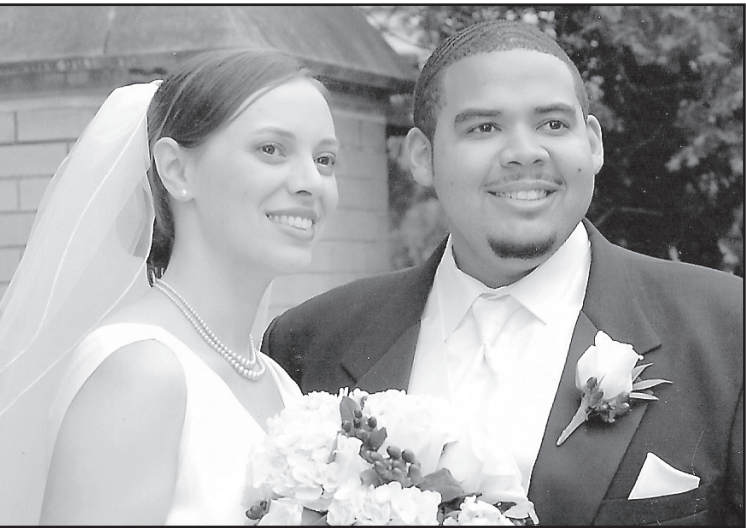


Family



Mr. and Mrs. Michael David Anthony Couple marries in Kentucky

Hannah Katharine Gatlin and Michael David Anthony were married Dec. 8, 2007, at Crescent Hill United Methodist Church in Louisville, Ky. The Rev. Alexis Anthony, uncle of the groom, of Charlotte, N.C., officiated the 11 a.m. ceremony with a gathering of immediate family and closest friends in attendance.

Parents of the couple are Fred and Karen Gatlin of Topeka and formerly of Atwood; John and Cheryl Daniels of Louisville, Ky.; and Billy and Dawn Anthony of Charlotte, N.C. Grandparents of the bride are Jerry and Lorraine Downing of Colby and the late Wayne and Darlene Gatlin.

Attending the bride as maids of honor were Amanda Devore of Raleigh, N.C. and Airman First Class Lisa Chamberlain of Langley Air Force Base, Hampton, Va. Bridesmaids were Juanitra Daniels of Columbus, Ohio, sister of the groom and Jessica Bergman of New Albany, Ind., friend of the couple.

The groom's best man was his brother, Billy Anthony, II, Louisville, Ky. Groomsmen were Marcus Blakeney, Louisville, Ky. and John Daniels, III, Columbus, Ohio, also brothers of the groom and Mr. Ronald Wilson, Jr., groom's cousin of Charlotte, N.C.

Chamber music was provided by a University of Louisville string quartet. "The Lord's Prayer" was sung by Keon Jones, friend of the couple.

A wedding brunch reception followed in the home of Matt and Jessica Bergman, friends of the couple, in historic downtown New

Albany, Ind.

Keeping with the African-American tradition, the couple "Jumped the Broom" signifying the joining of their two families.

The couple initially met while serving in student government at North Carolina State University. The bride lived and worked in Boston as a live-in nanny and currently is the full-time Program Assistant Senior of the Ideas to Action initiative at the University of Louisville while completing a degree in Political Science.

The groom earned an undergraduate degree in Business Management from North Carolina State University, a master's in Higher Education Administration from the University of Louisville, and is currently working towards a Ph.D. in Educational Leadership and Organizational Development at the University of Louisiana. He is the coordinator for Student Leadership and Service Learning in the Office of the Dean of Students at the University of Louisville.

The couple resides in New Albany, Indiana.

Jerry and Lorraine Downing, Keith and Mary Ann Downing, and Harlan and Mylinda Downing attended the wedding.



Howard Ingraham and Mandy Wilson Couple to marry in August

Mr. and Mrs. Wayne Wilson and Mr. and Mrs. Dale Hudson announce the engagement of their daughter, Mandy Wilson to Howard Ingraham, son of Carol Ingraham and Larry Ingraham.

The bride-elect is a graduate of Brewster High School and is employed at the Salina Area Chamber of Commerce.

The bridegroom is a graduate of Chanute High School and is self employed.

An Aug. 2, wedding is planned to take place in Salina.

