



TISHA COX/Colby Free Press

Chris Griffin, registrar at the Prairie Museum of Art and History, adjusted a painting by local artist Lily Plummer. Plummer's paintings are on display at the museum through March.

Despite prevalence, sexually transmitted HPV a mystery

Associated Press

Nearly every working day, Dr. Elizabeth Poynor encounters anxious young women who come to her New York City office with an HPV diagnosis.

The human papillomavirus is the most prevalent sexually transmitted diseases — so common that researchers estimate most people will have some form of it in their lifetime. Young adults are especially at risk because they tend to be the most sexually active group.

And yet Poynor finds that most of her young patients — even if they've heard of a new vaccine aimed at preventing the worst kinds of HPV — know little about the virus and the harm it can do.

Many women find themselves scrambling to understand HPV after a routine Pap smear determines they have it. And that, Poynor and others say, creates angst that could be avoided with more education.

"This is a very common problem, period," Poynor, a gynecological oncologist in private practice, says of HPV. "That's the first thing I try to tell my patients, to put their minds at ease and to potentially take away some of the stigma that a sexually transmitted disease might carry."

The reasons that HPV is so little known are many. Poynor thinks it's been overshadowed by higher-profile STDs, such as HIV and herpes. Others note that, when marketing its vaccine, pharmaceutical company Merck & Co. has chosen to focus on the potential for cervical cancer rather than the virus itself, which also can cause genital warts.

And then there's the gender divide. Both men and women can have high-risk HPV and low-risk types. But, doctors say, high-risk strains pose more problems for women, potentially leading not only to cervical cancer but also to infertility.

Frequently, men are seen as the

silent carriers who can unknowingly spread HPV to their sexual partners. And even when people know they have HPV, they often think condoms offer 100 percent protection, when research has shown that they don't.

That was the case for one 24-year-old woman in San Francisco, who recently learned she has one of the high-risk types of HPV. She was one of a few young women with HPV interviewed for this story, all of whom spoke on the condition of anonymity because of the stigma of having an STD.

"I was scared, sad, disappointed and definitely ashamed. It seemed unfair that I should have it when I've had relatively few partners," says the young woman, who's been sexually active for eight years and had four monogamous sexual partners, including her current boyfriend of two years.

She knew little about HPV at the time. But when her doctor uttered the words "pre-cancer," in reference to the abnormal cells found in her cervix, she frantically searched the Internet to educate herself.

"It definitely made me question a lot about my past choices," says the young woman, who plans to soon attend graduate school to study culinary arts.

Certainly, doctors say, having more sexual partners increases a person's chance of contracting HPV. But, they say, HPV also can be contracted from just one partner and even one sexual encounter.

Having a partner get tested for STDs also isn't a guarantee, as one 22-year-old woman discovered.

"I always made getting tested a requirement. Then I would know I wasn't getting anything," says the recent college graduate who lives in Washington Township, Mich., near Detroit.

She has since been diagnosed with HPV and will soon undergo a

procedure known as laser ablation to remove precancerous cells in her cervix. Other procedures often include a colposcopy, which is a close examination of abnormal cells in the cervix, and, if need be, a biopsy in which doctors remove a cone-shaped portion of the cervix to test it.

"I've been in to see the doctor five times in the last month — it's just overwhelming," says the young woman, who ended up sharing her diagnosis with her boyfriend and parents.

Having more information and the support of loved ones has helped.

"When you just say STD, people are like 'Ohhh,'" she says. "But when you ask those questions and understand more about it, it's not necessarily as scary."

While some women who have HPV think it's too late for them to be vaccinated against HPV, some doctors say it would still be worth it, since it shields against the worst four types of HPV.

"Even if a young woman has one type of high-risk HPV, there's nothing to say that she cannot be infected with the other three," says Dr. Tina Tan, an infectious disease specialist at Children's Memorial Hospital in Chicago.

Federal officials recently recommended that girls as young as age 9 receive the HPV vaccine. Some parents remain reluctant, though — worried that the vaccine could be considered a license to have sex.

Dr. Gary Rose, head of the Medical Institute for Sexual Health in Austin, Texas, says parents should reconsider, even if they're certain their daughters will wait until marriage for sex.

"There are a couple of things you can't be sure of," he tells those parents. "One is the sexual history of the person your daughter marries." The other, he says, is the risk of abuse or rape.

