# Flu season about average at K-State, medical director says

MANHATTAN — A Kansas season. State University health official is typical year for the flu on campus, despite the fact that most people did not get flu shots.

"We have seen about the same predicting that 2004-05 will be a number of cases we normally do a little more than 100 so far this toms, go to the doctor as soon as you school year," said Dr. Earl J. Reppert, medical director of Lafene

Reppert has some tips for those within the first 36 hours of illness with the flu:

• If you start getting flu sympthink you have the flu.

Your doctor can give you anti-

will reduce the duration of the flu. • If you're sick, stay home. You are most contagious the first four days you are sick.

Flu symptoms are sudden onset viral medications that if taken of body aches, fever, headache, extreme fatigue, dry cough, sore throat, nasal congestion. You could have one or more of these symp-

• Drink plenty of liquids

 Avoid using alcohol and tobacco To avoid getting the flu, wash your hands frequently, Reppert said. "Avoid people who are sick with flu."

Reppert said students who live in residence halls should stay in their rooms as much as possible if they get the flu. "Don't spend time in the TV room."

The Centers for Disease Control

advises to never give aspirin to children or teenagers who have flu-like symptoms - and particularly fever - without first speaking to your doctor. Giving aspirin to children and teenagers who have influenza can cause a rare but serious illness

called Reve syndrome. Youth with the flu should get plenty of rest, drink lots of liquids, and take medicines that contain no

aspirin to relieve symptoms.

# February is the peak month of flu Student Health Center. Sternberg Museum finishes acquiring herpetology collection

HAYS — Fort Hays State Uni- to acquire." versity's Sternberg Museum of Natural History has finished acquiring a 10,070-specimen herpetology collection from The Center for North American Herpetology in

"The vast majority of the specimens in the collection are whole animals, and most of our efforts are directed to obtaining and adding whole animals," said Travis Taggart, Sternberg Museum associate

"The collection is quite diverse.

Taggart said one of the rarest specimens in the collection is that of the Mountain Earth snake. According to Taggart, they live in the Appalachian mountains and spend most of their time underground or under rocks.

Their very small size also makes them difficult to spot. About 400 specimens in the collection are represented by snake skins only. Samples were collected from 17 states, including Kansas, New Mexico, and South Carolina. Animal parts Some specimens are very difficult such as skins, skeletons, and eggs lizard.

are added as discovered and are used by DNA researchers for study.

"People who want to do DNA research don't have to do the collection themselves, which often can be time consuming or expensive," said Taggart.

"They can contact us and we can

send them a sample." The final consignment of 307 shed skin samples was recently received by the Sternberg Museum. All but one of the specimens were snake skins, with the remaining specimen being from a slender glass

# Bush's spending plan at \$2.5 trillion

WASHINGTON (AP) — President Bush is sending Congress a \$2.5 trillion spending plan, constrained by war and record deficits, that seeks to slash spending in a number of popular programs from farm subsidies to poor people's

While calling it the tightest budget of Bush's presidency, Vice President Dick Cheney defended the spending blueprint against Democratic complaints that its austerity falls hardest on the poor. "It's not something that we've

done with a meat ax, nor are we suddenly turning our backs on the most needy people in our society," Cheney said on "Fox News Sun-

The budget's arrival Monday on Capitol Hill sets off months of contentious debate, with lawmakers from both parties expected to fight to protect favorite programs.

Bush has targeted 150 programs for either outright elimination or severe cutbacks as part of an effort to meet his campaign pledge to cut the deficit in half by 2009, the year he leaves office.

For the 2006 budget year that year window "the cost of everybegins next Oct. 1, he proposes thing he advocates just explodes." spending \$2.5 trillion as he seeks to put the government on a path of declining deficits. That would occur, however, only after the government has recorded three straight

terms, including a projected \$427

billion in red ink this year.

vate accounts.

Critics say Bush's plan achieves its deficit-reduction goals only by leaving out big-ticket items such as the cost of keeping troops in Iraq and Afghanistan and paying for his billion the administration has said No. 1 domestic priority — overhauling Social Security by permitting younger workers to set up pri-

Also omitted was the cost of making Bush's first-term tax cuts permanent or fixing the problem of the alternative minimum tax, which was designed to tap the wealthy but is ensnaring more and more middle- land security, some Bush priorities income taxpayers.

berg" because once beyond its five-support for health clinics.

Bush's proposal restrains the growth in discretionary programs to less than 2.3 percent. Defense and homeland security are slated for large increases, meaning many years of record deficits, in dollar other programs will face either outright cuts or only tiny increases.

