Scholar's Bowl team are the League champions, said Bernadine Samson, head coach.

The Eagles defeated each of the other five league scholars bowl teams at the league contest held Monday, Jan. 12 at Oberlin.

Taylor Miller (captain), Erika

The Colby Eagle High School Erickson, Jessica Morton, Matt Hull and Collin Bielser were the difficult for all the teams as remembers of the Colby team.

> Quinter and Oberlin each had round. three wins and two losses.

Since Quinter had beaten Oberlin against Atwood. in the head-to-head competition, Quinter was the runner-up and Oberlin placed third, she said.

flected in the lower scores for each

The Colby team had a slower start

The score was tied at the end of

the math category for the win, 50-

Overall, Erickson and Miller answered the most questions for the team. Other scores were Colby over Oberlin 60 to 50, Colby over Goodthe round of sixteen questions. Jes- land 70 to 30, Colby over Quinter sica Morton correctly answered the 55 to 20 and Colby over Oakley 50

The varsity team now has a 5-0 record. Their next competition was Tuesday at Scott City..

perience competing at Quinter, Thursday, Jan. 8 and Norton on Tuesday, Jan. 13," she said.

The junior varsity were up

against varsity teams from most of the other schools competing.

Hot-tempered couple wants to fight fair

DEARABBY: My boyfriend and I have been seeing each other for three years. We moved in together eight months ago and have been talking about marriage as soon as we're financially stable.

Abby, we both have hot tempers. We don't get violent, but we flare up at the drop of a hat. We tend to take things personally and become de-

When we fight, it's all-out war.

Neither of us seems to be able to stop until it's too late, and by then, we have usually said hurtful things for which we're sorry. How do people learn to fight fair

and control their tempers? We love each other very much.

— HURT IN NEW JERSEY

DEAR HURT: Learning to "fight fair" is an acquired skill, and like any other skill it takes self-control and practice. When people disagree, it is helpful to stay on the subject when talking it out. That means refraining from dragging in baggage from previous arguments.

Another technique that can avert misunderstanding is to "mirror" what the other person has said. ("I heard you say you didn't like my outfit. Did you mean I'm getting fat?") In other words, the person might not have liked the color or style, but how will you know if you don't ask?

ask yourself, before venting, "Is unto you.)

Abigail Van Buren

Dear Abby

it true? Is it kind? It is hurtful? Is it helpful?"

A trial lawyer once told me, "You can't unring the bell." This holds true in relationships as well as courtrooms.

DEAR ABBY: I am a gospel minister, and members of the congregation are divided over whether to hold a baby shower for an unwed mother who is a member of the congregation. I have been told that it "is just not done." The expectant mother has made it right by repenting and asking for prayer.

prohibits having a baby shower for an unwed mother?

– MINISTER IN GEORGIA

DEAR MINISTER: There is no rule of etiquette that prohibits an unwed mother from being given a shower. And because of her unmarried status, she is going to need all the help she can get. Babies are expensive.

Since she repented, perhaps vou should remind your flock of: 1. The Golden Rule. (Do unto

2. Judge not lest ye be judged. And ...

3. Let he (or she) who is without sin cast the first stone.

Your work is cut out for you, because your congregation seems to have forgotten a principle of their religion: Love one another.

DEAR ABBY: For years now, my dad's health has slowly deteriorated. He has good days when he kind of knows what's going on, and bad days when his whole world is off balance. Recently he suffered some mini-strokes, and last September the doctor diagnosed him with Alzheimer's.

I was there when Dad was diagnosed. You could see the look of relief on his face to finally have a name for what was going on inside him. He told the doctor, "Well, at least now I know I'm not going Is there any rule of etiquette that crazy" because it was a medical condition he could comprehend.

> The problem is his siblings. They get angry at Mom when she tells the doctor how Dad is at home and accuse her of exaggerating. They get upset with us for not letting Dad drive, even though he doesn't see well and has been known to get lost. They have even gone behind our backs and told Dad he does not have Alzheimer's, which only compounds the problem.

for his lack of "spirit." One aunt, in and with their help, she won't.

particular, is cold and nasty toward

Poor Mom has a hard enough time being caregiver to a man who doesn't always recognize us and can't remember names. There are times when Dad runs to the neighbors saying, "People are in the house trying to steal things."

