This is a logic-based number placement puzzle. The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to today's Sudoku puzzle is at the bottom of this page.

One-time cheating upsets wife

Dear Dr. Brothers: I know for certain that my husband of almost 30 years of generally good marriage cheated on me after a holiday party, one of those where a lot of guests drink too much. If I'm calm now, I wasn't for several weeks after. Then I made a decision to do nothing. This other woman is a happily married mother of two, and we have three of our own.

My husband has never been the type to be promiscuous, and I don't think he has changed his values. Do you think I made a mistake?

Should I have made him face it, or rubbed his nose in his bad behavior? - A.L.

Dear A.L.: No. From what you've written, I'd guess the reason you're reacting as you are is because you know that he's doing that for, and to, himself. He does not sound like a man who wants to threaten his marriage or his family. This may come up at a later date, and if it does, then you can let him know your feelings of disappointment, pain and anxiety, and your decision to handle this as you did.

If you can forgive this, as you seem to have done, it could be an indication of your maturity as well as your faith in him and his

Life is short, and time is precious. If you and your husband

 Ask Dr. Brothers can avoid weeks, months or posand resentment over this onetime mistake and lack of judg-

ment, that, in my view, is an intel-

time event, then that's an entirely

different matter.

Dear Dr. Brothers: About seven months ago, a friend of mine and I went on a brief trip, a kind of "Thelma and Louise" drive up to all the positive things you share Las Vegas — halfway across the **and enjoy when he returns.** country from our home near a military base.

and still are, away serving in the everyone to get away and relax in Middle East. We've been nearly out of our minds with loneliness and worry about them and all they're going through. We had a wonderful but kind of wild time there, and I did dulgent. something I know my husband wouldn't like.

because I know his strict standards, cling to the past and in so doing it left me filled with guilt. Should I hurt ourselves and those around tell him? — M I

Dear M.I.: While I realize there sibly years of quarrels, debates are some who'd disagree, I see no point in telling him about incidents on that trip if you know they're bound to upset him. ligent approach. If it wasn't a one-What's the point?

Dr. Joyce Brothers

Tell him you both took a little time out from worries and responsibilities, that you enjoyed it but were sorry you couldn't have done it together, and then focus on

As a military man, he's familiar with R and R, and realizes that Both of our husbands have been, once in a while, it's good for order to be refreshed and begin again with all the routines and responsibilities of our daily lives. Sometimes, guilt can be self-in-

In order to be able to help and love others, it's necessary to profit Now I can't forgive myself. It from past errors, but also to was all silly, fun and harmless, but **forgive ourselves, rather than**

TV LISTINGS

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SUNDAY JANUARY 21 10 AM 10:30 11 AM 11:30 6 AM 6:30 7 AM 7:30 9 AM 9:30 8 AM 8:30 In Touch The Cost of Following Christ Good Morning America (CC) The Coral Ridge Hour (CC) KLBY/ABC 4 6 This Week-George First United Methodist Church Stephanopoulos Paid Paid Paid Program (Off Air) Today (CC) Meet the Press Progran 88 Program Paid Program CBS News Sunday Morning Messiah Madeline (EI) (CC) Face the Nation Trollz (EI) (CC) To Be Announced Horse-land (EI) Baptist K15CG Eyes of Journal Sports-Center Sports Sports Reportrs Center SportsCenter (CC) Sports-Outside USA 37 Paid Chang-ing Monk Monk has a new friend. (CC) orget Me Movie: Screwed ★ (2000, Comedy) Norm Macdonald Ed Young Psych Fo Not (CC) Program Movie: Vegas Vacation ★1/2 (1997, Comedy) Chevy Chase. (CC) Movie: The Whole Ten Yards ★½ (2004, Comedy) Bruce Willis, Matthew Perry. (CC Movie: Turner & Hooch ★★½ (198 Comedy-Drama) Tom Hanks. (CC) This Is Feed the Paid Program David Children Program McGuire Stevens Pets (5:00) Movie: American Outlaws Movie: The Alamo (2004) Outnumbered Texans fight to secede from Mexico. (CC) Movie: The Patriot ★★★ (2000, War) A man and his son fight side by side in the Revolutionary War. Mel Gibson. (CC) (DVS) Paid Paid Program Paid Program The Great Croc Trail (CC) Lethal and Dangerous: Snakes Joel Osteen King of King of Cars Breakfast With the Breakfast With the Inked Arts (CC) Arts (CC) HIST History-Points Histo-ryCTR Lost Worlds (CC) Busi-Digging for the Truth The Holy Grai

