# **Family**

## Death

Kathi K. Hapke

Kathi K. Hapke, 61, died in Rexford on Saturday, Jan. 24, 2004. Mrs. Hapke was a resident of Rexford all her life and worked as a registered nurse in the area. Her maiden name was Claar and she was born Oct. 9, 1942 in Colby.

She was a member of the Rexford Alumni Association, Leadership Thomas County, and the Rexford Recreation Commission.

Mrs. Hapke is survived by a son: Bucky Hapke, Colby; seven daughters: Jennifer Prochazka, Denver, Colo.; Janna Dutton, Goodland; Joy Bezona, Syracuse; Faye Foster, Denver; Teresa Stephens, Grinnell; Laura Atchison, Denver; and Liza Hapke, Oakley; two brothers: Butch McClintock and Lyle Mc-Clintock, both of Salina; two sisters: Lana VanBlaricon, Salina; and Connie Braden, Colony; and 27 grandchildren.

Services will be held at 10 a.m., Tuesday, at the Sacred Heart Catholic Church in Colby with Father Dana Clark and Father Roger Meitl officiating. Burial will be in the Hawkeye Cemetery north of Rexford. A prayer vigil is scheduled for tonight at Harrison Chapel, 190 S. Franklin, Colby, and visitation is today from 9 a.m. to 9 p.m., also at Harrison Chapel.

Memorials can be made to L & C Home Health Care and may be left at any Colby bank or the chapel.

### **Fred Downing**

Fred Downing, 52, of Colby died Saturday, Jan. 24, 2004. He was born on Dec. 28, 1951.

Services are pending at Harrison Chapel, 190 S. Franklin, Colby,

"A Kansas Box Social" will start

at noon Tuesday at the museum

programs.

## Diederich, Brown plan July wedding

Bonny Diederich and Mike Brown are pleased to announce their engagement.

Bonny is the daughter of Don and Dorothy Kistler of Colby and the late Jerry Diederich. Mike is the son of Gene and

Kathy Brown of Colby and Francis Petty of Weaubleau, Mo. and the late Mildred Petty. Bonny received her master's

from the University of Kansas and is currently working as a speechlanguage pathologist in the Colby school system.

Their wedding will be held on July



announce engagement.

31, 2004 at the Sacred Heart Catho-Mike is employed at McKee Inc. lic Church in Colby. They plan to reside in Colby after the wedding.

# Tips offered on reward system

fectively is something that most parents struggle with. Much is said and written about the use of rewards, praise and positive reinforcement. According to Steven Bavolke, PhD, author of the "Nurturing Program for Parents and Children," using objects, gifts or money as rewards for good behavior can have various results.

In moderation, there is nothing terrible about giving your child a gift or having him/her earn money to buy something they want. In fact, earning money for completing chores can be a good way to teach older children about money management.

Often though, this reward technique is misused. According to Bavolke, when the great percentage

From Rexford, Melissa Ann

Broeckelman also was recognized

for academic performance, said Jan

Hedrick, communications coordi-

Students receiving semester hon-

ors also receive commendation

from their deans, with the honors

recorded on the students' perma-

Students receiving semester hon-

ors rank in the top 10 percent of their

class within their respective col-

leges and were enrolled in at least

12 semester hours of graded course

Kansas State University students

who earn a 3.95 or above academic

nent academic records.



## **High Plains Mental Health**

Plain Sense

A community service from the High PlainsMental Health Center

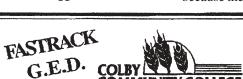
of rewards children receive are "things," there is a risk that children will learn that behaving leads to the acquisition of material goods, rather than learning to behave because it is the right or appropriate thing to do.

The result can be a child who responds based on the attitude of "What am I going to get if I behave?" Parents also need to be careful about rewards that become bribes; such as "If you behave at teh store today, you will get an ice cream cone." Cooperation should not be something that a parent has to purchase from their child.

