Family

Deaths

Olive Thiel Dillinger

Colby, died Thursday, Sept. 15, 2005 at Citizens Medical Center in Colby. She was born Feb. 9, 1912 first husband, Luther H. Thiel on in Shelby County, Ill. and was a homemaker.

Mrs. Dillinger is survived by her husband, Troy Dillinger of Colby; a son, Dale L. Thiel of Colby; a daughter, Sonja R. Nelson of Prescott, Ariz.; four grandchildren and three great-grandchildren.

Services will be at 2 p.m. Monday at Brewster Community Church with Pastor Mike Funeral Chapel in Colby.

Olive Thiel Dillinger, 93, of Pinkelman officiating. Burial will be at Beulah Cemetery in Colby. She was preceded in death by her Oct. 10, 1995; a daughter, Iris A. Thiel on May 16, 1956 and a grandson. Visitation will be from 2-8 p.m. Sunday and from 10 a.m. to noon Monday at Brewster Community Church. Memorials are suggested to Brewster Community church. Donations may be left at any Colby Bank, Farmers Bank and Trust in Brewster or at Kersenbrock

This is healthy aging month, which brings to mind a question. How do you age healthy?

The best answer to this question is to take care of yourself in every way you can.

How is your lifestyle? Do you smoke, chew or drink alcohol? Do you practice seat belt usage each and every time you get into a vehicle? Is your nutrition full of fresh vegetables and fruits? Are your meals prepared by baking, broiling or boiling?

Is exercise a part of your routine? Do you lessen your stress by using stress-reducing practices?

With aging come some losses,

Healthy Haps

Healthy aging can be accomplished

whether it is your eyesight, hearing, joints, etc. Are you willing to accept help by using assistive devices or by using outside health workers? Yearly checkups should be part of your routine. Taking refresher courses such as defensive driving and college classes will keep your skills and your mind sharp. The old saying "If you don't use it you will use it" is so true.

Get your rest, but keep busy and active. Atoned, wise body will help you along the way.

Travel if you are able, getting

Jean

Lowe

home of Janet Wright to visit and

reminisce. Family members in at-

tendance ranged from age eight

Kenneth and Louise Smith spent

Friday night in Hutchinson with

Bernard and Mary Smith, Lindsay

and Aaron Smith and a friend, Tony

Rubinik. The grandparents' grand-

children live in Manhattan and were

guests of their parents for Labor

months to 80 years young.

• Winona

Correspondent

away and refreshing yourself with that you now have. Seniors who different scenery will keep you sharp

Play cards or games daily. Your mind will thank you for it.

Don't keep a big yard or house, downsize for your body's ability. This will keep you more independent and you will make your own decisions where you will live (versus others making them for you).

If you have trouble making decisions tell your family so they may get you help and services that you need.

Falls and broken bones are often the consequences for not accepting the age that you are and the abilities 432-7422.

make the decision themselves to downsize their living arrangements (by moving to either senior housing or assisted living) find their lives much easier and still keep their independence. Too many times, family members turn into full-time caregivers and burn out occurs with both the senior and the family member. People try to fight their age instead of embracing it and accepting changes. Community services are available to all seniors. For further information, contact the health department at 460-4596 or Northwest Kansas Area on Aging at 1-800-

Harvest tomatoes at first blush

When they reach a certain age, tomatoes Americans' favorite garden vegetable, which is really a fruit start acting like teenagers. All they do is hang around. They're in the throes of suddenly active hormones which in the tomatoes' case, produce gas! They're still attached to their vine, but become totally closed off from its day-to-day operations.

Vegetables guru Chuck Marr says this "adolescent" stage is when tomatoes need to leave the vine. The fruit on plants now growing in home gardens and patio pots is beginning to reach that age.

"Until frost is in the forecast, I recommend always harvesting tomatoes when they show the first blush of red color," explained Marr, who is the horticulture program leader at Kansas State University Research and Extension. "Tomatoes will ripen off the vine, as well as on.

"Off the vine, however, they'll have lower odds for cracking or bruising. They won't touch the ground and rot. Plus, you'll have some control over the ripening process."

If stored in a cool 55- to 60-degree basement, for example, tomatoes ripen very slowly, he said. If warmed to 85 degrees, they ripen quickly.

When garden temperatures soar above 95 degrees, indoor-ripened tomatoes also produce better color. Hot weather stops the fruits' red pigment formation. The result is an odd orange-red.

The ability to ripen indoors or out is unusual in the vegetable world, Marr said.

The process is as complex, yet effortless as a teenager's growth spurt:

* The tomato (fruit) reaches full size while still green.

fruit's blossom end. * The tomato is now fully formed "mature green."

That's why tomatoes you buy in winter can have less flavor. They've been picked at a green stage so they can be transported to distant markets. Some experts estimate that more than half of off-season tomatoes may be picked earlier than the mature-green stage," the horticulturist said.

* Inside mature green tomatoes on the vine, two growth-regulating hormones change dramatically, causing the fruit to start producing ethylene gas. The gas makes the fruit cells age .. soften, begin to lose their green and develop red, and produce more ethylene .. and so on.