TV LISTINGS

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COLBY FREE PRESS

SUNDAY

MARCH 18

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC 4 (6)	In Touch A Good Conscience (N) (CC)		Good Morning America (CC)		This Week-George Stephanopoulos		Hour of Power (CC)		The Coral Ridge Hour Counterfeits		First United Methodist Church	
KSNK/NBC 3 (8)	(Off Air)	Paid Program	Today (CC)		Meet the Press (CC)		Paid Program	Paid Program	Your Bible	Paid Program	Snowboarding	
KBSL/CBS 12 (11)	Paid Program	Messiah Baptist	Madeline (El) (CC)	Sabrina Series	CBS News Sunday Morning		Face the Nation	Trollz (El) (CC)	Horse-land (El)	College Basketball: NCAA Tournament		
K15CG 2 (2)	Euro. Journal	Wealth-Track	Jakers!-Winks	Big Big World	Ribert & Robert's	Franny's Feet	Danger Rangers	Fetch! With Kids	Keeping Kids	Health Sense	Busi-ness	To the Contrary
ESPN 28 (28)	Sports-Center	SportsCenter (CC)	NBA Matchup	Sports-Center	Outside Lines	Sports Reports	SportsCenter (Live) (CC)				PBA Bowling	
USA 37 (37)	Paid Program	Chang-ing	Ed Young	Joel Osteen	Monk Mr. Monk and the Garbage Strike		Movie: Jeepers Creepers ***½ (2001, Horror) Gina Phillips, Justin Long. (CC)			Movie: Jeepers Creepers 2 (2003)		
TBS 38 (38)	(5:30) Movie: American Beauty **** (1999, Comedy-Drama) Kevin Spacey.				Movie: Wimbledon ***½ (2004) Two tennis players fall for each other. (CC)			Movie: Pay It Forward (2000) A classroom assignment inspires a boy to help others.				
WGN 39 (39)	Chang-ing	Paid Program	Key of David	Paid Program	Paid Program	Feed the Children	Paid Program	NASCAR Angels	Even Stevens	Funnies Pets	Funnies Pets	
TNT 40 (40)	The X-Files 731 (Part 2 of 2) (CC)		The X-Files Revelations (CC)		Movie: The Craft ** (1996) L.A. teens strike back at tormentors with witchcraft.			Movie: The Grudge (2004) A woman and her boyfriend encounter vengeful spirits.				
DSC 42 (42)	Paid Program	Paid Program	Joel Osteen	Paid Program	Anaconda Adventure (CC)		Expedition Borneo (CC)			Dirty Jobs Sewer Inspector (CC)		
A&E 47 (47)	Ask This Old	Ask This Old	Breakfast With the Arts (N) (CC)		Breakfast With the Arts Jewel. (N) (CC)		Jackpot Diaries Lottery jackpot winners.			Movie: Kings of South Beach (2007)		
HIST 48 (48)	History-Points	History-CTR	Busi-ness	Gener-atn	Movie: U-571 ***½ (2000, Suspense) GIs try to steal an encryption device from a German sub. (CC)			Movie: The Hunt for Red October ***½ (1990) (CC)				
NICK 55 (55)	Lazy-Town	OddPar-ents	Jimmy Neutron	Jimmy Neutron	Spon-geBob	Spon-geBob	OddPar-ents	OddPar-ents	Avatar-Last Air	Mr. Meaty	Nick-toons TV	Nick-toons TV
DISN 56 (56)	The Wiggles	Higgly-town	Ein-steins	Ein-steins	Mickey Mouse	Mickey Mouse	Johnny-Sprites	Handy Manny	Doodle-bops	Charlie & Lola	Lilo & Stitch	Replac-ements
FAM 58 (58)	Family Matters	Family Matters	Step by Step	Step by Step	Full House	Full House	Boy Mts. World	Boy Mts. World	Ground-ed-Life	Ground-ed-Life	Sabrina-Witch	Sabrina-Witch
HALL 60 (60)	The World of Faith and Values (CC)		Mass From Notre Dame		Movie: Sounder (2003) A boy becomes a man as he looks for his imprisoned father.			Naomi's New Morning (N)		Diagnosis Murder Teacher's Pet (CC)		