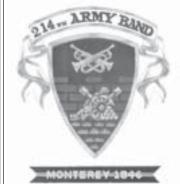
The military budget would rise 4.8 percent to \$419.3 billion in 2006, according to documents obtained by The Associated Press. That figure does not include the \$80 it soon will seek to pay for the costs of continued military operations in Iraq and Afghanistan.

Even with the increase a number of major weapons programs, including the missile defense system and the B-2 stealth bomber, would see cuts from current levels.

Aside from defense and homethat see spending increases include Sen. Kent Conrad of North Da- a new \$1.5 billion high school perkota, the top Democrat on the Sen- formance program, expanded Pell ate Budget Committee, called Grants for low-income college stu-Bush's budget the "tip of the ice-dents, job-training efforts and more

# The Army Ground Forces Band In Concert





Colby Community Building Colby, KS

Monday, Jebruary 14, 2005 7:30 PM Free Admission

No mail-in ticket request necessary. Show up & enjoy!!!

### Check each issue of the Free Press for additional TV Listings

# TV LISTINGS sponsored by the COLBY FREE PRESS

#### **WEEKDAYS** FEBRUARY 8 - FEBRUARY 14

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC	News						Mak- eover	Judge- Brown	The View		Million- aire	News
KSNK/NBC 8 8	News Cor	ıt'd	Today						Live With Regis and Kelly		In the Hea	t of the
KBSL/CBS	News		-		The Early Show The 700 Club			The Price Is Right		The Young and the Restless		
K15CG 2	BBC World	Yoga	Body Electric	Caillou	Beren. Bears	Barney- Friends	Sesame S	Street	Dragon Tales	Beren. Bears	Mister Rogers	Teletub- bies
USA (34)	Coach	Coach	Movie		-	Varied Pro	ograms		-		-	-
TBS 35	Saved by Bell						Dawson's	Creek	Dawson's Creek		Ed	
WGN 36	Chang- ing	Believer Voice	Happy Days	Happy Days	Hillbil- lies	Hillbil- lies	Matlock		In the Heat of the Night		Magnum, P.I.	
TNT (37)	The Prete	nder	Angel Charmed			ER		ER		Judging Amy		
NICK 43	Oddpar- ents	Jimmy Neutron	Rugrats	Spon- geBob	Dora the Explorer	Blue's Clues	Miss Spider	Lazy- Town	Backyar- digans	Dora the Explorer	Blue's Clues	Little Bill
FAM 46	Digimon- Digital	Digimon- Digital	Power Rangers	Bey- blade	3rd Rock	Living the Life	The 700 C	lub	Gilmore Girls		Full House	Full House
DSC 50	Paid Program	Paid Program	Paid Program	Paid Program	Monster F	louse	The Party Planner With David Tutera		Surprise by Design		Designer Guys	Designer Guys
A&E (53)	Biography Mo		Movie	Varied Pro	Varied Programs		Murder, She Wrote		Third Watch		City Confidential	
ESPN (56)	SportsCenter		SportsCe	nter	Sports- Varied Center		SportsCenter		SportsCenter		Sports- Center	Varied
HBO (14)	Movie		Varied	Movie	Varied Pro	grams	rams		Movie		Varied Programs	
MAX 29	Movie Cont'd			Movie	Varied Programs		Movie Varied Pro		ograms Movie		Varied Programs	
DISN	Koala Brothers	The Wiggles	Higgly- town	JoJo's Circus	The Wiggles	Stanley	Rolie Polie	PB&J Otter	Out of the Box	The Wiggles	Koala Brothers	Higgly- town

