

# Kansas lawmakers fall short on tobacco control efforts

In the wake of more than a decade of faltering public policy, Kansas' state tobacco control efforts received three F's and one C grade in the first annual *American Lung Association State of Tobacco Control 2002 report*. The report indicates that U.S. states have squandered more than \$240 billion in tobacco settlements, missing an unprecedented opportunity to fund comprehensive tobacco initiatives proven to help protect children and adults from disease and death caused by tobacco. The national report card analyzes state tobacco control laws in four key areas —

youth access to tobacco, smokefree air, tobacco program funding and cigarette excise taxes. Kansas scored grades of "F" in tobacco prevention and control spending, smokefree air and youth access policy, while cigarette tax rated a grade of "C." The recent 55 cent per pack increase in the excise tax did give Kansas the seventh highest increase among states during 2002. At 79 cents per pack, Kansas currently ranks 19th among the states and District of Columbia in tax rate. There are 15 states with rates of one dollar or more.

"This report should be a wake-up call to the legislature about the true state of affairs in Kansas," said Judy Keller, executive director, American Lung Association of Kansas. "Our cigarette tax should be at least a dollar, our smokefree and youth access laws are weak and the legislature has chosen not to spend settlement funds where they were intended — on tobacco prevention and control programs. The time is now to make the tough decisions on tobacco control that will save lives. We need the political commitment to get the job done," she said. "We at the American Lung Association

of Kansas have high expectations for tobacco control and its impact on lung health, but current state-wide laws in Kansas are not meeting those expectations." In Kansas, 20 percent of adults, 26 percent of high school students and eight percent of middle school students report that they smoke cigarettes, according to the Kansas Department of Health and Environment. The *American Lung Association State of Tobacco Control 2002 report* analyzes individual states' actions four years after the 1998 Master Settlement (MSA), through

which the tobacco industry committed to paying 46 states approximately \$206 billion over 25 years, in recovery of the states' tobacco-related health care costs. "F" is the overwhelming grade in the national report. Forty-three states and the District of Columbia received grades of "F" in smokefree air laws; 33 states and the District of Columbia received grades of "F" in tobacco program funding; 17 states received grades of "F" in cigarette taxes, and 32 received grades of "F" in laws limiting youth access to tobacco. Only three states — Maine, New York and Rhode Island — scored the highest achievement of two "A" grades.

The state legislature has appropriated only \$500,000 of Kansas' settlement funds for fiscal year 2002 to tobacco use prevention. The remainder, as well as proceeds from the increased cigarette excise tax, have gone to the general fund to plug the state's growing budget deficit. Making it less likely that children take up a deadly habit is the goal of tobacco access laws. But Kansas' youth access efforts fall short by allowing minor's access to products without the intervention of a clerk;

## Winter precaution tips offered to senior citizens

**By BETTY GIBB**  
*Kansas Senior Press Service*  
Q. My mom has moved here from Georgia to live with us. This will be her first Kansas winter. Are there some things we need to be more aware of because we have a senior living in our home?  
A. Great question — and it gives me a chance to remind all senior readers that winter deserves respect here in the Midwest. Here are some reminders that will be helpful to your family this winter:  
• Hypothermia is a real risk in older adults — slower metabolism

and less physical activity make them more susceptible to hypothermia (a drop in body temperature to 95 degrees (F) or less). The inside thermostat should be set no lower than 68 degrees. Hypothermia can develop over a few days or weeks of cool indoor temperatures. Signs of hypothermia include confusion, drowsiness, slurred speech, blue hue to skin, excessive shivering.  
• Dress in layers of loose-fitting, lightweight clothing. When your mom goes outdoors, encourage her to cover her mouth with a scarf to protect lungs from cold air. A hat is

a must outside-and may not be a bad idea inside as well. Keep sweaters and lap throws handy for added indoor warmth.  
• Dehydration is also a winter danger for older individuals. Winter indoor climates tend to be dry. Dehydration can cause mental confusion and contribute to a "stressed-out" feeling. In cold weather, soups can help meet the body's need for fluids as well as provide warmth for the body.  
Of course, encourage her to drink plenty of water — but to go easy on alcohol or caffeinated drinks that

restrict blood flow.  
• Stay as active as possible. Encourage your mom to exercise at home with some stretching and lifting movements.  
Maybe this would be a good time to instigate family mall-walking. Exercise improves the appetite and produces body-heat.  
• Make sure your smoke detectors are in working order. December through February is the peak fire period. A residential blaze strikes in America every 85 seconds.