SUNDAY

MARCH 18

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC 4 (6)	NBA Access	Paid Program	Paid Program	Paid Program	NBA Sunday	NBA Basketball: Dallas Mavericks at Detroit Pistons. Palace of Auburn Hills. (Live) (CC)				ABC News	News (CC)	
KSNK/NBC 3 (8)	Snowboarding: U.S. Open of Snowboarding. (CC)		Open of Snowboarding. (CC)	PGA Golf: Arnold Palmer Invitational -- Final Round. From Orlando, Fla. (Live) (CC)						The Insider	NBC News	
KBSL/CBS 12 (11)	College Basketball: NCAA Tournament Second Round			College Basketball: NCAA Tournament Second Round -- Teams TBA. (Live) (CC)				College Basketball: NCAA Tournament Second Round -- Teams TBA. (Live) (CC)				
K15CG 2 (2)	NOW (N)	McLaugh-hlin	McLaugh-hlin	Religion-Ethics	Heavenly Voices Romantic and epic favorites. (CC)		You on a Diet With Dr. Michael Roizen (CC)			You Can Do It! Boomers Guide		
ESPN 28 (28)	PBA Bowling: Pepsi Championship. (CC)		Women's College Basketball: NCAA Tournament First Round -- Teams TBA. (Live) (CC)			Kickboxing: ISKA Strike Force. (CC)		Kickboxing: ISKA Strike Force. (CC)		Karate: ISKA		
USA 37 (37)	(11:00) Movie: Jeepers Creepers 2		Movie: Jaws **** (1975, Horror) A man-eating shark terrorizes a New England resort town. Roy Scheider, Robert Shaw. (CC)			Movie: Titanic **** (1997, Drama) (PA) A woman falls for an artist aboard the ill-fated ship. Leonardo DiCaprio. (CC)						
TBS 38 (38)	(10:00) Movie: 101 Dalmatians ***½ (1996, Adventure) Voices of Glenn Close. (CC)		Movie: Deep Blue Sea ***½ (1999, Science Fiction) Thomas Jane. (CC) (DVS)		Movie: Deep Impact ** (1998, Drama) A large comet is on a collision course with Earth. Robert Duvall. (CC)		Movie: Mission: Impossible 2 is on a collision course with Earth. Tom Cruise. (CC)					
WGN 39 (39)	Movie: 101 Dalmatians ***½ (1996, Adventure) Voices of Glenn Close. (CC)		Movie: Deep Blue Sea ***½ (1999, Science Fiction) Thomas Jane. (CC) (DVS)		Movie: Deep Impact ** (1998, Drama) A large comet is on a collision course with Earth. Robert Duvall. (CC)		Movie: Mission: Impossible 2 is on a collision course with Earth. Tom Cruise. (CC)					
TNT 40 (40)	Movie: Deep Blue Sea ***½ (1999, Science Fiction) Thomas Jane. (CC) (DVS)		Movie: Deep Impact ** (1998, Drama) A large comet is on a collision course with Earth. Robert Duvall. (CC)		Movie: Mission: Impossible 2 is on a collision course with Earth. Tom Cruise. (CC)							
DSC 42 (42)	Dirty Jobs Parade Float Dismantler	Dirty Jobs Working in a rock quarry.	Dirty Jobs Coal Miner Coal mining.	Dirty Jobs Fuel Tank Cleaner (CC)	Dirty Jobs Training monkeys. (CC)	Dirty Jobs New Orleans. (CC)						
A&E 47 (47)	(11:00) Movie: Kings of South	King of Cars	King of Cars	King of Cars	King of Cars	King of Cars	King of Cars	King of Cars	King of Cars	Bounty Hunter	Bounty Hunter	
HIST 48 (48)	(10:30) Movie: Hunt-Red-Oct.	UFO Files Kapustin Yar. (CC)		Comets: Prophets of Doom Mysteries surround comets. (CC)				Inside the Volcano Volcanic spots around the world made infamous in history. (CC)				
NICK 55 (55)	Nick-toons TV	Nick-toons TV	Spon-geBob	Spon-geBob	Jimmy Neutron	Danny Phantom	OddPar-ents	Avatar-Last Air	Spon-geBob	Drake & Josh	Amanda	Ned's School
DISN 56 (56)	Movie: The Luck of the Irish (2001) Ryan Merriman. (CC)	Life With Derek	Life With Derek	Zack & Cody	That's-Raven	Natural-Sadie	Phil of Future	Sister, Sister	Life With Derek	Phil of Future	That's-Raven	
FAM 58 (58)	Movie: The Dukes of Hazzard: The Beginning (2007) Jonathan Bennett. (CC)			Movie: Stephen King's It *** (1990, Horror) Friends face an evil they thought they had destroyed. John Ritter, Richard Thomas. (CC)								
HALL 60 (60)	Columbo An arms smuggler uses his Irish wit and charm against Columbo.			Movie: Matlock: The Kidnapping ***½ (1994, Mystery) Andy Griffith. (CC)				Movie: McBride: Dogged (2007, Mystery) John Larroquette, Maïa Dubois. (CC)				

