

Family

Deaths

James M. Adams

James M. Adams, 84, of Colby died Saturday, Aug. 3, 2002 at Lantern Park Manor.

Funeral service are pending with Kersenbrock Funeral Chapel.

Gwendolyn (Gwen) L. Sloan

Gwendolyn (Gwen) L. Sloan, 78, of Colby, died Thursday, July 25, in Denver.

Services were held at 10 a.m. July 29, 2002, at Kersenbrock Funeral Chapel with the Rev. Reed Hartford officiating, burial followed in Beulah Cemetery.

Mrs. Sloan was born Gwendolyn Lorraine Nelson, daughter of Cloyd and Lois (Robinson) Nelson in southern Rawlins County, on Sept. 17, 1923. Survivors include her husband, Harlan; two daughters, Sheila Frahm of Colby, and Patty Ellis of Shawnee; three sons, Larry of Hutchinson, Tom of Colby, and Ross of Hays. She is also survived by 33 grandchildren and great-grandchildren.

She was preceded in death by her parents, two brothers, La Vern and Dale Nelson, and one grandson, Jarod Sloan.

She graduated from Colby High School in 1941, and attended college at Fairbury, Neb. On Dec. 24, 1943, she

married her childhood sweetheart and classmate, Harlan Sloan of Colby.

She was a member of the First Christian Church of Colby serving as a Sunday school leader and in other leadership roles with the Mary Group of the Christian Women's Fellowship. She was very involved in several community organization, including the Sunflower Extension Homemaker's Unit, Solomon Valley 4-H Club, the Thomas County Extension Council and the Kansas Wheathearts. Mrs. Sloan enjoyed knitting, sewing, quilting, gardening and flowers, and baking homemade bread.

Pall bearers were grandchildren Pam Geihlsler, Justin Sloan, Carla Sloan, Emily Sloan, Sara Nally, and Kayla Sloan.

Honorary pall bearers were grandchildren: Amy Bertrand, Chrissie Frahm, Jennifer Schmalz, Jeff Sloan, Kerry Gall, Jerry Shank, Kelly Sloan, Jared Nally, Josiah Ellis, Bethany Ellis, Nathan Ellis, Ethan Ellis, Rebekah Ellis, and Kurtis Sloan.

Music was provided by daughter, Patty Ellis, organist, and granddaughter Amy Bertrand, soloist.

Memorials can be made to the First Christian Church in Colby and may be left at Kersenbrock Funeral Chapel.

Grovers hold family reunion

More than seventy descendants of Ernest Howard and Elsie Grover met in the Colby Community Building on Saturday, July 20, 2002.

This reunion was special in that the last living child of Ernest and Elsie, Gerald E. Grover, was in attendance and had just celebrated his 85 birthday on July 19.

A catered dinner was served at noon, and later an auction of craft items donated by the attendees was held to raise money to pay for the meal. Gerald Grover served as the auctioneer.

Those in attendance from out of town were: June and Bob Hayes, San Jose, Calif.; Linda, Joeseeph and Emily

Truax and Stephany Kolb, Pleasanton, Calif.; Bobbie Farinsky, Rolling Hills, Calif.; Gerald Grover, Meridian, Idaho; Virginia and Bob Taylor, Meridian, Idaho; Gary and Zach Taylor, Eagle Bend, Minn.; Leslie Taylor, Redmond, Wash.; Dorothy Grover, Eugene, Ore.; Jenny and Braulio

Borges, Garden City; Bernard and Darlene Depperschmidt, Loveland, Colo.; Diana and Don Nolde, Loveland, Colo.; Monica and David Mills and family, Loveland, Colo.; Dora McCarty, Waskom, Texas; Robert, Louise, and Terry Koenemann, Kingman; Pat Tematt, Wichita;

Delbert and Helen Grover, St. Anne, Mo.; and Matt and Sarah Balocca and Vendra, Haysville.

