sept. 19 with Hill City.

The Shepherd's Staff will be sponsoring its first "Blaster," a double elimination trap shoot, Saturday, Sept. 13. Registration starts at 8 a.m. with the shoot beginning at 9 a.m. This is a charity event and church sponsored required. For questions or to register, call Ron Boller at (785) 687-2565 or e-mail him at Kola464bear@netscape.net.

A "happy birthday" to Lane Purcell Aug. 30. Lile and Ranell Lunsway celebrated an anniversary Aug. 26.

September birthdays: John Ray Gould on Wednesday, Sept. 10, Dick Sanford the Sunday, Sept. 21 and Delores Dible Monday, Sept. 22. Some of us will be delighted to know that Bingo starts up again on the second Saturday

Rexford News

of each month for those 50 and over. Mark your calendars for Sept. 13 at 7 p.m., and enjoy an evening out at the Red Barn.

Red Barn on-going activities: Monday, Barnswallows, 2 to 5 p.m., Wednesday, 10 a.m., Ladies Bible Study and 8 p.m.; Come on Down, Thursdays, 2 to 5 p.m.; and Friday's Koffee Klatch at 9:30 to 10:30 a.m.

Until next time, make your week memorable.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$7.29
Corn	\$5.12
Milo	\$8.19
Soybeans	\$10.76

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

We want your local news e-mail to pdecker@nwkansas.com

Microfiber cloth helps with small jobs

Dear Heloise: I keep a microfiber cloth on a small hook under my bathroom sink. In the morning when getting ready for work, I grab just one or two things that need to be cleaned, like my perfume bottles, makeup, etc., and wipe them off. It only takes a few seconds and cuts down on the big cleaning job.

I do the same at night and even give my makeup mirror a wipe-down. It's amazing how dirty and dusty things like this can become. — Nancy M., Arlington, Va.

Nancy, I do exactly the same thing! Every day, I try to wipe off at least two or three things. If I have time, I do more. It's a good time to give a swipe to some of those out-of-the-way places we tend to overlook, too: the tops of the door frames, a dusty picture frame — whatever is in my eye-sight.

Then a quick rinse and the cloth is ready for another use.

Visit my Web site, www.Heloise.com, for more fabulous microfiber-cloth hints. Folks, if you don't have some of these fantastic cloths in your home, you should! They trap dust, wipe away fingerprints (without having to use cleaning products), and I even have one that I use on Cabbie, our mini schnauzer.

And here is one more great bathroom quick-clean hint: When cleaning the bathroom, pour a little perfume from a sample on a tissue and drop it into the wastebasket. It's a nice little surprise to walk in and find a different scent every few days. — Heloise

**Shopping lists**

Dear Heloise: I don't keep re-writing my shopping list. I save my receipts, and then when I need to go to the store, I look at one and cross out what I don't need. I put a dot by what we need and then

add new items on a sticky note. I keep them week after week and just start a new one. — Sally M., Nashville, Tenn.

**Word games**

Dear Heloise: Word games and puzzles in the newspapers are some of my favorites. If I can't get to them in the paper, I tear out the page and save it. I put several in by my travel bag, and then when stuck in an airport or on a plane, I pull them out and work them. Also, I put several in my purse (I cut out just the puzzles, etc.) to do when sitting in a doctor's office or waiting for my daughter while picking her up from school or sports.

A few minutes here and there, and I try to keep my brain working! — Casey's Mom, via e-mail

**Handy bands**

Dear Heloise: I use rubber bands that have been removed from the daily newspaper to hold the folded end of the toothpaste tube rolled up. These bands take up no room on my medicine shelf. — J.D., Colorado City, Texas

**Action Plan**

Dear Heloise: Hurricanes, tornadoes, fires, earthquakes and man-made disasters are frightening, and they may also cause chaos and put at risk your personal security.

Taking a few minutes today to create an action plan might help you avoid identity-theft-related situations.

**Be prepared to evacuate**

- Keep copies of birth certificates, driver's licenses, Social Security cards, death certificates, insurance papers and any other vital papers for each family member in a locked box. Place the box in your car only when you are ready to leave. Unfortunately, thieves sometimes loot cars parked in driveways, ready to evacuate. You

Hints from Heloise

will need those papers to identify yourself with various assistance groups and with insurance companies.

- Keep the locked box in sight at all times, even in a shelter. If necessary, put the papers in a large plastic bag and tape them to your inner clothing.
- Few people want to leave computers behind. If you are time-crunched or limited in space, remove the hard drive and take that with you.
- Develop a plan of action in case family members are separated. You might want to designate a family member or friend in a different state as the contact person that you all will call. Usually phone lines are busy or down in local disaster areas.

**Scams**

- Con artists pretend to call from a company that "lost data." They will ask for bank-account, credit-card or Social Security numbers. Companies will not contact you this way.
- Scam artists also call for donations for assistance groups that may or may not exist. During a crisis, most relief agencies are busy attending to the immediate

needs of victims.

**Lost information**

- If you conduct business with a company affected by the disaster, contact the company once it has had time to determine if any vital papers (financial records, SSN, etc.) are missing. Ask what steps you should take or what it plans to do.
- If you find documents with information that is of a sensitive nature, turn them over to the police.

The Identity Theft Resource Center is a nonprofit organization established to support victims of identity theft and educate consumers on issues involving identity theft. Visit [www.idtheftcenter.org](http://www.idtheftcenter.org). — Linda Foley, founder, Identity Theft Resource Center

Linda, as always, you and your organization provide invaluable consumer information for my readers. Folks, tear this column out right now and post it on the refrigerator, and check out the Web site. — Heloise

*Editor's note: Send a money-saving or timesaving hint to Heloise, P.O. Box 795000, San Antonio, Texas 78279-5000, or e-mail it to Heloise(at)Heloise.com.*

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**Christian Education Opportunities**

**Rally Sunday, September 7, 2008**

Sunday School classes for pre-K through 8th grade: 9:15 a.m.

Adult Bible Class: 9:15 a.m.

High School Youth meet Wednesday evenings at 6:30 p.m.

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She's Crafty Bath Products by Anita Thiel  
Prairie Fire Candle Company by Ilene Beckman  
Lilac Lane wreaths & floral by Melissa Stramel  
portraits and landscapes by Shane Scranton  
Prairie Rose Quilt Company by Kim Benson  
The Potter's Hand by Jeanne Cox  
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**Pageant Age Groups:**  
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