

# Boot drive considered successful

By **PATTY DECKER**  
*Free Press Editor*

The Colby Fire Department's annual boot drive for Muscular Dystrophy was again considered a success on Saturday, said Rick Dickman, assistant fire chief and coordinator of the event.

After two hours of counting today, the final collection tally was \$1,434. Firefighters stood at Fourth and Franklin, Dillons and Wal-Mart from 9 a.m. until noon asking for donations. "It's amazing what pennies, nickels and dimes will add up to," Dickman said.

There were 18 volunteer firefighters at the three locations to include Colby Fire Chief Bob Mc-Lemore, Dickman, Ross Carney, Sean Hankin, Dwayne Plumisto, James Carney, Jay Kelley, Lynn Marker, Chuck Plumisto, Brian Quagliano, Greg Swob, Jeff Unger, Tom Benson, Tim Hansen, Billy Jones, Doug Lewis, Rich Luvender and Kevin Horn. In addition, Nick Quenzer, who is an applicant for a position as a volunteer firefighter also volunteered his time to help.

"We want to thank everyone who helped by donating this year," he said.

During the Labor Day Telethon on Monday, Sept. 2, Dickman said Colby's collection will be announced and more details will appear later on the specific time.



PATTY DECKER/Colby Free Press

Colby volunteer firefighters were out in full force Saturday during their annual boot drive for the Muscular Dystrophy Association-Arc Valley Chapter, which serves the central and western counties of Kansas, said Rick Dickman, assistant fire chief and coordinator of the drive. As in year's past, the firefighters were located at 4th and Franklin, Dillons and Wal-Mart. ABOVE: Linda Goossen of Mingo told Nick Quenzer, who is considering becoming a volunteer firefighter, and Dwayne Plumisto, who is a firefighter, she has been contributing to the drive for more than 30 years.

# Health nurse recommends flu shots in the fall

Don't get caught by the flu this winter. Get your protection with a flu shot. "Oh, I don't want the flu from the shot, so I'm not going to get one!" "I'll take my chances."

These words are familiar to health care providers but there is no truth to the first comment.

The flu shot does NOT give you the flu, it gives you protection from the respiratory complications that the flu brings.

The second comment is a big risk. Anyone who has had the flu would disagree with this comment and advise you to not take a chance when you

## Healthy Happenings

- Thomas County Health Department

don't have to.

The flu is still killing people and prevention is only a shot away.

The optimal time to get the flu shot is in October or November to provide adequate coverage through the winter, officials said.

Who should get a flu shot? Everyone who isn't allergic to eggs is our guidelines from Center of Disease. They are

predicting a world wide flu pandemic within three to five years.

People who receive flu shots will weather the flu "storm" better than those who don't get flu shots.

Children over three years of age are eligible to get a flu shot at the health department.

Initially, they will need two spaced one month apart.

Then the subsequent years they will only need one.

If the entire family gets immunized, respiratory illnesses will decrease and the children will not be carriers. Wouldn't that be a much healthier winter?

Please call 462-4596 to schedule your appointment as soon as we announce that we have them in stock.

While getting your flu shot, it is also a good time to check on your tetanus and pneumonia shot.

Ask us about both of these. Adults need to keep up on their immunizations for adequate protection.

# New Vin Diesel flick receives high rating

A movie powerfully packed with lots of action and amazing special effects is the new film *Triple X* starring Vin Diesel.

My family and I saw this movie opening night at the Colby Cinema and Arcade along with a filled to capacity room of people. From beginning to end, this movie had us sitting on the edge of our seats in expectation of what was going to happen next.

To be honest, there were a couple of scenes which I found to be distasteful. Not to dismiss it lightly, many movies come to us that way.

Again, while talking with a co-worker, I was asked why I never give a bad review of the movies I see. It's because I do not go and see movies which I have no interest in seeing. That would simply be a waste of money, and as you know it doesn't grow on trees.

Still, if superbly done special effects is what you're into than you will want to see this movie.

Jeff Owen

- Owen's Review

The movie will probably be here for at least two weeks. Vin Diesel is not the best actor I've seen, nor is he the worst.

However, I predict in time he will gain the experience and expertise needed to be a great star.

Look for more movies with Vin Diesel to be released in the future. I give *Triple X* four out of five GTO's. I just had to go back and see *Signs* again, starring Mel Gibson. *Signs* was better the second time and I will purchase this movie when it becomes available on DVD. I don't really believe in aliens; however, this movie will make you think about what's really out there in our universe.

Take a friend and go see these movies for yourself. See you at the movies.

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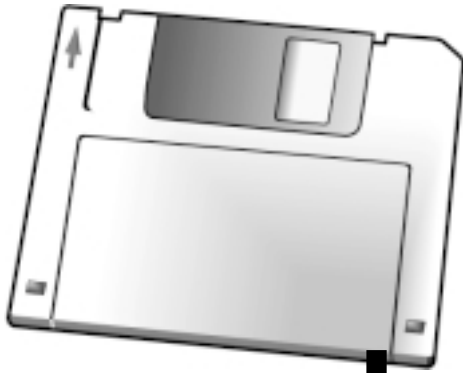
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