#### **WEEKDAYS** FEBRUARY 8 - FEBRUARY 14

1:30 2 PM 2:30 3 PM 3:30 4 PM 4:30 5 PM 5:30

KLBY/ABC 4 6	All My Chi	ldren	One Life to	o Live	General H	ospital	The Jane Show	Pauley	Judge Judy	Judge Judy	News	ABC Wid News	
KSNK/NBC 8 8	News	Inside Edition	Days of ou	Days of our Lives		Passions The Insider		Jeop- ardy!	The Ellen DeGeneres Show		News	NBC News	
KBSL/CBS	News	Bold, Beautiful	As the World Turns		Guiding Light Dr. Phil		Oprah Winfre		nfrey	News	CBS News		
K15CG 2	Reading Rainbow	Lions	Varied Programs			Clifford- Red	Post- cards	Arthur	Maya & Miguel	Cyber- chase	Zoom	Busi- ness	
USA 34	Movie Cont'd	Varied Pro	ograms								JAG		
TBS 35	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.	Seinfeld	Seinfeld	
WGN 36	News		Rockford	Files			America's Home Vid		Cosby Show	Cosby Show	Home Improve.	Will & Grace	
TNT 37	Judging Amy		NYPD Blu	e Law & Order		Law & Order		Angel		Charmed			
NICK 43	Backyar- digans	Lazy- Town	Rugrats	Rugrats	CatDog	Rocket Power	Oddpar- ents	Jimmy Neutron	Spon- geBob	Rock Star	U-Pick	Rugrats	
FAM <b>46</b>	Family Matters	Family Matters	Step by Step	Step by Step	Boy Mts. World	Boy Mts. World	Full House	Full House	Gilmore G	iirls	7th Heave	7th Heaven	
DSC 50	Surprise b	ırprise by Design The Party Planner Dude Room With David Tutera					Garage Ta	akeover Monster Nation			Monster Garage		
A&E (53)	American	American Justice Movie Varied Programs						She Wrote Third Watch		ch	City Confidential		
ESPN 56	Varied Programs							NFL Live	Around the Horn			nter	
HBO (14)	Movie	Varied Pro	ograms			-	Movie	Varied Programs					
MAX 29	Movie	Varied Pro	ograms	Movie		Varied Pro	ograms						
DISN (44)	JoJo's Circus		House of Mouse	Recess	Lilo & Stitch	Recess	Lilo & Stitch	Varied Pro	ograms	Kim Possible	Lizzie McGuire	Sister, Sister	

#### **TUESDAY**

#### **FEBRUARY 8**

	6 <b>PM</b>	6 <b>:3</b> 0	7 PM	<b>7:3</b> 0	8 PM	<b>8:3</b> 0	9 PM	<b>9:3</b> 0	10 <b>PM</b>	10 <b>:3</b> 0	11 <b>PM</b>	11 <b>:3</b> 0
KLBY/ABC	(5:59) Ne ws	Ent.	My Wife and Kids	Ge orge	Accord- ing-Jim	Rodne y Tassels	NYPD Blu (CC)		News (CC)		Jimmy Kir (N) (CC)	
KSNK/NBC 8 8	Ne ws		Mo- ments	Mo- me nts	Scrubs (N) (CC)	Commit- te d (CC)	Law & Ord	der: SVU	<b>N</b> ews	The Tonig With Jay		Late Night
KBSL/CBS	News (CC)		NCIS The Puzzle (N)				(Season Fi or the prize		News (CC)	Late Show David Let		Late Late
K15CG 2			Nova The Deception		Frontline Saudi Arabia's Al Saud family and America's relations with it. (N) (CC)				BBC That's World My Boy		Charlie Rose (N) (CC)	
USA 34	JAG Tribu	JAG Tribunal (CC) Law & Order: SVU		der: SVU	Movie: Never Been Kissed ★★ (1999, Comedy) Drew Barrymore. (CC)			Law & Ord	der: SVU	The Dead Zone Dinner With Dana		
TBS 35	Ray- mond	Ray- mond	Friends (CC)	Friends (CC)		Sex and the City Movie: Pleasantville ***  Movie: Pleasantville ***  outcast finds solace in a 1		★★★½ (1998) A subur a 1950s TV sitcom. <b>(</b> (		ban teen	Movie: Midnight	
WGN 36	Will & Grace	Home Improve.			78) Based on the life wGN News at News (CC)		s at Nine	Becker Becker (CC) (CC)		Home Delivery (N)		
TNT 37	Law & Order Narcosis (CC) (DVS)		Law & Order Darwinian				Charmed Witch Wars (CC)		Law & Order Discord (CC) (DVS)		The X-Files Lord of the Flies (CC)	
NICK 43	Jimmy Ne utron	Oddpar- e nts	Spon- ge Bob	Ne d's School	Full House	Father- hood (N)	Fresh Prince	Cosby Show	Rose- anne	Murphy Brown	Fresh Prince	Fresh Prince
FAM 46	Smallville (CC)	Crush				A new nanny must spoiled children. Whose Line? Whose			The 700 Club (CC)		Home Videos	Home Vide os
DSC 50	American Chopper Mummy Autopsy David Mann Bike 2 (N)		De adly Wo	eadly Women (N) Biker Build-Off (N)		d-Off (N)	Mummy Autopsy		Deadly Women (CC)			
A&E (53)		rican Justice Cold Case Files (CC)		Cold Case (CC)			Bounty Hunter	Crossing Jordan The Digger (CC)		Cold Case Files (CC)		
ESPN 56	College B (Live) (CC)		Ilinois at Mi	chigan.	College Ba		all: Florida at Kentucky.		SportsCenter (Live) (CC)		Outside- Lines	Game- night
HBO 14	(5:45) Movie: Love Don't Cost a Thing ★★ (2003) (CC) Movie: The Mat (2003, Science I								Carnivale Creed, OK (CC)		Movie: Stuck on You ★★½ (2003)	
MAX 29	Shooter   Movie: Face/Off *** (1997, Suspense) An FB   (N) (CC)   and a violent terrorist switch identities. John Tra						Movie: On Mexico ★	ce <b>Upon a</b> √2 (2003, A		Bedtime Stories	Movie: Lo G-Strings	
DISN 44	That's- Raven		Movie: Th boy accide				Sister, Sister	Even Stevens	That's- Raven	That's- Raven	Proud Family	Kim Possible

