# Family

### Deaths

### **Evelyn Mae Lakey**

Evelyn Mae Lakey, 90, of Santa organization. Fe, N.M., died Friday, Jan. 5, 2007, in Santa Fe. Mrs. Lakey was born Feb. 8, 1916, in Hollister, Idaho, to Emma Lena (Poppie) and Normal J. Nogle. She was the grandmother of Dawn Nichols of Colby.

She married Cecil Franklin Lakey June 1, 1939, in Burley, Idaho. They lived in Idaho, Montana and Texas with his job as a federal air traffic controller. Following his retirement they moved to Santa

Mrs. Lake is survived by one son, Richard Lakey and wife Rebecca of Santa Fe, N.M.; stepdaughter Frankie Lee Lakey Nichols of St. Francis; one sister, Lorene Bethel of Idaho; nine grandchildren; 13 great-grandchildren and eight great-grandchildren.

Services were held Tuesday, Jan. 9 at McGee Memorial Chapel and Wednesday, Jan. 10 at St. John United Methodist Church in Santa Fe with Rev. Stephanie Harmon She was a member of St. John officiating. Interment was at Santa She was a member of St. John United Methodist Church, Rebekah Lodge and Nell's Girls, a service St. John United Methodist Church, Rebekah Fe Memorial Gardens Thursday, Jan. 11.

4-Hers learn about implant risks

# Raisins, nuts hazardous to a dog's health

entious dog owners wouldn't think of giving their canine a tasty but dangerous chocolate bar. But they may not know that giving a dog a handful of fruit or nuts can be just

Seemingly harmless foods like fruits and nuts that have health benefits for people can be dangerous to dogs, said Ken Harkin, associate professor of clinical sciences at Kansas State University's College of Veterinary Medicine.

Harkin says a few foods to watch out for include:

• Raisins. A healthful snack food for people, they can wreak havoc on dogs. Harkin said raisin toxicity is a relatively rare condition that can result in kidney failure. Symptoms include vomiting and diarrhea before the dog takes a dramatic turn for the worse.

 Macadamia nuts. Harkin warns that the tasty and pricey nuts are toxic to dogs and create hind limb weakness, tremors, depression, vomiting and fever. He said dogs usually recover.

• Moldy food. What grosses you out may not even faze your dog. Your pet's undiscriminating tastes can lead to trouble. Harkin said moldy food can produce a tremor syndrome in dogs that can result in

• Bread dough. Even a food fundamental to many human diets can be dangerous when it's uncooked. Harkin said bread dough isn't good for dogs or children, either. The yeast can ferment in your dog's stomach and produce signs of ness. A ball of dough also can obstruct the dog's gastrointestinal

good source of antioxidants for hu-doing that.'

mans, chocolate still is unsafe for

"The major offenders would be cocoa powder and baker's chocolate, with dark chocolate and semisweet chocolate behind these," Harkin said. "It takes three times as much dark chocolate to equal baker's chocolate."

If you suspect your dog has ingested an excessive amount of one of these foods, Harkin says to call your dog's veterinarian.

He also recommends a good quality commercial dog or cat food as the staple in a pet's diet. Harkin says don't offer too many table scraps or other treats, as pets could develop a picky appetite and not eat their nutritionally balanced diet. He said although it is not common, it has become a problem with some pets. When doting pet owners wanting to offer something from their plates, Harkin emphasizes modera-

"The main reason not to feed table scraps is to avoid obesity," he

Foods like raisins aren't necessary dangerous in small amounts but can be when given in excess, Harkin said.

"You would never eat 16 cups of raisins in one sitting, so why would you give a 5- or 10-pound dog a half cup of raisins in one sitting?" he said. "A few grapes or raisins never hurt any dog, but it's the massive amount they consume that kills

Dogs don't know when enough is enough, Harkin said.

