#### Deaths

John E. Pilkington

John E. Pilkington, 72, of Hays, died Thursday, July 15, 2004 at Hays Medical Center.

Services were held this morning at 11 a.m. at Brock's North Hill Chapel in Hays with Pastor Louie Encinias and Rev. William Miller officiating. Burial was at St. Joseph's Cemetery in Hays.

Visitation was Sunday and Monday at Brock's North Hill Chapel, which handled arrangements.

Mr. Pilkington is survived by his wife Wanda of the home; two sons, John Pilkington of Oakley and Don Pilkington of Louisville, Colo.; one daughter, Sandi Scott of Hays; four brothers, Jess of Scottsbluff, Neb., James of Longmont, Colo., Bob of Atwood and Tom of Montrose, Colo.; three sisters, Joyce Brown of Mesa, Ariz., Joanne Cotten of Mesa, Ariz. and Eva Seely of Meeker, Colo.; eight grandchildren and three great-grandchildren.

He was preceded in death by his parents, a daughter, Tami Pilkington and one brother, Jerald.

Mr. Pilkington was born Nov. 26, 1931 in Eaton, Colo. to Jess and Onner (Ramsey) Pilkington.

He married Wanda Eberle on July 28, 1950 in Colby. He was a selfemployed construction contractor for his company Pilkington Construction, Inc.

Memorials are suggested to Hays Christian Church.

#### Card Shower

Colby couple to celebrate 65th wedding anniversary

Anton and Anna Riedel will celebrate 65 years of marriage on Fri-

Riedel family members are requesting a card shower in their honor. Send cards to: 1090 Wheatridge Road, Colby, Kan. 67701.

#### Thresher show nears

The 51st annual Tri State Antique Engine and Thresher Show will be held July 29-Aug. 1 in Bird City.

For information, visit www.networksplus.net/threshershow or call (785) 734-2785.

#### Friday is the deadline for appli-**Happenings** cations in the Thomas County Rodeo Queen and Princess Contest,

PRCA Rodeo. said Marie Skolout, coordinator.

For information, questions or entry forms, call Marie Skolout at (785) 586-2228 or email june@sttel.net.

#### **Girl Scouts collecting** mercury thermometers

After earning their Bronze Award "The contestants will be judged in 2002, the members of Cadette Girl Scout Troop #110 are tackling their Silver Award, troop leaders A trophy saddle will be awarded

The girls are planning to hold a les for the queen and princesses. Mercury Thermometer Exchange Prizes will also be awarded for in which metallic mercury thermometers will be collected and exchanged for digital thermometers.

We hope to make Thomas Coundeo Queen and Princess will be ty aware of this danger and rid the crowned on Tuesday, Aug. 3 at the community of this hazard," says

Karen Shoemaker, assistant leader. Grand Champion and Reserve

Friday is last day to file in queen, princess contest

The girls are inviting everyone to attend the exchange. The dates are Aug. 20 from 6-8 p.m. and Aug. 21 from 9 a.m.-2 p.m. at the Thomas County Hazardous Waste Site. The site is at 190 W. Fourth in Colby.

For information, call Jo Cheney at 462-2082 or Sandy Swob at 462-

#### Trophy sponsors wanted

The 2004 Thomas County Fair is rapidly approaching and the Thomas County 4-H Council Trophy Committee is looking for sponsors for the various 4-H exhibitscrops, livestock, arts, cooking, sewing, etc. at the fair.

Individuals, businesses or organizations can sponsor a trophy at the

Trophies will be given to the

Champion in all the projects. The projected cost of each trophy is \$8.

All sponsors will be thanked through an advertisement in the Colby Free Press following the fair, their names printed in next year's fair book and will also be listed at the 4-H Building and livestock

For information call 462-4582.

#### **Young Continentals to** perform at Berean Church

The Young Continentals will perform at 7 p.m. Friday, July 30 at Colby Berean Church, 1000 S. Franklin. The concert is entitled "Airborne!-Reaching for a Higher Purpose." The performance will feature 30 high-energy singers and technicians between the ages of 12 and 15, church officials said.

#### **Babies**

#### Jalyn Michelle Sabatka

Brandon and Samantha Sabatka are happy to announce the arrival of their daughter, Jalyn Michelle. She was born on June 26, 2004 at Hays Medical Center.