Bavolke suggests that rather than

using material goods or money as reward, parents would benefit greatly from learning techniques that include the use of praise and nurturing touch. Misbehavior is obvious and parents readily re-

But they also need to let their child know when they doing good in the little everyday matters, such as playing well with their sibling or friends, keeping their voice calm in a difficult situation, or getting ready for bed without being told. Kids need hugs from parents too. Not only when they've done something special, but on a regular basis, just because they are special.



State of Kansas High School Diploma Available for Adults Age 18 and Over!

COMMUNITY COLLEGE

WHAT: FASTRACK G.E.D. Program

WHERE: H.F. Davis Library Lower Level CCC campus

WHEN: Tuesday & Wednesday 7:00-10:00 p.m.

(Classes begin February 3 and finish March 24, 2004)

Instruction in Math, Language Arts, Science, Social Studies, Writing and Test-taking Skills.

For more information or to enroll contact Nance Munderloh or Joyce Washburn at (785) 462-4663.

There is no charge for this program!

## Student News

#### Vrbas gets perfect grade point average

HASTINGS, NEB. — Margaret Vrbas, the daughter of Jerry and Kathryn Vrbas, Atwood, was recognized recently by Hasting College,

In order to acheive this honor, a student must achieve a grade point average of 3.7 to 4 and be registered for full-time course work.

Hastings, Neb., for making the fall

semester 2003 dean's list.

"Margaret had a perfect 4.0 grade point average for the semester," said Joyce Jeffries, academic affairs at the college.

#### Area student accepts scholarship to Fort Hays

Colby High School graduate and all of Colby. Prairie Museum plans 'Kansas Box Social' this week

Fort Hays State University sophomore, has accepted a \$254 Docking Institute Scholarship to attend Fort Hays State University for the 2004 spring semester.

Megan is the daughter of Dave and Jeanette Voss, Colby, is majoring in nursing.

### Many area students honored by Kansas State University

MANHATTAN — Outstanding academic performance during the 2003 fall semester is earning 1,823 students semester honors from Kansas State University.

Among those students were Julie Marie Hake, Angela M. Harris, Ida Marie Schmidt, Maria Renee Al-HAYS — Megan Voss, a 2003 bright and Elizabeth Ann Shuman, average graduate summa cum

> lic television station KTWU. It stuff from the Museum Mart will also be provided.

> > For information about the program call 462-4590.

## **Markets**

Quotes as of close of previous business day

11 Hour	Ψ5.02
Corn	\$2.69
Milo	\$4.48
Soybeans	\$7.83

#### Tuesday's showing will be *The* Expedition of Lewis & Clark, which acknowledges the bicentennial of the Corps of Discovery.

**WEEKDAYS** 

MAX

plishments.

Wednesday's and Thursday's with video showtime beginning at programs will deal with the Terri-12:15 p.m. The other lunch dates torial Days of Kansas. The topic of largest Civil War battle fought in are Wednesday, and Thursday and the Kansas Chautauqua, which Kansas at Mine Creek; and Ft. all the videos are Kansas-related Colby is hosting in June, is *Bleed*ing Kansas: Where the Civil War The West: Death Runs Riot. Por-Began. These videos were selected tions of this segment of the series to familiarize the community with the subject.

On Wednesday, the video will be The film includes diary excerpts Sunflower Journeys: Osawatomie and the landscape to illustrate the to Ft. Scott. This program is from free program and may want to bring Expeditions objectives and accom- the series produced by Topeka pub-

aired in 1999 and covers John Brown and the Adairs; the site of the Scott. Thursday's program will be created by Ken Burns and Stephen Ives dealing with "Bleeding Kansas" will be shown.

