

Families should be prepared before natural disaster strikes

DEAR READERS: In the wake of hurricanes Katrina and Rita, and projections from the National Weather Service indicating that there are more to come, it is apparent that too many of our citizens are at a loss about how to prepare for a natural disaster.

Wanting to help not only the hurricane survivors, but also to offer information so that ALL of us will be better prepared for potential disasters in the future, I turned to my friends at the Federal Citizen Information Center in Pueblo, Colorado.

True to form, they have come through with an excellent publication from the U.S. Department of Homeland Security: "Preparing Makes Sense."

Get Ready Now." It explains how to assemble an emergency supply kit and develop a family plan that can be invaluable in all kinds of emergencies. The booklet is free.

It's available in both English and Spanish, and can be ordered by writing to: Preparing Makes Sense, Pueblo, Colo. 81009, or by calling toll-free: 1-888-878-3256 Monday through Friday, 8 a.m. to 8 p.m. ET.

For survivors of the hurricanes, and for those individuals who want to help with the recovery effort, one of the best online sources is www.-FirstGov.gov.

This Web site has links to help locate loved ones, register online for government assistance, replace your vital personal documents, locate state and local services, as well as volunteer opportunities.

Because scam artists are always quick to take advantage of those in need as well as those who want to help, www.FirstGov.gov offers sound advice for avoiding frauds and schemes, and making sure the charity that you donate to is reputable. (Free copies of "Preparing Makes Sense" can also be ordered online at FirstGov.gov.)

While my prayer is that our country will be spared future disasters, my goal today is to encourage you to send for this free publication and to further protect yourselves and your loved ones by using the resources at www.FirstGov.gov.

—LOVE, ABBY

DEAR ABBY: At a friend's wed-



Abigail Van Buren

Dear Abby

ding last weekend, my best friend's husband propositioned me. He said if I ever wanted "something on the side" to give him a call. I was floored.

I had always considered him to be a creep, but never thought he would pull something like that.

I told him it would never happen, but if I ever considered it, it certainly wouldn't be with my best friend's husband. He said that that's why I was the perfect candidate — because I would never say anything to her.

What should I do? I don't want to tell her and have that be the reason she splits up with her husband, but I think she should know her husband is on the prowl.

She has two small children with this loser, and although he seems to be a good father, apparently he's a bad husband.

— APPALLED IN HUNTINGTON BEACH, CALIF.

DEAR APPALLED: Considering the number of sexually transmitted diseases there are that can have serious, lasting health implications, you'd be doing your best friend a favor by speaking up.

One way to lead into it would be to ask if her husband had had "a lot to drink" at the wedding, because "this is what he said to me." She should consult her doctor about being checked for STDs — as well as asking for a referral to a marriage counselor, because her marriage is in trouble.

DEAR ABBY: Please settle a disagreement my wife, "Angela," and I are having.

We heard from some friends that Angela's nephew was being married. Angela saw her nephew on a couple of occasions, and he never once mentioned that he was even engaged.

The wedding was held in July. We did not receive an invitation. Now

an announcement has arrived in the mail stating that they are married. Angela has heard through the grapevine that the bride is registered for wedding gifts at a local department store.

I say we should send them a card since we were neither notified of the engagement nor invited to the wedding.

Angela is very upset over this because she has always felt close to her nephew — but apparently her feelings weren't reciprocated. She thinks we should send a nice gift. What do you think, Abby?

— CONFUSED AND SAD
DEAR CONFUSED AND SAD: You and your wife are in no way obligated to send a gift to her nephew and his bride.

However, because your wife feels she would like to send something, a "token" gift would be suitable — and very generous under the circumstances.

DEAR ABBY: I'm 24 and find myself in a situation where my relationship with my boyfriend may be coming to an end. The breakup isn't the part I fear the most. It hurts, but time heals and I know I will be OK.

What I'm dreading are the inevitable questions I'll be getting about why it happened.

Why can't people — especially family — just accept things for what they are? Talking about it won't make it any better. How should I respond to people who ask me questions? I want to be polite but still make it clear that questions only make it worse.

— SAD IN CHICAGO

DEAR SAD: Here's the mantra. Say, "It's really too painful to discuss right now, and I'd appreciate it if you would drop the subject." And if the questioner is insensitive enough to persist after that, repeat it. Then change the subject.