by not requiring photo ID of customers who appear to be under 21 years of age; and by not totally banning cigarette vending machines or free distribution of cigarettes. Although random inspections of establishments selling cigarettes are conducted in the state, it is under federal not state regulation. Kansas' smokefree air laws are considered frail. While state, county and municipal buildings and some public places must designate smoking, there are no statewide laws providing for 1000 percent smokefree workplaces, restaurants and other public places. On a positive note, because the state's clean indoor air laws do not "pre-empt" local ordinances, communities can set stronger standard to protect their citizens.  
"Kansas citizens should be outraged — and embarrassed, quite honestly — that we are so far from approaching the high bar set to protect public health from the ongoing tobacco epidemic in America," Keller said. "The Kansas government has failed us by turning its back on the intent of the tobacco settlement, raiding funds to cover budget shortfalls and denying the state a sound investment in our citizens' health."

## TV LISTINGS

Tuesday, January 14 through Monday, January 20

### SUNDAY JANUARY 19

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC (6)	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Grene Laser	Figure Skating: Skating Spectacular. Dallas.				ABC Wid News (CC)	News (CC)
KSNK/NBC (3)	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	NBC News
KBSL/CBS (12)	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	NFL Today
K15CG (3)	On the Record	McLaughlin	McLaughlin	To the Contrary	Religion-Ethics	Computer	Stevens Europe	Rare Visions	Sewing-Nancy	Kaye-Quilling		Globe Trekker (CC)
WGN (13)	Movie: The Great Santini (1979) A Marine officer's iron will nearly destroys his family.				Movie: For the Boys ** 1/2 (1991, Comedy-Drama) Bette Midler. (CC)				Movie: Honkytonk Man ** 1/2 (1982, Drama) Clint Eastwood. (CC)			
NICK (29)	(11:30) Nicktoons TV	Thornberrys	Thornberrys	Rocket Power	Rocket Power	Speed Racer	Invader Zim	Super-Sumos	Men in Black	Kenan & Kel	Kenan & Kel	
FAM (30)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)	7th Heaven (CC)
USA (31)	(11:00) Movie: Buried Alive II (1997) A woman seeks revenge on her erstwhile poisoners.				Movie: Murder in Greenwich ** (2002, Drama) Christopher Meloni. (CC)				Movie: Exiled: A Law & Order Movie (1998) Chris Noth. (CC)			
TBS (37)	(11:00) Movie: America's Prc	Movie: Matilda (1996) A child uses her amazing abilities against uncaring adults.			Movie: Uncle Buck (1989) An easygoing relative takes care of three children. (CC)				Movie: Jumanji ** 1/2 (1995)			
TNT (38)	(11:45) Movie: McLintock! *** (1983, Western) A cattle baron meets his match in a strong-willed woman.				Movie: Maverick *** (1994) A conning cardsharp heads for a high-stakes poker game. Mel Gibson. (CC)				Movie: Crossfire Trail *** (2001)			
DSC (42)	(11:00) Science of the Sexes	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Walking With Dinosaurs	Gut Busters An eating contest. (CC)
A&E (47)	Movie: The Cater Street Hangman (1998, Mystery) Eoin McCarthy. (CC)				Hollywood Reality (CC)			Movie: St. Elmo's Fire ** 1/2 (1985, Drama) Rob Lowe, Emilio Estevez. (CC)				Movie: Columbo: It's All in the Game
ESPN (49)	PBA Bowling: ABC Masters. Reno, Nev.	Tennis: Australian Open -- Early Rounds. Melbourne, Australia.			Women's College Basketball: Louisiana State at Arkansas. (Live)							
HBO (7)	(10:30) Movie: Reverb (CC)				Movie: Making Mr. Right ** 1/2 (1987) Ann Magnuson. (CC)			Movie: Three Amigos! ** (1986, Comedy) Chevy Chase, Steve Martin. (CC)				Movie: Miss Congeniality (2000)
DISN (17)	Kim Possible	That's Raven	Movie: The Thirteenth Year ** (1999) Chez Starbuck. (CC)	Teamo Supremo	Even Stevens	Boy Mts. World	Boy Mts. World	Sister, Sister	Proud Family	Kim Possible		
MAX (21)	Movie: Steel Magnolias *** (1989, Comedy-Drama) Sally Field. (CC)				Movie: Two Can Play That Game ** 1/2 (2001) Vivica A. Fox. (CC)			Movie: Just Cause ** (1995, Drama) Sean Connery. (CC)				Movie: The Crow *** (1994) (CC)

