## Girl betrayed by friend over date; mom seeks reason for youth to smoke

Dear Dr. Brothers: One of my friends stole my date to a dance at our community center. She felt bad because no one had asked her, and Imade her feel better by telling her that I was asking one of our friends who's an underclassman. The very next day, she called up the guy Iwas planning on asking, and asked him before I did. I've had a crush on this guy for a really long time, and she knows that. How could she do this? What should I do now?

— M.G. Dear M.G.: Problems like this are what make high school a very confusing and hard time. There is no easy solution to feeling betrayed by a friend, especially one whom you've gone out of your way to help. You will need to take stock of your friendship with this girl, and figure out whether this is a common pattern or a one-time mistake. First, you should talk to your friend and make sure that her inviting this boy wasn't a misunderstanding. In her emotional state, she may have thought you were suggesting that she invite him, not telling her that you were planning to.

If this isn't the case, and she really did invite him knowing full well that you were planning to, you should ask her to explain why she did that and what she was thinking. She might not



**Dr. Joyce Brothers** 

• Ask Dr. Brothers

know why she did it, but you Many anti-smoking campaigns asking her will force her to confront her feelings about your friendship, and the value she places on her relationships in general.

\* \* \*

Dear Dr. Brothers: I just caught my 12-year-old son smoking cigarettes with his friends after school. I really don't want him to get addicted, especially because he's so young. I've punished him, but he's going through a rebellious phase, and I have a feeling that he's going to keep smoking. I know I can't control what his friends do or what their parents allow, and I'm afraid that some of them have pressured him into smoking. What can Itell him that won't just make him want to rebel against me and continue smoking?

— S.C. Dear S.C.: Interestingly, a study was done last year at the University of Georgia that looked at kids' responses to anti-smoking advertisements, and this study found results similar to your words about your son.

actually increase adolescents<sup>9</sup> desire to smoke, because they pique their curiosity and appeal to the rebellious nature of that age. Fortunately for the parents out there, there are some advertisements that are successful these are the ones that convince kids that their friends are paying attention to the ads. Kids are much more likely to be immediately influenced by their peers than by media.

With this in mind, the best strategy for getting your son to stop smoking is to convince him that his friends are stopping. It's not likely that he feels actively pressured or bullied into smoking, but simply that he wants to fit in with his crowd. Another tactic might be to turn his rebellious phase in your favor on this issue -- try to convince him that because his friends smoke, he would be asserting his individuality by not just going along with the crowd.

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# Greeley County youth teach lessons through simulated accident

#### By Ron Wilson, director

Development at Kansas State University

Sirens scream in the distance as the ambulance dashes to a stop between the two battered vehicles. A cameras to do the filming. Andrew drunk driver has taken the life of and Bret used the school's comtwo young passengers. It's a scene all too familiar to police, fire, and emergency personnel, but in this case, it is not real.

driving accident scene. But it at the football stadium where vewasn't created by some Hollywood film company or an agency in Washington. It was initiated by Kansas.

Andrew Miller and Bret Mangan are spring 2008 graduates of side." Greeley County High School in Tribune, Kansas. They are the cre- cles which blocked the view were ators of this remarkable project. Andrew and Bret are both interested in health care careers. They were in a school-sponsored work study program at Greeley County Health Services and went through training as emergency medical technicians or EMTs. A speaker from the Finney County EMS was giving a talk at their school. It inspired these two young men to come up with the idea of a video simulation of a drunk driving crash. They ran the concept by their school principal, Mr. Bockwinkel, who vetoed it for being too graphic. But after they refined the idea into a more specific plan, he After months of work and high cooperation from many local entities, the plan went into action.

Huck Boyd National Institute for dous support here." The police de- ers quiet for 45 minutes? We had Rural partment donated two impounded vehicles which were battered to simulate the accident. A field at the as it did.' high school was painted with lines and used as the accident scene.

The school donated five video puters and video editing software to produce the final product.

On Oct. 24, 2007, the filming took place. The entire student This is a simulation of a drunk body was brought to the bleachers hicles blocked the mock accident scene from view. A narrator said, "Close your eyes and imagine it is

Bret says, "We've had tremen- tried to keep a bunch of teenagthem in complete silence."

Andrew says, "We never thought it would turn out as well

What about the cost of this high quality production? Bret says, 'We didn't spend a dime. Everything we used was loaned or donated."

That's a sign of total community support, which one can find in a rural community like Tribune, population 814 people. Now, that's rural.