Spon-geBob

Mickey

Mouse

House

Digging for the Truth (CC)

Handy

Boy Mts

OddPar-

Johnny

Movie: Judas ★★ (2004) Judas becomes a disciple of Jesus but later betrays him. (CC)

SUNDAY

OddPa ents

Higgly town

Family

Matters

The World of Faith and Values

Wiggles

Family Matters

Jimmy Neutror

Step by

Mass From Notre

Jimmy Neutror

Step by Step

Spon-geBob

Mickey

House

JANUARY 21

Ground

Nick-toons TV toons T

Diagnosis Murder Santa Claude **(CC)**

Empero

Sabrina-Witch

Lilo &

Sabrina-

Witch

Digging for the Truth (CC)

Avatar-Last Air

Doodle-

Ground-

oops

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC 4 6		etball: Dall irlines Arer		ks at Miami	Heat.	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	ABC News	News (CC)
KSNK/NBC					World of A Sports (N)		Fashion o	n Ice From	Trenton, N	.J. (N)	The Insider	Nightly News
KBSL/CBS	Motorcycl Supercross		Pride, Passion and Power (N) (CC)		College Basketball: I Pittsburgh. (Live) (CC				To Be Announced		NFL Today	NFL Football
K15CG	NOW (N) McLaug- (CC) hlin		McLaug- hlin	Religion- Ethics	Classic G (CC)	ospel	Healthy Body	Doctors on Call	Sewing- Nancy	Beads, Baubles	Ask Your Legislator	•
ESPN 28		ing: Dick V ntain Valley			: Women's Billiards f Champions Tourn. of						Pro-Am Poker Equalizer	
USA 37			ig Hill ★★ ½ ulia Roberts		Movie: Kis and a fore		★★ (1997) trail a killer.				e Bone Co 9, Suspens	
TBS 38				eglected wi <i>Bruce Willis</i>		Movie: Go A retired th	ne in Sixty nief must ste	Seconds eal 50 cars	★ (2000, Actor save his	tion) (PA) brother.	Movie: My Friend's V	
WGN 39		non Birch n Michael S	★★★ (1998 mith. (CC)	, Comedy-	Movie: Bio Even ★★ (Girls Do n 1992) <i>Hilla</i>	't CryThe ry Wolf. (CC	ey Get C)	America's Home Vid		America's Home Vid	Funniest eos (CC)
TNT (40)	Law & Ord Whiplash	ler	Law & Ord Ice (CC) (I		Law & Ord Access Na		Law & Ord Sheltered	der	Law & Ord Crime (CC		Law & Ord License to	
DSC (42)	Discovery Italy Reve		Sharks: Are They Hunting Us? (CC)		Living With Tigers Zoo-born tiger cubs.		The Crocodile Hunter		The Crocodile Hunter		The Crocodile Hunter	
A&E 47	City Confi (CC)	dential	City Confi (CC)	dential	City Confi (CC)	dential	American The Yoser		American	Justice	Cold Case Murder ba	
HIST (48)			ne World T t Pyramid o		Warrior Q	ueen Boud	lica (CC)		The Kings Iraq's histo		bylon to Baghdad	
NICK (55)	Nick- toons TV	Nick- toons TV	Spon- geBob	Spon- geBob	Jimmy Neutron	Danny Phantom	OddPar- ents	Avatar- Last Air	Spon- geBob	Drake & Josh	Amanda	Ned's School
DISN (56)			gain ★½ (2 Tamera Mo		Zack & Cody	That's- Raven	Naturally Sadie	Phil of Future	Sister, Sister	Life With Derek	Emperor New	That's- Raven
FAM (58)	Sabrina- Witch Movie: Dr. Dolittle 3 (2006, Com Amos, Kyla Pratt. (CC)			nedy) John	edy) John Movie: Chasing Liberty ** (20 president's daughter travel Europ					Movie: Uptown Girls ★★ (2003)		
HALL 60			ies to outwi		Movie: Matlock: The Secret ★½ (1990, Mystery) Andy Griffith, Ron Taylor. (CC)				Movie: Mystery Woman: In the Shadows (2007, Mystery) Kellie Martin. (CC)			

<u>Help Me Harlan!</u>

before.

Boyfriend's cyber chat isn't funny

By Harlan Cohen

King Features Syndicate

Dear Harlan. I caught my boyfriend cyber-

sexing a girl on the Internet. He was

saying very dirty things to her, and it really hurt me. again, although he says he was jok-

No Joking

Dear No Joking,

ing around. Help!