The public is invited to attend this a sack (or box) lunch. Kansas food-

Brothers

Varied Programs

JANUARY 27 - FEBRUARY 2

**Hi-Plains Co-op** \$3.62

## Check each issue of the Free Press for additional TV Listings

## TV LISTINGS sponsored by the COLBY FREE PRESS

#### 7 AM 7:30 | 8 AM | 9 AM 10 AM | 10:30 | 11 AM | 6 AM 6:30 8:30 9:30 Good Morning America John Walsh Show The View News KLBY/AB 4 6 Martha Stewart News Cont'd Today Live With Regis Living and Kelly 89 700 Club Early Show Price Is Right Young and the Restless 12 11 Clifford- Teletub Red bies Dragon Tales Sesame Street Caillou Boohba Yoga In the Heat of the Night Rockford Files WGN Celebrity Matlock Believe Happy Days Voice Justice NICK 29 FAM 30 Oddpar-ents Rocket Rugrats Max & Ruby Rubba-dubbers Dora the Explorer Dora the Explorer Clues Little Bill Spon-geBob Maggie-Beast Growing Pains 700 Club 7th Heaven Full Growing Pains Digimon USA Movie /aried Programs 31 TBS 37 Movie Saved by Bell Dawson's Creek Dawson's Creek Saved by Bell Saved by Bell Saved by Bell TNT 38 Lost World Pretender Charmed ER Judging Amy DSC (42) aried Programs Program Program Program | Program A&E 47 Varied Programs Murder, She Wrote City Confidential Movie Murder, She Wrote **ESPN** SportsCenter SportsCenter **Varied** SportsCenter SportsCenter 4 6 1 Movie Cont'd aried Programs HBO Movie aried Programs Varied Programs DISN 17 JoJo's Circus PB&J Otter Wiggles Stanley JoJo's Wiggles Wiggles Rolie Polie Out of the Box

### **WEEKDAYS** JANUARY 27 - FEBRUARY 2

Polie

Varied Programs

Movie

Circus

Varied

Movie

Varied Programs

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC  4 6	All My Chi	ildren	One Life to Live		General Hospital		Dr. Phil		Judge Judy	Judge Judy	News	ABC WId News
KSNK/NBC 8 9	News	Family Feud	Days of Our Lives		Passions		Inside Edition	Family Feud	Million- aire	Jeop- ardy!	News	NBC News
KBSL/CBS	News	Bold, Beautiful	As the Wo	orld Turns	Guiding Light		People's Court		Oprah Winfrey		News	CBS News
K15CG 3	Reading Rainbow	Mister Rogers	Varied Pro	ograms		George Shrinks	Beren. Bears	Liberty's Kids	Cyber- chase	Arthur	Zoom	Busi- ness
WGN 13	News	-	In the Heat of the Night		Street Smarts	Street Smarts	Cosby Show	Cosby Show	Fresh Prince	Fresh Prince	Home Improve.	Will & Grace
NICK 29	Bob the Builder	Dora the Explorer	Rugrats	Angela Anacon.	Hey Arnold!	Yakkity Yak	Oddpar- ents	U-Pick	Spon- geBob	Amanda	U-Pick	Hey Arnold!
FAM <b>30</b>	Family Matters	Family Matters	Step by Step	Step by Step	So Little Time	Full House	7th Heave	n	Switche- d!	Knock First	Full House	Full House
USA 31)	JAG	Varied Pro	grams								Walker, Texas Ranger	
TBS 37	Cosby	Cosby Show	Cosby Show	Fresh Prince	Fresh Prince	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Home Improve.	Home Improve.	Seinfeld
TNT 38	Law & Ord	der	NYPD Blu	е	NYPD Blue		Judging Amy		Angel		Charmed	
DSC 42	Surprise b	y Design	Surprise b	y Design	Rally Round the Double A		Double A	gents Varied Progr		ograms		
A&E (47)	American	Justice	Movie		М		Murder, She Wrote		Murder, She Wrote		City Confidential	
ESPN 49	Varied Pro	ograms	Tennis		Varied Prog		ograms		Around Interrup- the Horn tion		SportsCenter	
HBO 7	Movie Cont'd	Varied Pro	grams	Movie	Varied Pro	Programs Mo		Movie	lovie		ograms	
DISN 17	JoJo's Circus	Stanley	Winnie- Pooh	House of Mouse	House of Mouse	Recess	Lilo & Stitch	Recess	Kim Possible	Proud Family	Even Stevens	Sister, Sister
MAX ②1	Movie		Varied Pro	ograms								