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (6)	Movie: Souder (2003) A boy becomes a man as he looks for his imprisoned father.				Alias Cipher (CC)			Practice Privilege (CC)	News (CC)	Seinfeld (CC)	Paid Program (CC)	Extra (N) (CC)
KSNK/NBC (3)	Golden Globes Arrival (Live) (CC)	60th Annual Golden Globes (Live) (CC)			Globe Awards Honors in film and television. (Live) (CC)				News (CC)	Inside Edition	Ebert & Roeper	Paid Program
KBSL/CBS (12)	NFL Football Playoffs. AFC Championship -- Oakland Raiders vs. Pittsburgh Steelers or Tennessee Titans.				CSI: Miami Slaughterhouse				News (CC)	News	She Spies Betrayal (N) (CC)	
K15CG (3)	World Class Trains The Royal Orient	Nature The Octopus Show (CC) (DVS)			Masterpiece Theatre The Hound of the Baskervilles (N) (CC)				Reilly: Ace of Spies (Part 10 of 12)			Mystery! Second Sight Parasomnia
WGN (13)	Mutant X Shalimar's old friend. (N) (CC)	Andromeda The Leper's Kiss (CC)			Adventure Inc. Cursed ship. (CC)			News (CC)	Instant Replay	Rockford Files Clairia		In the Heat of the Night (Part 1 of 2)
NICK (29)	Told by Ginger	Taina Sabotage	Brothers (CC)	Cheerleaders	Cosby Show	Cosby Show	Cheers	Cheers	Coach (CC)	Coach (CC)	Cosby Show	Cosby Show
FAM (30)	(5:00) Movie: Object-Affect.	Movie: Picture Perfect ** 1/2 (1997, Comedy) Jennifer Aniston, Jay Mohr. (CC)			Movie: Romy and Michele's High School Reunion ** 1/2 (1997) Mira Sorvino. (CC)				Lake. Church		Feed the Children	
USA (31)	(4:30) Movie: Con Air ** 1/2 (1997, Suspense) Violent criminals hijack a prison transport plane. Nicolas Cage. (CC)				Dead Zone Ascent (N) (Part 2 of 2) (CC)				Law & Order: Special Victims		Dead Zone Ascent (CC)	
TBS (37)	(5:00) Movie: Jumanji (1995)	Movie: Rush Hour *** (1998) (PA) Two detectives join forces in a kidnapping case.			Movie: Thunderbolt ** 1/2 (1996, Action) Jackie Chan, Anita Yuen. (CC)				Movie: Rumble in the Bronx (1995)			
TNT (38)	(5:00) Movie: Crossfire Trail ***	Movie: Monte Walsh (2003) (PA) A cowboy refuses to let his way of life fade into the past. Tom Selleck. (CC)			Movie: Purgatory (1999) A frontier town is the gateway between heaven and hell.				Movie: Hang Em			
DSC (42)	Casino Diaries II Local Heroes	Harley-Davidson: Birth of the V-Rod (CC)			Biker Build-Off (CC)			American Chopper	Harley-Davidson: Birth of the V-Rod (CC)			Biker Build-Off (CC)
A&E (47)	(5:00) Movie: Columbo-Game	Biography (N) (CC)			Movie: Benedict Arnold: A Question of Honor (2003, Drama) Aidan Quinn. (CC)				Detective Beat Hollywood Vice (CC)			Biography (CC)
ESPN (49)	PGA Golf: Sony Open Final Round. Honolulu. (Live)				NFL Sportscenter at the Super Bowl							NFL Sportscenter
HBO (7)	(5:00) Movie: Miss Congeniality (2000)	Sex and the City	Sex and the City	Oz Sonata da Oz (N) (CC)	Taxicab Confessions 2003				Movie: Training Day *** (2001) A rookie cop is partnered with a corrupt detective.			
DISN (17)	That's Raven	Lizzie McGuire	Movie: Selma, Lord, Selma *** (1999) Mackenzie Astin. (CC)	Proud Family	Sister, Sister	Lizzie McGuire	Even Stevens	Boy Mts. World	Kim Possible	Boy Mts. World	Sister, Sister	
MAX (21)	(5:15) Movie: The Crow *** (1994)	Movie: The Mothman Prophecies ** (2002, Horror) Richard Gere. (CC)			Movie: Sniper 2 (2002, Action) Tom Berenger. (CC)			Movie: Erotic				Movie: Substitute 3: Winner