He was only joking — like a married guy who posts an online dating profile or a guy who sleeps with his girlfriend's best friend. Not funny. To me, it sounds like he thinks this relationship is just a big joke.

I've said it before: Unless a woman demands respect, she will never command respect. So, demand it. Make it clear what you will and will NOT put up with. Be willing to let him go. Should you break up, let him know that you don't share his sense of humor.

Dear Harlan,

My boyfriend and I have been together more than a year and are now currently living together. I met my boyfriend at a club through my best friend's boyfriend. At first, everything was fine.

We were getting serious and were

fine for about 10 months. But then, when his friends came back into the picture, he started going out with them 24-7 and pushed me aside. He does not give me time. I know these are signs of him cheating, but I know for a fact that he is not (trust me on this one).

How do I make him understand that he is pushing me away and that I need my time with him not only sleeping with each other, but going out together, as the couple we were thoughts of suicide but was afraid

Not Feeling Important

Dear Not Feeling Important, When something is important it; your boyfriend does it. When you gave her. So, we're still going out together, he doesn't make time for you, I but I feel like I can't trust him ever can see how you don't feel that your reader for her question. She important in his life. Instead of wrong and putting him on the again! defensive, tell him what you want and how you feel lately. Make it clear that you want him to have friends and a life, but you want to feel important. A couple of date nights isn't a lot to ask. If you're needs help didn't see the other refinding a guy who makes you a SUICIDE (www.hopeline.com). priority.

Dear Harlan.

about her feelings of depression and become property of the author.

to tell her mother. You gave her some advice on what to do and where she could receive some help. The article hit way too close to home for me, and I took it as a waketo me, I make time for it. You do up call and used the information that

I would just like to thank you and should know that she is not alone **accusing him of doing something** and has just saved a life. Thank you

- Happy With Life Again Dear Happy With Life Again, This is the best kind of letter anyone could write me. Thank you. In case someone else who a priority in his life, he'll make sponse, I'll include the National time. If you're not, consider Hopeline Network hotline: 1-800-

Write Harlan at helpmeharlan.com or visit online: www.helpme-In a recent article, a reader wrote harlan.com. All letters submitted

Today's Sudoku answer

2	6	8	5	7	3	4	1	9	
1	4	\mathcal{S}	8	9	2	7	6	5	1
7	5	တ	1	6	4	8	თ	2	1
4	8	2	7	3	5	6	9	1	\$2007 C
3	9	7	6	1	8	2	5	4	77
5	1	6	2	4	9	3	7	8	1.0
6	2	5	9	8	7	1	4	3	-
8	7	4	3	5	1	9	2	6	
9	3	1	4	2	6	5	8	7	2000

SUNDAY JANUARY 21

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 (6)	America's Funniest Home Videos (CC)		Extreme Makeover: Desper Home Edition (CC) House			e Brothers ves (CC) (N) (CC)		rothers & Sisters I) (CC)		KAKE Sports	Lawyer on Line	Paid Program
KSNK/NBC 8 (8)	Deal or No Deal (iTV) (N) (CC)							Crossing Jordan Shattered (N) (CC)		24 Day 3: 6:00AM (C		Ebert & Roeper
KBSL/CBS	(5:30) NFL (CC)	. Football:					Without a Primed (N		News (CC)	News	Alias Rem (CC)	nants
K15CG (2)	Branson Jubilee (CC)		Nature The Queen of Trees (CC) (DVS) Masterpiece Theatr				Jane Eyre			Globe Trekker Ultimate UK		Part 1 of VS)
ESPN 28	(5:00) Pro Poker Equ						Sports- Center	NFL	SportsCenter (Live)		(CC)	NFL
USA 37)	(4:30) Mov Bone Coll		Movie: Cold Mountain ★★★ (2003, Drama) soldier tries to reach his sweetheart. Jude La						Law & Order: SVU		Law & Order: SVU	
TBS 38	(5:00) Mov Best Frier		Movie: The Mexican ★★½ (2001, Comedy-Drama) (PA) Brad Pitt. (CC)						★★½ (2001, Brad Pitt. (CC)		Movie: My Best Friend's Wedding	
WGN (39)	Funniest Funniest Pets Pets		American Idol Ultimate B Rewind (CC) Tour (CC)			Blackjack	WGN News	Instant Replay		Scrubs (CC)	Scrubs My Bad	Sex and the City
TNT 40	Law & Ord (CC) (DVS		Law & Order New York Minute Law & Order Of Cards (C						Law & Order Hate (CC) (DVS)		Movie: The General's Daughter	
DSC (42)	The Croco Hunter	odile	Ocean's Deadliest (N)			Crikey	The Crocodile Hunter Ice Breaker		The Crocodile Hunter		Ocean's Deadliest	
A&E 47)	Cold Case Files Serial rapist. (CC)		The First 48 (CC) The First 4 to Death; U			Intervention Sylvia (CC)		Intervention Tina (CC)		The First 48 (CC)		
HIST 48	Lost Worlds The city of Tortosa. (CC)		Digging for the Truth (CC) Lost World First Christi				Ancient Disc.		Ancient Discoveries		Digging for the Truth (CC)	
NICK 55	Drake & Josh (N)	Just Jordan	Zoey 101 (CC)	Unfabu- lous	Full House	Full House	Rose- anne	Rose- anne	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show
DISN 56	Hannah Montana	Zack & Cody			002) Students sleuth heir English teacher.		Phil of Future	Natural- Sadie	Zack & Cody	That's- Raven	Hannah Montana	Emperor New
FAM 58	(5:00) Mov Uptown G		Movie: Lovewrecked (2006, Adventure) Amanda Bynes. (Premiere) (CC)			Movie: Lovewrecked Amanda Bynes, Chris				Joel Osteen	Feed the Children	
HALL (60)			Trial ★★½ (1991, Movie: Perry Mason: Scandalous Scoundr						Diagnosis Murder Gangland (CC)			C)