Editor's note: Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips.

Write Dear Abby at www.Dear-Abby.com or P.O. Box 69440, Los Angeles, Calif. 90069.

TV LISTINGS

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SUNDAY

OCTOBER 16

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC 4 (6)	In Touch Extraordinary life.		Good Morning America (CC)		This Week-George Stephanopoulos		Hour of Power (CC)		The Coral Ridge		First United Methodist Church	
KSNK/NBC 8 (8)	Rebecca Gdn	Paid Program	Today (CC)		Meet the Press (CC)		Paid Program	Paid Program	Your Bible	Paid Program	Paid Program	Paid Program
KBSL/CBS 12 (11)	Paid Program	Messiah Baptist	Johnston	Believer Voice	CBS News Sunday Morning		Face the Nation		Paid Program	Paid Program	NFL Today Host Greg Gumbel. (Live)	
K15CG 2	Euro. Journal	On the Money	Sesame Street (EI) (CC) (DVS)		Eyes of Nye	Maya & Miguel	Arthur (EI)	Post-cards	Cyber-chase	Busi-ness	Health Sense	To the Contrary
ESPN 28	Sports-Center	College Gameday Final (CC)	NFL Matchup		Sports-Center	Outside Lines	Sports Reports	Sports-Center	Sunday NFL Countdown (Live) (CC)			
USA 37	Paid Program	Paid Program	Paid Program	Paid Program	Movie: Next Friday ★★ (2000, Comedy) Ice Cube, Mike Epps. (CC)				PGA Tour Sunday (Live) (CC)		Movie: Blown Away ★★ (1994) (CC)	
TBS 38	(5:00) Movie: Invincible (2001)		Movie: Mr. Nice Guy (1997) An unwitting hero saves a journalist from a crime lord.		Movie: Bait ★½ (2000, Action) A petty thief is used to flush out a high-tech criminal.						Movie: The Last Boy Scout (1991)	
WGN 39	Chang-ing	Bill Winston	Key of David	Ronnie Floyd	Hillbilles	Hillbilles	Happy Days	Cosby Show	Moesha (CC)	Home Improve.	America's Funniest Home Videos (CC)	
TNT 40	(5:00) Movie: Divine Secrets of the Ya-Ya Sisterhood ★★		Movie: Cocktail (1988) An arrogant young bartender uses his charm and good looks.		Movie: Forces of Nature (1999) a free-spirited female detour a groom-to-be.						Fate and the Contrary	Movie:
DSC 42	Paid Program	Paid Program	Paid Program	Paid Program	Chimpanzees in the Congo		Congo		Congo: Spirits of the Forest		Congo: Footprints in the Forest	
A&E 47	Murder, She Wrote Thursday's Child		Breakfast With the Arts				Knievel's Wild Ride (CC)		Growing Up Gotti	Growing Up Gotti	Inked (CC)	Inked (CC)
HIST 48	Heaven on Earth	Heaven on Earth	History's Bus	Histo-ryCTR	Stories From Hall of Fame: Baseball		Movie: Bat 21 ★★★ (1988) A pilot attempts to rescue a downed Air Force colonel. (CC)				Forward Observers (N) (CC)	
NICK 55	Rocket Power	Rugrats (CC)	Grown Up	Jimmy Neutron	Spon-geBob	Cats-cratch	Oddpar-ents	Danny Phantom	Avatar-Last Air	Grown Up	Teenage Robot	Chalk-Zone
DISN 56	Koala Brothers	Higgly-town	Ein-steins	JoJo's Circus	Doodle-bops	Charlie & Lola	The Wiggles	Lilo & Stitch	Lilo & Stitch	Whis-kers	Ameri-can Drgn	Buzz on Maggie
FAM 58	Digimon-Digital	Battle B-Daman	Power Rangers	Power Rangers	Power Rangers	Power Rangers	Power Rangers	Power Rangers	Spider-Man	Dragon Booster	Full House	Full House
HALL 60	Movie: The Devil's Arithmetic ★★★ (1999, Drama) Kirsten Dunst. (CC)				America at Worship				Mass From Notre Dame		The World of Faith and Values	