SUNDAY

MARCH 18

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 (6)	America's Funniest Home Videos (CC)		Extreme Makeover: Home Edition (CC)		Desperate Housewives Bang		Brothers & Sisters (Part 2 of 2) (CC)		News (CC)	KAKE Sports	Lawyer on Line	Paid Program
KSNK/NBC 3 (8)	Dateline NBC (CC)		Grease: You're the One That I Want (N)		Deal or No Deal (ITV) (CC)		The Apprentice: Los Angeles (CC)		News	24 Day 4: 7:00AM-8:00AM (CC)	Ebert & Roeper	
KBSL/CBS 12 (11)	60 Minutes (CC)		The Amazing Race: All-Stars (CC)		Cold Case A Dollar, a Dream (N) (CC)		Without a Trace Connections (CC)		News (CC)	News	Alias Unveiled (CC)	
K15CG 2 (2)	You Can Do It! Boomers Guide		Viewers' Choice				Viewers' Choice			Sherlock Holmes: The Hound of the Baskervilles		
ESPN 28 (28)	SportsCenter (Live) (CC)		NBA Basketball: Minnesota Timberwolves at Los Angeles Lakers. Staples Center. (Live) (CC)				SportsCenter (Live) (CC)			College Gameday Scoreboard (Live)		
USA 37 (37)	Movie: Final Destination 2 ***½ (2003, Horror) Ali Larter, A.J. Cook. (CC)		Movie: Unbreakable (2000) A train-crash survivor discovers an extraordinary talent.				Law & Order: SVU			Law & Order: SVU		
TBS 38 (38)	(3:00) Movie: Titanic (1997) (CC)		Movie: Bridget Jones: The Edge of Reason ***½ (2004) Renee Zellweger.		Movie: Bridget Jones: The Edge of Reason ***½ (2004) Renee Zellweger.		Movie: Wimbledon ***½ (2004) (CC)					
WGN 39 (39)	Funnies Pets	Funnies Pets	American Idol Rewind CBS 8 to 7		Ultimate BlackJack Tour		WGN News	Instant Replay	Sex and the City (CC)	Scrubs (CC)	Scrubs (CC)	Real TV (CC)
TNT 40 (40)	(4:30) Movie: Mission: Imp. 2		Movie: The Manchurian Candidate *** (2004) A Gulf War vet is suspicious of a political candidate. (CC)		Movie: The Manchurian Candidate *** (2004) A Gulf War vet is suspicious of a political candidate. (CC)							
DSC 42 (42)	Dirty Jobs Vermont cheese. (CC)	Dirty Jobs Hydroseeding.	Dirty Jobs Mike digs tunnels. (CC)		Dirty Jobs Salt Miner Salt mining.		You Spoo! Discovery (CC)		Dirty Jobs Hydroseeding.			
A&E 47 (47)	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Sim-mons	Sim-mons	Sim-mons	Sim-mons	Sim-mons	Bounty Hunter	Bounty Hunter	
HIST 48 (48)	Decoding the Past Earth's Black Hole		Last Days on Earth Seven of the deadliest threats to humanity.		Siberian Apocalypse (CC)		Tsunami 2004: Waves of Death			Last Days on Earth (CC)		
NICK 55 (55)	Drake & Josh	Just Jordan	Zoe 101 Inside, (N) (CC)	KCAs	Full House	Growing Pains	Rose-anne	Rose-anne	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show
DISN 56 (56)	Hannah Montana	Zack & Cody	Movie: The Thirteenth Year ** (1999, Fantasy) Chez Starbuck. (CC)		Phil of Future	Natural-Sadie	Zack & Cody	That's-Raven	Hannah Montana	Replac-ements		
FAM 58 (58)	Movie: The Sixth Sense (1999) A child psychologist counsels a boy who can see dead people. (CC)		Movie: Perry Mason: The Case of the Desperate Deception ** (1990, Mystery)				Movie: The Sixth Sense (1999) A child psychologist counsels a boy who can see dead people. (CC)					
HALL 60 (60)	Diagnosis Murder Dr. Sloan's old classmate is accused of murder. (CC)						Movie: Matlock: The Kidnapping ***½ (1994, Mystery) Andy Griffith. (CC)					