Mom, who has always been a strong woman, cries almost daily. She does not deserve nor need the aggravation that Dad's siblings are causing. She loves Dad and wants, as we do, only the best for him.

How can I handle this? Mom wanted to include Dad's family in what is going on with him, but all it's done is bring heartache.

— THEY'RE NOT HELPING

DEAR THEY'RE NOT **HELPING: You and your mother** have my deepest sympathy. Your father's siblings are in deep denial — which is probably why they can't bring themselves to admit what is really happening. Their anger at your mother is part of their denial. They would rather believe that she is exaggerating than come to grips with the truth. What your mother needs now is emotional support. I recommend that she contact the Alzheimer's Association ((800) Some of Dad's siblings see him nearest support group. No only once a week at church. They all caregiver should have to go Another helpful technique is to others as you would have them do insist he is "fine" and blame Mom through this experience alone —

272-3900) for the location of the

Guests of Ralph Sonberg last

Junior varsity team members are Ethan Walker, Becky Lang, Collin "The junior varsity has gained ex- Bielser, Valarie Higerd, Brian Saddler, Lindsey Bugbee, Rashaun Wilson, Hannah Zimmerman, Henry Lamb, David Kinderknecht and Watanya Fangsawat

One Fairview resident spends time in Wyoming

Freda Thieler returned home last week after spending the holidays with her daughter Marlene and Bud Murphy in Cheyenne,

All of the Murphy children were home for Christmas so they had a great family reunion. Freda said they had some snow while she was there but no big drifts. Marlene brought her home on Monday. Russell Childers is back home

after spending several weeks in the hospital. Welcome back, Russell. Marguerite Chandler is out of the hospital and is spending a few days with her son, Jim Bartlett and family, before return-

We are so glad to hear that Vida tions for the eight ladies present. Toburen is convalescing at the home of her son Robert Toburen in Ruston, La. after her long illness. We hope she and Marguerite will both be back here soon. Recent guests of Pete Morrison

were some of his grandchildren, Tom and Jennie Wright and twins, Sara and Tim from Colorado Springs. Les and Connie Depperschmidt from Derby visited his

mother, Tillie Depperschmidt over last weekend. They also visited Marilyn and Duane Heble, supper with several friends on his sister. Jack and Jane Kersenbrock of

Kersenbrock on Monday of last

week were his daughter and hus-

Lula Fairview

Thieler

Estates

band, Maizee and Ron Baalman of Colorado Springs, Colo.

The Farmers and Merchants Bank sponsored the bingo games here last Wednesday afternoon with everyone attending winning at least one prize. Thank you for the party. The non-denominational church breakfast was served Wednesday morning at 7 a.m. with Karen Hodson. Marilyn Starks gave the devo-

I went to the Robert Dible home for supper in Menlo last Wednesday evening with several other family members attending. Their son, Jared, who is home

from serving in the Navy and his

wife, Sara, were there and showed us many pictures of places he had seen. Others present were Robert's

parents, Louis and Norma Dible and Peggy's parents, Rex and Betty Carswell.

Edna Sloan attended a carry-in Saturday evening.

Royce and Darcy Kehlbeck of Norton visited his mother, Ollie Bird City came to take their grandmother, Irene Kehlbeck, to the basketball tournament. Their daughter, Aubrey, plays with the Cheylin High School team.

Proposed center would focus on small-town journalism COFFEYVILLE (AP) — A na- Andy Taylor, editor of the Mont- Kurtis Kansas State National Cenbuilding beginning in April.

tionally known broadcaster and one of the state's oldest journalism families hope to turn a former library into a training center for small-town and rural journalists.

"We want to provide a way that we can better train existing employees to the size of our market," said

gomery County Chronicle.

Taylor, whose family has produced five generations of Kansas winning journalists," said Taylor, journalists, is working with Kansas State University and television host Bill Kurtis, a native of nearby Inde- Chautauqua and Labette counties. pendence.

ter for Community Media Training.

"They don't have to be awardwhose family owns and publishes seven papers in Montgomery,

Taylor plans to operate his news-Their goal: to launch the Taylor- paper from the Carnegie Library

The building, listed on the National Register of Historic Places, has been vacant for the past three

Kurtis, host of three series on the A&E Network, said the center also will attract attention to his native

Stick With the Classifieds. If you're looking to buy, sell or trade,

check out the Classifieds. It's fast, easy and you'll find what you are looking for! The Colby Free Press Classifieds

BUSINESS DIRECTORY

New Beginnings Counseling **Services**

Specializing in Children, Adolescent, Individual, Marital and Family Counseling.

