Husband continues denials despite proof of his affairs

DEAR ABBY: I am writing in response to your advice to "Threatened in N.Y.," who received an anonymous phone call that her husband was cheating.

You advised her that it was probably a crank call. My comment is, "Where there's smoke, there's fire!" She should insist that her husband take a lie detector test to resolve any doubts she might have.

My husband travels for business. I had been concerned about him possibly cheating, and we went to counseling where he swore that he was faithful. I later learned that he'd been having an affair at the time, and had another one after her.

Even after I had proof of his affairs, he continued trying to lie about the extent of his infidelities. We are now in counseling, and he's seeing a psychiatrist.

— WISER NOW IN FULLER-TON, CALIF. **DEAR WISER NOW: Your**

husband obviously has some serious issues, and you have my sympathy. However, I stand by my

I have received a bushel of mail regarding that letter, and less than 2 percent of it agrees with you. Read on:

DEAR ABBY: I, too, received an anonymous call about my husband's "infidelity." It was in the days before caller I.D. Each time, the woman left a sleazy message on my answering machine after mid-

However, I was lucky. My husband was known by a different name than the one listed in the phone directory, which indicated that the caller was lying.

I hope "Threatened" will take your advice.

The person who called her is a misery-loves-company instigator who can't stand to see a happy couple. My husband died a year later, and I thank God I didn't ruin my short time with him by believing some sick tramp who made midnight phone calls.

- BEEN THERE IN MARY-

DEAR ABBY: I am a member of the clergy. My wife got one of those phone calls. At the time, I was an official in the local union and was getting ready to go to a meeting when our phone rang. My wife answered, and all I could hear was her saying, "Oh, he is? Are you sure? You don't mean that!" etc. When she hung up, she turned to me and said, "You won't believe this. ened" not to believe everything she

REV. JIM IN INDIANA DEAR ABBY: You were absolutely right that the call could have communicate with God in their Los Angeles, Calif. 90069.



been made by a kid.

Years ago, when most women were homemakers, I would look up names and numbers in the phone book, and when the woman would answer I'd say, "Is 'Harry'home?" When she replied that she was his wife, I'd say, "Oh! He never said he was married!" As a high school girl, I thought it was very funny. As an adult, I realize I could have caused irrevocable harm.

> - SORRY NOW IN BALTIC, CONN.

DEAR SORRY: Better late than never! Your letter was one of a stack of similar confessional letters on my desk piled 3 inches

When I was in high school, I heard a similar story about some students who did the same thing to an English teacher they dis-

DEAR ABBY: A similar incident happened to me years ago. I trusted my husband enough to know it couldn't be true, so I asked the caller to describe him — was he tall, short, dark or blond, skinny or heavy?

And do you know what the caller did? She immediately hung up!

OPAL IN ROSEVILLE

DEAR ABBY: This is difficult, but I have no one here I can confide in. I'm ashamed, confused and unsure. Any advice would be greatly appreciated, as I am finding it more difficult every Sunday.

Without going into specific beliefs and asking questions that can only be answered by faith, I will simplify: Is it better to go to church for the wrong reasons than not to go at all? I don't think I am fooling "Him" — and I know I'm not fool-

The others, including my wife, LAND are, if not wise to me, suspicious. I don't like my hypocrisy, but I'm afraid of the reactions — and repercussions — should I "out" myself and stay home. I'm uncomfortable masquerading every Sunday, being the loyal husband and worshipper while being untrue to myself. Help. (Or am I beyond it?)

 BETWEEN A ROCK AND A CLOSET

DEAR BETWEEN: I have al-You're in the back booth at the ways believed that husbands and union hall making out with another wives are members of the same woman." Imagine the "kick" we got "team" and should be able to level out of that. Please warn "Threat- with each other, so I'm having ten by Abigail Van Buren, also trouble understanding why you known as Jeanne Phillips, and was are masquerading and hiding the way you feel.

own way, wherever they are, because God is everywhere — not Van Buren just confined to church property.