"Dogs get more toxicity issues "ethanol ingestion" — drunken- with raisins, grapes and macadamia nuts because they have that gluttonous instinct to eat everything in sight, and they eat well above the • Dark chocolate. Even though toxic level," Harkin said. "You just dark chocolate is being touted as a don't see many cats, birds or reptiles

### Babies

### Roland James Johnson

Rachael Keller and Jeff Johnson Center in Colby. Roland weighed 7 Falls, Texas. pounds, 15.8 ounces and was 20 inches long.

Grandparents are Richard and of Colby announce the birth of their Mary Keller of Sacramento, Calif., son, Roland James Johnson, Friday, Linda Johnson of Wichita Falls, Jan. 19, 2007, at Citizens Medical Texas and Jesse Johnson of Wichita

Roland was welcomed home by sister Elena Johnson.

### Heartland America Tour

June 11-22, 2007

Black Hills (Crazy Horse, Rushmore, Passion Play, Badlands), Amana Colonies, Chicago (museums galore), Indianapolis (Speedway & Conner Prairie), Springfield (Lincoln historic sites and museum), Hannibal (Mark Twain lore). \$1,290 d/o

Contact us for schedule and details on locations visited. Planned and hosted by Flory Tours, L.L.C. 1142 E. Euclid, McPherson Kansas 67460 (620) 241-1056 florytours@sbcglobal.net

# Surgeon General's Warning:

Radon Causes Lung Cancer. You Should Test Your Home.

The U.S. Surgeon General recommends that your home be tested for Radon. Radon is the second leading cause of lung cancer. If you have never smoked, Radon is the number one cause of lung cancer. Radon is an invisible radioactive gas that seeps into your home from underground, and the only way you can tell if you have dangerous levels of Radon in your home is to test for it. Radon problems can be easily fixed. For testing information, call or visit:

1-800-693-KDHE (5343)

http://radon.oznet.ksu.edu/

# Senior center holding 'Popcorn Day'

the issue up at the next 4-H council day, Jan. 29 at 6:30 p.m. at the 4-H

Reporter

Wednesday will be Popcorn Day at the Senior Progress Center, 165

There are plenty of activities scheduled at the center for the week of Jan. 29-Feb. 2, including Donuts and Coffee Day Monday. Tuesday exercise is at 9:30 a.m. Wednesday is Popcorn Day. Exercise is at 9:30 a.m. Thursday. Friday exercise is at 9:30 a.m. and it's also Denim and

Dawn Schultz, parent and breast

cancer survivor, informed the club

of the risks associated with implant-

ing estrogen into 4-H steers at

weigh-in during the Jan. 8 monthly

meeting. She would like to see the

practice discontinued because of

the risk it causes for humans to get

cancer from the estrogen. She feels

that buyers would prefer to buy beef

that is hormone-free. Estrogen is

**By Layton Werth** 

# **Senior Center**

Orange Day.

The Thomas County Nutrition Center in Colby wishes to invite those 60 and older and their guests to attend daily luncheons in Colby Monday through Friday. Reservations may be made by calling (785) 460-2901 the day before. Home delivery is also available for those unable to attend due to social or physical disabilities. Those who day - smothered steak, mashed po-

The club voted to host a Christ-

mas decorating contest in Brewster

for the 2007 holidays. They want to

be able to reward and encourage

individuals and businesses that

decorate. A committee will be ap-

door is snowed in and the decora-

tions cannot be taken down because

they are stored in the basement. It

was suggested to temporarily store

The Senior Center's basement

pointed for this at a later date.

available at noon to be picked up. For individuals 60 and over a contribution of \$2.50 per meal is requested. Anyone under 60 years of age is invited to attend or pick up a

meal at a cost of \$4.50 per meal. The menu for the next week includes: Monday - macaroni and cheese and little smokies, green beans, four fruit compote, rolls, cook's choice complement. Tues-

Building. The 4-H Club turned in

their pizza sales and all the Thomas

County 4-H clubs will meet on Sat-

urday, Feb. 3 at the 4-H building to

make the pizzas. Members should

bring boxes to take their pizzas

home that they sold. Beef weigh-in

will be on Saturday, Feb. 17 at the

Thomas County Fairgrounds from

cooking rolls. He showed the dub

how to make croissants, 4-leaf clo-

ver, split and regular bread rolls.