Attending from Colby were: Leora Kistler; Hal and Judy Kistler; Morgan Vap; Wilma Pabst; Lois and Larry Struckmeyer; Larry Towns; Ernest and Anita Kistler; Linda Kistler and Christ; Janet and Carl Saddler; Steve and Sally Kistler, Haley and Landee; Don and Dorothy Kistler; Bonny Diederich; Dale Farmer; Marvin Farmer; Chandra Farmer; Norma and Ron Higerd; Kent Higerd; Lynn and Tammy Higerd and family; William Rikoff; Tasha and Rick Kuper and family and Gene Grover.

Aspecial guest was Delbert Grover, a great nephew of E.H. Grover. Delbert has extensively researched the Grover family in both England and the U.S.

E.H., as he was know, moved his family from near Webster to Thomas County in 1917, settling southwest of Menlo.

Ernest and his wife Elsie Evans were the parents of eleven children: Leah (Mrs. Roy A.) Kistler; Mildred, who died in 1918; Almond; Veda (Mrs. Orville) Farmer; Howard; Kenneth; Laverene (Mrs. Fred) Rikoff; Thelma (Mrs. Carl) Depperschmidt; Gerald; Ethelyn (Mrs. Art) Koenemann; and Twila, who died in infancy.

There is no way to be a perfect parent, expert says



Mental Health

• Plain Sense

As much as parents would like to be in charge and in control of their children, it is just not possible to be a perfect parent. Wouldn't it be great if children obeyed and behaved well all the time. The reality is that brothers and sisters fight, babies cry, and toddlers say "no".

Add in the stresses of daily life, as well as a lack of enough sleep, and parents can feel overwhelmed and react angrily.

Anger is a normal reaction, but can often be misplaced when adults are dealing with children. Consider the following:

Ask yourself if the anger is a legitimate reaction to the child's behavior, or the result of something else, such as

problems at work or other stressors.

Take time to stop and cool off before you say or do something you regret. Get control of your feelings by slowly counting to ten or stepping into another room or outside for a few minutes.

Look at the situation and try to determine what is really happening. Talk it over with those involved. Use "I" statements rather than "you" statements. For example say, "I am very

upset about this." Instead of "You make me so angry!"

Decide who owns the problem, you or the child. Allowing a child to take responsibility for their actions is a good learning experience.

Problem solve; determine possible solutions and follow through.

Avoid lecturing and lengthy explanations; keep your comments short and to the point. Take time for further discussion after everyone is calmed down and the situation in control.

Try not to take everything personally that a child says or does. Let them know how you feel, then suggest better ways for them to react or respond.

It is important for children to understand that anger is a normal human emotion experienced by them as well as adults.

Everyone involved will feel better when they are in better control of those emotions. Learning how to express anger in a positive manner is a skill needed throughout life.

Contributed by Karen D. Beery, LCPC, Consultation and Education

Department

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to: High Plains Mental Health Center, PLAIN SENSE, Consultation and Education Department, 208 East 7th, Hays, Kan. 67601.

(Questions will be formatted and answered in a manner that insures confidentiality)

Internet site:

www.highplainsmentalhealth.com



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Re-Elect
Sonny Rundell



Kansas State
Board of Education

5th District
August 6, 2002:
Republican Primary

Paid for by Committee to Re-elect
Sonny Rundell:
Rosemary Clary, Chairwoman

Babies

Camden Eve Andrews

Damon and Michelle Andrews announce the birth of their daughter Camden Eve on July 27, 2002 at Citizens Medical Center. Camden weighed 8 lbs. and 4 oz.

Grandparents are Leon and Sharon Woofert of Colby.

Brother Chance welcomes the new baby home.

Caleb Steven Dreiling

WICHITA FALLS, Tex. — Senior Airman and Mrs. Lance S. Dreiling announce the birth of Caleb Steven, on May 22, 2002 at United Regional Health Care Systems, Wichita Falls. He weighed 7 lbs., 7 ozs., and was 20 inches long. Caleb was welcomed home by his sister, Alyssa, 8.

Grandparents include Tom A. Dreiling, Colby, and the late Jean (Eberle) Dreiling, and Lonnie & Kathy McOmber, Rigby, Idaho and Barbara McOmber, Washington state.