Card Shower	
The family of Mary Ann (McCoy) Jones of Wichita is requesting a card shower for her 85th birthday.	
Mary Ann and her family lived in the Colby area from 1960 until about 1990. Mary Ann's birthday is Saturday, June 14, and cards may reach her at: P.O. Box 17584, Wichita, Kan. 67217.	

Markets	
Quotes as of close of previous business day	
Hi-Plains Co-op	
Wheat	\$7.40
Corn	\$5.53
Milo	\$9.16
Soybeans	\$11.59

Remember what Memorial Day is all about this year

Pioneer Memorial Library

Memorial Day — the unofficial beginning of the lazy days of summer. Schools are all dismissing for the year. The swimming pool is opening. It's time for picnics and barbecues, family reunions and baseball games.

This long standing holiday began as Decoration Day in 1868 to honor the union soldiers who died in the Civil War and was celebrated on May 30. Many southern states refused to honor the day because of their lingering hostility toward the North.

The term Memorial Day was used at times but did not become common until after World War II and was officially changed in 1967.

In 1971, Memorial Day was moved to the last Monday in May. The U.S. Congress officially created 3-day holiday weekends by moving Memorial Day, Columbus Day, Washington's Birthday (now known as President's Day), and Veteran's Day to Mondays. Veteran's Day was later changed back to the traditional date.

There are still groups who would like Memorial Day moved back to its traditional date. Hawaiian Senator Daniel Inouye, a World War II veteran has repeatedly introduced unsuccessful legislation to return the holiday to May 30.

The VFW stated in a 2002 Memorial Day Address, "Changing the date merely to create three-day weekends has undermined the very meaning of the day. No doubt, this has contributed a lot to the general public's nonchalant observance of Memorial Day." In many parts of the United States, Memorial Day is a day that people honor not just soldiers, but all of their loved ones by decorating

their graves. Anything from a single flower to elaborate arrangements are common sites in cemeteries. Many Veterans groups put American flags on the graves of those who served in the military.

Traditionally, the American flag is flown at half-staff from dawn until noon, local time. The National Moment of Remembrance, established by Congress, asks Americans wherever they are at 3 p.m., local time, on Memorial Day to pause in an act of national unity.

The moment does not replace traditional Memorial Day events; rather it is an act of national unity in which all Americans, alone or with family and friends, honor those who died for our freedom.

Sheeler has written a very moving book, "Final Salute: Story of Unfinished Lives" that does just that. It is about the lives lost in Iraq and the shattered lives of the families they left behind. This book puts a face to many of those courageous men and women. After the knock on the door, the story has just begun.

The story is told through Major Steve Beck, a Marine who is thrown into a mission he didn't want and isn't trained for: casualty notification. Sheeler is allowed to accompany Major Beck and is a witness to many of the scenes in book.

For every name in the book there are thousands of others who gave their lives, both in this war and those that came before. This is not an easy book to read, in fact I have only read bits and pieces of

it so far. And most of that is with tears in my eyes.

This Memorial Day as you are celebrating the day, whether putting flowers on a loved ones grave, picnicking with family and friends, working in the yard, or just taking a day to relax, please take a moment to remember those soldiers who's lost lives inspired this holiday.

And remember those who are still serving, and dying for, their country and for you so you can celebrate as you want.

OPEN HOUSE

**Happy Birthday
75 years young
JoAnne Vaughn**

Come help us celebrate her birthday, Saturday June 14th from 2:00 to 4:00, at her home, 1822 Harvey Court, Colby. Your presence is your gift.

DOC'S on-call

**Presented by
Gary D. Slavens, M.D.**

RISK FACTORS FOR HIGH CHOLESTEROL

While some risk factors for high cholesterol are uncontrollable, many can be managed to prevent this dangerous condition. Your family history, age, and gender are uncontrollable factors. After age 20, cholesterol levels begin to rise. Men typically see a leveling off after age 50, while women stay level until menopause, when their levels rise to the same as men's. Individuals have greater control over their diet, weight, exercise patterns, and choice to smoke. A high-saturated fat, high-cholesterol diet tends to raise levels of LDL cholesterol (often called "bad" cholesterol) and lower HDL ("good" cholesterol) levels. Extra weight and a lack of exercise can also lower HDL and increase LDL levels. Smoking can lower HDL levels by 15%.

If you have any questions regarding today's column, please call **DOC'S ON-CALL** at **785-460-8000** to schedule an appointment with me.

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- Bus. App. II
- Cyber Forensics
- Dir. Study in CJ
- Social Psychology

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