422 Smith Drive Colby, KS 67701 785-462-3308

EVENING ADDOINTMENTS

START WITH A PLAN!

Listen to "DOs, DON'Ts & DOLLARS" KLOE/730 AM • MONDAYS at 9:30 a.m. CST

IRA's-RETIREMENT PLANS-529 COLLEGE SAVINGS MUTUAL FUNDS-ANNUITIES-STOCKS-BONDS CD's-LIFE INSURANCE-LONG TERM CARE INS.

Securities offered exclusively through

RAYMOND JAMES FINANCIAL SERVICES, INC.



New System Professional Window Cleaning

Commercial • Residential 650 N. Grant • Colby, KS 67701

Call for your FREE estimate: 785-462-6995 Chris & Beth

800-611-6735 "We do windows! No Job Too Big or Small!!

nwkansas.com Call 462-3963 or stop by

To have your ad placed in the Business Directory, call Crystal or Shelby at 462-3963.

155 W. 5th St., Colby



College can open many

529 college savings plans

offer a powerful way to save

for education expenses. Call

today for an appointment!

Lisa Wilson

Financial Advisor

240 W. 4th, Colby, KS

doors for your children...

Hometown Packaging **UPS & USPS Center** Specializing in:

Shipping • Packing • Gift Wrap

Open 7 Days a week in KS Country Store

Birds Alternatives

Corn Stoves-Pellet Stoves-Wood Stoves

Country Flame - Avalon

PELLET BARBEQUE GRILLS

Gary & Caroline Bird

2785 North Range, Colby, KS 67701

Southwind Plaza, Colby, KS



"Serving Colby and the Area Since 1984" **BOX** 785-462-7843

Affordable Granite Countertops

See our samples at Inlow Interiors

KITCHENS • BATHS •

CABINETS • COUNTERTOPS •

Warta Chiropractic & Fitness Club 415 N. Franklin • Colby • 785-460-3350

Dr. A.J. Warta

Design • Remodel • Installation

25 years of experience as a licensed chiropractor

Where you can still get a full-spine adjustment for 1980's fees!

Monday & Wednesday: 2:00-7:00 p.m. Fuesday, Thursday & Friday:

10:00 a.m.-3:00 p.m.

Science and Nature Working Together For You!

BC/BS CAP Provider Simple Care Provider

Advanced Technology **Auto Glass**

"The Difference is Clear"



• • VACATION SPECIALS • • LAS VEGAS - Air & hotel From (per adult) \$250 DISNEY WORLD - Hotel, air, park passes MEXICO - Air & hotel \$505 \$450 CARIBBEAN CRUISE & AIR ALASKAN CRUISE & AIR

Max. 45

Phone: 785-460-3321 RAYMOND AMES

Toll Free: 877-460-3321 FINANCIAL SERVICES, INC

Cruises, Tours, Groups, Flights, Hotels, Trains, Cars

Colby, KS 67701

1-888-690-7077

462-6999 FAX: 462-3824

Investment Center

Located at

BANK OF COLBY

Subject to Risk and may lose value

NOT GUARANTEED by

OSJ (816) 753-7859

\$1,050 \$1,500 HAWAII - Air & hotel LONDON, ENGLAND - Air & hotel \$359

WORLDWIDE: Vacation Packages, Ask about AAA, AARP, Senio & Companion, Corporate and Government discounts!

800-783-9417 AMTRAK EXPLORE AMERICA **Rory Henry** • **785-460-7773** ALL SPECIALS MAY BE FOR SPECIFIC DATES AND ARE CALL IN OR FAX YOUR INTERNET QUOTES AND OTHER ADS! SPECIFIC DATES AND ARE SUBJECT TO AVAILABILITY. WE CAN BOOK THEM FOR YOU WITH LOCAL, CARING SERVICE!!!

Home: 1-785-462-7118 Cell: 1-785-443-1364 FINALLY! Health Insurance for Individuals,

Families and the Self-Employed at AFFORDABLE Rates.