

# Family

## Death

### Eunice Sanford

Eunice Sanford, 72, of Rexford, died today at her home. Services are pending with Pauls Funeral Home in Selden.

### Maliki Wilson

Maliki Izacis Xavier Wilson, 2 1/2 months, died Saturday, June 21, 2008, at home in Colby. Maliki was born April 8, 2008, to Karlee Shenise Wilson of Colby. The infant was a member of Independent Baptist Church in Colby. Survivors include her mother and step-father, Jose Valdez-Castell of Colby; grandmother, Liscia Lawrence of Colby; great-grandfather, Donald Parker of Lyons; and two aunts, Angelica Bunton of Colby and Brionna Anderson of Topeka. Preceding Maliki in death were great-grandmother Barbara Parker; great-great grandmother, Betty

Cornelius and great-great-great grandmother Goldie Gissom. Services will be held at 3 p.m., Friday, at Birzer Funeral Home in Lyons with Rev. Bernard Heinz officiating. Burial will be at Lyons Municipal Cemetery. Visitation is at 1 p.m., Friday, until service time, also at the funeral home. Memorials may be made to the Independent Baptist Church of Colby or the Maliki Wilson Fund through the First National Bank of Colby. Birzer Funeral Home, 214 West Ave. South, Lyons, Kan. 67554 was in charge of all arrangements.

## Most soil fungi’s mushrooms won’t hurt residential lawns

MANHATTAN — Mushrooms are the above-ground “fruit” of fungi that live in the soil. Because most of the fungus body is underground, the mushrooms that can spring up so quickly are like the tip of an iceberg — only a small part of the structure. Fortunately, except for some that cause fairy ring, most fungi are harmless to lawns, said Megan Kennelly, plant pathologist with Kansas State University Research and Extension. In fact, many are beneficial. They break down decaying plant material and return the nutrients to nature’s food chain. “If it weren’t for wood-decay fungi, all of the trees that have ever died would still be out there, intact and really piling up,” Kennelly said. But, some mushrooms and puffballs are poisonous, and identifying which is a complex science, she warned. “That can be a strong reason to dispose of any mushrooms that pop up in your landscape after a rain - particularly if children or

pets could be around,” she said. “You can rake or mow them into pieces.” The underground part of the fungi can keep growing, so gardeners may have to do this repeatedly. “If there’s no chance of anyone’s mistakenly eating the mushrooms, though, you can just let them run their course. They’ll dry up and disappear when the weather turns dry,” Kennelly said. Fairy ring fungi cause symptoms in lawns that range from a circle outlined in mushrooms to a ring of unusually dark green turf to the occasional circle of dead or declining turf. Year to year, fairy rings grow out from a central point, so they can range from a few inches to several hundred feet across. “If turf inside the circle or arc starts to look drought stressed or dying, that means the fungi are making the soil there repel water,” Kennelly said. “You’ll want to core aerate that turf and water deeply.”

## Relationship has fundamental flaw

By Harlan Cohen  
Help Me Harlan!

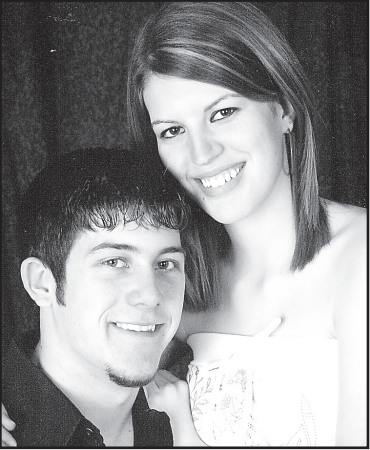
Dear Harlan, For more than two years, I’ve been in a great relationship. There is no part of me that wants to end it, except for the fact that I know we may not have a future together. He does not want children (this is a steadfast decision; he dislikes kids, and he has known his whole life he would be happier without having any — there is no chance he will change his mind), but I am pretty certain that I want children. I decided that after I graduate from college I would end the relationship, since the end seems inevitable. However, now that I am looking at jobs and apartments in a different city and thinking about leaving him (we’ve been living together for the past year), I am beginning to second-guess whether I will be capable of ending it. For one thing, I am not even positive that 10 years from now I will still want kids. I worry I will regret this decision, that what we have is so unique and so fulfilling, that I may not feel this strongly about someone else again. Though, if we stay together, I could just be delaying a more painful breakup in the future. How can I make this decision?

— Undecided  
Dear Undecided, Warning — you’re asking a guy for advice who just became dad for the second time a couple weeks ago. Today’s advice is 100 percent biased and not balanced. If you want to have a family, do not talk yourself out of it. Do not second-guess yourself. I’m sure he is one of a kind (we all are). But if he’s not the kind of guy who wants a family, he’s the wrong kind of guy for you. It’s just that simple. If he’s not up for your plan, deal with the sadness now and find someone who is a match. The alternative

is a lifetime of regret. You can find many other guys — you can’t always get pregnant.