MONDAY JANUARY 22

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 6	News (CC)	Enter- tainment					What About Brian (N) (CC)		News Nightline (CC)		Jimmy Kimmel Live (CC)	
KSNK/NBC	News	Wheel of Fortune					Studio 60 on the Sunset Strip (CC)		News	The Tonig With Jay I		Late Night
KBSL/CBS	News (CC)	Inside Edition	How I Met	The Class (N)	Two/Half Men	Old Christine	CSI: Miam Throwing I		News (CC)	Late Shov David Let		Late Late
K15CG 2	The NewsHour With Jim Lehrer (N)		Antiques Roadshow (N) (CC)		American Experience Adams (CC)		John and Abigail		BBC World	Monty Python	Charlie Rose (N) (CC)	
ESPN 28	College Basketball: (Louisville. (Live) (CC)				College Basketball: Oklahoma at Oklahoma State. (Live) (CC)			SportsCenter (Live) (CC)		College Basketball		
USA 37)	Law & Order: Criminal Intent		Law & Order: SVU		WWE Monday Night		Raw (Live) (CC)		Psych Forget Me Not (CC)		Law & Order: SVU	
TBS 38		Ray- mond	Friends (CC)	Friends (CC)	Friends (CC)	Friends (CC)	Family Guy (CC)	Family Guy (CC)	Seinfeld (CC)	Seinfeld (CC)	Movie: Ace Ventura	
WGN 39	America's Funniest Home Videos (CC)						WGN News at Nine (CC)		Sex and the City	Scrubs (CC)	Scrubs (CC)	Becker (CC)
TNT 40	Charmed Picture Sho		Charmed Battle of the Hexes (CC)		Law & Order Family Friend (CC) (DVS)		Law & Order Hindsight		Law & Order Attorney Client		The X-Files Medusa (CC)	
DSC 42	Mega Builders Mega Bridge (CC)		Dirty Jobs Gardening pots.				Stunt Stunt Junkies		MythBusters Deadly bullets. (CC)		Dirty Jobs Gardening pots.	
A&E 47	CSI: Miami Golden Parachute (CC)		CSI: Miami Losing Face (CC)				The Sopranos Meado (CC)		owlands Bounty Hunter		CSI: Miami Losing Face (CC)	
HIST 48	Digging for the Truth (CC)				Digging for the Truth true Atlantis. (N) (CC)		The search for the		Ancient Discoveries		UFO Files Deep Sea UFOs (CC)	
NICK 55		Jimmy Neutron	Spon- geBob	Full House	Full House	Full House	Rose- anne	Rose- anne	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show
DISN 56	Phil of Future	Zack & Cody	Movie: Go teacher mo				Life With Derek	Phil of Future	Zack & Cody	That's- Raven	Phil of Future	Kim Possible
FAM 58	Lincoln Heights Betrayal (N) (CC)				Movie: A Cinderella Story ★★ (2004, Romance-Comedy) Hilary Duff. (CC)			The 700 Club (CC) Lincoln Heights Betrayal (CC)				
HALL 60	Walker, Texas Ranger The Plague		Walker, Texas Ranger Redemption Movie: Jane Doe: No You Don't (2005, My						Columbo An aging actress plans to to Broadway against her husband's			