Because you are left feeling empty and unfulfilled by the Sun-Dear Abby day sermons, you may need to look elsewhere for spiritual ful-

> However, until you find the courage to express your feelings and stand by them, you will remain forever between a rock and

> DEAR ABBY: I would like to help my friend "George." His exwife, "Carol," left him in 2003 because his hours at work were cut and his salary decreased by \$20,000. She told him she no longer loved

> Abby, George supported her when she wanted to become a teacher, studied to be a bartender and then an actress.

They had been married four years when she dumped him.

In 2004, George met a single

mother with a young daughter. They fell in love. Soon after, Carol re-entered his

life and took a job at his company to be closer to him. It affected his relationship with the single mom. He broke off their engagement and moved out. George is now dating Carol

again. He told me a few months ago that she had filed for bankruptcy. Financially, he is doing well again. But he seems blind to the fact that Carol is seeing him only because she needs someone to support her as she struggles to become an actress. He was her third husband.

I used to be her confidant. She told me after she and George had been married only nine months that she didn't love him, and only stayed married to him because he was a warm body and a steady paycheck. She'll use him again until she finds a man who is wealthier and more interesting.

What can I do to help my friend, Abby? He has turned to alcohol and pot to numb himself.

GEORGE'S FRIEND, NOT

DEAR FRIEND: I assume that between his alcohol and pot binges, your friend George is confiding in you.

If you are truly his friend, you'll tell him that it's clear he is in emotional pain and suggest that he get professional help "to see him through this difficult period." Your friend is accidentprone when it comes to love, and counseling is what he really

Editor's note: Dear Abby is writfounded by her mother, Pauline Phillips. Write Dear Abby at www.-I also believe that people can DearAbby.com or P.O. Box 69440,

Wind chill? Plants don't care, says Kanas State horticulturist

Wind chill levels can have a profound effect on warm-blooded ani-

But, wind chill is a moot point for plants — even though both wind and cold can be damaging, said Ward Upham, horticulturist with Kansas State University Research and Extension.

Plant tissues need moisture to survive, and strong winds sap moisture — even in winter, Upham said. Most often, this harms evergreens, which don't lose their leaves, so still lose water.

"The wind's dessication effects can be great enough, however, to injure or even kill tissue on other plants, too. You typically see that in smaller size wood, such as canes

and branches," he said.

The result can be the odd-looking damage called winter kill, which can have an damaging impact only injures the wood on the side of the plant that faces winter's prevailing winds.

Watering when air and soil temperatures are above freezing can sometimes help limit wind-related injury, Upham said. But, temperatures and humans' winter schedules may not cooperate. Plus, soil mois-said. "For example, peach, nectarture evaporates more slowly and is ine and some blackberry fruit buds harder to judge in cold weather, so overwatering can result.

"If the air temperature stays zero, however, a wind chill of 40 degrees vive temperatures as low as 20 to 25 below zero won't cause any more degrees below zero, but you can plant injury than a wind chill of 20 lose a Red Delicious crop at 15 bebelow, except for the wind's drying low.'

effects," he said.

Even so, air temperature itself most notably in the years that nonevergreen plants don't have a chance to enter winter dormancy before cold weather hits.

"On a year-to-year basis, however, fruit plants are where cold-related injury tends to have the biggest economic impact," Upham can be damaged when temperatures reach 5 degrees above to 5 degrees below zero. Some apple buds sur-

Freezing can save or ruin food quality MANHATTAN — Freezing is a waxed paper are not. Aluminum foil search and Extension office can

quick, easy way of saving holiday is a popular wrap that tears easily, leftovers to eat another time, said Kathy Walsten, nutrition educator with Kansas State University Research and Extension. "It works because at zero de-

grees, food ages or ripens very slowly," Walsten said. She warned, however, that sev-

eral factors can affect the quality or

safety of frozen foods: quality of leftovers already left out

at room temperatures too long. • Not all materials are moistureand vapor-proof. Sandwich bags, produce bags, bread sacks and

so also can leave food vulnerable. To preserve food quality, use products specifically made for freezing. Reclosable plastic freezer bags, tins www.oznet.ksu.edu/library and rigid plastic freezer containers can be good choices.