SUNDAY

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	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC 4 (6)	Figure Skating: Campbell's International Skating Challenge. St. Paul, Minn. (CC)				PGA Golf: Michelin Championship at Las Vegas -- Final Round. (Live) (CC)						ABC Wild News	News (CC)
KSNK/NBC 8 (8)	LPGA Golf: Samsung World Championship -- Final Round. Palm Desert, Calif. (Live) (CC)				Action Sports Orlando, Fla. (N) (CC)						News	NBC News
KBSL/CBS 12 (11)	NFL Football: Jacksonville Jaguars at Pittsburgh Steelers. Heinz Field. (Live) (CC)				NFL Football: New England Patriots at Denver Broncos. INVESCO Field at Mile High. (Live) (CC)							
K15CG 2	On the Record	McLaugh-hlin	McLaugh-hlin	Religion-Ethics	Classic Gospel (CC)		Healthy Body	Steves Europe	Sewing-Nancy	Kaye's Quilting	NOV (N) (CC)	Busi-ness
ESPN 28	Bull Riding: PRCA Xtreme. Reno, Nev.		Bull Riding: PRCA Xtreme. (CC)		Strong-est Man (CC)	IndyCar Racing: Toyota Indy 400. From Fontana, Calif. (Live)					Strong-est Man	
USA 37	(11:00) Movie: Blown Away ★★ (1994) Jeff Bridges. (CC)		Movie: Breakdown ★★★ (1997, Suspense) Kurt Russell, J.T. Walsh. (CC)		Movie: Out for a Kill ★½ (2003, Action) Steven Seagal, Michelle Goh. (CC)						Movie: Mercury	
TBS 38	(11:00) Movie: The Last Boy Scout		Movie: Life (1999) Two wrongly convicted felons make the most of life in jail.		Movie: Blue Streak (1999) A thief poses as a cop to retrieve a hidden diamond.						Movie: Rush Hour ★★★ (1998) (CC)	
WGN 39	Movie: Alice Through the Looking Glass (1999, Fantasy) Kate Beckinsale. (CC)		Movie: Larger Than Life ★★ (1996, Comedy) Bill Murray. (CC)		HomeTeam Seattle (N) (CC)						America's Funniest Home Videos (CC)	
TNT 40	(11:30) Movie: The American President ★★★ (1995) Michael Douglas. (CC)		Movie: Steel Magnolias ★★★ (1989) Six iron-willed women gather at a Louisiana beauty parlor.		Movie: Runaway Bride ★★ (1999, Comedy) Julia Roberts.							
DSC 42	MythBusters Some favorite myths. (CC)		MythBusters (CC)		Extreme Engineering (CC)		The FBI Files Stolen Identity (CC)		The Unperfect Crime (Part 1 of 2)		The Unperfect Crime (Part 2 of 2)	
A&E 47	Movie: Red Corner ★★ (1997) A visiting American is framed for a brutal murder in China. Richard Gere.		Sell This House!		Move House	Find & Design		Sell This House!	Sell This House!		Flip This House (CC)	
HIST 48	Last Secrets of the Axis (CC)				X-Day: The Invasion of Japan The Allied plan to invade and occupy Japan. (CC)				The Imperial Japanese Navy: Kaigun Milestones of the navy's history. (CC)			
NICK 55	Rock Star	Cats-cratch	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Amanda	Drake & Josh
DISN 56	Movie: Halloweentown High (2004) Debbie Reynolds. (CC)		Buzz on Maggie		Zack & Cody	That's-Raven	Lizzie McGuire	Even Stevens	Phil of Future	That's-Raven	Naturally Sadie	Life With Derek
FAM 58	Full House	Full House	Movie: Problem Child ★½ (1990, Comedy) John Ritter, Michael Oliver.		Movie: The Beverly Hills Cop ★½ (1993, Comedy) Jim Varney, Michael Bader.						Movie: Baby's Day Out ★★ (1994)	
HALL 60	Movie: Matlock: The Mayor ★★½ (1988, Mystery) Andy Griffith. (CC)				Columbo Now You See Him				Movie: Matlock: The Thief ★★½ (1988, Mystery) Andy Griffith. (CC)			