This production is so outstanding that it has been presented to the Kansas Board of EMS and two high school seniors in rural a typical school day. You are at the the Governor's Advisory Council convenience store getting a snack on Trauma. Andrew and Bret are headed to college, but they would like to find funds to contract with a professional company for commercial production and distribution

## **TV LISTINGS**

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#### SATURDAY

J	U	LY	26
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	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC				Good Mor Kansas Sa		That's- Raven	That's- Raven	Hannah Montana	Zack & Cody	Emperor New	Replace- ments	
KSNK/NBC	Today (N)	(CC)			Jane- Dragon	Zula Patrol	Jane- Dragon	Zula Patrol	Pen- guins	Veggie- Tales	Babar (EI) (CC)	Friend Rabbit
KBSL/CBS	The Early Show (N) (CC)								Sushi Pack (El)	Dino Squad	Paid Program	Paid Program
K15CG 2	Busi- ness	Market- Market		Make- Noddy	Bob the Builder	Thomas- Friends	Signing Time!	Biz Kid\$ (CC)	Lassie's Pet Vet	Motor- Week (N)	Wood- wright	Victory Garden
ESPN 28	SportsCenter (CC) SportsCenter (CC)				SportsCer	nter (CC)	SportsCe	nter (Live) (	(CC) 2008 World Series of Poker Las Vegas.			
USA 37	Paid Program	Debt	Paid Program	Paid Program	Movie: Fri Comedy) /	day After I ce Cube, M	Iext ★½ (2002, ike Epps. (CC) Movie: Barbersho owner considers s			rbershop ( siders sellir	o (2002) A barbershop Iling his establishment.	
TBS 38	(4:00) Movie: While You Were Sleepin Movie: (1995, Romance-Comedy) Sandra							) Pregnancy pushes rriage. <b>(CC)</b>		Movie: Save the Last Dance (2001)		
WGN 39	Paid Program	Adelante Chicago	Steam Mop	Paid Program	Real Estate	Paid Program	mag- icJack	Paid Program	Lifestyle Life (CC)	Paid Program	Funniest Pets	Funniest Pets
TNT (40)	(5:00) Movie: Law & Order Copycat (1995) Ambitious			Law & Order Slave (CC) (DVS) The Closer Speed Bump (CC)			Law & Order Shield (CC) (DVS)		Movie: Legally Blonde 2			
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	Mostly Tru Legends	ue: Urban	Dirty Jobs Vomit Island Workers (CC)		Deadliest Catch (CC)		Deadliest Catch (CC)	
A&E (47)	Movie: Le hard line o	ean on Me ** <sup>1/2</sup> (1989) A principal to on school violence and drugs. (CC)			takes a	Sell This House!			Flip This House (CC)		Flip This House Giant old house.	
HIST (48)	Heavy Me Lightning S				Wild West Gang Tech		UFO Files Majestic 12: UFO Coverup		Hooked: Illegal Drugs		The True Story of Killing Pablo (CC)	
NICK 55	Jimmy Neutron	Jimmy Neutron	OddPar- ents	OddPar- ents	Spon- geBob	Spon- geBob	Barn- yard	Mighty B	Spon- geBob	Spon- geBob	Spon- geBob	Spon- geBob
DISN 56	The Wiggles	Johnny- Sprites	Bunny- town	Tigger & Pooh	Mickey Mouse	Mickey Mouse	Handy Manny	Ein- steins	Higgly- town	Charlie & Lola	Movie: Dr (2006) Joh	Dolittle 3 nn Amos.
FAM 58	Step by Step	Step by Step	Sabrina- Witch	Sabrina- Witch	Full House	Full House	Movie: The Baby-Sit Seven girls run a sum				Movie: Nanny McPhee (2005) (CC)	
HALL	Little House on the Prairie Centennial Prairie (CC)			Movie: Rose Hill (1997) Homeless New York boys rescue a baby and head West.				Movie: Love Comes Softly (2003, Drama) Katherine Heigl, Dale Midkiff. (CC)				