## **TUESDAY**

## JANUARY 27

	6 PM	6 <b>:3</b> 0	7 PM	<b>7:3</b> 0	8 PM	<b>8:3</b> 0	9 PM	<b>9:3</b> 0	10 <b>PM</b>	10 <b>:3</b> 0	11 <b>PM</b>	11 <b>:3</b> 0	
KLBY/ABC 4 6	(5:59) Ne ws	Ent. Tonight	8 Simple Rules	I'm With Her (CC)					Ne ws (CC)	Nightline (CC)	Jimmy Kimmel Live (CC)		
KSNK/NBC	Ne ws	Wheel of Fortune	Tracy Morgan	Whoopi (CC)			Law & Order: Special Victims		News	Tonight S Bradshaw.		Late Night	
KBSL/CBS	Ne ws (CC)	Friends (CC)	Navy NCIS (CC)	Sea Dog					News (CC)	Late Show (CC)		Late Late	
K15CG (3)	Ne wsHou Jim Le hre		Nova Lost the Maya	King of	Flashpoin God and C	ts U.S.A. Country (N)		Without Fear or Favor: The Best		That's Charlie Ros My Boy (CC)		ose (N)	
WGN (13)	Will & Grace	Home Improve.				990) A murder victim News (CC)			IBA Basketball: Chicago Bulls Clippers. Staples Center. (Live)				
NICK (29)	Rugrats (CC)	Spon- ge Bob	Oddpar- ents	Sabrina- Witch	Full House	Full House	Cosby Show	Cosby Show	Rose- anne	Rose- anne	Cosby Show	Cosby Show	
FAM 30	7th He ave	n (CC)			it Here ★★★ (1999) A flighty aughter and heads West. (CC)			Whose Line?	700 Club (CC)		America's Funniest Home Videos (CC)		
USA 31)			g trade ties : (Part 1 of		Traffic Mike continues to look for a large shipment of heroin. (N) (Part 2 of 3) (CC)			a large 3) <b>(CC)</b>	Traffic Mike continues to look for a large shipment of heroin. (Part 2 of 3) (CC)				
TBS (37)	Seinfeld (CC)	Friends (CC)							Licence to Kill ★★★ (1989) James Bond takes rderous Colombian drug lord. Timothy Dalton.				
TNT (38)	Law & Ord Collision (0		Law & Ord Lie (CC) (D		Law & Ord Parentis (0		Charme d Karma (CC					X-Files Triangle (CC)	
DSC (42)	Justice Fi Innocence		New Detectors		Southe rn	Chopper			New Detectives: Forensic Science		Southern Chopper		
A&E (47)	American The Monst		Biography Shepherd		Cold Case	Files (CC)	)		Third Watch Adam 55-3 (CC)		Biograph Shepherd	y Cybill (CC)	
ESPN (49)	College B (Live) (CC		Purdue at Ir	ndiana.	Winter X-0	Games Asp	en, Colo. (L			SportsCenter at the Winter X Games		Game - night	
HBO	(4:4 <b>5)</b> Movie:	Shelter Do	ogs (N)	Big Bounce			2003) A you al motorcyc		Curb- Enthsm	Sex and the City	Real Time	(CC)	
DISN (17)	Sister, Sister	Lizzie McGuire	Movie: Th Fantasy) C			(1999,	Sister, Sister	Boy Mts. World	Kim Possible	Proud Family	Even Stevens	Sister, Sister	
MAX 21)	(5:00) Mov				2) A spy recruits a Movie: Old School seve a stolen plane. Comedy) Luke Wilson					sire and Deception			