Great-grandparents are Sally Eberle, Colby, and the late Nick Eberle, the late Mr. & Mrs. Richard A. Dreiling, Hays, and Anna McOmber, Waco, Texas.

Caleb's dad graduated from Goodland High School, attended Colby Community College and Fort Hays State University, prior to entering the United States Air Force. The family lives on Sheppard Air Force Base, Wichita Falls.

Ty Kellen Hoksbergen

Curt and Nikea Hoksbergen of Brewster announce the birth of their

Markets

Quotes as of close of
previous business day
Hi-Plains Co-op

Wheat	\$3.54
Corn	\$2.40
Milo	\$3.85
Soybeans	\$5.26

Hospital

CITIZENS MEDICAL CENTER

Friday, August 2, 2002

Admissions

Rita Jones, Colby
Eldine Neill, Colby
Sarah Upshaw and infant male, Colby

Dismissals

Peter Siruta, Levant
Saturday, August 3, 2002

Admissions

Harold Lefmann, Colby

Dismissals

John Lee, Colby

Sunday, August 4, 2002

Admissions

William Bremenkamp, Colby
Mary Huelsmann, Colby

Dismissals

No Dismissals

We want your local news
e-mail to
mhawkins@nwkans.com

Community Calendar

TUESDAY, AUGUST 6

Rebekahs, Betty Carney, 10 a.m. (2nd & 4th Tuesday)
American Legion Auxiliary, 3 p.m.
Rotary, Student Union, noon
Alcoholics Anonymous, city hall basement, noon
Ladies cards and social, Country Club, 5:30 p.m.
Weight Watchers, United Methodist Church, 6:30 p.m.
Domestic Violence Support Group, 7 p.m. Call 462-2860
Sweet Adelines International, United Methodist Church, 7:30 p.m.
New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

WEDNESDAY, AUGUST 7

Genesis Thomas County pickup, 350 S. Range, 10 a.m.-noon & 1-4 p.m.
Blood pressures, Meadowlark Manor, 9:30-10:30 a.m.; Senior Progress Center, 10:30 a.m.-noon
TeleFriend Information meeting, 5:30 p.m. (call 462-6996)
Gem Lions, Gem Community Building, 7 p.m. (2nd & 4th Wednesdays)
The Herd, Junior High Youth Group, Armory, 7-8:30 p.m.
Pinochle, American Legion, 7:30 p.m.

TV LISTINGS

Tuesday, August 6 through Monday, August 12

WEEKDAYS

AUGUST 6 - AUGUST 12

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC (4, 6)	News		Good Morning America					Paid Program	Paid Program	The View	Paid Program	Port Charles
KSNK/NBC (8, 9)	News Cont'd		Today					Live With Regis and Kelly		Today		Martha Stewart Living
KBSL/CBS (12, 11)	News		Early Show					700 Club		Price is Right		Young and the Restless
K15CG (3)	BBC World	Business Rpt.	Body Electric	Barney & Friends	Caillou	Teletubies	Dragon Tales	Between the Lions		Sesame Street	Savannah	Jay Jay the Jet
WGN (13)	Varied Programs	Kenneth Copeland	Caroline in the City	City Guys	Clueless	Home Improve.	Matlock		MacGyver		In the Heat of the Night	
NICK (29)	Thornberys	Catdog	Rocket Power	Sponge-bob Sq.	Rugrats	Hey Arnold!	Blue's Clues	Oswald	Dora the Explorer	Little Bill	Summer Pick Nick	Summer Pick Nick
FAM (30)	Digimon-Digital	Digimon-Digital	Power Rangers	Medabots	Itsy Bitsy Time!	Living the Life	700 Club		Itsy Bitsy Time!	Itsy Bitsy Time!	Growing Pains	Step by Step
USA (31)	Bloomberg Information Network		Martin	Living Single				Varied Programs		Movie		Varied Programs
TBS (37)	Saved by the Bell	Saved by the Bell	Family Matters	Fresh Prince	Different World	Cosby Show	Little House on the Prairie		Little House on the Prairie		Matlock	
TNT (38)	Lost World		Lois & Clark-Superman		ER		ER		NYPD Blue		Movie	
DSC (42)	Paid Program	Paid Program	Paid Program	Guthy-Renker	Interior Motives		Design		Design	Design	Home Matters	
A&E (47)	Movie		Newsradio	Newsradio	Magnum, P.I.		Murder, She Wrote		Murder, She Wrote		The View	
ESPN (49)	Sportscenter		Sportscenter		Sportscenter		Sportscenter		Sportscenter		Baseball Tonight	
HBO (7)	Movie		Varied Programs				Movie		Varied Programs			
DISN (17)	Rolie Polie Olie	Stanley	Wiggles	PB&J Otter	Out of the Box	Rolie Polie Olie	Stanley	PB&J Otter	Book of Pooh	Wiggles	Rolie Polie Olie	Winnie-Pooh
MAX (21)	Movie Cont'd		Varied Programs								Movie	Varied Programs

