Family

Death

William J. "Bill" Broeckelman

William J. "Bill" Broeckelman, 86, died Wednesday, March 31, 2004, at the Logan County Manor in Oakley.

Mr. Broeckelman was born on July 5, 1917 to Joseph and Margaret (Schippers) Broeckelman in Sheridan County.

He was a lifetime resident of the Angelus and Oakley communities with a career in farming and as a

Mr. Broeckelman was a member of the St. Joseph's Catholic Church, past member of St. Paul's Church in Angelus, was a 3rd Degree Knights of Columbus-Council 2866 member, WWII Navy veteran, Oakley VFW lifetime member, past school board member at Oakley Public

Schools and the Northwest Kansas Technical School in Goodland. He married Emelyn A. Moellering on Sept. 27, 1944 at Angelus.

Survivors include his wife of Oakley; six sons: Greg Broeckelman of Colorado Springs, Colo., Michael Broeckelman of Lakin, Bob Broeckelman of Wichita, Tom Broeckelman of Quinter, Joe Broeckelman of Selden, and Jim Broeckelman of Norton; six daughters: Kathy Kuntz of Park, Linda Van Horn of Colby, Mary Ann Sahlfed of Salina, Susan B. Taylor, Grand Prairie, Texas, Margie Broeckelman of Oakley, and Donna Gonzalez of Wichita; one sister: Mary Penland of Brush, Colo., 45 grandchildren and 16 great-grandchildren.

Preceding him in death were his parents, two brothers, Herman Broeckelman and Steve Broeckelman and sister, Lucy Nieman.

Services will be held at 10:30 a.m., Monday, at St. Joseph's Catholic Church in Oakley with Father Roger Meitl officiating. Burial will be at St. Joseph's Cemetery, Oakley, with military graveside rites by the U.S. Army from Fort Riley.

Visitation is Sunday from 4 to 9 p.m. at Kennedy and Koster Funeral Home, 217 Freeman, Oakley, Kan. 67748. Rosary will be Sunday at 7:30 p.m., also at the funeral home.

Memorials can be made to Logan County Manor and may be sent in care of Kennedy and Koster Funeral

Happenings

Square dance Saturday in Havs

The Shooting Stars Singles

caller will call the squares and Ray Moran will que the rounds. Everyone is welcome to attend next Wednesday's event.

Appetizer

Senior Progress Center offers 'unusual' activity The Senior Progress Center, 165

Fike Park in Colby, is planning an unusual day April 8 at the center. Center director Donna Schielke said everyone coming to lunch ticipating." should wear something they don't normally wear.

'Get out your bell bottoms, Army fatigues, aprons or anything you would not normally wear to lunch,"

Senior News

"Help make it a fun day by par-

There are plenty of activities at the center for the week of April 5-9, including a paint class with Fritz Ostmeyer at 9 a.m. Monday. Tuesday exercise will be at 9:30 a.m.

Koon will be at 10 a.m. and income needed to join in the lunchtime fel-ner roll, apricots. Wednesday - turtax filing assistance will be available from 1-3 p.m. Thursday, exercise will be at 9:30 a.m. and wear something you don't normally wear to lunch. Friday exercise will be at

Everyone over 60 is welcome to eat lunch at the center.

Donna Schielke, director of the Wednesday, line dancing with Deb center, says no special invitation is potatoes and gravy, asparagus, din-

lowship and all are welcome.

She did remind everyone that a reservation is needed by noon the previous day.

The menu for the next week includes: Monday - sloppy Joes, California mixed veggies, rosy pears, bun, cook's choice complement. Tuesday - baked chicken, mashed

key pot pie, spinach and cheese salad, biscuit, banana half. Thursday - ham and beans, coleslaw with carrots, cornbread, pineapple. Friday - chef's salad with meat on the side, tropical fruit salad, crackers,

blueberry cobbler. The building is also available for rental for events. For information or lunch reservations, call 460-2901.

Mental health specialists talk about living with losses

Experiencing changes and losses are often an uncomfortable part of the aging process and the longer a person lives the more losses are experienced.

In middle to late adulthood, one of the first major changes that may occur is the transition from a career and employment to retirement.

As a person ages, health problems, chronic illness and even a disability can become problematic, often resulting in the loss of mobility, including the ability to drive a vehicle. The loss of a lifelong home, in lieu of a smaller residence can be



High Plains Mental Health

Plain Sense

A community service from the High PlainsMental Health Center

having to live alone and may also involve financial losses and many other changes.

adult children to death, which is extremely difficult.

