

Family

Deaths

Robert E. Lauritsen

Robert E. Lauritsen, 71, of Colby, died Monday, Oct. 17, 2005, at Prairie Senior Living Complex in Colby.

He was born Nov. 23, 1933, in Rawlins County.

Mr. Lauritsen is survived by his mother, Esther Lauritsen of Colby; a brother, Wayne Lauritsen of Divide, Colo. and one sister, Joyce Gatlin of Colby.

A memorial service will be held at 2 p.m. Monday at First Presbyterian Church in Colby with Rev. Carol Rahn officiating.

There will be no visitation as there was cremation. Arrangements were handled by Kersenbrock Funeral Chapel.

Memorials are suggested to the Diabetes Association or the church and can be left at any Colby bank.

Daughters of Isabella have gourmet meal at meeting

Immaculate Heart of Mary Circle #747 met in the Knights of Columbus room at 6 p.m. for a delicious gourmet meal prepared by Fawna McFee and Ceanne Rinehart. A business meeting followed. Gayle Bremerkamp called the meeting to order. The opening prayer was lead by Joan Ziegler and said as a group. The opening ode was sung and pledge to the flag made.

Nancy Barlow showed us some Hallmark table favors she had purchased for the spring conference. Joan Ziegler has contacted the Chamber of Commerce for goodie bags.

Rosemary Bange had four kinds of decorated small bags that were purchased by the four hosting circles to be given each guest at the spring conference held in Colby.

The slate of officers for the coming year nominated and elected are:

Loretta Zerr, regent; Ceanne Rinehart, vice regent; Gayle Bremerkamp, past regent; Susan Veeh; Margaret Dennele, recording secretary; Nancy Barlow, treasurer; Marge Mowry, custodian; Joan Ziegler, chancellor; trustees, Louise Dougherty, first year; Fawna McFee, second year; Theresa Baker, third year; Father Dana Clark, chaplain.

State Regent Lucille Rief was here Oct. 15 to install officers from St. Paul Circle, Grinnell, St. Catherine Circle, Oakley and Immaculate Heart of Mary Circle, Colby. Review of books was held and installation at the Knights of Columbus room.

Hostesses for the Nov. 3 meeting are Rosetta Bremerkamp and Darline Hutfles and hostesses for the Christmas party are Theresa Baker and Susan Veeh.

Smoky Hills television showing Halloween treats

BUNKER HILL — Kids are in for a “howl of a time” with a full day of Halloween-themed PBS KIDS and PBS KIDS GO! children’s programming on Monday, October 31, on Smoky Hills Public Television.

Chock full of frightful fun, kids can see what pranks Arthur pulls at the “Scare Your Pants Off” costume party on PBS KIDS GO! and find out what a Halloween campout brings for Clifford on PBS KIDS.

And those are only two of the stops on this trick-or-treat trip.

“Halloween is such an exciting time for kids and we’re featuring content to help children expand

their imaginations and talk about some of the things that might frighten them this time of year,” said John F. Wilson, Senior Vice President, Programming , with PBS.

In addition to the spook-tacular programming on Monday, October 31, from Monday, October 24 through Halloween, Arthur and the gang in Elwood City are brewing hair-raising stories and secrets. “Arthur’s Halloween Week” also coincides with a similar full week of spooky episodes on the PBS Kids GO! math thriller cartoon, “Cyberchase.”

Babies

Henry Curtis Holle

Orrin and Beth Holle of Atwood announce the birth of their son, Henry Curtis Holle on Tuesday,

Oct. 18, 2005, at Citizens Medical Center in Colby. Henry weighed 7 pounds, 6 ounces and is 18 1/2 inches long.

Grandparents are Kevin and Mary Holle of Atwood and Howard and Suzanne Wehrman of Sylvan Grove.

Great-grandparents are Fran and Violet Holle of Atwood, Ruth Wehrman of Emporia and Roy Jr. and Georgia Bauer of Pawnee Rock.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$3.41
Corn	\$1.76
Milo	\$2.76
Soybeans	No bid

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YOU DON'T WANT TO LOSE
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YOU EVEN GET THERE.

If you're heading to Vegas, and you've decided to fly out of Kansas City instead of Wichita because you think you can save yourself a lot of money for the Craps tables, or the Blackjack tables, or even the Pai Gow Poker tables, then you need to sit right there while we perform a little "Airport Math."

So you've booked your ticket and have saved \$60. Good for you. Unfortunately, you need to put gas in the car. That was \$40. So now, you've only saved \$20. And, you need to figure that the turnpike is going to cost you about \$6. Oops. Down to \$14. And since three hours is a pretty long time to be in the car, you're probably going to want a bottle of water or a can of pop (or two or three, depending upon the power of your thirst). A low estimate for this is \$5. Now, you're

down to a savings of \$9. Congratulations, you just drove three long, tedious hours from Wichita to K.C. to save yourself \$9. Which you are sure to lose just about the second you set foot in Vegas. And, oh yeah, don't forget you have to spend the same amount of money to get home. Ouch.

So fly Wichita instead. We have more than 100 arriving and departing flights each day. We have 12 nonstop destinations to great places like Las Vegas. And, we have comparable prices to any large metro airport. So, if you're planning a trip soon, we urge you to visit the Mid-Continent Airport Web site: www.flywichita.com. There, you can learn more about what flights are available, where they go and what they cost.

Flywichita.com

Today is 'National Mammography Day'

Healthy Haps

National Mammography Day is the third Friday in October do you need to schedule yours? October is also cervical and breast cancer awareness month, have you had your well woman physical this year? This is your reminder that early detection can save lives and prevention makes healthy people. Let's review.