### WEDNESDAY

### JANUARY 28

Ever

	6 <b>PM</b>	6 <b>:3</b> 0	7 PM	<b>7:3</b> 0	8 PM	<b>8:3</b> 0	9 PM	<b>9:3</b> 0	10 <b>PM</b>	10 <b>:3</b> 0	11 <b>PM</b>	11 <b>:3</b> 0	
KLBY/ABC 4 6	(5:59) News	Ent. Tonight	My Wife and Kids	It's All Relative					Ne ws (CC)	Nightline (CC)	Jimmy Ki Michael W	immy Kimmel Live lichael Waltrip. (N)	
KSNK/NBC 8 9	Ne ws	Wheel of Fortune	Appre ntic Shmethics				Law & Order Identity (CC)		Ne ws	Tonight Show (N) (CC)		Late Night	
KBSL/CBS	News (CC)	Friends (CC)					48 Hours Investigates (CC)		News (CC)	Late Show (CC)		Late Late	
K15CG (3)	NewsHou Jim Lehre							Great Performances		Two's Charlie Ro		ose (N)	
WGN (13)	Will & Grace	Home Improve.		Movie: Sister Act ★★ (1992, Comedy Whoopi Goldberg, Maggie Smith.			News (CC) Becke			Becker (CC)	Elimi- date (N)	5th Wheel	
NICK (29)	Rugrats (CC)	Spon- ge Bob	Oddpar- e nts	Sabrina- Witch	Full House	Full House	Cosby Show	Cosby Show	Rose- anne	Rose- anne	Cosby Show	Cosby Show	
FAM (30)	7th Heave	n (CC)			ne rica ★★۶ in New Yor			y) An Whose Line? 700 Club (CC)		(CC)	Home Vide os	Home Vide os	
USA (31)			ues to look for a large (Part 2 of 3) (CC) Traffic Adam								avenge the (Part 3 of		
TBS (37)	Seinfeld (CC)	Friends (CC)	Movie: Th cloned with	e 6 <b>th Day</b> : nout his cor	★★½ (2000) sent. <i>Arnol</i>	A helicopt d Schwarze	er pilot is movie: The 6th Day **1/2 (2000) A helicopt cloned without his consent. Arnold Schwarze						
TNT (38)	Law & Ord Merger (C		Law & Ord Children (0		Law & Ord Oxymoron	der	Movie: Stir of Echoes (1999) A skeptic becomes a receptor of supernatural vibes.			X-Files Dreamland (Part 1 of 2) (CC)			
DSC (42)	FBI Files	Hired Gun	Peter: Jes Fishermai				Extreme Engineering (CC)		Peter: Jesus' Fisherman (CC)		Thomas L. Friedman		
A&E (47)	Ame rican Perfect Mu		Biography Selleck	graphy: Tom American J Questionable					Third Watch He Said/She Said (CC)		Biography: Tom Selleck		
ESPN (49)		<b>ask</b> e <b>tba</b> ll: l arolina. (Liv		ina State	NBA Basketball: Sacramento Kir Rockets. Toyota Center. (Live) (C				SportsCenter (Live)		Outside - Line s		
HBO	(5:15) Mov Burbs ★							Inside the NFL (N) (CC)		Real Time (CC)		Movie: Ghost Ship ★ (2002) (CC)	
DISN (17)	Sister, Sister	Lizzie McGuire			(2004) A ho band. <i>Ricky</i>		Sister, Sister	Boy Mts. World	Kim Possible	Proud Family	Even Stevens	Sister, Sister	
MAX	(5:30) Mo	vie: Murdei			llraiser: Bl		Movie: Wh	nite Oleano	ler ★★½ (2)	002,	Best Sex	Movie:	

Numbers ★★½ (2002, Mystery) (1996, Horror) Bruce Ramsay. Drama) Alison Lohman. (CC)