Most parents do not expect to outanother significant loss. The death live their own children, and in ad-

of a spouse is often the beginning of dition, those children may have been serving as caregivers for their aging parents.

While other changes and losses Older adults often lose their own continue, and as same-age acquaintances and family members experience similar difficulties, the circle of friends and caregivers also diminishes. Older people experience

cilities, especially when their friends develop illnesses such as dementia or Alzheimer's and communication becomes difficult or impossible. Loneliness and problems associ-

friends and neighbors move into re-

tirement centers or become handi-

capped and enter long-term care fa-

two of the most common and difficult adjustments for older bereaved Living alone becomes even more

ated with the tasks of daily living are

difficult as the survivor must learn new tasks and roles at the same time

Caregivers, too, often need outside help as they struggle to provide aging friends and relatives with assistance with daily tasks and with emotional support.

aging friend or relative, there are many sources of help including the local Area Agency on Aging, the faith community and mental health professionals.

High Plains After 5 Club to meet in Colby The High Plains After 5 Club will on the newest decorating ideas, said be talking about facts everyone will Carol Bohme, 462-2791, Janis

be in Colby on Saturday, April 17, Teri Adams, one of the coordinafor a special night honoring teachers and offering a guest night with men welcome.

Dinner and programs begin at 7 lege Student Union, organizers

It, We'll Get It," with information munication Association. Laas will

Entertainment will be provided by the local Barbershop Quartet, singing "If You Had a Hammer," p.m. at the Colby Community Col- with their special blend of harmo-

The guest speaker is Larry Laas Kevin and Cindi Kriss of CK from Concordia, who was named Lumber and Supply Co. will be pre-outstanding high school teacher in senting a program entitled, "UWant 1985 by the Kansas Speech Com-

Legislators plan to recess Friday,

then return April 28 to wrap up their

business for the year.

Senators review finance bill

TOPEKA (AP)—Senators have leave permanently." reviewed two House-passed school finance measures that differ broadly in how much additional money they would provide to education.

The Senate Education Committee held hearings Wednesday on the measures, but Majority Leader Lana Oleen said Republican leaders are still trying to determine what might pass the chamber. Oleen, R-Manhattan, said she expects a proposal will emerge.

Sebelius said it made sense for the Senate to consider ideas already approved by the House. Her full, three-year plan, phasing in a \$304 million increase in school spending, has found little support in either want to know.

His presentation is entitled, 'Wouldn't You Like to Know."

Reservations and cancillations are due by Friday, April 9 and those

planning to attend can call either 687-4465.

tion only. To inquire call Brandy Todd at Soybeans

Baken, 672-3809 or by e-mailing

Nursery is provided by reserva-

Teri Adams at: biohw@st-tel.net

strong emotional reactions when they are experiencing extreme emotional loss. Successful aging requires coping with these losses, grieving or mourning appropriately and finally accepting one's new status in life.

If you have concerns about an

Markets

Quotes as of close of previous business day **Hi-Plains Co-op**

Wheat \$3.80 \$3.09 Corn Milo \$5.17

\$9.35

FREE to the public! Weight Loss & Stop Smoking Hypnotherapy Sign in 30 min. early

Health Awareness Clinics is providing therapists to administer weight loss and stop smoking, group hypnotic

For many people, this therapy reduces 2 to 3 clothing sizes and/or stops smoking.

Funding for this project comes from public donations. Anyone who wants treatment will receive professional hypnotherapy free from charge.

An appointment is not necessary. Sign in and immediately receive treatment.

Health Awareness Clinics is a non-profit organization. They rely on donations to make treatment available to those in need. A modest \$5.00 donation when signing in is appreciated. Only one 2 hour session

is needed for desirable results. HealthAwarenessClinics.org (210) 699-3600

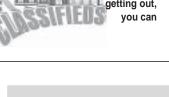
Monday Apr. 12, 7:30 P.M. City Limits Conv. Center

2227 South Range **COLBY** Tuesday Apr. 13, 7:30 P.M.

Country Kitchen 3203 Vine St. HAYS

Square Dance Club in Hays will have a square dance on Wednesday, April 7, from 8 to 10:30 p.m. at the Roosevelt Elementary School, 2000 MacArthur. John Orlowski, Jr., a Nebraska chamber.

"I think that's a reasonable approach," Sebelius said of the Senate's strategy. "I want them to get something done before they



Even if

you don't

feel like



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