

Change of life issues a problem

Dear Dr. Brothers: Three weeks after my honeymoon with my exciting new husband — my second try at marriage — I started having hot flashes, and my doctor identified it as early menopause. I'd guessed this might happen in a couple of years, but why am I being punished when there's no problem in that area, and I've been assured that my overall physical health is excellent? I'm worried that this is going to wreck my sex life and my marriage. — D.T.

Dear D.T.: Your concerns about this seem unfounded. In fact, you might even discover that your sex life gets better than before. You have no reason to think that this news is suddenly going to reduce your sex drive, and there's some evidence at this time that as your hormones are adjusting and fluctuating, small amounts of testosterone — the male hormone — may start to appear. This is great news for a woman's sex life, and is actually suggested as an aid for females who've lost interest in sex. In women, testosterone heightens interest in sex and makes them somewhat more aggressive regarding sex, and this pleases most men.

As with most other things in life, a positive view makes a big difference. Don't assume that this is going to wreck your marriage. You're fortunate to have found an "exciting" partner and to be starting off in a second marriage.

For the Record

The following arrests or incidents have been provided by either the Thomas County Sheriff's office or the Colby Police Department. All suspects were booked into the county jail and are presumed innocent until proven guilty.

The Thomas County Jail is used by the towns of Colby and Oakley and Logan and Thomas counties.

Thomas County Sheriff
Sunday, May 20

• **Traffic complaint:** Police received a 911 call at 9:36 a.m. by an individual advising them of a possible sleepy driver on I-70.

Tuesday, May 22

• **Suspicious vehicle:** A clerk advised police at 8:54 a.m. of an abandoned vehicle at J & J Oil in Oakley.



Dr. Joyce Brothers

• Ask Dr. Brothers

According to doctors, the more sex women have during this menopausal transitional period, the fewer sexual problems they're apt to have later.

Dear Dr. Brothers: While on a job working in our embassy in a Latin American country, I fell in love and, after six months, married the man. My parents were shocked and disappointed that we didn't have a big wedding in Virginia, where I grew up and went to school. Now, after a year and a half of marriage, I'm back home. All's well with my parents, my husband has found work here and I only have one problem with our marriage, but it's a big one, related to his macho culture. I still love him. I'm now pregnant — he's thrilled, as am I, but I can't get used to the idea that it's fine, perfectly acceptable, if he goes out, sees other women and doesn't return until after midnight. If I complain, he looks at me as if I'm crazy, like he still loves me and what did I expect? Well, not that! — R.F.

Dear R.F.: Unfortunately, in a number of cultures around the

globe, his behavior isn't unusual. The standards regarding sex for men and women aren't the same as they are in our culture or in a number of others. This doesn't necessarily mean that there's no hope of change in your relationship regarding this issue, but because it may be ingrained in his mind — it's probably what he grew up with and observed in his own home and in most of the families around him — it's going to take time, effort and motivation on his part.

Usually, these men have no desire or thought of leaving their marriage or hurting their family. For many, who are religious, divorce is unthinkable. I doubt this pattern can be changed without some couples therapy.

King Features Syndicate

Conceptis Sudoku by Dave Green

							6	
5	3					2	7	
	8		3		4			
		9		3		8		
			8		2			
		1		5		6		
			6		3		1	
	7	5					8	9
	4							

Difficulty Level ★★★★★

6/08

This is a logic-based number placement puzzle. The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to today's Sudoku puzzle is at the bottom of this page.

J.B.S.org

If you REALLY want to know what is going on.

Today's answer

9	1	2	7	8	5	4	6	3
5	3	4	9	1	6	2	7	8
7	8	6	3	2	4	1	9	5
4	6	9	1	3	7	8	5	2
3	5	7	8	6	2	9	4	1
8	2	1	4	5	9	6	3	7
2	9	8	6	7	3	5	1	4
6	7	5	2	4	1	3	8	9
1	4	3	5	9	8	7	2	6

Difficulty Level ★★★★★

6/08

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