SUNDAY

OCTOBER 16

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 (6)	Extreme Makeover: Home Edition (CC)		Extreme Makeover: Home Edition (CC)		Desperate Housewives (CC)		Grey's Anatomy Deny, Deny, Deny		News (CC)	Seinfeld (CC)	Lawyer on Line	Diamond Adv.
KSNK/NBC 8 (8)	Dateline NBC (CC)		The West Wing Mr. Frost (N) (CC)		Law & Order: Criminal Intent (N)		Crossing Jordan Judgement Day (N)		News	24 2:00 AM - 3:00 AM (CC)		Inside Edition
KBSL/CBS 12 (11)	60 Minutes (CC)		Cold Case Colors (N) (CC)		Movie: Walker, Texas Ranger: Trial by Fire (2005, Action) Chuck Norris.				News (CC)	News	Alias Doppelganger (CC)	
K15CG 2	Art in the Twenty-First Century Play		Nature Shark Mountain		Mystery! The Murder Room (N) (Part 2 of 2) (CC) (DVS)		Sci. Frontiers		Globe Trekker West India (CC)		Mystery: Hetty Wainthropp	
ESPN 28	Sports-Center	NFL Primetime (Live) (CC)		NFL Football: Houston Texans at Seattle Seahawks. Qwest Field. (Live) (CC)					SportsCenter (Live) (CC)			
USA 37	(5:30) Movie: Mercury Rising ★★ (1998, Suspense) Bruce Willis, Alec Baldwin. (CC)		Movie: The Hunted ★★ (2003) A retired combat trainer tracks a killer in Oregon.						Law & Order: SVU		Law & Order: SVU	
TBS 38	(5:00) Movie: Rush Hour ★★★ (1998)		Movie: I Spy ★★ (2002) (PA) A spy recruits a boxer to help him retrieve a stolen plane.		Movie: I Spy ★★ (2002) (PA) A spy recruits a boxer to help him retrieve a stolen plane.				Movie: The Last Boy Scout (1991)			
WGN 39	Maximum Exposure		24 4:00 AM - 5:00 AM (CC)		24 5:00 AM - 6:00 AM (CC)		WGN News	Instant Replay	Sex and the City	Becker (CC)	Maximum Exposure	
TNT 40	(4:30) Movie: Runaway Bride ★★		Movie: Pretty Woman ★★★ (1990, Comedy-Drama) An executive plays Pygmalion to a young streetwalker.		Movie: Pretty Woman ★★★ (1990, Comedy-Drama) An executive plays Pygmalion to a young streetwalker.							
DSC 42	SOS: Coast Guard Rescue		Columbus: Secrets From the Grave		JFK: Beyond the Magic Bullet (CC)				Quest for Columbus		Columbus: Secrets From the Grave	
A&E 47	Cold Case Files (CC)		The First 48 A Deadly Betrayal		Family Plots	Family Plots	Intervention Alyson (CC)		CSI: Miami Broken (CC)		The First 48 A Deadly Betrayal	
HIST 48	Decoding the Past Biblical prophecies.		The Nazi Expedition (CC)		Auschwitz: The Forgotten Evidence		Band of Brothers (CC)		The Mysteries of Devil's Triangles		The Nazi Expedition (CC)	
NICK 55	Ned's School	Unfabu-lous (N)	Zoey 101 (N) (CC)	Romeo! (CC)	Full House	Fresh Prince	Hi-Jinks (CC)	Cosby Show	Rose-anne	Rose-anne	Fresh Prince	Fresh Prince
DISN 56	Zack & Cody	That's-Raven	Movie: Twitches (2005, Fantasy) Reunited twins use magic against evil. Tia Mowry.		Movie: Twitches (2005, Fantasy) Reunited twins use magic against evil. Tia Mowry.		Zack & Cody	Naturally Sadie	Phil of Future	That's-Raven	Life With Derek	Buzz on Maggie
FAM 58	(5:00) Movie: Baby's Day Out ★★		Movie: Home Alone 2: Lost in New York ★★½ (1992, Comedy) Macaulay Culkin, Joe Pesci. (CC)		Movie: Home Alone 2: Lost in New York ★★½ (1992, Comedy) Macaulay Culkin, Joe Pesci. (CC)		Whose Line? (CC)		Home Videos	Home Videos	Joel Osteen	Feed the Children
HALL 60	Movie: Mystery Woman: Snapshot (2005, Mystery) Kellie Martin. (CC)				Movie: McBride: The Doctor Is Out... Really Out (2005) John Laroquette. (CC)				Movie: Matlock: The Mayor ★★½ (1988, Mystery) Andy Griffith. (CC)			