Dear Harlan, I am 20 years old, and I just lost my best guy friend in a drinking-and-driving accident. My ex and I split up a couple months ago and he is with a new girl who is really nice, but it upsets me because he hasn’t officially told me and still introduced me as his girlfriend at a party a week ago. I’m away at college, my parents are both ill and all of my friends seem to go in their own direction. What can I do to help myself from feeling so alone? I don’t know where to meet new people I can trust and get along with, and I don’t feel particularly close to any of the friends I live near. I really need a friend during this hard time. — Tough Times  
Dear Tough Times, “I wish you had told me.” That’s what your friends will tell you when they realize you have been in so much pain and never reached out to them. Save yourself the pain and them the guilt — tell them. Give them a chance to be there for you before writing them off. In addition, turn to a therapist who can guide you. Start with one appointment and see if you can get connected to support. There are too many heavy things happening for you to deal with it alone. Let people know you need help. You’ll be surprised what you find.

Editor’s note: Write Harlan at harlan(at)helpmeharlan.com or visit online: www.helpmeharlan.com. Letters can also reach him by writing: Help Me, Harlan! 2506 N. Clark St., Ste. 223, Chicago, Ill. 60614.  
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Bryon Sowers and Elizabeth Barnes

## Couple to marry in July

Drew and Julie Barnes of Colby announce the engagement of their daughter, Elizabeth, to Bryon Sowers, son of Byron and Linda Sowers of Colby. The bride-elect is a 2008 graduate of Colby High School. The groom is a 2008 homeschool graduate. A July 24 wedding is planned. The couple will reside in Colby.

## Markets

| Quotes as of close of previous business day<br>Hi-Plains Co-op |         |
|--|---------|
| Wheat  | \$8.58  |
| Corn   | \$6.88  |
| Milo   | \$11.57 |
| Soybeans   | \$13.72 |

## Senior Center is going to party

The Colby Senior Progress Center will be closed July 4 for the holiday. There will be no meals and no transportation that day. The center will celebrate the holiday 11 a.m., July 3. Monday, June 30 — Sno cones. Tuesday, July 1 — 10 a.m. exercise; board meeting following lunch. Wednesday July 2 — 11a.m. health department blood pressure check. Thursday, July 3 — 10 a.m., exercise Friday, July 4 — closed. July activities include: July 7, shuffle board; July 9, ice cream sodas; July 10, 24, dominoes; July

22, bingo; July 25, horseshoes; July 27, birthday party. The Thomas County Nutrition Center in Colby wants to invite those 60 and older, along with their guests, to attend daily luncheons in Colby, Monday through Friday. Reservations may be made by calling (785) 460-2901 the day before by noon. Home delivery is also available for those unable to attend due to social or physical disabilities. We also invite those working who would like to pick up a meal to order by noon the day before. Those meals are available at noon. For people over 60, the cost is \$2.50 and for those under 60, the cost is

\$4.75 per meal. The public transportation van is available and calls should be made after noon to (785) 443-9208. The menu for June 30-July 4 is as follows: • Monday — Polish sausage with kraut, mashed potatoes, corn, bread, pears. • Tuesday — Goulash, Italian blend vegetables, choice fruit, bread sticks, pudding. • Wednesday — Chicken vegetable casserole, five cup salad, biscuit, peach upside down cake. • Thursday — Hamburger, pasta salad with vegetables, watermelon, bun, cookie. • Friday — closed.

## Colby college to offer nursing classes in Aug.

Colby Community College will offer a Certified Nurse Aide class beginning Aug. 4 in Colby. Classes will be held in the Colby College Health Science Building, room 809. Clinicals will be at the Prairie Senior Living Complex, 1625 S. Franklin, Colby, said Mary Herbel, organizing the coursework. The class, taught by Shelly Rodenbeck RN, and Deanna

Schmidtberger RN, is worth five college credits. Students will meet from 9 a.m. to 4 p.m., starting Aug. 4 and clinicals begin from 9 a.m. to 3 p.m., Aug. 5, at Prairie Senior Living Center. For questions about costs, test fees and certification, or to request an application form, call Herbel at (785) 460-5427.

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The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

*Thank You*

Citizens Medical Center, Dr. Saba, staff, nurses, aids, and Physical Therapists for the excellent care while I was in the hospital with knee surgeries. God bless you as you continue your good work.

*Elaine Fikan*

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| ALASKAN CRUISE         | Air & Hotel              | \$740   | 3        |
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