She weighed 8 pounds, 10 ounces and was 21 inches long.

Grandparents are Brian and Colo.

Connie Sabatka of McDonald, Peggy Morris of Bird City and the late Fred Morris. Great-grandparents are Raphael and Agnes Sabatka of McDonald, Ray and Marlene Johnson of McDonald, Alvin and Lois Morris, Gerald Nichols and the late Rose Reynolds, all of Yuma,

## Screenings needed to detect cervical cancer, nurse says

Editor's note: The following article is provided by the Thomas County Health Department as a public service. For questions about this article or general information, call 462-4596.

The contest will begin on Friday,

July 30 with queens, ages 17-23,

princesses, 14-16, and junior prin-

cesses ages, 10-13, by July 1 are

Constestants must also be a resi-

in horsemanship, interview, speech

to the queen along with belt buck-

horsemanship, ticket sales and

This year's Thomas County Ro-

dent of northwest Kansas.

and modeling," she said.

speech and modeling.

eligible.

Women...Do you need a PAP ev-

Whether or not you need a Pap test every year depends on your age and your individual risk factors. Even if you don't need a Pap test every year, a clinical pelvic exam should still be an annual event.

Pap tests detect cellular changes in your cervix that can lead to cervical cancer. And despite our current ability to screen for cervical cancer, it's a common cause of death in elderly women.

Factors that put you at risk for cervical cancer include first intercourse before age 16, multiple sex partners, unprotected sex, smoking, history of another gynecological cancer, diet low in vitamin A, lower socioeconomic status, family history of cervical cancer, a history of sexually transmitted infections, especially human papillomavirus

#### **Healthy Haps**

Cervical cancer is basically a sexually transmitted infection (STI) caused by the HPV. Recent studies have reported that this virus was present in 90 to 100 percent of women with invasive cervical can-

There are more than 100 types of HPV. Some are responsible for the garden-variety warts we all had as children, some cause small skin tags and about 30 different types are transmitted sexually.

Symptoms of cervical cancer include: abnormal bleeding between periods, bleeding after intercourse, longer, heavier periods, an increase in vaginal discharge, vaginal bleeding in a post-menopausal woman who has not had a period in more than a year. Pre-cancerous changes in the cervix generally don't present any symptoms and can only be detected with a Pap test. These changes develop over a period of years before they develop into cervical cancer. Because the progression of cervical cancer is slow, there is

ample time for detection and treat- Women between 21 and 30 need to formed for benign disease and the ment if regular Pap tests are ob-

To make sure your Pap test is as accurate as possible, don't obtain a Pap during your period or if you have a vaginal infection.

You should avoid vaginal creams, intercourse or douches or tampons for 24 hours prior to your Pap test. If the results of your Pap test reveal the presence of abnormal cells, your health care provider may advise treatment in any of the following ways: Cervical biopsy-There are several types of biopsy and your provider will recommend the best option based on the extent of treatment you need. In some cases, the biopsy is able to completely remove the abnormal lesion. Cryosurgery—This procedure involves using liquid nitrogen on a metal probe to kill the abnormal tissue by freezing it. Laser—During this procedure the abnormal tissue is vaporized.

The cervical cancer screening guidelines are as follows: Start within three years of having intercourse and no later than age 21.

have Pap tests every one to two

Women 30 and older need only have Pap tests every two or three years if they have had three normal Pap tests in a row.

Women 70 and older may stop having Pap tests if they've had three consecutive normal Pap tests and no abnormal tests within the past 10 years. Women who have had a hysterectomy may stop having Pap tests if the hysterectomy was per-

#### **Markets**

Quotes as of close of previous business day **Hi-Plains Co-op** 

Wheat \$2.51 Corn Milo \$3.66 Soybeans \$7.65

#### **Correction**

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at

cervix was removed. These guidelines are from the American Cancer Society Clinical Screening Guide-

## Card Shower



The family of L.W. ("Pete") Morrison are hosting a card shower in honor of his 90th birthday on July 25th, 2004.

Cards will reach him at Fairview Estates, 1631 Sewell #B-11, Colby, KS 67701

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462-6999

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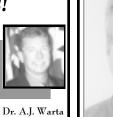
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