• Don't assume that freezer temperature is always 0 degrees F or lower. Check periodically, using a thermometer, if possible. When ice ter thawing. • Freezing won't improve the cream in the freezer is soft, however, the freezer temperature is too

> Quality and safety change the longer food remains refrigerated or frozen. The Northwest Kansas Re-

provide specific guidelines by calling (785) 462-6281.

A guide for common foods also is available on the Web at http://

• Container labels listing the contents and freezing date help cooks use the food that has been in the freezer the longest.

• Eat food as soon as possible af-



TV LISTINGS

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WEE	EEKDAYS DECEMBER 27 - JANUAR											
	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC	Good Morning Good Morning Ameri Kansas				ca Martha			The View		Million- aire	News	
KSNK/NBC	News Con	ıt'd	Today						Live With Regis and Kelly		Paid Program	Paid Progran
KBSL/CBS	News Con	ıt'd	News		The Early	Show	The 700 C	Club	The Price Is Right		The Youn Restless	
K15CG	BBC World	Yoga	Body Electric	Caillou	Jakers!- Winks	Barney- Friends	Teletub- bies	Mister Rogers	Dragon Tales	Beren. Bears	Sesame Street	Varied
ESPN (28)	SportsCei	nter	Sports- Center	Varied	Sports- Center	Varied	nter	SportsCe	nter	Varied Pro	Varied Programs	
USA (37)	Movie Co	nt'd	Varied Pro	ograms				•	Movie			
TBS 38	Saved by Bell	Saved by Bell	Varied Pro	ograms	Dawson's Creek Mov			Movie			Becker	Becker
WGN 39	Chang- ing	Believer Voice	Happy Days	Happy Days	Hillbil- lies	- Hillbil- Rockford Files			Matlock		Magnum, P.I.	
TNT (40)	Angel		NYPD Blue NYPD Blue			ER		ER		Judging Amy		
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	American	Chopper	American	Chopper	Varied Pr	ograms		
A&E (47)	Movie		Varied Pro	ograms	!				City Confidential		American Justice	
HIST (48)	Varied Pro	ograms										
NICK (55)	Oddpar- ents	Oddpar- ents	Spon- Spon- Varied Programs qeBob qeBob									
DISN (56)	Break- fast Bear	Higgly- town	Ein- steins	JoJo's Circus	Doodle- bops	Charlie & Lola	The Wiggles	Koala Brothers	Rolie Polie	Doodle- bops	House of Mouse	Lilo & Stitch
FAM (58)	Kong- Series	Spider- Man	Power Rangers	Power Rangers	The 700 C	lub	Living the Life	Gilmore Girls	Varied	Step by Step	Full House	Full House
HALL 60	New Morning		The Walto		The Walto	ons	Little House on the Prairie		Little House on the Prairie		The Waltons	

WEEKDAYS

DECEMBER 27 - JANUARY 2

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC 4 6	All My Children		One Life to Live		General Hospital		Judge- Brown	Judge- Brown	Judge Judy	Judge Judy	News	ABC Wid News
KSNK/NBC	News Inside Edition		Days of our Lives		Passions		The Insider	Jeop- ardy!	The Ellen DeGeneres Show		News	NBC News
(BSL/CBS	News Bold, Beautiful		As the World Turns		Guiding Light		Dr. Phil		Oprah Winfrey		News	CBS News
K15CG	Reading Lions Rainbow		Varied Programs		•	Clifford- Red	Maya & Miguel	Arthur	Post- cards	Cyber- chase	Zoom	Busi- ness
ESPN 28	Varied Programs											
USA 37	Movie Cont'd		Varied	Movie	Varied Pro	ograms	ms					
TBS 38	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.	Seinfeld	Seinfeld
WGN 39	News		Magnum, P.I.		Da Vinci's	Inquest	Cosby Show	Cosby Show	Moesha	Moesha	Home Improve.	Home Improve.
TNT (40)	Judging A	Amy	Law & Order		Law & Order		Alias		Charmed		Charmed	
DSC 42	Varied Pro	ograms	The New Detectives The FB		The FBI F	FBI Files Varied Progra		ograms	It Takes a Thief		Cash Cab	Pop Nation
A&E (47)	Cold Case	e Files	Varied Programs						City Confidential		American Justice	
HIST (48)	Modern M	Marvels Varied Programs						•		•		
NICK (55)	Varied Pro	ograms							Spon- geBob	Drake & Josh	Grown Up	Danny Phantom
DISN 56	Varied Pro	ograms						Zack & Cody	Zack & Cody	Sister, Sister	Phil of Future	
FAM (58)	Family Boy Mts. Boy Mts. Matters Matters World World			Full House	Full House	Ground- ed-Life	Ground- ed-Life	Gilmore Girls		7th Heaven		
HALL 60	Matlock	-	Matlock	Matlock Little House on the Prairie Little House on th		ise on the	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H		