#### SATURDAY

**JULY 26** 

**JULY 26** 

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC	NBA Access	Golf: Senie Third Rour	or British O nd.	oen	Paid Program	Paid Program		cing: Breed Springs, N.	lers' Cup Challenge. Y. (Live)		Paid Program	ABC News	
KSNK/NBC 8 8	Pen- guins	Veggie- Tales	Babar (EI) (CC)	Triathlon: (CC)			dventure Beach Volleyball: AVP Croo Tour Men's Final. (Live) (C				Bring Wall St	NBC News	
KBSL/CBS	Paid Program	Paid Program	Paid Program	Bring Wall St		Golf: RBC Ont. (Live) (	Canadian Open Third Round. From CC)			rom	Paid Program	CBS News	
K15CG 2	Yankee Shop	This Old House	Ask This Old	Home- time	For Your Home	Food	Barbe- cue	School- Fine Art	Love of Quilting	Place- Our Own	Antiques Roadshov	v (CC)	
ESPN 28	2008 Worl of Poker L		2008 ESP	Y Awards L	os Angeles	5. <b>(CC)</b>	Mix Tape Tour	Mix Tape Tour	IndyCar Racing: Rexall Edmonton Indy. Edmonton. (Live)				
USA 37)		Novie: Barbershop 2: Back in Business ★★ (2004, Comedy) Ice Cube. (CC)				C)	NCIS Drive	en (CC)	NCIS Suspicion (CC)		NCIS Sharif Returns (CC)		
TBS 38	(11:00) Movie: Save the Last Dance *** (2001) Julia Stiles. daughter a				ough (2002) A woman takes her Friends nd flees her abusive husband. (CC)					Sex and the City	<b>Seinfeld</b> The Visa	Seinfeld (CC)	
WGN 39		ball: Florid eld. (Live) (		Chicago C	ubs.	Tenth Inning				American Idol Rewind Top 10 to 9		America's Funniest Home Videos (CC)	
TNT 40	(11:00) Mo Legally Bl							<b>/ Best Friend's Wedding ***</b> mance-Comedy) <i>Julia Roberts.</i>			Movie: The Wedding Date ★★		
DSC (42)	Deadliest Mortal Mer		Deadliest Fresh Bloo				Deadliest Catch Catch as Catch Can		Deadliest Catch The Final Hour		Deadliest Catch: Behind		
A&E (47)	Paranor- mal	Paranor- mal	Paranor- mal	Paranor- mal				Psychic Kids: Movie: Erin Brock Paranormal Drama) Julia Robel			<b>vich ★★★</b> (2000, ts, Albert Finney. <b>(CC)</b>		
HIST 48		The True Story of The Works Steel Killing Pablo (CC) (CC)				The Works Power The V Tools (CC) (CC)		The Works Garbage (CC)		Quest for Dragons I most cultures. (CC)		Dragons appear in	
NICK 55	The Fairly OddParents (CC)		Mighty B	Mighty B	Barn- yard	Barn- yard	Barn- yard	Spon- geBob	Spon- geBob	Spon- geBob	Spon- geBob		
DISN 56	(11:00) Mo Dolittle 3 (		Hannah Montana	Hannah Montana	Hannah Montana	Hannah Montana	Hannah Montana	Hannah Montana	Hannah Montana	Hannah Montana	Hannah Montana	Hannah Montana	
FAM 58	(11:00) Mc Nanny Mc				<b>ap</b> ★★★ (1998, Comedy) Reunited twin ents back together. <i>Lindsay Lohan.</i> <b>(CC)</b>				Movie: Overboard ★★½ (1987, Comedy) Goldie Hawn, Kurt Russell. (CC)				
HALL 60		ve's Endur atherine Hei				Novie: Love's Long Journey (2005, Drama) Erin Cottrell. (CC)				Movie: Love's Abiding Joy <b>**</b> (2006) A pioneer family faces numerous challenges.			

when you hear a large crash out-

As the narrator spoke, the vehimoved. Then the narrator told the students to open their eyes, and what they saw was two battered vehicles and five bloody crash victims.

Andrew and Bret had arranged all this with the emergency response units in advance, and it worked like clockwork. A call was made to the sheriff's department which paged all the relevant departments. Police, firefighters and EMTs hurried to the scene and tended to the victims.

The audio and video were captured electronically and packaged into a compelling fifteen minute video production on DVD.

This show is not for the squeaencouraged them to go forward. mish. Student volunteers used moulage to simulate the blood.

> And what was the student's reaction? Bret says, "Have you ever

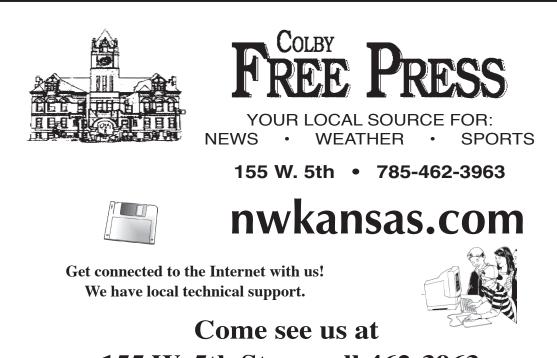
Andrew says, "When people tell you how this video touched them emotionally, it's powerful.'

The ambulance drives to the hospital as technicians clean up the crash scene. It's the aftermath of a drunk driving accident, but this mock accident has been captured on film and is serving as a compelling reminder not to drink and drive. We salute Andrew Miller and Bret Mangan for making a difference with their creative initiative. Their video can help others to drive safely and arrive alive.