What is cancer? Cancer is a group of diseases that occur when cells become abnormal and divide without control or order. Each organ in the body is made up of various kinds of cells. Cells normally divide in an orderly way to produce more cells only when they are needed. This process helps keep the body healthy. If cells divide when new cells are not needed, they form too much tissue. This extra tissue, called a tumor, can be benign (not cancerous) or malignant (cancerous). Eighty percent of all breast tumors are benign. They can usually be removed, and, in most cases, they don't come back. Most important, the cells in benign tumors do not invade other tissues and do not spread to other parts of the body.

Benign breast tumors are not a threat to life. The cancer cells grow and divide out of control, invading

and damaging nearby tissues and organs. Cancer cells can also break away from the original tumor and enter the bloodstream or lymphatic system.

This is how breast cancer spreads and forms secondary tumors in other parts of the body. This spread of cancer is called metastasis. Breast cancer is the most common cancer in women, aside from skin cancer.

During 2005, an estimated 211,240 new cases of invasive breast cancer are expected to occur among women in the U.S. It is the second leading cause of cancer death, after lung cancer. An estimated 40,410 women are expected to die from breast cancer this year. About 1,690 new cases of breast cancer are expected. In men in 2005, 460 are estimated to die from the disease.

To predict when and in whom breast cancer will strike, scientists must often think like detectives, looking for clues to signal which women may be more likely than others to develop the disease. These clues are called "risk factors." To

identify risk factors., scientists continually examine various trends and patterns among women worldwide who are diagnosed with the disease.

Age, individual and family medical history, reproductive history, genetic alterations, race, economic status, neighborhood and workplace exposures to pollutants, and lifestyle habits are all examples of the factors that can be evaluated. This information tells a scientific story that helps experts predict with some certainty a woman's odds for developing breast cancer. It's important to note, however, that this is not in exact science and that such predictions are not definite. Having one or two of these risk factors doesn't mean two women will develop breast cancer (7 out of 10 breast cancers occur in women with none of the important risk factors, other than simply being a woman). But knowing her personal risk factor profile and understanding what it means will help her and her doctor plan a course of action that may reduce her chances of ever getting the disease or, as least, to detect it in its earliest, most treatable stages. The risk of breast cancer increases as a woman grows older.

About 82 percent of breast can-

cers occur in women age 50 and older. Breast cancer is uncommon in women younger than age 35. There is some evidence to suggest young African American women are at greater risk for breast cancer than young white women. Women who have had breast cancer and women with a history of breast disease (not cancer, but a condition that may predispose them to cancer) may develop it again. The risk of getting breast cancer increases for a woman whose mother, sister, daughter or two or more close relatives have had the disease. It is important to know how old they were at the time they were diagnosed.

Some individuals, both women and men, may be born with an "alteration" (or change) in one or two genes that are important for regulating breast cell growth. Individuals who inherit an alteration in the BRCA1 or BRCA2 gene are at an "inherited" higher risk for breast cancer. They also may pass this alteration on to their children. It is very rare. Scientists estimate that only about 5-10 percent of all breast cancers are due to genetic changes. One out of two women with these changes are likely to develop breast cancer. Women with a family history of breast cancer are encouraged to speak to a genetics counselor to determine the pros and cons of genetic testing. Next week, the article will continue with risk factors that involve estrogen. (Taken from "Know the Facts about Breast Cancer," The National Breast Cancer Awareness Mouth Web site)

High Plains Lions discuss plans

The members of High Plains Lions gathered at the Prairie Rose Room Monday, Oct. 10 for their regular meeting. Following a buffet dinner the group was called to order by Lion President Sheryl Brenn.

The flag salute was given, Lion Larry Brenn lead the group in singing and Lion Elmer Lawver gave the prayer. In the absence of secretary Lion Virgil Jones, Lion Kassie Juenemann read the minutes of the last meeting.

Lion Larry Brenn distributed the new membership cards. The president called for reports and announcements.

Lion Hazel Estes and Lion Hale reported on the planned activities for World Sight Day Oct. 13. Lion Sheryl Brenn announced dates to remember. Saturday, Dec. 3 will be the annual pancake feed at the Colby Community Building. January 21 will be the Goodland Club's

50th anniversary. Reservations for the celebration are due by Dec. 19. Lion Mary Hurtt announced she would be modeling again this year at the 10th anniversary of the "Day of Caring," honoring survivors of breast cancer.

It will be held at the Fort Hays State University campus on the 15th. She urged all women to wear pink on Saturday in observance of Breast Cancer Week. Lion Hurtt also announced that no school in our club area would be entering the annual Peace Poster contest. Lions Sheryl and Mary discussed the need for volunteers to help with activities at the Senior Living Complex.

They indicated help was needed with reading, card playing, pool playing and bingo.

Lion president read a letter concerning needs for the Katrina and Rita victims. She told of what other clubs had been doing to aid some of the victim clubs. President Brenn

reminded the club that the Christmas meeting was three meetings away. She does not know if we will be combining clubs for a party, as in the past.

The next club meeting will be Oct. 24. Lion Sheryl will be the program chairperson. The lottery was won by Lion Hazel Estes.

Bridge Results

Colby Country Club bridge winners from Tuesday, Oct. 18 have been announced. They were: Lyle Worthy, first; Mary Kersenbrock, second; Helen Donelan, third; Elaine Ptacek, fourth; Vona Lunsway, fifth. Mary Molstad won the dimes.

We want your local news e-mail to pdecker@nwkansas.com

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Jason Shanks

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