

Conceptis Sudoku by Dave Green

					5	7	6	
				3				
	9	2	6		7	3	1	
9	3			5			4	1
7								6
4								7
8								3
	4						2	
		3	8	7	9	6		

Difficulty Level ★★ ★ 3/28

This is a logic-based number placement puzzle. The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to today’s Sudoku puzzle is on page 7.

Missouri man dies, chronicling his descent through meth use

ST. LOUIS (AP) — A southeast Missouri man who drew widespread attention for his documentary about how methamphetamine ravaged his body has died, but was optimistic at the end that his film would others from the highly addictive stimulant.

“He was extremely satisfied, wanting to do more in getting the word out and showing kids what meth harm does.

“We didn’t get to that point,” his father, Jack Bridges, said in a telephone interview hours after his son Shawn’s death Monday at age 35. “He didn’t want anyone to go through what he did.”

Shawn Bridges died shortly after 11:30 a.m. at a hospital in Cape Girardeau, Mo., his father by his side.

“We’ll still be trying to drive home the point that these drugs are poison, and that people using them are heading the same place Shawn has gone,” Jack Bridges said.

Shawn Bridges gained publicity last year for “No More Sunsets,” a 29-minute film shot by a former southern Illinois television videographer at the request of Bridges, a former trucker who sought to immortalize his slow, agonizing decline.

By his family’s account, Bridges already had died at least twice well before Monday, his heart so ravaged over the years by meth that it stopped and had to be shocked back into beating.

The documentary shows Bridges largely bedridden, his constant companions a catheter and feeding tube he needed because of the poor decisions he admitted making.

“I’d say he’s got a 34-year-old body on the outside with 70- to 80-year-old man on the inside,” his father told the AP in May of last year.

Roughly 28,000 people sought treatment for meth addiction across the country in 1993, accounting for nearly 2 percent of admissions for drug-abuse care, according to the federal Substance Abuse and Mental Health Services Administration.

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Closet good work area

(AP) Do you have an apartment? Tiny house? No basement? No garage? No place for a workshop?

You can still be a regular Ms. or Mr. Fix-It.

When you don’t have space for a workshop, clean out a seldom-used, out-of-the-way closet.

Line the back and sidewalls with pegboard for lightweight tools and supplies, with a few strong shelves for heavier stuff. Put catch-all drawers under the shelves.

Mount a hinged, drop-down workbench on the back of the closet door with sturdy legs that fold out when lowered. Mount lengths of vinyl rain gutter on the door below the workbench with end caps and lots of dividers for screws, nails and small odds-and-ends.

Then just open up and set up shop any time you want to work.



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