# Colby librarian reviews newest books available for check out

It is amazing how many people are using the Library's extensive books-on-tape collection these days and how many new titles we are adding each month. Most of the popular books are available on tape cassette and/or CD as well as in the print format.

Here are a few of the new ones we have, as well as some we expect to receive in the near future.

In non-fiction we have *A Long* Way From Home: Growing Up in the American Heartland which is a memoir by Tom Brokaw, To America, the last book from the late dean of American historians Stephen Ambrose, Abraham: A Journey to the Heart of Three Faiths by Bruce Feiler (who also is the author of the mega-hit Walking the Bible), Leadership by former NY mayor Rudolph Giuliani, *Self Matters* by Dr. Phil McGraw (who also happens to be the reader), *Relax* — *You May* Have Only A Few Minutes Left by

### JoAnne Sunderman

### Library Link

whining and prevent hardening of the attitude), Prisoners of Hope written by and read by Dayna Curry and Heather Mercer who served the poor in Afghanistan, were imprisoned by the Taliban for teaching Christianity, and finally rescued, and Lisa Beamer's best seller *Let's* Roll. Founding Brothers by Jo seph Ellis and Once Upon A Town. The Miracle of the North Platte Canteen by Bob Greene are two more popular books now available on tape.

If you like reading true crime, try Cape May Courthouse by Lawrence Schiller which is the frightening tale of a clever murderer; or Ann Rule's Everything She Ever Wanted, the story of a woman who Intyre (the press refer to her as PBS star Loretta LaRoche (whose dreamed of being a modem-day mission in life is to stop global Scarlett O'Hara: petite, proper and killing the philandering President

The Orchid Thief is another true crime audio by Susan Orlean about the thief who stole rare orchids from a Florida swamp in order to make a fortune.

There is a popular movie out now based on this book.

If you are a fiction fan, we really have some interesting books-ontape (and CD) you won't want to miss.

For instance, there's James Patterson's Four Blind Mice, and Michael Crichton's *Prey* where once again foolhardy scientists open doors before they understand the disastrous consequences.

We have Chasing the Dime by Michael Connelly, Answered *Prayer* by the ever-popular and ohsoprolific writer Danielle Steel, and No Way To Treat a Lady by Chris Buckley.

In this one, First Lady Beth Mac-"Lady Beth Mac") is charged with

with a spittoon! Finally, thrillmaster Stephen King is back with one called The Man In the Black Suit which is a collection of his stories that show why he is the undisputed master of storytelling, and Dean Koontz offers the chilling tale

called By The Light Of The Moon.

These are just a few of the titles we have available in audio form just the tip of the iceberg, as they

So if you are taking a trip, going for a walk or just in the mood to listen to a good book, don't forget to check-us out. We are located at 375

West 4th and are open seven days a week as follows: Monday through Thursday, 9 a.m. - 8 p.m.; Friday, 9 a.m. - 5 p.m.; Saturday, 9 a.m. - 4 p.m.; and Sunday, 1 p.m. - 4 p.m. For more information contact the library at 462-4470. We look forward to serving you.



**A GREAT SUCCESS STORY** 

Pictured are Dr. Mark Warta, Ken Winters, April Green, Anastasia Easterday and Dora Davenport.

It was with great pleasure that Warta Chiropractic & Acupuncture Clinic presented the 2002 Patient of the Year Award to a very special patient, Ken Winters of Indianola, NE, on Friday, December 19. It goes to show, the harder you work the more you benefit. Ken was involved in a terrible motorcycle accident in October 2000 that left him completely paralyzed on the left side of his body. Ken was told he would never walk again; however through rigorous chiropractic, acupuncture and water therapy over the past two years. he is now able to walk with a walker. Dr. Warta states, "Mr. Winters is a model patient. He has always been focused and dedicated to his recovery and has worked very hard towards our goals. In January 2002 he would enter my clinic in an electric wheelchair and now he walks in with a walker. We are all very proud of him. Keep focused, Ken, as great things are coming your way".

We have made it our goal to stay on the cutting edge of advancements in the chiropractic profession to better serve you. As a thank you to all our Colby patients for letting us serve your healthcare needs in 2002, during the month of February, we are offering a complete chiropractic examination including all necessary x-rays at no cost to you. Please call our office immediately to secure an appointment. This offer will be on a first come - first served basis and will be for one month only.