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC (4, 6)	All My Children		One Life to Live		General Hospital		Rosie O'Donnell		Judge Judy	Judge Judy	News	ABC Wild News
KSNK/NBC (8, 9)	News		Days of Our Lives		Passions		Inside Edition	Weakest Link	Family Feud	Jeopardy!	News	NBC News
KBSL/CBS (12, 11)	News	Bold, Beautiful	As the World Turns		Guiding Light		Ananda Lewis		Oprah Winfrey		News	CBS News
K15CG (3)	Clifford-Red	Mister Rogers	Varied Programs		Arthur	Zzoom-aloo	Zoom		Reading Rainbow	Cyber-chase	NewsHour With Jim Lehrer	
WGN (13)	News		Eliminate	5th Wheel	Change of Heart	Street Smarts	Cosby Show	Cosby Show	7th Heaven		Family Matters	Fresh Prince
NICK (29)	GAS		Varied Programs						Sponge-bob Sq.	All That	Rocket Power	Catdog
FAM (30)	Movie		Varied Programs		Growing Pains	Two of a Kind	Totally Spies	S Club 7	Big Wolf-Camp.	Braceface	So Little Time	Step by Step
USA (31)	Nash Bridges	Varied Programs							Texas Ranger	Varied Programs	Texas Ranger	Varied Programs
TBS (37)	Hunter		Movie				Mama's Family	Mama's Family	Full House	Home Improve.	Roseanne	Roseanne
TNT (38)	Movie Cont'd		In the Heat of the Night		Kung Fu: The Legend Continues		Psy Factor: Chronicles		NYPD Blue		Pretender	
DSC (42)	Home Matters		Christopher Lowell		Christopher Lowell		Varied Programs	Great Chefs	Storm Warning!		Varied Programs	
A&E (47)	Law & Order		Newsradio	Newsradio	Magnum, P.I.		Murder, She Wrote		Murder, She Wrote		The View	
ESPN (49)	ATP Tennis	Varied Programs							NFL Yearbook	Interruption	Sportscenter	
HBO (7)	Movie Cont'd	Varied Programs	Movie		Varied Programs							
DISN (17)	Movie		Varied Programs		Doug	Pepper Ann	Jersey	Jett Jackson	Boy Mts. World	Even Stevens	Smart Guy	Boy Mts. World
MAX (21)	Movie Cont'd	Varied Programs									Movie	Varied Programs