Andrew Starns explained tool and

equipment safety for hands and fin-

Benjamin Baird led the club in a

Tim Knox gave a project talk on

9: to 11 a.m.

gers.

work are also invited to come to tatoes and gravy, steamed cabbage pick up a meal. Those meals are carrots and onions, bread, peaches. Wednesday - chicken and vegetable casserole, spinach salad, rolls, pineapple ambrosia. Thursday - liver and onions in gravy, scalloped potatoes, peas, bread, mixed fruit with cherries. Friday - hamburger patty, tater tots or triangles, cook's choice veggies, bun, applesauce.

The building is also available for rental for events. For information or lunch reservations, call 460-2901.

The Thomas County Public Van is owned by the county but is scheduled and dispatched by the Senior Progress Center. The van is not a taxi service. It will be scheduled on a first-come, first-served basis.

It must be scheduled at least 24 hours in advance of its use and be ready at least 30 minutes in advance of appointment. Sometimes there are four to six calls per time frame. Calls for the van need to be made

between the hours of 8 a.m. and noon, Monday through Friday. To contact the public transporta-

tion van after 12:30 p.m., call (785) 443-9208.

### **Markets**

Quotes as of close of previous business day **Hi-Plains Co-op** \$4.27

Wheat Corn

### \$3.86 \$6.39 \$6.30

Colby Grade School second graders to Fick Fossil Museum in Oakley, noon

given to the beef to help them gain them in the office at the Senior Cen-

weight. Council representative, ter until the door is cleared. Record

Rose Bear, said that she would bring book training will be held on Mon-

**Community Calendar** 

Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m. Narcotics Anonymous, City Hall basement, 8 p.m.

SATURDAY, JAN. 27

Pancake feed, Colby Community Building, 7 a.m.

Wings Upon the Prairie drop-in center, 485 N. Franklin, 1-5 p.m. Pheasants Forever banquet, City Limits Convention Center, 5 p.m. Sixth Street Alcoholics Anonymous, City Hall basement, 8:30

Golden Buckle Square Dance club, Colby Community Building, 8 p.m.

SUNDAY, JAN. 28

WPAA presents Wichita Children's Theatre at the Gateway in Oberlin, 3 p.m.

Sunday Morning Sixth Street Alcoholics Anonymous, 1275 W. Sixth St., 9:30 a.m.

Wings Upon the Prairie drop-in center, 485 N. Franklin, 2-6 p.m.

candy corn guessing game. Andrew Milo won with a guess of 74 candy corns Soybeans (the actual amount was 76). The Knox and Bear families provided Please Recycle lemonade, brownies, and a veggie plate after the meeting adjourned.

# **Community Who Cares** \$100 a Plate Dinner to honor

Dr. Hildyard and Brenda

and to add to their defense fund, because we are not giving up on the horrible injustice being done in this community.

WE WANT OUR DOCTOR BACK!

City Limits Convention Center

Sat., February 3, 2007 ~ 7:00 to 9:00 pm.

Tickets are limited and available at Pasttimes and Colby His Shop or call 785-462-2140

# Taste of Home Cooking School



Doors open at 5 p.m.

\$8 per person

Max Jones Fieldhouse

13th & Arcade, Goodland, Kan.

Sponsored by: Goodland Star-News

For tickets, please send a self addressed stamp envelope to Goodland Star News at 1205 Main, Goodland, Kans, 67735.

Number of Tickets x \$8=

Tickets also available at the Saint Francis Herald, Colby Free Press, The Norton Telegram, The Oberlin Herald and Western Times.