### **Warta Chiropractic and Acupuncture Clinic**

Mark J. Warta, D.C., F.A.S.A. 418 Main • Atwood, Kansas • 785-626-3274

#### Pageant seeks women from Colby "The Mrs. Kansas Pageant is a eant during the latter part of March. Organizers of the nationally televised Mrs. America Pageant are statewide event that honors the

searching for women in Colby who might want to consider competing for the title of Mrs. Kansas 2003.

"Unless someone steps forward within the next month, it appears the area will go unrepresented," said

conduct its quarterly meeting in

Topeka, Wednesday, Jan. 22 and

Thursday, Jan. 23, said Kent Lamb, of Macksville and chairman of the

Wetland/Flood Management Com-

mittee, the Assessment & Evalua-

tion Committee and the Public In-

formation and Education Commit-

Kansas Water Authority.

Kansas Water Authority

National Mrs. America competition," she said.

The deadline for receiving applications for candidates is Monday, 23 to 72 years old.' Tracy Crist, executive director of Feb. 10, which would then give contestants time to prepare for the pag-

"Mrs. America contestants do not state's loveliest married women and necessarily fit any particular mold," sends a Kansas representative to the Crist said. "Our participants represent an incredible variety of backgrounds, lifestyles and personal interests and have ranged in age from

> The proceedings include evening gown, sportswear and interview competitions.

> The three-day event is held in Leavenworth on March 28, 29, and 30. For questions or information on applications, call Crist at (817) 442-

### meeting planned Jan. 22-23 The Kansas Water Authority will building as the Kansas Water Office, 901 S. Kansas Avenue, To-The full Authority will convene on Thursday, Jan. 23, at 9:30 a.m.,

The Water Quality/Riparian and Office Building, located at 900 SW Jackson Street. An agenda and other details of the meeting are available from the Kansas Water Office, 901 S. Kansas

in Room 106 of the Landon State

Avenue, Topeka, Kan., 66612-1249, (785)296-3185. If accommodations are needed for persons with disabilities, Lamb encourages them to notify the Kan-

tee will meet at 9 a.m., followed by meetings of the Water Management/Conservation Committee, the Data and Research Committee and the Public Water Supply/Recreation Committee at 12:30 p.m. sas Water Office at the above ad-The meetings will be held in condress at least two days prior to the ference rooms located in the same meeting.

peka, Kansas.

# WELCOME TO THE 2003 Wellness Fair

Saturday, January 18

9 a.m. - 1 p.m.

Colby Community College Student Union Stop by and find out what you can learn from...

Thomas County Health Department

Stop by our booth at the Wellness Fair and visit with the girls from the health Department.

We'll be educating people on smoking and smokeless tobacco plus we'll have hand-outs, calendars and pens!!



Yes - for only \$75 you can send the Colby Free Press to family members or friends who formerly lived here but now reside out-of-state!

It will be a gift they can enjoy all year long. Hometown news as presented by their former hometown newspaper. (And...no batteries required.)

Simply, contact us here and let us know whom you want a subscription sent to. As soon as we receive the check, we will start the subscription up... plus we'll send a card announcing your gift.

\$75!!

(And we're not kidding!)



155 W. 5th • 462-3963

**Heartland Rural** Counseling Services, Inc.

Specializing in adult and children Therapeutic and Diagnostic Services

270 N. Franklin. Suite C 785-462-7588

**COME SEE US** AT THE WELLNESS FAIR!!

We'll be doing Glaucoma Screenings!

DRS. MORRISON **& WAHLMEIER** 

### COME SEE US AT THE WELLNESS FAIR! WE'LL BE DOING OSTEOPOROSIS SCREENING!

- Sports Injuries
- Surgical Rehab
- Back & Neck Pain

"The care you deserve from the professionals you know."



TINA HARRIS Physical Therapy & Sports Medicine Center

270 N. Franklin • Colby • 462-8008



1195 S. Range Colby, Kansas

FDIG



WELCOMES THE 2003 WELLNESS FAIR!

### A SALUTE TO YOUR **WELLNESS!**



Wellness Fair 2003



1605 S. Range • Colby 785-462-1310

**PHARMACY** 

## Welcome to the 2003 **Wellness Fair!**

### **Supporting the 2003 Fair through:**

- Staff participation on the Colby Wellness Committee
- Employee health promotion with discount coupons for the Fair
- Discounted laboratory screening tests for Fair participants
  - ➤ Lipid profile
  - Complete blood count (CBC)
  - Prostate specific antigen (PSA)
- Discounted mammograms for Fair participants Discounted osteoporosis screening

CITIZENS MEDICAL CENTER, INC.

100 E. College Drive • 462-7511