### MONDAY JANUARY 20

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (6)	(5:59) News	Ent. Tonight	Movie: The Rock *** (1996, Adventure) (PA) Alcatraz Island terrorists threaten to gas San Francisco. Sean Connery. (CC)						News (CC)	Nightline (CC)	Up Close (CC)	Seinfeld (CC)
KSNK/NBC (3)	News	Wheel of Fortune	Fear Factor (N) (CC)	Meet My Folks (Season Premiere) Women compete for a trip to Europe with one man.					News (CC)	Tonight Show (N) (CC)		Late Night
KBSL/CBS (12)	News (CC)	Friends (CC)	King of Queens	Yes, Dear (N)	Raymond	Still Standing	CSI: Miami Breathless (CC)		News (CC)	Late Show (CC)		Late Late
K15CG (3)	News	As Time Goes By	Antiques Roadshow (N) (CC)	American Experience			Good War and Those		News (CC)	Being Served	Charlie Rose (N) (CC)	
WGN (13)	Home & Improve.	Will & Grace	Movie: Jack the Bear ** 1/2 (1991, Drama) Danny DeVito. (CC)				News (CC)		Celebrity Justice	Rockford Files Sleight of Hand		Heat of the Night
NICK (29)	Oddparents	Oddparents	Oddparents	Oddparents	Cosby Show	Cosby Show	Cheers	Cheers	Coach (CC)	Coach (CC)	Cosby Show	Cosby Show
FAM (30)	Bachelorette (CC)	Life Sitcom	Last Resort	Celebrity Mole Hawaii (CC)	Whose Line? (CC)	Whose Line? (CC)	700 Club (CC)		700 Club (CC)		Caroline Rhea Show (N) (CC)	
USA (31)	JAG We the People (CC)	Dead Zone Ascent (CC)			Movie: Metro ** (1997) A hostage negotiator and his new partner hunt a psychopath. Eddie Murphy. (CC)				JAG Odd Man Out (CC)			Robbery Div.
TBS (37)	Friends (CC)	Seinfeld (CC)	Movie: A League of Their Own *** (1992) Based on the story of the all-girl baseball league of 1943.						Movie: Basic Instinct *** 1/2 (1992, Suspense) A cop has a steamy affair with a woman who may be a killer.			
TNT (38)	Basketball	NBA Basketball: Boston Celtics at Philadelphia 76ers. First Union Center. (Live) (CC)			NBA Basketball: Los Angeles Clippers at Los Angeles Lakers. Staples Center. (Live) (CC)							Inside the NBA
DSC (42)	Stealth Secrets (CC)	Monster Garage (N)			Ultimate Guide Volcanoes (N)				Monster Garage			Ultimate Guide Volcanoes
A&E (47)	American Justice: Crime of Passion	Biography Elvis & June: A Love Story			Midsomer Murders The bell ringers of Midsomer Wellow are dying. (N) (CC)				Third Watch The Relay (CC)			Biography Elvis & June: A Love Story
ESPN (49)	College Basketball: Connecticut at Miami.				College Basketball: Texas Tech at Oklahoma. (Live)				Sportscenter at the Super Bowl			College Basketball: Utah at UNLV
HBO (7)	(5:15) Movie: See Spot Run * (2001)	Real Sports (CC)			Movie: A Beautiful Mind *** 1/2 (2001) A brilliant mathematician battles schizophrenia. Russell Crowe. (CC)				Movie: Lethal Weapon 3 *** (1992, Drama) Mel Gibson. (CC)			
DISN (17)	Sister, Sister	Lizzie McGuire	Movie: The Color of Friendship ** 1/2 (2000) (CC)	Proud Family	Sister, Sister	Lizzie McGuire	Even Stevens	Boy Mts. World	Boy Mts. World	Boy Mts. World	Smart Guy (CC)	
MAX (21)	(5:20) Movie: American Outlaws	Movie: Thirteen Ghosts ** 1/2 (2001, Horror) Tony Shalhoub. (CC)			Le Point Omega	Movie: Ghosts of Mars ** 1/2 (2001) Ice Cube. (CC)			Hot Line (CC)			Movie: From Hell ** 1/2 (2001) (CC)

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