TUESDAY

6 PM

6:30 7 PM

7:30

7:30

8 PM

8:30

9 PM

9:30

DECEMBER 27

9:30 | 10 PM | 10:30 | 11 PM | 11:30

	News (CC)	Ent. Tonight	Accord- ing-Jim	Rodney (CC)					News (CC)	Nightline (CC)	Jimmy Kii (CC)	mmel Live
KSNK/NBC 8 8	News	Wheel of Fortune			Name Is Earl	The Office	Law & Order: SVU		News	The Tonic With Jay		Late Night
	News (CC) Friends		NCIS Switch (iTV) (CC)		The 28th Annual Ken Honors (N) (CC)		inedy Center		News (CC)			Late Late
	The News With Jim I		Nova (CC) (DVS)				Frontline Diet Wars (CC)		BBC World	Hard- ware	Charlie Rose (N) (CC)	
ESPN 28	College Fo Sports Boy	ootball: Ch vl	amps	College F (CC)	ootball: Ins	gers. Phoen	ix. (Live)	SportsCenter (Live) (CC)				
USA 37	Law & Ord	der: SVU	Law & Ord Criminal I		Movie: Friday After Next ★1/2 (2002, Comedy) Ice Cube, Mike Epps. (CC)			Law & Order: Criminal Intent		Law & Order: SVU		
TBS 38	Ray- mond	Ray- mond	Friends (CC)	Friends (CC)	Sex and the City	Sex and the City	Daisy- America	Daisy- America	Seinfeld (CC)	Seinfeld (CC)	Movie: Th Guy ★★½	
WGN 39	America's Home Vid		Da Vinci's Inquest The Quality of Mercy (CC)		Inquest	WGN News at Nine (CC)		Sex and the City	Becker (CC)		Da Vinci's Inquest The Hunt (CC)	
TNT (40)	Law & Order Stiff (CC) (DVS)		Law & Order Mother's Day		Law & Order Cry Wolf (CC) (DVS)		The Closer (CC)		Cold Case The Letter (CC)		The X-Files Darkness Falls (CC)	
DSC (42)	America's	Tsunami	America's Tsunami		Dirty Jobs Exterminators. (N)		MythBusters Confederate Rocket		America's Tsunami		America's	Tsunami
A&E (47)	Cold Case (CC)	Files	American What the 0		Bounty Hunter	Bounty Hunter	Airline (CC)			Jordan y (CC)	American Justice What the Girl Saw	
HIST 48	Modern M Medieval c					ears Later Ten of the Hell: The Devil's Dorophecies. (CC)			nain (CC)		Nostradamus: 500 Years Later (CC)	
NICK 55	Oddpar- ents	Jimmy Neutron	Spon- geBob	Oddpar- ents	Full House	Father- hood	Cosby Show	Cosby Show	Cosby Show	Cosby Show	Cosby Show	Cosby Show
DISN (56)	That's- Raven	That's- Raven		e Cheetah Irama) <i>Rav</i>			Zack & Cody	Zack & Cody	That's- Raven	That's- Raven	Phil of Future	Kim Possible
FAM (58)	Smallville Lineage (CC)		Movie: Rudolph and in July ★★½ (1980, F				Whose Line?	Whose Line?	The 700 C	lub (CC)	Home Videos	Home Videos
HALL 60	Walker, Te Ranger (C		Walker, Te Ranger (C				k★ (1985, Western) ael Moriarty.		M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H The Gun