MONDAY

MARCH 19

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 (6)	News (CC)	Entertainment	Dancing With the Stars Celebrities team up with professional dancers to compete.		What About Brian (N) (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live			
KSNK/NBC 3 (8)	News	Wheel of Fortune	Deal or No Deal (N) (CC)		The Black Donnellis Lies (CC)		News	The Tonight Show With Jay Leno (CC)	Late Night			
KBSL/CBS 12 (11)	News (CC)	Inside Edition	How I Met	Old Christine	Two/Half Men	Engage-ment	CSI: Miami Triple Threat (N) (CC)	News (CC)	Late Show With David Letterman	Late Late		
K15CG 2 (2)	The NewsHour With Jim Lehrer (N)		Moments to Remember: My Music Number 204 Hits of the late 1950s and early '60s. (CC)		Bom-beck		BBC World	Monty Python	Charlie Rose (N) (CC)			
ESPN 28 (28)	College Basketball: NIT Tournament Second Round -- Teams TBA. (Live) (CC)		College Basketball: NIT Tournament Second Round -- Teams TBA. (Live) (CC)				SportsCenter (Live) (CC)		College Gmday	Fast-break		
USA 37 (37)	Law & Order: Criminal Intent		Law & Order: SVU				Law & Order: SVU		Law & Order: Criminal Intent			
TBS 38 (38)	Ray-mond	Ray-mond	Friends (CC)	Friends (CC)	Friends (CC)	Friends (CC)	Family Guy (CC)	Family Guy (CC)	Seinfeld (CC)	Seinfeld (CC)	Movie: Once Upon a Time in Mexico	
WGN 39 (39)	America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		WGN News at Nine (CC)		Sex and the City (CC)	Scrubs (CC)	Scrubs (CC)	Becker (CC)
TNT 40 (40)	Charmed Styx Feet Under (CC)		Charmed Once in a Blue Moon (CC)		Law & Order The Dead Wives' Club		Law & Order The Brotherhood		Cold Case The House (CC)		Law & Order Stalker (CC) (DVS)	
DSC 42 (42)	Mega Builders Extreme Elevation		Dirty Jobs Hydroseeding.		Futureweapons (N)		Stunt Junkies	Stunt Junkies	MythBusters Dog Myths (CC)		Dirty Jobs Hydroseeding.	
A&E 47 (47)	CSI: Miami Whacked (CC)		CSI: Miami 10-7 (CC)		The Sopranos Big Girls Don't Cry (CC)		The Sopranos The Happy Wanderer (CC)		The First 48 (CC)		CSI: Miami 10-7 (CC)	
HIST 48 (48)	Modern Marvels B-2 Bomber (CC)		UFO Files Texas' Roswell (CC)		Digging for the Truth (N) (CC)		Engineering an Empire (CC)		Deep Sea Detectives (CC)		UFO Files Texas' Roswell (CC)	
NICK 55 (55)	OddPar-ents	Jimmy Neutron	Spon-geBob	Full House	Full House	Growing Pains	Rose-anne	Rose-anne	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show
DISN 56 (56)	Phil of Future	Zack & Cody	Movie: Zenon: Z3 (2004, Science Fiction) Kirsten Storms.		Kim Possible		Life With Derek	Phil of Future	Zack & Cody	That's-Raven	Phil of Future	Kim Possible
FAM 58 (58)	Lincoln Heights Tricks and Treats		Wildfire Picking Sides Gillian returns.		Movie: Summer Catch ** (2001, Romance-Comedy) Freddie Prinze Jr.		The 700 Club (CC)		Wildfire Picking Sides Gillian returns.			
HALL 60 (60)	Walker, Texas Ranger (CC)		Walker, Texas Ranger (CC)		Movie: Matlock: The Idiot (1994, Mystery) Andy Griffith, Scott Stevens. (CC)				Diagnosis Murder Steve Sloan is framed for the murder of an internal affairs officer.			

NOTICE OF HEARING ON AMENDING THE 2006-2007 BUDGET

The governing body of

USD 315

will meet on the 16th day of April, 2007 at 7:00 PM, at

600 W Third St Colby, KS 67701

for the purpose of hearing and answering objections of taxpayers relating to the proposed amended use of funds.

Detailed budget information is available at the USD 315 Administrative Office located at 600 W Third St Colby, KS 67701. and will be available at this hearing.

SUMMARY OF AMENDMENTS

Fund	Adopted Budget 2006-2007			Proposed Amendment 2006-2007 Budget
	Actual Tax Rate	Amount of Tax to be Levied	Expenditures and Transfers	Expenditures and Transfers
General Fund	20.0000		6,761,446	6,789,931

Shonda D. K. Rapp
Clerk