MONDAY

OCTOBER 17

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 (6)	News (CC)	Ent. Tonight	Wife Swap Downs/ Bailey (N) (CC)		NFL Football: St. Louis Rams at Indianapolis Colts. RCA Dome. (Live) (CC)						News	Nightline (CC)
KSNK/NBC 8 (8)	News	Wheel of Fortune	Surface Episode 5 (N) (CC)		Las Vegas Ed's identity is stolen. (N)		Medium Sweet Dreams (N) (CC)		News	The Tonight Show With Jay Leno (CC)		Late Night
KBSL/CBS 12 (11)	News (CC)	Friends (CC)	King of Queens	How I Met	Two/Half Men	Out of Practice	CSI: Miami Three-Way (TV) (N) (CC)		News (CC)	Late Show With David Letterman		Late Late
K15CG 2	The NewsHour With Jim Lehrer (N)		Antiques Roadshow Reno		American Experience Two Days in October (N) (CC)		Food-Future		BBC World	My Family	Charlie Rose (N) (CC)	
ESPN 28	Sports-Center	Monday Night Countdown (Live) (CC)			Figure Skating: World Championships -- Ladies and Dance. (CC)						SportsCenter (Live) (CC)	
USA 37	Law & Order: SVU		Law & Order: Criminal Intent				WWE Monday Night Raw (Live) (CC)				Movie: The Scorpion King ★★ (2002, Adventure) The Rock, Steven Brand. (CC)	
TBS 38	Ray-mond	Ray-mond	Friends (CC)	Friends (CC)	Friends (CC)	Friends (CC)	Family Guy (CC)	Family Guy (CC)			Movie: Galaxy Quest ★★★ (1999, Comedy) (PA) Tim Allen. (CC)	
WGN 39	America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		WGN News at Nine (CC)		Sex and the City	Becker (CC)	Da Vinci's Inquest In the Bear Pit (CC)	
TNT 40	Law & Order Corruption		Law & Order Hitman (CC) (DVS)		Law & Order Harvest (CC) (DVS)		Law & Order Standoff (CC) (DVS)		Without a Trace Prodigy (CC)		The X-Files Drive (CC)	
DSC 42	Kustomizer LimoKopter. (N)		American Hot Rod Make-A-Wish Car 3		Monster Garage Armored Dunkster		American Chopper Rick's Bike 1 (CC)		American Chopper Gillette Bike 2 (CC)		American Hot Rod Make-A-Wish Car 3	
A&E 47	Cold Case Files (CC)		Teen Thrill Killers (CC)		Growing Up Gotti	Growing Up Gotti	Airline (N) (CC)	Airline (CC)	Crossing Jordan Pilot (CC)		Teen Thrill Killers (CC)	
HIST 48	Modern Marvels Satellites (CC)		UFO Files Majestic 12: UFO Coverup		Decoding the Past Novelist Dan Brown tries to link a mystery to the life of Jesus.				Conspiracy? (CC)		UFO Files Majestic 12: UFO Coverup	
NICK 55	Oddpar-ents	Jimmy Neutron	Spon-geBob	Zoey 101 Disc Golf	Full House	Fresh Prince	Fresh Prince	Cosby Show	Rose-anne	Rose-anne	Fresh Prince	Fresh Prince
DISN 56	That's-Raven	That's-Raven	Movie: The Little Vampire ★★ (2000, Fantasy) Jonathan Lipnicki. (CC)		Naturally Sadie	Sister, Sister			That's-Raven	That's-Raven	Phil of Future	Kim Possible
FAM 58	Smallville Pariah		Whose Line? (CC)		Whose Line? (CC)		Whose Line? (CC)		The 700 Club (CC)		Home Videos	Home Videos
HALL 60	Walker, Texas Ranger Payback		Walker, Texas Ranger Tiger's Eye		Movie: Love Comes Softly (2003, Romance) Katherine Heigl. (CC)				M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)




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A message from the Kansas Department of Health and Environment, Cancer Information Service, Susan G. Komen Breast Cancer Foundation, and American Cancer Society.