*At the same time, a layer of cells starts to form across a joint in the stem, about one-half inch above the fruit. These cells will seal off the tomato so no additional materials can move into or from the plant.

'By the time the tomato has its first blush of red color, the layer of cells, called an abcision zone, is complete, and you can pick the tomato with no loss of flavor or quality," Marr said. "If left on the vine after that, all the tomato will do is hang there, disconnected, going through the rest of the ripening process.'

Despite the important developments that come after tomatoes reach mature green, slightly younger tomatoes can still ripen off the vine, too, the horticulturist said.

"Commercial producers make that happen with ethylene gas. But home gardeners can get much the same effect after a late fall harvest if they simply store the younger tomatoes near those that already are mature green and producing ethylene," Marr said.

K-State Research and Extension University Agricultural Experiment Station and Cooperative Extension offices, experiment fields, area Extension offices and research Farms and Mode 'O Day. centers statewide. Its headquarters ripen to have the flavor or quality of is on the K-State campus in Manhat-

Russell Springs reunion draws in many

Janet (Avery) Wright of Russell Springs hosted an Avery-Hawley family reunion over Labor Day weekend. Seventy people from seven different states were in attendance, including Janet's cousins from California and Pennsylvania who were first-time visitors. In memory of Tory and Edna (Hawley) Avery the family decorated a float with an "American Icon" theme for the Old Settler's Dav parade.

The family enjoyed meals at the St. Francis Episcopal Church, which was catered by Connie (Avery) Patzer and Susan Worshi of Boulder, Colo. Following the parade the family gathered again at the Day weekend.

Queen family holds August reunion

of Benton A. Queen and Sarah "Nellie" (Call) attended the family reunion on Saturday, Aug. 6 and Sunday, Aug. 7.at the Colby Community Building in Colby. Benton was an early pioneer and the first rural mail carrier of Thomas County. Four of Benton's children were represented. A noontime lunch and evening dinner were served to 51 persons present. There was a great time of visiting and picture taking. A computerized slide show picturing Benton and Nellie and their children was on display. Ge-

Card Shower

Evelyn Johnson of Colby will is a short name for the Kansas State celebrate her 90th birthday Wednesday.

She was born Evelyn * It starts to develop a jelly-like tension Service, a program de- Mollerstrom on Sept. 21, 1915, in material around the seeds and a pale signed to generate and distribute Colby. She married Mandus white-green color that has distinct useful knowledge for the well-be- Johnson on April 4, 1942, in Colby. white streaks radiating from the ing of Kansans. Supported by He died in 1968. She has lived in county, state, federal and private Thomas County her entire life as a funds, the program has county Ex- homemaker and an employee of Hopper Hardware, Nickerson She has one son, Don and Connie Johnson of Norton and two grandchildren; Paige of Columbia, M.D., and Daniel of Kansas City, Mo. Friends and relatives of are invited to celebrate her birthday by sending cards to her at 1170 West 3rd, Colby, Kan. 67701.

or information. The 1942 Stephen Post Queen family history (revised) was also available as was the book of the descendants of Benton A. Oueen

Alex Queen: Deborah Thomas, Commerce City, Colo.; daughter Michelle Cordes and their children Dayne, Egan and Cimone of Littleton, Colo.; daughter Dacy and Lonnie Aragon and their children Phil and Cecily Abeyta and Lonnie Aragon, Jr., Commerce City, Colo.; Marty (Margaret) Fulton-Glaubensklee, Omaha, Neb.; Janet Sanchez; Sue and Wes Livingston and their son, Wesley, Thornton, Colo.: Tami Gerlock. Pueblo. Colo. and Janice Bourguin and their chiland Bernard (Pinkie) Lewis, Colorado City, Colo.

Descendants of Josephine and John's grandson Caleb (Queen) Ziegelmeier family in at- Bourquin, Wichita, and Dorothy's tendance were: Dorothy Metzler, daughter-in-law Reta Bourquin and Colby: Vera and Donald her daughter Christine Beatson

Saturday and Sunday with a cousin, Lloyd Smith and his wife, Evelyn, Plummer, who gave the lesson, in Girard, Kan. where they attended Dorothy Kirkham who served rea Smith family reunion. Sunday they traveled to Chanute where they were overnight guest of a Navy buddy, Tom Slater, and his wife, Lois. Their travels took them to Abilene where they visited Kenneth's 97-year-old sister in an Abilene nursing home and his niece

and her husband, Roger and Roseanne Cox. Enroute home they called on Kenneth's nephew and wife, Kenneth and JoAnn Veltman, helped with snacks. in Salina.

Wednesday activities at the W.U.M. Church included the

ily consisted of Eugene and Vickie

of Herbert A. Queen: Edna Queen,

Long Beach, Calif.; Freda Hunt,

Schoenchen; Herbert F. Queen,

Grainfield, with his son, Uriah

Queen, Elizabeth, N.J.; Henry and

Wilma Queen, Bremerton, Wash.;

Sylvia Tanner, Independence, Mo.;

Leonard and Donna Queen,

Dighton, and their children Chris-

tine Queen and her son Christopher

Queen, Ellsworth and David and

Mary Vilaysing and daughter

Ashley Vilaysing, Hays. Other rela-

tives of this family group that were

also present include: Dorothy

Bourquin, Colby, and her son John

dren Matthew and Michael and

Miriam Bourquin, Thornton, Colo.