8 PM | 8:30 | 9 PM

WEDNESDAY

DECEMBER 28

10 PM 10:30 11 PM 11:30

Dear Ma Der Tag

KLBY/ABC 4 6	News (CC)	Ent. Tonight	George Lopez	Freddie (CC)	Lost Collis	(3.7)		t Kate Did	News (CC)	Nightline (CC)	Jimmy Kii (CC)	mmel Live	
KSNK/NBC 8 8			E-Ring Eso Evade (CC		pe and Law & Order: Criminal Intent		Law & Order Flaw (CC)		News	The Tonig With Jay I		Late Night	
KBSL/CBS	News (CC)		Still Standing	Yes, Dear			CSI: NY Zoo York A tiger kills a man.		News (CC)	Late Show With David Letterman		Late Late	
K15CG 2	The News With Jim L		Window to the Sea (N) (CC) Imagining America: Icc Century American Art							As Time Charlie Ro Goes By (CC)			
ESPN 28	College Fo	ootball	College Football: Mastercard Alamo Bowl Michigan vs. Nebrask Antonio. (Live) (CC)					a. San	SportsCer (CC)	nter (Live)	NFL Live (N) (CC)		
USA 37	Law & Ord	ler: SVU	Law & Ord Criminal In							aw & Order: riminal Intent		Law & Order: Criminal Intent	
TBS 38		Ray- mond		Ray- mond	Funniest Commercials: 2005			Sex and the City	Daisy- America	Daisy- America	Funniest Commercials: 2005		
WGN 39		erica's Funniest Becker ne Videos (CC) (CC)		Becker (CC)	Home Improve.	Home Improve.	WGN News at Nine (CC)		Sex and the City	Becker (CC)	Da Vinci's The Captu		
TNT 40	Law & Ord Untitled (C		Law & Ord White and				Movie: Twister (1996) to test a new tornado-r				Movie: Twister ★★★ (1996) (CC)		
DSC 42	Boston's I (CC)	Big Dig			MythBusters Buried Alive (CC)		Dirty Jobs Worm Dung Farmer (CC)		Dirty Jobs Ostrich farmer. (CC)		Super Ships Atlantic Guardian		
A&E 47	Cold Case Arsonist. (C			Bounty Hunter	Inked (CC)	Inked (N) (CC)	Criss Angel	Criss Angel	Crossing Cruel & Ur	Jordan nusual	Bounty Hunter	Bounty Hunter	
HIST 48	Modern Marvels Glue (CC)		Decoding the Past Ancient Babylon. (N)		Decoding the Past Predicting events.				The Next Plague Avian Flu. (CC)		Decoding the Past Ancient Babylon.		
NICK 55	Oddpar- ents	Jimmy Neutron	Spon- geBob	Rugrats (CC)		Fresh Prince	Cosby Show	Cosby Show	Cosby Show	Cosby Show	Cosby Show	Cosby Show	
DISN 56	That's- Raven	That's- Raven		Movie: The Even Stevens Movie ★★ 2003, Comedy) Shia LaBeouf. (CC)			Zack & Cody	Zack & Cody	That's- Raven	That's- Raven	Phil of Future	Kim Possible	
FAM 58	Smallville Ryan (CC) Movie: Home Ald wants to reunite h							Whose Line?	The 700 Club (CC)		Home Videos	Home Videos	
HALL	Walker, Te	exas	Walker, Texas Movie: The Unforgiven					960) Pionee	rs feud	M*A*S*H	M*A*S*H	M*A*S*H	

Ranger (Part 1 of 2) Ranger (Part 2 of 2) with Kiowa Indians over a birthright. Audrey Hepburn.