

# Family

## Group learns about colonial eating habits

By Eva Lee Wheeler  
*Secretary*

John Athey Chapter of Daughters of the American Revolution met at 10 a.m. Wednesday, April 25 in Hoxie at the home of Regent Judith Watkins, who opened the meeting in ritualistic form. Sharee Fromholtz gave the president general's message for promoting historic preservation, which is one of the primary objectives of NSDAR. Historian James E. McWilliams, Ph.D., whose recent book "A Revolution in Eating" examines how Colonial eating habits shaped the Revolutionary views of new Americans. Did you know that a crispie is the original name for the chocolate chip cookie, invented in 1930 by Ruth Wakefield of Massachusetts?

The National Defense concerned funding which was established in 1926. Roll call was answered with an Indian story by the members and our guest, Stephanie Bowers of Colby. Judith announced a meeting to be held in Coolidge Saturday, May 5 concerning the Santa Fe Trail and a meeting May 9 in Ellinwood for a workshop. Treasurer's report was given and approved. Minutes of the last meeting were approved as read. Sharee reported on the flag burning to be held in Colby. The meeting was adjourned with prayer by Irene Cressler, chaplain, after a delightful lunch was served by Judith. After lunch we toured Cottonwood Ranch where we enjoyed a delightful tour by Mr. Rowilson.

## Babies

### Jaxson Miles Carney

James and Tricia Carney of Colby announce the arrival home of their adopted son, Jaxson Miles Carney. Jaxson arrived home April

4, 2007. He was born Nov. 11, 2006, in South Korea. He was welcomed home by siblings Tate and Jersey Carney.

### Addysin Jacqueline and Lillyin Jane Mollendor

Tanner and Mandi Mollendor announce the birth of their twin daughters Addysin Jacqueline and Lillyin Jane Friday, April 13, 2007, at Great Plains Regional Medical Center in North Platte, Neb. Addysin weighed 4 pounds, 7.9

ounces and was 16 1/2 inches long. Lillyin weighed 4 pounds, 10.4 ounces and was 17 inches long. Grandparents are Tracy and Becky Kizer and Ted and Toni Mollendor, all of Julesburg, Colo. Great-grandparents are Don and Jackie Kizer of Julesburg, Colo., Erwin and Wilma Thiele of Colby, Mary Mollendor of Ovid, Colo., and Don and Lora Rae Reuter of Holyoke, Colo. The twins were welcomed home by sister Allie, 8, and brother Keegen, 21 months.

## Bridge

Bridge winners from Tuesday, April 17 at Meadow Lake Golf Course are: Margaret Danneler, first; Larry Barrett, second; Elaine Ptacek, third; Katie Melvin, fourth; Lyle Worthy, fifth.

## Happening

An antique tractor caravan will be held Saturday, June 2, at Bogue. Tractors will be on display on Main Street until the caravan departs at 1:30 p.m. The caravan will travel from Bogue to Webster Lake and back. The event is sponsored by Liz and Floyd Van Loenen. For information, call (785) 421-2604.

## Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$4.55
Corn	\$3.67
Milo	\$6.01
Soybeans	\$6.38

## Mothers to be honored at senior center

By Emma Rogers  
*Senior Center*

There will be a "Tribute to Mothers" at 11 a.m. Friday, May 11 at the Senior Progress Center, 165 Fike Park. There are plenty of activities scheduled at the center for the week of May 7-11, including Director's Surprise Day on Monday. Tuesday exercise is at 10 a.m. Bingo is at 11 a.m. and there is a board meeting after lunch. Wednesday is Popcorn Day. Exercise is at 10 a.m. Thursday. Friday exercise is at 10 a.m. and don't forget it's Denim and Orange Day. The Thomas County Nutrition Center in Colby wishes to invite

## Senior Center

those 60 and older and their guests to attend daily luncheons in Colby Monday through Friday. Reservations may be made by calling (785) 460-2901 the day before. Home delivery is also available for those unable to attend due to social or physical disabilities. Those who work are also invited to come to pick up a meal. Those meals are available at noon to be picked up. For individuals 60 and over a contribution of \$2.50 per meal is requested. Anyone under 60 years of age is invited to attend or pick up a meal at a cost of \$4.50 per meal. The menu for the next week includes: Monday - cook's choice

entree, scalloped potatoes, mixed veggies, bread, plums. Tuesday - chicken fajita salad, mixed fruit, bread sticks, strawberry shortcake with topping. Wednesday - beirock casserole, creamy cucumbers, muffin, fluffy fruit salad. Thursday - ham, sweet potatoes, cranberry pineapple crunch, bread, cookie. Friday - cheeseburger upside down pizza, spinach salad, apricots, cake. The building is also available for rental for events. For information or lunch reservations, call 460-2901. The Thomas County Public Van is owned by the county but is scheduled and dispatched by the Senior Progress Center. The van is not a taxi service. It will be scheduled on a first-come, first-served basis. It must be scheduled at least 24

hours in advance of its use and be ready at least 30 minutes in advance of appointment. Sometimes there are four to six calls per time frame. Calls for the van need to be made between the hours of 8 a.m. and noon, Monday through Friday. To contact the public transportation van after 12:30 p.m., call (785) 443-9208.