Also attending were descendants

Queen, Damascus, Ore.

Kenneth and Louise Smith spent monthly meeting of the U.M.W. Members present were Norma Lee freshments, Beth Lamb, Lola Bretz, Opal Bretz, Norma Washburn, Wanda Summers and Evelyn Langdon. The ladies made plans for the annual smorgasbord which has tentatively been set for Monday, Oct. 10 from 5:30 to 7 p.m.

Son Shine Kids Club met with Pastor Mike Eurit. It involves first grade through sixth grade kids. Dorothy Kirkham was a visitor and

The Winona Chamber of Commerce met to plan the meal they traditionally serve to the community before the Homecoming football game. They will serve from 5 to 6:30 p.m. preceding the game and after the games and pep rally.

Joel Koster spent Labor Day week end visiting Art and Pat Koster, Lucille Bruns and Kris DuVall.



the people who sent prayers, cards, and generous gifts. It was a great help during the time of my illness.

Thanks You,



Descendants and other relatives nealogy charts and lists to present Tulsa, Okla. The Levi Queen fam-

Attending were descendants of

"Tomatoes harvested before they reach the mature green stage won't one left on the vine a little longer. tan.

Babies

David Rodriguez and Jessica Schroeder of Colby announce the birth of their daughter, Maya Elise Rodriguez, on Wednesday, Sept. 14, 2005 at Citizens Medical Center in Colby. Maya weighed 7 pounds, 1.9 ounces and was 18 1/2 inches long.

Maya Elise Rodriguez

Texas.

for your future.

BANK

OF

You first.

COLBY

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Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$3.36
Corn	\$1.87
Milo	\$2.82
Soybeans	No bid

Please join us to celebrate

Tillie Depperschmidt's 90th Birthday



Saturday, September 24, 2005 Open House 2 - 4 p.m. Fairview Estates 1630 Sewell Ave. Colby, Kansas No gifts please

Grandparents are Diane Ashbaugh of Oakley; Steve and We want your local news Judy Schroeder of Salina; Florence e-mail to Rodriguez of Colby and Gilbert and pdecker@nwkansas.com Celia Rodriguez of Woolforth,

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By listening to your needs, we can provide you with an analysis

Andrew Morford, Colby; and Erla Holcomb and daughter Chris Jean Lulue, Mobile, Ala. Alice (Queen) Howell family

was represented by Max Howells, will be Aug. 4 and 5, 2007.

(Ziegelmeier) Sadler and grandson Lomis, Neb.; Margaret Greer, Murphy, Garden City.

The next Queen family reunion



Beaded Bracelets

Crocheted Afghans

Exquisite Baby Quilt

Polar Fleece Baby Hat

Placemats, Napkins, hotpad set

Bickner Electric—4 hours service

David Starkey—Legal Services Sharon Kriss—Piano Entertainment

Shirley Malcolm-10 piano lessons

Dr. K. Thummel-Teeth Whitening

Pat Ziegelmeier-6 piano lessons

Marj Brown—Painting Lessons

Green Acres—Lawn Care

Fleece Blankets

Miscellaneous

WPAA Season Tickets

Leather Throw Rug

Candy bowl (filled)

Gift Baskets

Avon Basket

Tea Basket

<u>Trips</u>

Movie Baskets

1 day Plane trip

15-piece punch bowl

Wicker Picnic Basket

American Girl Basket

3 nights in Estes Park

1 week in Branson, MO

Signed CD by Mark Schultz

Decorative lamps & vases

HP Officejet Pro 1170Cse Copier

Services

Chenille Quilt

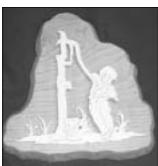
CUMC Auction for Missions Sunday, September 18 ~ 12:00 ~ 950 S. Franklin, Colby, KS











Antiques 1860 Spool chest

Automobiles 1987 Ford Ranger 4x4

Clothing Items

Berber Jackets Canvas shoes and purse **Fleece Shirts** Fuzzy Boa Hair Barrettes Hats signed by Mark Schultz Lapel Pins **Team Hats** Warm winter coats Wooden Boot Jack

Food Items

Dinner at Bourquin's Homemade Beef Jerky Homemade Bread Homemade Fruit Roll-ups 1/4 beef, custom processed Pie a month for a year Pineapple cream cake Smoked Turkey, delivered

Home Decor

Candle Holders **Christmas Ornaments** Heart Wooden Caddy Mikasa Crystal Nightlights Oil Painting on Canvas Painted Oriental Fan Pictures, framed & unframed Scroll Woodworking Stair Basket Wooden/wire shelf

Made from the Heart **Baby Towel Wrap** Burgundy crocheted Table Cloth All proceeds will be used for the mission projects of the church. Special Thanks to TNT Auction!!