TUESDAY

AUGUST 6

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4, 6)	News (CC)	Ent. Tonight	According to Jim	According to Jim	Mole II: The Next Betrayal (N) (CC)		Widows (N) (Part 1 of 4) (CC)		News (CC)	Nightline (CC)	Up Close (CC)	Seinfeld (CC)
KSNK/NBC (8, 9)	News	Wheel of Fortune	Spy TV (N) (CC)	Rerun Show (N) (CC)	Frasier (CC)	Scrubs (CC)	Dateline (CC)		News (CC)	Tonight Show (N) (CC)	Late Night (N) (CC)	Late Night (N) (CC)
KBSL/CBS (12, 11)	News (CC)	Friends (CC)	JAG Hero Worship (CC) (DVS)	Guardian Indian Summer (CC)			Election Coverage		News (CC)	Late Show (CC)	Late Late Show (N) (CC)	Late Late Show (N) (CC)
K15CG (3)	News	As Time Goes By	Secrets of Lost Empires (Part 4 of 5)	Children's Hospital Childhood (Part 6 of 6)	P.O.V. A high school girl leaves Hanoi and comes to Mississippi.		P.O.V. A high school girl leaves Hanoi and comes to Mississippi.		Red Green	Business Rpt.	Charlie Rose (CC)	Charlie Rose (CC)
WGN (13)	Home Improve.	Fresh Prince	Movie: Only the Lonely	(1991) An overbearing mom threatens her patrolman son's romance.	Major League Baseball: Chicago Cubs at San Francisco Giants. Pacific Bell Park. (Live) (CC)		Major League Baseball: Atlanta Braves at Arizona Diamondbacks. (Live) (CC)					
NICK (29)	Hey Arnold! (CC)	Rugrats (CC)	Sponge-bob Sq.	As Told by Ginger	Kids-Darndest	Kids-Darndest	Cheers	Cheers	Cheers	Cheers	Cheers	Cheers
FAM (30)	Home Videos	Home Videos	Weddings: Good Morning America	Weddings: Good Morning America	Whose Line? (CC)	Whose Line? (CC)	700 Club (CC)		Who's the Boss?	Who's the Boss?	Who's the Boss?	Who's the Boss?
USA (31)	JAG Liberty (CC)		Movie: 12 Monkeys *** (1995) A prisoner is sent back in time to avert a deadly plague. Bruce Willis. (CC)		Major League Baseball: Bank One Ballpark. (Live) (CC)		Major League Baseball: Atlanta Braves at Arizona Diamondbacks. (Live) (CC)					
TBS (37)	Friends (CC)	Home Improve.	Movie: Never Talk to Strangers ** (1995, Suspense) Rebecca De Mornay.		Major League Baseball: Bank One Ballpark. (Live) (CC)		Major League Baseball: Atlanta Braves at Arizona Diamondbacks. (Live) (CC)					
TNT (38)	Law & Order School Daze (CC) (DVS)		Law & Order Justice (CC) (DVS)		Law & Order Brother's Keeper (CC) (DVS)		Charmed We're Off to See the Wizard (CC)		Law & Order Justice (CC) (DVS)		Movie: BabysitterSedu	
DSC (42)	Elephant's Empire-World of Memories		New Detectives: Forensic Science		New Detectives: Forensic Science		FBI Files The Search for Lisa Rene		New Detectives: Forensic Science		New Detectives: Forensic Science	
A&E (47)	Law & Order Sisters of Mercy (CC)		Biography Martin Lawrence: Comic Trip		Cold Case Files (N) (CC)		Law & Order Shadow (CC)		Law & Order The Blue Wall (CC)		Biography Martin Lawrence: Comic Trip	
ESPN (49)	Sportscenter	Sports Reports	Interruption		Season (N) (Part 2 of 2)	Life (N) (CC)	Baseball Tonight (N) (CC)		Sportscenter (CC)		Baseball Tonight (N) (CC)	
HBO (7)	Movie: Free Willy 2: The Adventure Home ** 1/2 (1995)		Pluto Nash		Movie: Planet of the Apes (2001) An astronaut crashes on a world dominated by apes. (CC)				Sex and the City		Wire Game Day (CC)	Dennis Miller
DISN (17)	Movie: Tom and Huck ** (1995) Jonathan Taylor Thomas. (CC)		Movie: The Thirteenth Year ** (1999) A youngster undergoes a "fishy" transformation.				Movie: Tom and Huck ** (1995) Jonathan Taylor Thomas. (CC)				Pepper Ann (CC)	Jett Jackson
MAX (21)	(5:00) Movie: Assassins ** (1995)		Movie: The Wedding Planner ** (2001, Comedy) Jennifer Lopez. (CC)				Movie: Bedazzled ** 1/2 (2000, Comedy) Brendan Fraser. (CC)				Movie: Platinum Blonde (2001) (CC)	

75th Anniversary

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75th Anniversary

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AUGUST 5th - AUGUST