## Tips offered for summer pet care

MANHATTAN — While warm weather is welcomed by most people, spring and summer can bring certain dangers to pets. A Kansas State University veterinarian says pet owners should be alert to seasonal health issues. According to Dr. Susan Nelson, veterinarian and clinical assistant professor at K-State's College of Veterinary Medicine, heat exhaustion is a common ailment of pets during summer months. "It's best to exercise pets during the morning or evening hours to avoid the direct sun," Nelson said. "It's also crucial to have plenty of fresh water available and shade for protection. Cats tend to handle heat better than dogs, but both should be given extra care." The intense light from the summer sun can damage your pet's skin, including sunburn. "Pets with lighter-colored coats, especially white or shaved animals, need to be kept out of intense light," Nelson said. "It's best to keep pets in the shade during peak hours and use sunscreen or a protective jacket. Repeated sun exposure often leads to a serious form of cancer in white

cats. Owners should be aware of red patchy areas on the ears and nose." Summer heat can be a danger to pets' food as well. "Like people, pets naturally eat less during warm weather; however it's important to watch for pet food spoilage in the heat," Nelson said. "Canned food should not be left out after feeding because of the warm weather and the amount of insects it will attract." Allergies are common in the spring, both for humans and pets. "Cats and dogs can have seasonal allergies just like us, especially during the spring from pollen and grass," Nelson said. "While some do sneeze and have watery eyes, most pets show allergies through skin rashes and itching, sometimes making the animal miserable. If your pet is being bothered by allergies, you should contact your veterinarian for advice." Fleas and ticks are health concerns year-round for pet owners, although summer months intensify the problem. "The best products to treat and prevent ticks and fleas are available from your veterinarian; other topically applied products aren't as effective," Nelson said. "There are numerous diseases that come from fleas and ticks that harm cats, dogs and people, so prevention is very important. Pet owners should also be aware of mosquito, chigger and

fly bites which can be irritating and are especially common on outdoor animals." Shaving their coats may be beneficial to some pets, Nelson said. "There are some benefits from shaving your pet's hair," she said. "It prevents mats, which can be a hiding place for maggots, and it can make them more comfortable in the heat. It's easier to locate ticks and fleas if the coat is trimmed and it's more comfortable for the animal. The warm weather also makes it easier to bathe pets as it can be done outdoors without a chance of chilling your pet and less mess in your tub." Rainy weather sometimes leads to standing water, which puts pets at more risk to contract the dangerous disease leptospirosis. Nelson said pet owners should be cautious of their pet's environment, including standing water in the animal's area. Many pet owners travel during the summer and are faced with deciding what to do with pets. Nelson suggests making summer travel enjoyable for owners and pets alike. "There is the option of boarding your cat or dog. Be sure that your pet is updated on all vaccines and make reservations well ahead of the day. If leaving a pet with family or friends, be sure they know the pet's routine, have the phone number for your vet available.

## Community Calendar

### FRIDAY, MAY 4

Kindergarten visitation at Colby Grade School, time to be announced  
Wings Upon the Prairie drop-in center, 485 N. Franklin, 11 a.m.-8 p.m.  
Narcotics Anonymous, City Hall basement, 8 p.m.  
Singles dance, American Legion Hall, 8 p.m.-midnight

### SATURDAY, MAY 5

Danae Dobson to speak at Heartland Christian School, 2 p.m.  
Ribbon cutting for The Last Horse Thief, 10 a.m.  
Forensics state festival at Overland Park  
Forensics state championship at Topeka  
Wings Upon the Prairie drop-in center, 485 N. Franklin, 1-6 p.m.  
Sixth Street Alcoholics Anonymous, 1275 W. Sixth St., 8:30 p.m.

# ATTENTION...

## Colby High School, Brewster High School, Golden Plains High School and Heartland Christian School

# Senior Parents & HOMESCHOOLERS



The Colby Free Press is now planning the Senior Graduation Tab and will be giving parents a chance to put a baby picture in along with a short message from the family for a small fee.

We will automatically feature your student's picture and information, but this will be your chance to put in a baby picture to show how much your senior has really changed over the years!

Call Crystal, Emily or Kristi @ 462-3963 for more information or stop by the office at 155 W. 5th in Colby.

• • Small Sample • •

WHITNEY COLETTE ADAMS

*I plan to attend Colby Community College and play softball*

PARENTS:  
Richard & Peggy Adams

*It's been a real hoot, Whitney - go get em girl, and Godspeed. Love, Mom & Dad*



# COLBY FREE PRESS

NOW SHOWING

April 27th - May 3rd

FIREHOUSE DOG

PG 1 hour, 55 min.

Friday 7:00 & 9:10  
Saturday 4:00, 7:00 & 9:10  
Sunday 4:00 & 7:00  
Monday - Thursday 7:00

Adopt-A-Pet, drawings and giveaways all week.

TEENAGE MUTANT NINJA TURTLES

PG 1 hour, 30 min.

Friday 7:00 & 9:00  
Saturday 4:00 & 7:00 & 9:00  
Sunday 4:00 & 7:00  
Monday - Thursday 7:00

Colby Cinema

1935 S. Range • 785-460-9600  
www.colbycinema.com

SENIOR CITIZEN ALERT

Don't Get Scammed

Older Americans are the No. 1 targets of INVESTMENT FRAUD. The files of state securities agencies are filled with tragic examples of seniors who have been convinced to give their savings, windfall insurance payments and even equity in their homes to con artists for fraudulent investments. BEFORE giving money, or if you believe you have been the victim of a scam, contact the Office of the Kansas Securities Commissioner: 1-888-40-SCAMS

Visit our website for additional information:  
**www.dontgetscammed.org**

Paid for with public investor education funds.

Clip and save with your financial records for future reference.