#### **WEDNESDAY FEBRUARY 9**

	6 PM	6 <b>:3</b> 0	7 PM	<b>7:3</b> 0	8 PM	<b>8:3</b> 0	9 PM	<b>9:3</b> 0	10 <b>PM</b>	10 <b>:3</b> 0	11 <b>PM</b>	11 <b>:3</b> 0	
KLBY/ABC	(5:59) Ne ws	Ent. Tonight	Lost Home (N) (CC)					Wife Swap Boone Luffey/Gillespie (CC)		News Nightline (CC)		Jimmy Kimmel Live Emilie de Ravin. (N)	
KSNK/NBC 8 (8)	Ne ws	Wheel of Fortune	SI Swimsuit Model Search		The West Wing The Wake Up Call (CC)		Law & Order Obsession (N) (CC)		News The Tonig With Jay L			Late Night	
KBSL/CBS	Ne ws (CC)	Friends (CC)	60 Minutes Wednesday (CC)		King of Queens	King of Queens	CSI: NY Blood, Sweat and Tears (N)		News Late Show (CC) David Lett			Late Late	
K15CG	The News With Jim I				Slavery and the Making of Amer Downward Spiral; Liberty in the Ai				Two's Charlie R Cmpny (CC)		ose (N)		
USA (34)	<b>JAG</b> In Co	untry (CC)	C) Law & Order: SVU		Law & Order: SVU Law & Order: SVU		Law & Ord	der: SVU	Movie: Buried Alive ★★½ (1990) (CC)				
TBS (35)	Ray- mond	Ray- mond	Friends (CC)	Friends (CC)	Family Guy (CC)	Family Guy (CC)	Sex and the City	Sex and the City	Movie: Pretty in Pink Molly Ringwald, Andre				
WGN 36	Will & Grace	Home Improve.			78) Based on the life er King, Jr. (CC) WGN News at Nine (CC)			Becker (CC)		Home Delivery (N)			
TNT 37			Law & Ord Mother's N		Movie: Seven (1995) A killer dispatches his victims via the Seven Deadly Sins.				Law & Order Pride and Joy (CC) (DVS)		The X-Files Trust No. 1 (CC)		
NICK 43	Jimmy Ne utron	Oddpar- e nts	Spon- ge Bob	Unfabu- lous	Full House	Full House	Fresh Prince	Cosby Show	Rose - anne	Murphy Brown	Fresh Prince	Fresh Prince	
FAM 46	Smallville (CC)	Heat					Whose Line?	Whose Line?	The 700 C	lub (CC)	Home Vide os	Home Videos	
DSC 50	American Chopper Superweapons of Black Widow (CC) the Ancient World		MythBusters (N) It Takes a Thief Heist in the Suburbs		Superweapons of the Ancient World		MythBusters (CC)						
A&E (53)	American Justice American Justice Murder in Paradise				Airline (CC)	Airline (CC)	Crossing Jordan The Digger (CC)		American Justice Murder in Paradise				
ESPN 56	Colle ge Basketball: Memphis at Louisville. (Live) (CC)				Colle ge Basketball: North Carolina at Duke. (Live) (CC)			SportsCenter (Live) (CC)		Outside - Lines	Game- night		
HBO 14		<b>m</b> e <b>thing th</b> cudrama) <i>A</i>			Carnivale OK (CC)	Creed,	Inside the NFL NFL news and highlights.			Movie: Secret Window ** (2004, Suspense) Johnny I			
MAX 29	(4:45) Movie: Ghost   Movie: Wild Things → ★★★ (1990) (CC)   Kevin Bacon, Matt Dill				k ★ ½ (1998 lon. <b>(CC)</b>	, Drama)		arsky & Hu medy) <i>Ben</i>			Movie: Tales From the Hood ★★ (1995)		
DISN (44)	That's-Raven Raven Movie: Sister Act 2:					Sister, Sister	Even Stevens	That's- Raven	That's- Raven	Proud Family	Kim Possible		