

# Family

## Happenings

### Kansas governor to finish Goodland visit Tuesday

Gov. Kathleen Sebelius will be in Goodland Tuesday to finish her visit to the community after it was cut short last month. She will be making remarks at 3 p.m. during teacher in-service day activities at Goodland High School, 1209 S. Cherry St.

Following her school appearance, she will be taking a tour of Goodland Regional Medical Center at 3:30 p.m. These activities are part of her schedule this week, which will take her around north-west and southwest Kansas.

### Welcome planned for new doctor

Dr. Darren Matchell's community welcome will take place at the Colby Country Club on Thursday from 5 to 6:30 p.m. Join us for ap-

petizers, and to welcome Dr. Matchell and his family to Colby. The public is invited.

### Plant warning put out

One of nature's oddities is showing up this year in gardens and fields. It goes by such folk names as strangleweed and devil's hair. It's more commonly known as field dodder and is only found wrapped through and around other plants.

"Field dodder is a parasite. The only way to kill it is to kill its host plant," probably with a broad-spectrum herbicide, if the dodder's very widespread. If you try to pull dodder off, the remaining pieces just keep growing," said Ward Upham, horticulturist, Kansas State University Research and Extension. Their hosts can include the petunia, tomato, carrot, alfalfa, clover and other plants, Upham said.

# Rexford writer takes grandkids on whirlwind journey

Sondra Barnett took four of her grandchildren on a "Granny Trip" to Amarillo, Texas for a few days. They went to the Quarter Horse Museum, Wonderland Amusement Park, The Discovery Center and other sites, and spent a lot of time at the hotel swimming pool. The children involved were the two oldest of Scott and Linda Barnett from



### Sondra Barnett

- Rexford Correspondent

Holcomb, Michael (12) and Tiffany (10) and the two oldest of Cory and Tessa Barnett from Garden City, Tabitha (10) and Corban (9).

Immediately upon delivering the grandchildren back to Liberal, Sondra went to Amarillo again and flew to Dallas for the Regional Aglow Conference. This was one of the very best Aglow functions ever. The famous artist and author, Mary Todd Daniels was present with her original paintings. All of her art work was saved from the horrible

## Corrections

In a cutline on the front page of the Thursday, Aug. 18 edition of the Colby Free Press, Rob Kraft was incorrectly identified as Bob Kraft. This was a reporting error.

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

# Fire safety a concern on vacation trips

## Healthy Haps

from home and staying in a motel or hotel, it is important to know survival actions in case there is a fire. Many significant fires have occurred in high rise hotels such as the MGM Grand in Las Vegas and the hotel fire in Panama.

Select a hotel or motel that, at a minimum, has a smoke detector installed. It is preferable to select lodging that also has fire sprinkler systems in place. If you must stay in a facility without smoke detectors or sprinklers, request a room on the first or second floor.

When you first go into your room, read the fire safety information provided.

It is usually posted near or on the back of the entry door.

Just like in your home, you need to plan your escape ahead of time. Locate the two exits nearest your room. Make sure the fire exit doors work and are unlocked. Locate the nearest fire alarm and read the operating instructions.

In a real fire, the hallway may become dark with smoke so count the number of doors from your room to each exit. This way you will know where you are in case you get caught in a dark hallway.

Keep your room key and a flashlight near the bed. If you hear the fire alarm sound, or suspect a fire in the hotel, investigate, don't go back to sleep. If you see fire or smoke, call the hotel desk and fire department immediately. Tell the person who answers the phone what room you are in.

If you hear the fire alarm, check

the door with the back of your hand. If it is cool, slowly open the door and exit. If the door is hot or warm, leave it closed and stay in the room. Fill the bathtub with water. Place wet towels or sheets into cracks around the door to keep smoke out. Call the fire department and tell them you are trapped in your room and give them the room number.

If the door is not hot and the hallway is not smoky, go to the closest fire exit.

Be sure to take your room key with you. You might have to return to your room and want to be sure you can get back in. Crawl low under smoke down the hallway to the fire exit. Use a wet cloth over your nose and mouth.

As you exit, pull the nearest fire alarm to warn other occupants and then leave the building. As you exit, pull the nearest fire alarm to warn the other occupants and then leave the building.

If you cannot go down, try to go up on the roof. Attract attention so they will know where you are.

If a fire starts in your room, leave the room. Activate the fire alarm, and call the fire department once you are safely out of danger. Never use an elevator under fire conditions. Always take the stairs when exiting from a high-rise building. Elevators can malfunction. Many are heat-activated and have been known to stop directly at the fire floor. By remembering these fire safety tips, your trip will be safer and you will be more secure.

## Babies

### Jamie Lynn Graves

Travis Graves and Amanda Rivera of Colby announce the birth of their daughter, Jamie Lynn Graves on Thursday, Aug. 18, 2005 at Citizens Medical Center in Colby. She weighed 8 pounds, 8.5 ounces and was 19 inches long.

Grandparents are Bill and Mary Luna of Rexford and Jim Mayham of Colby.

Jamie was welcomed home by siblings Austin and Colby.

## Markets

### Quotes as of close of previous business day Hi-Plains Co-op

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