The mission of the Huck Boyd National Institute for Rural Development is to enhance rural development by helping rural people help themselves.

## **SATURDAY**

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC	News (N) (CC)	Kake News			★ (1953) Ar kids go to N		Eli Stone (CC)	Heartbeat	News (N) American (CC) Rewind To			Ent. Tonight	
KSNK/NBC 8 8	News (N)	Wheel of Fortune	The Office	The Office	Law & Orc (CC)	ler Driven	Law & Oro Criminal I		News (N)		Night Live Rainn cade Fire. (CC)		
KBSL/CBS		Paid Program	48 Hours I (CC)	Mystery	EliteXC Sa	turday Nig	ht Fights (	(Live) (CC)	News (N) (CC)	M*A*S*H (CC)	Without a Without Yo		
K15CG 2	Taste- Midwest	Shrine Bowl		ol Footbal oria, Kan. (					Austin City Limits (CC)		Soundstage Daughtry (CC)		
ESPN (28)	Sports- Center	Count- down			tionwide Se anapolis. (L		Baseball (Live) (CC)		SportsCenter (Live) (CC)		Baseball Tonight (Live) (CC)		
USA (37)	NCIS Blow	back (CC)	NCIS Frier Lovers (CC		NCIS Dead Walking (C		NCIS Skel (CC)	etons	Psych (CC)		Movie: Friday After Next *1/2 (2002)		
TBS 38		King of Queens	Movie: Me (2002) Tor				en in Black PA) Tommy				ary of a Mad Black ★ (2005) (CC)		
WGN 39	Funniest Pets	Funniest Pets			s and Auto Steve Mart		WGN News at Nine (N) (CC)		Scrubs My Office	RENO 911!	RENO 911!	24 (CC)	
TNT (40)	(5:15) Mov Wedding I				<b>aw</b> (2005) A ler son's fiai						Movie: Bewitched ★★ (2005) (CC)		
DSC (42)	MythBuste Ninjas. (CC		MythBuste Western m		MythBusters Time- honored sayings. MythBusters (CC)			ers (CC)	MythBust Ninjas. (CC		MythBusters Western myths. (CC)		
A&E (47)	(4:00) Mov Brockovic					, Action) A New York policeman high-rise. Bruce Willis. (CC)			The Sopranos Live Free or Die (CC)		Movie: Die Hard *** <sup>1</sup> ⁄ <sub>2</sub> (1988) (CC)		
HIST 48	Modern M Crashes (C		Indiana Jo (CC)	ones and th	ne Ultimate				Batman Unmasked: Psychology		Indiana Jones and the Ultimate Quest		
NICK (55)	iCarly (CC)	iCarly (CC)	iCarly (CC)	Naked Brothers	Dance, Sunset	Drake & Josh		George Lopez	Home Improve.	Home Improve.	Family Matters	Family Matters	
DISN 56	Hannah Montana		Movie: Hannah Montana/Miley Cyrus: Best of Both				Novie: Hannah Montana/Miley Cyrus: Best of Both			Hannah Montana	That's- Raven	Phil of Future	
FAM (58)			t <b>her of the</b> Steve Martir						II ★★½ (19 Inxious fami		Movie: Serving Sara ★ (2002) (CC)		
HALL 60			ling Legac Dale Midkiff.			e: Love's Unfolding Dream (2007, a) Erin Cottrell, Dale Midkiff. (CC)				Movie: Love's Enduring Promise (2004, Drama) Katherine Heigl, Dale Midkiff. (CC)			



# 155 W. 5th St. or call 462-3963

#### August 5th **\*VOTE\* SCOTT SHOWALTER DISTRICT JUDGE** REPUBLICAN **Position 2-Residing in Sherman County**

Life-long resident of Northwest Kansas.

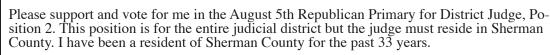
• Graduate of Goodland High School, Fort Hays State University and Washburn Law School.

• Successfully practiced law in Northwest Kansas for the past 25 years.

Sherman County Attorney for 10 years. Current Kanorado Judge. • Court Trustee for the 15th Judicial District for the past 14 years.

If elected I would provide a strong and dedicated voice for the people of the 15th Judicial District. With over 70 jury trials and numerous appellant court and Supreme Court appearances, I have

the experience to handle the job in a fair an impartial way. My family has been residents of Northwest Kansas since homesteading in Thomas County in 1882. We have watched and helped this area grow for the past 126 years.



#### **"EXPERIENCE MATTERS"**

Paid for by Showalter for Judge-Tom Palmer, Treasurer